





Tilak Ayurved Mahavidyalaya, Pune Department Activity Report-

Kayachikitsa Department

Jan 2018 to till date

Faculty Members

NAME & DESIGNATION	PHOTO
Vd. S. V. DESHPANDE Professor and Head	
Vd. A.J. Shimpi, Associate Professor	

Vd. S.S. Ghodke, Associate Professor



Vd. A.S. Inamdar, Associate Professor



Vd. S.S. Parchure, Assistant Professor



Vd. S.P. Sawant, Assistant Professor



Vd. A.B. Barve, Assistant Professor



ACTIVITIES IN THE DEPARTMENT

Regular Activities:

- 1. Teaching:** Regular Teaching for UG and PG students.
- 2. Non Teaching:** Coordinator of Basic Research Methodology Workshop.

Other activities:

Organizing Committee Member of National Seminar on Lifestyle Disorders, Worked as Evaluator of Scientific Paper Presentation Chair person, Co-chair Person, Resource Person at various National level Conferences, Resource person for Workshop of European Academy Students.

- 1. State / National / International level Workshop / Seminar / CME programmes**

- 2. Paper/Poster Presentation/Participation/Lecture at National/International Conferences/Seminar/Workshop :**

Sr No	Name of the Teacher/Student	Name of the Conference / Event	Place of the Conference/Event	Date of the Conference/Event
1)	Vd. Shruti More	National seminar on Ayurvedic management of joint disorders - Poster	TAMV, Pune	13/1/2019
2)	Vd. Nikita Bandal	National seminar on Ayurvedic management of joint disorders – Paper & Poster	TAMV, Pune	13/1/2019
3)	Vd. RoshaniThakare	National seminar on Ayurvedic management of joint disorders - Poster	TAMV, Pune	13/1/2019
4)	Vd. AbhilashaLagad	National seminar on Ayurvedic management of joint disorders - Poster	TAMV, Pune	13/1/2019
5)	Vd. AshwiniJadhav	National seminar on Ayurvedic management of joint disorders - Poster	TAMV, Pune	13/1/2019
6)	Vd Prashant Mutkule	National seminar on Ayurvedic management of joint disorders - Poster	TAMV, Pune	13/1/2019
7)	VdRutujaKanse	National seminar on Ayurvedic management of joint disorders - Poster	TAMV, Pune	13/1/2019
8)	Vd. Vrushali	National seminar on Ayurvedic management of joint disorders –	TAMV, Pune	13/01/2019

	Deshmukh	Paper: A clinical evaluation of vatarakta- a case study & Poster: Applied anatomy understanding GridhrusiW.S.R. to age.		
9)	Vd. Vrushali Deshmukh	AYURMANOBODH- National seminar on manasvikara- Paper	A.S.S, nasik	2/2/2019
10)	Vd. Vrushali Deshmukh	National seminar on Auto-immune disorders and basic principles of ayurveda- Paper	ADAMC , Ashta	24/2/2019
11)	Vd. Vrushali Deshmukh	RUDHIRAM Current Aspects on Raktamokshan	PMT's Ayurved College of Shegaon	7/3/2019
12)	Vd. Vrushali Deshmukh	Workshop on Basics of Intellectual Property & Feeling Patterns	TAMV, Pune	17/5/2019
13)	Vd. Vrushali Deshmukh	Workshop on Plegarism	TAMV, Pune	7/6/2019
14)	Vd. Madhushree Dabke	National seminar on Ayurvedic management of joint disorders – Paper & Poster	TAMV, Pune	13/1/2019
		National Seminar on Life style Disorders Paper –	TAMV,Pune	22/9/2019
15)	Vd.ManishaSushir	National seminar on Ayurvedic management of joint disorders	TAMV, Pune	13/1/2019
16)	Vd. VrushaliBhosale	National seminar on Ayurvedic management of joint disorders	TAMV, Pune	13/1/2019
17)	Vd. SupriyaBagade	National seminar on Ayurvedic management of joint disorders	TAMV, Pune	13/1/2019
18)	Vd. AkashNarwade	National seminar on Ayurvedic management of joint disorders	TAMV, Pune	13/1/2019
19)	Vd. RushikeshDalvi	National seminar on Ayurvedic management of joint disorders	TAMV, Pune	13/1/2019
20)	Vd. Krushna Nair	National seminar on Ayurvedic management of joint disorders	TAMV, Pune	13/1/2019
21)	Vd. Manasi Joshi	C.P.R Workshop	TAMV, Pune	15/12/2019
22)	Vd. SnehaPatil	C.P.R Workshop	TAMV, Pune	15/12/2019
23)	Vd. Ganesh Bhosale	C.P.R Workshop	TAMV, Pune	15/12/2019
24)	Vd. AjayMadwan	C.P.R Workshop	TAMV, Pune	15/12/2019
25)	Vd. ShamalSutar	C.P.R Workshop	TAMV, Pune	15/12/2019
26)	Vd. Sonal Jadhao	C.P.R Workshop	TAMV, Pune	15/12/2019

