

Report of UG Transitional Curriculum 2023-2024

Day 1 1st Nov 2023

Morning session-

Transitional Curriculum 2023-2024 was Organised by Tilak Ayurved College during the date 1st Nov 2023 to 23rd Nov 2023. In This programme lectures were arranged by Dr.Minakshi Randive head of the department Kriya - sharir and departmental colleague of Tilak Ayurved Mahavidyalaya.

On the first day of the Program, in the morning 9:30 am. Introduction of the student to the institute and each other took place. After the introduction Pretest given to the students. Then our co ordinaters Dr.Taranoom Patel and Dr. Shyambala Bali interacted with the Students.

Inauguration –

The Principal Dr. Saroj Patil Madam addressed to students and parents. She gave total introduction and information about the college. The program was co-coordinated by vice principal Dr. Indira Ujagare who had interacted with students and parents and gave introduction of the Staff of 1st year teachers to them. The chairman of Rashtriya Shikshan Mandal Pune, Dr. Dilip Puranik gave presidential address to the student and parents.

Evening session-After the Lunch break the session was from 1:30 pm. To 2:30 pm. Dr.Taranoom Patel had Delivered her lecture on the Dhanvantari Stavan and its meaning, and after that from 2:30 pm. To 3:30 pm. Mr. Abhay Hire Office superintends of our college and Mr. Kiran Sutkar gave knowledge of Operational procedures-Office working. The lectures were very impressive.

After this informative lecture Dr.Salil Joglekar talked about Ayurveda's national and International reach. Feedback were collected. All the sessions co-ordinated by Vd. Chandrika Darveshi and Vd.Padmashree Kulkarni

Day 2 2nd Nov 2023

Second days lecture session had started with the lecture Vadatu Sanskritum By Vd. Hema Dole. She gave introduction of Sanskrit language and told about how to find the meaning of the shloka by dissecting each word in the shloka.

In the second Lecture Dr. Amit Ghodake told about the scpe of Ayurveda.

Vd.Sharvari Inamdar Gave tips and importance of Health and fitness.

After Lunch Dr. Dhananjay Mhasade delivered his lecture on Professional Medical Ethics. And also delivered his lecture on National Health Status, Goals and Policies.

On the end of the day Dr. Shrirang Galgali had delivered Motivational lecture. Total 92 students had attended that program.

The sessions co-ordinated by Vd. Chandrika Darveshi and Vd.Padmashree Kulkarni

Day 3 3rd Nov 2023

On third day Vd. Hema Dole Started her lecture Vadatu Sanskritum, She delivered her informative knowledge of Sanskrit. Sanskrit lecture followed by introduction to Ayurveda and Regulatory bodies by Dr. Mihir Hajarnavis . Then V. Laxman Lavgankar Had taken his lecture on Ayurveda in Covid – 19 continued with computer skills by Dr. Aishwarya Ranade. Dr. Darshana Ubale and Dr. Ashwini Bodade gave visite to Seth Ramnath Tarachand

Hospital Rastapeth in the session Know our Campus. Total 96 students had attended that program.

All the sessions co-ordinated by Vd. Kumud Shahare and Vd. Madhuri Dambhare.

Day 4 - 4th Nov 2023

Vd. Hema Dole Start the day with Sanskrit lecture, after that Dr. Vinaya Dixit taken her lecture on self learning skills, then Dr. Priyadarshan Joglekarhas Spoken about Mental Health, Viruddhaahar. And the day ends with the session know our campus ground floor by Vd. Supriya Gore and Vd. Sayali Kulkarni. Total 100 students had attended that program. All the sessions co-ordinated by Vd. Kumud Shahare and Vd. Madhuri Dambhare.

Day 5 - 6th Nov 2023

The day start with Sanskrit lecture by Dr. Hema Dole, after that Vd. Supriya Gore has taken her session know our syllabus of samhita. Lifelong learning Strategies by Dr. Mihir Hajarnavis, Mr. Vinayak Khambete spoke on communication skills. Next session taken by Dr. Harish Patankar, he spoke about scopes in ayurveda. Total 99 students had attended that program. All the sessions co-ordinated by Vd. Chandrika Darveshi and Vd. Padmashree Kulkarni

Day 6 - 7th Nov 2023

Dr. Jyoti Shirodkar deliver her lecture on Research and its scope in Ayurveda, then the lecture on gender equality taken by Dr. Prachi Dole. Dr. Santosh More given his lecture on Public Services. The day ended by lecture of Mr. Vinayak Khambete on Soft Skills. The day ends with the Game activity by Dr. Taranoom Patel and Dr. Shyambala Bali. Total 97 students had attended that program. All the sessions co-ordinated by Vd. Kumud Shahare and Vd. Madhuri Dambhare.

Day 7 - 8th Nov 2023

The lecture by Mr. Vivek Khambete on Public speaking, then Dr. Sangita Salvi gave introduction to surgical skills. Dr. Rashmi Apted deliver her lecture on Sanskrit in the session Vadatu Sanskritam, Dr. Manjiri Deshpande spoke on Time Management. Last lecture of the day was Dr. Kalyani Bhatt regarding introduction of Hospital. Total 73 students had attended that program. All the sessions co-ordinated by Vd. Kumud Shahare and Vd. Madhuri Dambhare.

