Poshan Maah Activities September 2023

Nutritional Recipe cooking competition was organized on the occasion of Poshan Maah and Ayurved Janajagruti Abhiyaan 2023 by NSS unit and Swasthavrutta and Yoga Dept. of the institute.

> **Nutritional Recipe Competition:**

A Nutritional Recipe Competition was organized on **Thursday 21/09/2023** for NSS Volunteers at 1:30 PM in the institute. Theme of the competition was Nutritional Recipes of Millets, Pulses and Cereals. Principal Dr. Saroj Patil visited the competition and enlighten the volunteers regarding importance of millets, pulses and cereals in diet. Vice-principal Dr. Mihir Hajarnavis, Vice-principal Dr. Indira Ujagare, Vice-principal Dr. Sangeeta Salvi and Dr. Apoorva Sangoram (Prof. HOD Dravyaguna vidnyan Dept. TAMV), evaluated the recipes.

Results: winners of the competition are

Rank	Name of the winner
1 st	Sakshi Bora, Parth Bhojankar, Akanksha Habbu
2 nd	Poonam Agarwal, Jyotsna Waghere, Sukanya Dhaware
3 rd	Janvi Sakarkar, Shubhangi Shinde, Tanuja Chat







Dr. Madhura Kulkarni Program Officer, NSS Dr. Mihir Hajarnavis HOD, Swasthavrutta and Yoga Dept. Dr. Saroj Patil Principal