



Tilak Ayurved Mahavidyalaya, Pune




Department Activity Report

PANCHAKARMA Department

Jan 2021 to till date

Faculty Member

| NAME & DESIGNATION | PHOTO |
|---|--|
| Dr. Rajendra Huparikar [B.A.M.S. M.D. PhD] – Prof. HOD. Panchakarma Department |  |
| Dr. Pramod Kulkarni (B.A.M.S. M.D.) – Associate Prof. Panchakarma Department |  |

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| Dr. Rahul S. Kathawate (B.A.M.S. M.D.) – Associate Proff. Panchakarma Department |  |
| Dr. Anjali Damle (B.A.M.S. M.D.) - – Assistant Proff. Panchakarma Department |  |
| Dr. Munica Mulay (B.A.M.S. M.D. PhD) – Assistant Proff. Panchakarma Department |  |

Activites in Department

1) Regular activities

2) Other Activities

1) State/National/International level Workshop/ Seminar/ CME programme

| Sr. No | Subject | Place | Date | No. Of Participants | No. Of Resource Person |
|--------|---------|-------|------|---------------------|------------------------|
| | | | | | |

2) Paper/ Posterpresentation/ Participation/ Lecture at national / International Conference/ Seminar/ Workshop

| Sr No. | Name of the Teacher/Student | Name of the conference/ event | Place of conference/event | Date of conference/ event |
|-------------------------------|-----------------------------|---|---------------------------|---------------------------|
| Information of teacher | | | | |
| 1 | Vd. Anjali Damle | National seminar on Ayurvedic management of Infertility (Vandhyatva) | T.A.M.V. Pune | 14/Feb/2021 |
| Information of student | | | | |
| 1 | Vd. vaishnavi Joshi. | Infertility and it's Ayurvedic review | - | - 14-2-21 |
| | Vd. vaishnavi Joshi. | 3rd national conference on update in Ayurveda | - | 15-8-21 |
| | Vd. vaishnavi Joshi. | Role of panchakarma as a shield and effective management in lifestyle disorder - Hypothyroidism | Jirnoddhara 2021 | 12-10-21 |
| 2 | Vd. Vaishnavi Dev | National Seminar on Ayurvedic management of Infertility (Vandhyatva) | T.A.M.V. Pune | 14/Feb/2021 |
| 3 | Vd. Neha Gopale | National seminar on Ayurvedic management of Infertility (Vandhyatva) | T.A.M.V. Pune | 14/Feb/2021 |
| 4 | Vd. Prashant Dhote | National seminar on Ayurvedic management of Infertility (Vandhyatva) | T.A.M.V. Pune | 14/Feb/2021 |
| 5 | Vd. Ashwini Bagade | National webinar ON DRAVYAGUN VIDNYAN | ONLINE | 24/AUG/21 |

Publication (At State/ national/ international journals only)

| Sr No. | Name of the 1 st author | Subject of paper | Name of journal | Date of publication |
|--------|------------------------------------|------------------|-----------------|---------------------|
| | | | | |

