

❖ **Durable assets created during the past 2 years or other achievement -**

1. NSS unit of Tilak Ayurved Mahavidyalaya works under Unnat Bharat Abhiyan, a flagship programme of Govt. of India. In the year we started the survey for UBA with village survey and family survey for five adopted villages under UBA. The names of the villages are A/P Kashig, Valen, Hadashi, Sathesai and Chikhalgao. Surveys were conducted according to the Proforma provided on UBA website. After taking advice from every Gram Panchayat planning for survey was done. 60 volunteers achieved the target of 720 houses in five villages in 7 days. Volunteers worked hard for collection of data, visited every home of every Wadi in each village. Response from the villagers and the administrators were supportive and encouraging.
2. One of the main activities focused was awareness about cleanliness. Villagers were made aware about easy to follow cleanliness habits. Hand wash demos were given in every village, school, and group of families during campaigning.
3. Plastic Mukti Abhiyan an initiative by Govt. of India was carried out in each and every village and huge amount of plastic waste approximately 15 big size garbage bags were collected from all five villages. Rallies, street plays were done to propagate importance of wrong and hazardous practices of Plastic use. 'One durable cloth bag per house' in all five villages was distributed during activities. NSS has tried to embed and percolate a good cleanliness practice in villagers which they also admired. The effort of NSS programme officers, volunteers and UBA members were appreciated.
4. Since last one and half year when world is heavily engrossed in SARS Covid 19 pandemic free mask distribution was done in all villages. Not only this, education for making easy and durable cloth masks sustainable in protecting the Corona infection was given to villagers through Videos. Volunteers made self videos of making homemade masks and share videos in the villages.
5. During this pandemic to maintain health and prevent against the diseases awareness programmes through online platform and social media was spread. Videos, collages, social media flyers were made and spread in the society.
6. Free readymade Ayush Kadha packets, a preventive decoction advised by Ministry of Ayush Govt. of India for each family were distributed in villages with a separate sheet of instructions about ingredients used, easy to understand procedure to prepare Kadha at home along with dosage as per the age and gender. This has helped in increasing the reproducibility of the Kadha procedure whenever needed afterwards at home level.

❖ **Initiative taken by Programme officer in strengthening the Programmes activities during past 2 years involving NSS Volunteers and other local developmental agencies-**

1. In last three years programme officer has arranged Self Defence workshop for girl volunteers, students, lady staffs and teachers in collaboration with 'KBK Raksha' organisation working at national level.
2. 'Dhatri' -Blood stem cell donor registry, a national level organisation approved by HRD ministry, Govt. of India working for fatal blood disorders provided honorary lectures to volunteers and students.
3. With help of Pune Municipal Corporation, unit has arranged Disaster management workshop for volunteers', staff and students.
4. Under POCSO act, awareness about Child abuse and legislations in India was conducted by a Mr. Zaid Sayyad, an enthusiastic social worker in realm of Child abuse.
5. Unit has organised a guest lecture on Women empowerment by inviting an enthusiastic, dynamic personality Mrs. Madhuri Sahasrabuddhe, Corporator and Chairman Mahila va Bal kalyana Samiti, Pune municipal Corporation.
6. With the help of 'Bhoi Foundation', a nationally acclaimed organisation working for needy in Pune, unit works during Ganesh Festival to help Pune traffic department in manage huge traffic load on the city roads and Wari festival to provide free medical check-up, medicine, food for spiritual seekers travelling through in auspicious Wari.
7. Seth Tarachand Ramnath Charitable Ayurvedic Hospital affiliated to Tilak Ayurved Mahavidyalaya, Pune has always given a hand of help. The administrative authorities the Superintendent Dr. Sadanand Deshpande, Vice superintendent Dr. Mrs. Kalyani Bhat and RMO Dr. Mrs. Priyadarshini Ghorpade provide facilities regarding arranging free health check up camps, free medicines for villagers, arrangement of intern students, honorary Consultants and other miscellaneous help is being promptly provided by the hospital administration time to time. Providing space for arranging street plays and awareness programmes for visitors, patients and their relatives, display areas for arranging poster competitions etc.
8. Janakalyan Blood Bank provides all the necessary arrangements and cooperative staff for blood donation activity since past many years.
9. All Gram Panchayats (A/P Kashig, Hadashi, Valen , Sathesai and Chikhalgaon) which are adopted under Unnat Bharat Abhiyan and National Service Scheme (A/P Kashig) show a generous help in coordination activities in adopted villages. Their guidance and cooperation is of utmost importance in carrying out activities in villages.
10. Pune Municipal Corporation provides medicines for free distribution during free medical camps. The corporator in the area help in this regard.
11. Bhartiya Sanskriti Darshan Trust's Integrated Cancer treatment Research centre helped in arranging online interactive session on Awareness about AIDS.

12. Aloha Cardiac rehabilitation centre Pune helped in arranged online programme on fitness awareness.
13. 'Ayurved Rasashala' Pune based renowned pharmacy in Ayurvedic classical and proprietary medicine every year provides authentic and standardised, quality Ayurvedic medicine in free health check up and medicine distribution camps.
14. 'Shakti' a national organisation working for women empowerment helps in arranging various awareness programmes and providing free online lectures for villagers and college staffs on useful trainings. Institute has a MOU with the organisation under this, it is helping the institution in arranging free online trainings for village females so as to help them develop their entrepreneur qualities in small scale home based businesses. Institute has a MOU with the organisation
15. Bandorwala Leprosy Hospital allows a visit to Leprosy patients. Every year A small entertainment programme and a feast of sweets is arranged by volunteers for leprosy patients