

**TILAL AYURVED MAHAVIDYALAYA, PUNE**  
**LIFESTYLE DISORDER SEMINAR 2019**  
**SHARIR KRIYA DEPARTMENT**

The department of Sharir Kriya from Tilak Ayurved Mahavidyalaya, Pune held National Seminar on the topic “Lifestyle Disorders” on Sunday 22<sup>nd</sup> September 2019. It was held in N.I.M.A. Hall of Tilak Ayurved Mahavidyalaya. Around 320 delegates were present for the seminar including teachers and students along with few practitioners too. The delegates were not only from Maharashtra but also from Karnataka, Gujrat, Madhya Pradesh and Goa district.

The seminar started at 9.30 am with the first speaker Hon. Vd. L. Mahadewan with the topic ‘Treatment experiences in Lifestyle Disorders’. Dr. Subhash Ranade was the chair for the session and Dr. Saroj Patil was Co chair. Dr. Swati Chaudhary conducted this session. The first session was followed by Inauguration function at the hands of Hon. Prof. N. J. Pawar, Dean of D. Y. Patil University, Pune. President of Rashtriya Shikshan Mandal Dr. V. V. Doiphode, Principal of Tilak Ayurved Mahavidyalaya Dr. S. V. Deshpande, Vice-principal Dr. Mrs. Saroj Patil, Vice-principal Dr. Mihir Hajaranawis, Head of Department of Sharir Kriya Dr. Minakshi Randive, Secretary of Rashtriya Shikshan Mandal Dr. D. P. Puranik were present for the inauguration ceremony. In the ceremony, a special issue of Ayurvedia magazine dedicated to the subject of the seminar was published.

The second session was with Hon. Vd. Upendra Dikshit and Hon. Vd. Narendra Pendase. The chair and co-chair for the presentation of Vd. Upendra Dikshit were Dr. Kalpana Sathe and Dr. Mohan Joshi. The chair and co-chair for the presentation of Vd. Narendra Pendase were Dr. Indira ujagare and Dr. Tarannum Patel. The session was conducted by Dr. Swati Chaudhary. Vd. Upendra Dikshit spoke on the topic ‘Ayurvedic Pathophysiology in diagnosis and treatment of Cancer’ while Vd. Narendra Pendase spoke on ‘Practical experiences of using non-drug Ayurvedic interventions in Lifestyle Disorder spectrum’.

Post lunch session started with the speaker Hon. Vd. Gopa Kumar. Dr. Tanuja Sawant conducted this session. Vd. Gopa Kumar presented the topic, ‘Complications of Diabetes and its Ayurvedic management’. Dr. Mrs. Deshpande and Dr. Lakshman Lavagankar chaired this talk. This talk was followed by the speaker Hon. Vd. Mahesh Thakur who gave his views on the topic ‘Hypertension from Ayurvedic perspective’. The chairs for this talk were Dr. Mihir Hajarnawis and Dr. Abhijit Chitnis.

The valedictory session was held in the presence of Director of MCIM, Dr. Ashutosh Gupta. Dr. D. P. Puranik was present as chair person for the valedictory function. The certificates for the participation in the seminar were given at the end of valedictory function.

Paper presentations of the MD students and the Professors were held on 23<sup>rd</sup> September 2019. There were in all 150 paper presentations from various colleges.



### **Inauguration function**

Hon. Prof. M. J. Pawar, Dean of D. Y. Patil University, Pune.

President of Rashtriya Shikshan Mandal Dr. V. V. Doiphode, Principal of Tilak Ayurved Mahavidyalaya Dr. S. V. Deshpande, Vice-principal Dr. Mrs. Saroj Patil, Vice-principal Dr. Mihir Hajaranawis, Secretary of Rashtriya Shikshan Mandal Dr. D. P. Puranik, Head of Department of Sharir Kriya Dr. Minakshi Randive



### **Publication of Ayurvediya Magazine**

Hon. Prof. M. J. Pawar, Dean of D. Y. Patil University, Pune

President of Rashtriya Shikshan Mandal Dr. V. V. Doiphode, Principal of Tilak Ayurved Mahavidyalaya Dr. S. V. Deshpande, Vice-principal Dr. Mrs. Saroj Patil, Vice-principal Dr. Mihir Hajaranawis, Secretary of Rashtriya Shikshan Mandal Dr. D. P. Puranik, Head of Department of Sharir Kriya Dr. Minakshi Randive, Editor of Ayurvediya Magazine Dr. Vinaya Dikshit, Dr. Tarannum Patel, Vd. Lakshman Lavagankar, Vd. Tanuja Sawant, Mrs. Varsharani Dheewar



Hon. Prof. M. J. Pawar, Dean of D. Y. Patil University, Pune



Vd. L. Mahadevan, Best AYUSH Doctor – Chennai





Prof. Dr. Subhash Ranade  
Chairman, International Academy of Ayurveda



Vd. Upendra Dikshit, Goa



Vd. Narendra Pendase, Pune



Vd. Gopakumar, Kerala



Vd. Mahesh Thakur, Mumbai



Dr. Ashutosh Gupta President MCIM with  
Dr. D. P. Puranik and Dr. S. V. Deshpande