

**RASHTRIYA SHIKSHAN MANDAL'S  
TILAK AYURVED MAHAVIDYALAYA**

583/2, Rasta Peth, Pune 411011

**Academic Term Plan-PG**

**Batch – MD Final Year**

**Department-Panchakarma**

**Subject-Panchakarma Theory**

**Duration: 1 year**

**Name of the Departmental Faculty:**

- 1. Dr. Rajendra Huparikar**
- 2. Dr. Pramod Kulkarni**
- 3. Dr. Rahul Kathawate**
- 4. Dr. Anjali Damle**
- 5. Dr. Monica Mulay**

<b>TOPICS/ SYLLABUS POINTS</b>	<b>LECTURE HOURS (IN HOURS)</b>	<b>Remark/Teaching tool PPT/PBL/Demonstration/Group discussion/Conventional Method, etc.</b>
Samanya siddhant of panchakarma	4	LECTURE
Panchakarma importance and its benefits	5	LECTURE
Group discussion on vaman & Panchakarma in Jwara, Raktapitta	4	LECTURE
Group discussion –Panchakarma in Shirorog	5	LECTURE
Panchakarma in Vatvyadhis	8	LECTURE
Panchakarma in Amlapitta	4	PPT
Group discussion and panchakarma in Sandhigatavata	6	DEMONSTRATION
Use of Panchakarma in Mutrakrrichha	7	DEMONSTRATION
Panchakarma in Pinas	6	LECTURE
Panchakarma in aamvata	6	LECTURE
Panchakarma in Hridrog	6	PPT
Hina, Madhya & Pradhan shuddhi	5	LECTURE
Panchakarma in vatarakta	4	PPT

Topic presentation by pg student- Parikshan in virechan	5	LECTURE
Panchakarma in Pakshaghat	6	GROUP DISCUSSION
Group discussion in snehan	5	LECTURE
Group discussion & exercises for slip disc	6	LECTURE
Topic presentation by pg student	5	LECTURE
Pharmacodynamics of Basti	5	GROUP DISCUSSION
Selection of drugs for dhumapan	5	PPT
Indications & contraindications of Swedan	6	LECTURE
Group discussion and panchakarma in krumi & sthaulya	6	LECTURE
Case discussion on Vatarakta	4	LECTURE
Panchakarma in Unmad & Apasmar	10	LECTURE
Basti relevant portion in classics with commentaries	12	LECTURE
Topic presentation by pg student- Vaman shuddhi & parikshan	8	LECTURE
Panchakarma in Migrain & Trigeminal Neuralgia	6	LECTURE
Panchakarma in Plihoodar & Yakrutodar	5	DEMONSTRATION
Uttar basti- Indications & contraindications	6	LECTURE
Panchakarma in Kushtha	6	PPT
Samsarjan Krama	4	PPT
Topic presentation by pg student on Panchakarma in Gulma	4	GROUP DISCUSSION
Panchakarma in Bell's Palsy & Cerebral Palsy	6	LECTURE
Panchakarma in Arsha	7	LECTURE
Precautions, aseptic measure, complications & their management in Utaar Basti	8	PPT
Management of Ayoga, atiyoga of Vaman	6	LECTURE
Rukshan & its importance	7	GROUP DISCUSSION
Panchakarma in Pakshaghat	8	PPT

Panchakarma in Parinam Shool	5	LECTURE
Karmukta of Uttar Basti	8	LECTURE
Vyapad of Vaman & its management	7	LECTURE
Topic presentation and group discussion	5	LECTURE
Panchakarma in IBS & GB Syndrome	6	LECTURE
Panchakarma in Shleepad	6	PPT
Group discussion	4	LECTURE
Pariharya Vishay & kala for Vaman	6	LECTURE
Case discussion of Kushta	6	PPT
Pottali sweda- Patra, Pinda, Jambir, Kukkutanda	8	LECTURE
Panchakarma in Infertility	7	PPT
Panchakarma in Pinas & Drushti mandya	6	LECTURE
Panchakarma in Sheetpitta	8	LECTURE
Group discussion in Grahani	6	LECTURE
Parisheka & its Karmukta	7	LECTURE
Group discussion & exercise for spondylitis & frozen shoulder	6	DEMONSTRATION
Panchakarma in khalitya & palitya	8	LECTURE
Vaman karmukta	9	GROUP DISCUSSION
Avastha nusar swedan	6	PPT
Group discussion & case discussion	9	DEMONSTRATION
Pharmacodynamics of Vaman	9	LECTURE
Panchakarma in ulcerative colitis	6	PPT
Panchakarma in Parkinson's disease	7	LECTURE
Panchakarma in padadari & eczema	6	LECTURE
Study of Vaman related portion in classics with commentary	6	GROUP DISCUSSION
Samyak yoga, ayoga, atiyog lakshan of swedan vyapad with management	9	LECTURE

Panchakarma in paraplegia & hemiplegia	5	LECTURE
Panchakarma in diabetes	4	LECTURE
Panchakarma in mukhadushika, vyang	4	GROUP DISCUSSION
Study of Vaman related portion in classics with commentary	10	PPT
Swedan Karmukta	4	LECTURE
Panchakarma in lumbar disc disorders & spondylolysthesis	8	LECTURE
Panchakarma in COPD	6	LECTURE
Panchakarma in Shwitra	6	LECTURE
Study of Swedan related portion in classics with commentaries	5	LECTURE
Topic presentation by pg student- Vyapad & management	5	LECTURE
Panchakarma in Insomnia	4	DEMONSTRATION
Recent researches of effect of Vaman	6	LECTURE
Panchakarma in Prameha	5	PPT
Panchakarma in hypothyroidism & hyperthyroidism	8	LECTURE
Panchakarma in Multiple sclerosis	4	LECTURE
Case discussion & Panchakarma in psoriasis	2	LECTURE
Scope of research in Vaman & Panchakarma in kamala & pandu	4	PPT
Panchakarma in Kushta & visarpa	5	LECTURE
Panchakarma in allergic rhinitis	4	GROUP DISCUSSION
Panchakarma in SLE & liver cirrhosis	8	PPT
Group discussion	4	LECTURE
Role of Vaman in promotion of health, prevention & treatment of diseases	6	LECTURE
Panchakarma in Shwas, Kasa	5	LECTURE
Group discussion & panchakarma in udar vyadhi	4	LECTURE
Panchakarma in Madatyaya, murcha	6	PPT