Day 8 - 9th Nov 2023

The day start with the lecturer Agni and Viddha Karma by Vd. Chandrakumar Deshmukh, then Vd. Prayag Sethiya spoke about Applied aspect of Samhita. Mrs. Rashmi Aapate deliver her lecture on Sanskrit in the session Vadatu Sanskritam. After the lunch Dr. Taranoom Patel taught about Computer skills. Then Dr. Sangita Sawant, Dr. Ashwini Bodade introduce first floor of the campus and Dr. Pradnya Gathe, Vd. Shyambala Bali introduce them second floor in the session know our campus. Total 33 students had attended that program. All the sessions co-ordinated by Vd. Madhuri Dambhare and Vd. Padmashree Kulkarni.

Day 9 - 16th Nov 2023

After Diwali vacation the day start with Recreational Activities by Dr. Maithili Naik, then Dr. Sangita Sawant and Team visited students to the hospital in the session know your hospital-2 batches-OPD procedure. After the visit Dr. Suhas Herlekar deliver his lecture on Future Prospects-Streerog Prasutitantra. After the lunch Dr. Rashmi Bhise gave knowledge on Introduction to surgery this lecture followed by the lecture of Sanskrit by Mrs. Rashmi Aapate. The day concluded by the lecture by Vd. Sangita Sawant on Role of physician. Total 25 students had attended that program.

All the sessions co-ordinated by Vd. Mrunal Kulkarni, Vd. Chandrika Darveshi and Vd. Padmashree Kulkarni.

Day 10 17th Nov 2023

With the Game activity by Vd. Gauri Gangal the session started, followed this activity Vd. Apoorva Sangoram gave information about Code of Conduct. Then Mrs. Rashmi Aapate taught Sanskrit. After the lunch Vd. Mandar Akkalkotkar spoke on Basic life and support, then the day end with the session Lifestyle as per Ayurveda by Vd. Soniya Kale. Total 32 students had attended that program. All the sessions co-ordinated by Vd. Rukkaiya Badiwale, Vd. Chandrika Darveshi and Vd. Padmashree Kulkarni.

Day 11 18th Nov 2023

The day start with the lecture Vadatu Sanskritam by Dr. Madhura Kulkarni, then Vd. Mihir Hajarnavis talk about Uniqueness of Ayurved. Dr. Yashashri Joshi told about Mental health. After the lunch Vd. Sanika Aphale interact with students in the session students interaction, then Vd. Hemangi Shendye told Importance of Samhita and Dr. Mohan Joshi delivered his lecture on Recreational team building activity. Total 38 students had attended that program. All the sessions co-ordinated by Vd. Tanuja Savant, Vd. Mrunal Kulkarni, Vd. Rukkaiya Badiwale, Vd. Chandrika Darveshi and Vd. Padmashree Kulkarni.

Day 12 20th Nov 2023

After the week end the started with study guidance lecture by Dr. Sarika Chopde, then Dr. Sneha Kadam told about Mental health awareness in her lecturer, after this Vd. Jyoti Rahalkar gave Yoga introduction to the students. After the lunch Mrs. Rashmi Aapate deliver her lecture on Sanskrit in the session Vadatu Sanskritam, then Vd. Anjali Damle Gave Introduction to Panchkarma, after this the day ended with the lecture of Dr. Ruch Ganu on Health and Hygiene in Women. Total 60 students had attended that program.

All the sessions co-ordinated by Vd. Madhuri Dambhare Vd. Chandrika Darveshi and Vd. Padmashree Kulkarni.

Day 13 21st Nov 2023

The day started with the lecture Vadatu Sanskritum by Mrs. Rashmi Apte, Then Dr. Jyoti Rajhalkar Gave information of Yoga and meditation. After the lunch again Mrs. Rashmi Apte Shown some slides and interact in Sanskrit with students so that students can communicate in Sanskrit. The day ended with the session Goal setting by Dr. Yogini Patil. Total 54 students had attended that program.

All the sessions co-ordinated by Vd. Madhuri Dambhare, Vd. Chandrika Darveshi and Vd. Padmashree Kulkarni.

Day 14 22st Nov 2023

The started with the lecture Know Your Syllabus – Rachana sharer by Dr. Sarojani Patil, then Dr. Minakshi Randive gave introduction of the subject Kriya sharer in the session Know Your Syllabus. After these lecture Dr. Jyoti Rahalkar shown Relaxation techniques. After lunch Dr. Deepak Poman Spoke on Emergency management in Anaesthesia, then Dr. Prajakta Kulkarni told about Organ donation awareness. The day ended with the lecture Personality Development by Mr. Narendra Naidu. 72 students attended all the sessions.

Day 15 23rd Nov 2023

The day Started with the lecture of dr. Venkat Dharmadhikari. In the next lecture Vd. Laxman Lavagnkar spoke about Entrepreneurship - setting up an Ayurvedic Pharmacy, then Dr. Apurva Sangoram introduced Ayurved Rasashala. After the lunch Dr. Narayan Shahane gave Motivational Speech, The day ended with Dr. Indira Ujagare's lecture on Understanding the role of mentoring. 58 students attended all the sessions.