Information of Teachers:

1	Dr.Sadanand Deshpande Organizing Chairman	National Seminar on Ayurvedic Management of Joint Disorders (SandhiVikar)	TAMV,Pune	13 Jan 2019
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2	Dr. Sadanand Deshpande Organizing Chairman	Seminar on Advance Ayurvedic Therapeutic Diet for Students from European Academy of Ayurved	TAMV, Pune	9 to 16 February 2019
3	Dr. Sadanand Deshpande Organizing Chairman	DRUSHYAM National Workshop on Panchakarma	TAMV, Pune	28 April 2019
4	Dr. Sadanand Deshpande Organizing Chairman	Workshop on Basics of Intellectual Property and Filing Patents	TAMV, Pune	17 May 2019
5	Dr. Sadanand Deshpande Organizing Chairman	Workshop on Plegarism	TAMV, Pune	7 June 2019
6	Dr. Sadanand Deshpande Organizing Chairman	Capability Enhancement and Development Programme in 'Healthcare Management'	TAMV, Pune	12 and 13 June 2019
7	Dr. Sadanand Deshpande Organizing Chairman	National Seminar on Life Style Disorders	TAMV, Pune	22/23 September 2019
8	DrAnupamaShimpi	National Seminar on Joint Disorder	TAMV, Pune	13 Jan 2019
9	DrAnupamaShimpi	National Seminar on ManasVikar	Nasik	2/3 February 2019
10	DrAnupamaShimpi	National Seminar on Autoimmune Disorders	Ashta	14 February 2019
11	DrAnupamaShimpi	National CME on Charakokta Clinical Dravyaguna.AContemporaryAspect	TAMV, Pune	15 February 2019
12	DrAnupamaShimpi	Rudhiram ,National Seminar on current aspect of Raktamokshan	Shevgaon	7 March 2019
13	DrAnupamaShimpi	Conclave on Prospects and constraints for internationally practicingISM Professionals organized by CCIM	New Delhi	10/11 march 2019
14	DrAnupamaShimpi	National Workshop on PanchakarmaDRUSHYAM	TAMV, Pune	28 April 2019
15	DrAnupamaShimpi	National Conference SarvabhoomaAyurveda2019Sovereignty of Ayurveda MCIM	Mumbai	5May 2019
16	DrAnupamaShimpi	World Ayush Expo 2019 worked as organizing Committee Member and as scientific committee member	Mumbai	July2019
	DrAnupamaShimpi	National Seminar on Life Style Disorders Paper presentation on Secondary Menopausal osteoporosis- lifestyle disorders and its management	TAMV, Pune	22/23 September 2019
17	DrAnupamaShimpi Paper Presenter	International Seminar on Update Shalakyatantra 2019	TAMV, Pune	27, 28 & 29 December 2019

18	Dr.SiddharthParchure	National Seminar on Joint Disorders	TAMV,Pune	13 Jan 2019
19	DrSiddharthParchure	Workshop on Plegarism	TAMV,Pune	7 June 2019
20	DrSiddharthParchure Paper Presenter	International Seminar on Update Shalakyatantra 2019	TAMV,Pune	27, 28 & 29 December 2019
21	Dr. SangeetaSawant Coordinator	Basic Workshop in research Methodology	TAMV,Pune	30 th Jan 2019 to 1 st Feb 2019
22	Dr. SangeetaSawant Paper Presenter	National Seminar on Ayurvedic Management of Joint Disorders (SandhiVikar)	TAMV, Pune	13 January 2019
23	Dr. Sangeeta Sawant Resource Person	Seminar on Advance Ayurvedic Therapeutic Diet for Students from European Academy of Ayurved	TAMV, Pune	9 to 16 February 2019
24	Dr. Sangeeta Sawant Organizing Committee Member & Resource Person	National Workshop on PanchakarmaDRUSHYAM	TAMV,Pune	28 April 2019
25	Dr. Sangeeta Sawant Delegate	Workshop on Basics of Intellectual Property and Filing Patents	TAMV, Pune	17 May 2019
26	Dr. Sangeeta Sawant Delegate	Capability Enhancement and Development Programme in 'Healthcare Management'	TAMV, Pune	12 and 13 June 2019
27	Dr. Sangeeta Sawant Evaluator of Paper presentation and Paper Presenter	National Seminar on Life Style Disorders 2019	TAMV, Pune	22 & 23 September 2019
28	Dr. Sangeeta Sawant Paper Presenter	International Seminar on Update Shalakyatantra 2019	TAMV,Pune	27, 28 & 29 December 2019
29	DrGhodkeSangeeta	National Seminar on Ayurvedic Management of Joint Disorders	TAMV,Pune	13 Jan 2019
30	DrGhodkeSangeeta	National Workshop on PanchakarmaDRUSHYAM	TAMV,Pune	28 April 2019
31	DrGhodkeSangeeta	Workshop on Plegarism	TAMV,Pune	7 June 2019
32	DrGhodkeSangeeta	National Seminar on Life Style Disorders	TAMV,Pune	22/23 September 2019
33	Dr Inamdar	International Conference on Diabetology	Pune	March 2019

