



## Tilak Ayurved Mahavidyalaya, Pune

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#### Department Of Streerog Evm Prasutitantra

##### **Goals of Streerog Prasutitantra :**

'Women health' irrespective of age.

1. Therefore, Women's health is a priority in health care services.
2. To attain maternal and child health as it comes under national programme 'Suprajanana'
3. To create awareness about adolescent health, pubertal health, reproductive health and also menopausal health.

##### **Objective of Streerog prasutitantra department :**

By the end of the Streerog prasutitantra studies the student will be able to

1. Perform the medical interview and physical examination of women in gynaecological and obstetrics condition.
2. Know common obstetrics examination and common complications arising in pregnancy.
3. Know various regimes in Ayurveda such as Garbhini paricharya, sutika paricharya etc
4. Apply recommended prevention strategies to women throughout the life span.
5. To know therotically common ailments in adolescent and reproductive age.
6. Analyze the impact of genetics, medical conditions, and environmental factors on maternal health and fetal development
7. Distinguish between normal and abnormal physiologic changes during pregnancy
8. Interpret common diagnostic studies.
9. Gain knowledge of intrapartum and postpartum care in mothers .
10. Differentiate between normal and abnormal bleeding using knowledge of menstrual cycle physiology, puberty and menopause.
11. Role-play and relate basic knowledge of contraception, sterilization and abortion.
12. Construct differential diagnoses of patients with common benign gynecological conditions. Formulate and know a differential diagnosis of the acute abdomen and chronic pelvic pain.
13. Classify common breast conditions and outline the evaluation of (or evaluate) breast complaints and differential diagnosis.
14. Theoretical and practical knowledge of normal delivery.

**Skills to be achieved at the end of Stree rog prasutitantra studies** At the end of course students shall be able to

1. Know basic female examination, obstetrics examination and history taking of gynaecology and obstetric patients.
2. Techniques like yoni dhavan, pichu in gynaecological conditions
3. Counselling of patients and history taking skill and Outline the etiology and evaluation of infertility. Diagnose and guide in general ailments in females of any age such as anaemia, menstrual irregularities, PCOS
4. Guidance regarding preventive care in antepartum period-garbhini paricharya and sutika paricharya. Dietary regime during pregnancy in community .
5. Identify abnormal conditions in females concerned with menstrual cycles, fertility, menopause etc.
6. Take part in reproductive child health programmes and participate in medical camps regarding maternal and child health.

*Antarasa  
Jyotiraj  
Streerog Prasutitantra dpt.*