| Information of teacher | | | | |
|------------------------|----------------------|---|------------|-------------|
| 1 | Vd. Anjali Damle | Ayurvedic Management of Ankylosing Spondilitis (Asthimajjagata vata) - A case study | IAMJ | 6/4/2021 |
| 2 | Vd. Anjali Damle | Management of Vataja Shirashool By Shaman Nasya Karma-A Comparative Study | Ayurvediya | April 2021 |
| 3 | Vd. Monica Mulay | A case study on Ayurvedic management of Kitibha Kushta(Psoriasis) | IJAPR | 6/4/2021 |
| 4 | Vd. Rahul Kathawate | Role of Madhutailik basti in male infertility | EJBPS | nov 2021 |
| 5 | Vd Anjali Damle | A case study on ayurvedic management of tamakshwas by mean of shaman snehpan | AYURVIDYA | Feb 2022 |
| Information of student | | | | |
| 1 | Vd. vaishnavi Joshi. | Ayurveda for COVID -19 | WJPR | 21-2-21 |
| | Vd. vaishnavi Joshi. | Role of Virechana in effective management of Diabetes Mellitus w.s.r. to prameha | IAMJ | June 21 |
| | Vd. vaishnavi Joshi. | A criticle understand of PCOS and it's effective Ayurvedic management - A case study .. | IAMJ | May 2021 |
| 2 | Vd. Vaishnavi Dev | Ayurvedic Management of Ankylosing Spondilitis (Asthimajjagata vata) - A case study | IAMJ | 6/4/2021 |
| | Vd. Vaishnavi Dev | A case study on Ayurvedic management of Kitibha Kushta(Psoriasis) | IJAPR | 6/4/2021 |
| 3 | Vd. Prashant Dhote | Role of Madhutailik basti in male infertility | EJBPS | nov 2021 |
| 4 | Vd. Neha Gopale | A conceptual study of various lepa in Mukhadushika | EJBPS | July 2021 |
| 5 | Vd. Neha Gopale | A case study on Amvata (Rheumatoid Arthritis) | IAMJ | August 2021 |

1) Research Projects-MD /MS Ph. D and other research projects in the department

| Sr. No. | Name of the Research work | Name of the student | Name of the guide | Year of completion |
|---------|--|------------------------|------------------------|--------------------|
| 1 | EXPLORATORY STUDY ON THE EFFICACY OF ASHWAGANDHADI UPANAH IN NIRAMAVASTHA OF JANU SANDHIGAT VATA | Vd. vaishnavi Joshi | Vd. Rajendra Huparikar | 2022 |
| 2 | CLINICAL STUDY OF EFFICACY OF SHATAVHADI TAIL MATRA BASTI IN MANAGEMENT OF KATI SANDHIGAT VATA | Vd Neha Gopale | Vd. Pramod Kulkarni | 2022 |
| 3 | EXPLORATORY STUDY ON EFFICACY OF BALAGUDUCHYADI TAIL MATRA BASTI IN MANAGEMENT OF JANU SANDHIGAT VATA NIRAM AVASTA | Vd. Vaishnavi Dev | Vd. Anjali Damle | 2022 |
| 4 | TO STUDY EFFICACY OF PATOLADI TAIL MATRA BASTI IN MANAGEMENT OF KATI PRUSHTA GRAH | Vd. Prashant Dhote | Vd. Rahul Kathawate | 2022 |
| 5 | EXPLORATORY STUDY ON THE EFFICACY OF DWIPANCHACHAMULADYA TAIL MATRA BASTI IN MANAGEMENT OF KATIPRUSHTA GRAHA | Vd. Surbhi Tamboli | Vd. Rajendra Huparikar | On going |
| 6 | STUDY THE EFFICACY OF SHUSHKAMULAKADYA TAIL ANUVASAN BASTI IN MANAGEMENT OF JANUSANDHIGATAVATA | Vd. Ashwini Bagade | Vd. Pramod Kulkarni | On going |
| 7 | A COMPARATIVE CLINICAL STUDY OF RASNADI UPANAHA WITH MASHADI UPANAHA IN THE MANAGEMENT OF JANU SANDHIGATA GRAHA | Vd. Shruti Bagewadikar | Vd. Anjali Damle | On going |
| 8 | STUDY THE EFFICACY OF LAGHUMASHADI TAIL MATRABASTI IN MANAGEMENT OF KATIPRUSTAGATA GRAHA | Vd. Snehal Suryavanshi | Vd. Rahul Kathawate | On going |

State/National/International level Prizes/ awards(academic, cultural and sports)

| Information of student | | | | |
|---|--------------------|-------------------------|--|------|
| Late vd. P.G. Nanal Compitation (held on 2021)_ | | | | |
| Case taking | | | | |
| 1 | Vd. Ashwini Bagade | Case taking competation | | Pune |