3. State /National /International level prizes/Awards (Academic, Cultural, and Sports)

Kayachikitsa Department Awards 2018

Sr No.	Name of the Teacher/Student	Name of the Award	State/National/International	Place
Information of Teachers:				
1	Dr Anupama Shimpi	First Prize in Paper Presentation Ayurvedic Management of recurrent urinary tract infection in patients with secondary Sjorgens Syndrome	National	Ashta
2	Dr Anupama Shimpi	First Prize in Paper presentation in Seminar on Auto immune Disorders and Basic Principles of Ayurveda	National	
	Dr Anupama Shimpi	Felicitation Award for outstanding work in youth Development by Ministry of Youth Affairs and Sports Govt.Of India	National	Delhi
3	Dr Anupama Shimpi	Felicitation State level award for work in Women empowerment "SanmaanStreeShakticha"	State	Pune
4	DrAnupama Shimpi	Felicited at hands of Vice Chnancellor Mumbai Vidyapeeth for health Service in Vari (Pune to Pandharpur)organized by Maharashtra Govt Higher Edu.and Technology dept of Ministry,SavitribaiPhule Pune University and MUHS Nasik	State	Pune
5	Dr SiddharthParchure	Participated as Team Manager in Late Dada Gujar Volleyball Tournament	-	Hadapsar (Pune)
Information of Students:				

4) Research Activities: (State/Central Govt. & MUHS funded/sponsored only)

Sr. No.	Name Of the Teacher/Student	Name of the project	Project sanctioning authority	Year
Information of Teachers:				
1	Dr. Sangeeta sawant	"Evaluation of Synergetic Effect of Ayurvedic Detoxification Formulation Taken Orally and Topically for Antimalasma Benefits"	Uniliver	2019
2	Dr. Sangeeta Sawant	Effect of Asanad Vati in Madhumeha	Ayurved Rasashala	2019
3				

5) Publications (At State/National/International journals only)

Sr No.	Name of the First Author	Subject of Paper	Name of journal	Date of Publication
Information of Teachers:				
1	Dr. Sadanad Deshpande	Management of Alcoholic Liver Disease through Ayurveda – A case study	PARIPEX Indian Journal of Research	August 2019
2	Dr. Anupama Shimpi	Ayurvedic Management of recurrent urinary tract infection in patient with secondary SJOGRENS SYNDROME	National Seminar on Autoimmune disorders and Ayurveda quiz	February 2019
3	Dr. Anupama Shimpi	Ayurvedic Approach for management of Ankylosing Spondylitis A Case Report	Indian Journal of PARIPEX	August 2019
4	Dr. Sangeeta Sawant	Efficacy of TrutiyadiChurna in the Management of Mutrashmari	PARIPEX Indian Journal of Research.	January 2019
5	Dr. Sangeeta Sawant	A case study on the Ayurvedic Management of Kati GataVata w.s.r. to Lumbar Spondylosis.	PARIPEX Indian Journal of Research.	June 2019
Information of Students:				

6) Extra Curricular activities:

Sr No.	Department	Type of Activity	Year
1	Kayachikitsa	PG Clinical Case Presentation and discussion	2019
2	DrAnupamaShimpi (Kyachikitsa)	Active participation in VaidyakiyaShikshanVibhaag and in MahaaarogyaShibir organized by Govt Of Maharashtra	2019
3	DrAnupamaShimpi (Kyachikitsa)	Felicitated at hands of for acting as Chief coordinator in VarkariDindi	2019
4	DrAnupamaShimpi (Kyachikitsa)	Awrdded for social work by NarayanpurDattaMaharajDevasthaan	2019
5	DrAnupamaShimpi (Kyachikitsa)	Acted as chief coordinator of MCIM in DindiSohla (Dehu –Pandharpur,Alandi- Pandharpur)	2019
6	DrAnupamaShimpi (Kyachikitsa)	Appointed as subject expert for subject of Kayachikitsa for staff committee through walk in interview at PDEA'S college of Ayurveda and research centreNigdi Pune	2019
7	Dr. SangeetaSawant (Kayachikitsa)	Worked as Center Observer for MUHS Summer Examinations	2019
8	Dr. SangeetaSawant (Kayachikitsa)	Worked as Center Observer for MUHS Winter Examinations	2019
9	Dr. SangeetaSawant (Kayachikitsa)	Worked as Scrutinizer in Summer CAP MUHS Examinations	2019

7) Educational Visits: Not Applicable

Sr No.	Department	Name of the centre	Year
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• Names and Photographs of Departmental Activities





Basic Research Methodology workshop on 30th January 2019 to 1st February 2019 The workshop was inaugurated by Dr. D. P. Puranik, Director of C.P.G.S.R. & A. Dr. S.V. Deshpande, Principal, TAMV, Pune





Faculty & Students participated in the Basic Research Methodology Workshop.