

MAHA AYUSH EXPO SUMMIT 2023 REPORT

Maha Ayush Natural World Expo Summit 23 was organized by the Chamber For Export, Import, Traditional And Integrated Health With The Trinity Group on 3rd, 4th and 5th of November at Mahalaxmi Lawns, Karve Road, Pune. It was actively supported by the Ayush Directorate Government of Maharashtra, Ayush colleges and Ayush associations.

RSM's Tilak Ayurved Mahavidyalaya participated actively in this Ayush Expo from 3rd to 5th November. Various faculties of Tilak Ayurved Mahavidyalaya were present for 3 days as guest speakers, chairpersons and co-chairpersons. The programme was conducted under the guidance of RSM'S president Dr. Dilip Puranik, Secretary of RSM, Dr. Rajendra Huprikar and Principal Dr. Saroj Patil.

The day started with inaugural function in hands of Mr. Mrulidhar Mohol, acting Mayor of Pune city. The occasion was graced by Dr. Veena Patil, Addition Director of Ayurved, Pune, Principal Dr. Saroj Patil and Mr. Joseph Dias and Dr. Jaleel Ahmed. Dr. Asmita Jadhav and Dr. Rucha Ganu coordinated the inaugural ceremony.

DETAILS OF CME LECTURES :

| Day | Speaker | Topic | Chairperson | Co-Chairperson |
|---------------------------|----------------------|---|-----------------------|-----------------------|
| 3rd Nov | Dr. Rucha Ganu | Aahar in Garbhini Paricharya | Dr. Saroj Patil | Dr. Meenakshi Randive |
| 3rd Nov | Dr. Apoorva Sangoram | Herbal Medicine in Garbhini Paricharya | Dr. Indira Ujagare | Dr. Asmita Jadhav |
| 5th Nov | Dr. Saroj Patil | Importance of Dinacharya in maintenance of Swasthya | Dr. Nandakishor Borse | Dr. Kalyani Bhatt' |
| 5th Nov | Dr. Mihir Hajarnavis | Age related disorders in Ayurveda | | |

Other Activities In Maha Ayush Expo Summit 2023

1. Tilak Ayurved Mahavidyalaya also had an exhibition stall on “HER” WELLNESS i.e women health in all epochs of life which was organized by Prasuti Tantra & Striroga department for all the three days.
2. Herbal plant exhibition by Dravayaguna Department of the college was carried out for all 3 days.
3. On 5th November Tilak Ayurved Mahavidyalaya and Seth Tarachand Ayurved Hospital rendered free consultation on common diseases and anorectal diseases. Dr. Anupama Shimpi, Dr. Siddharth Parchure, Dr. Nandakishor Borse consulted the patients. All the OPD service was carried out with the help of PG students of the department.

On 5th November Lt. Gen. Dr. Madhuri Kanetkar, VC MUHS, Nashik and Pro VC Dr. Milind Nikumbh graced the occasion with their presence. They visited our OPD, stall and Herbal Plant Exhibition. Dr. Saroj Patil, Principal, Tilak Ayurved Mahavidyalaya was felicitated by the hands of Lt. Gen. Madhuri Kanetkar with AYUR Bhushan Puraskar.

Dr. Apoorva Sangoram worked as the co-ordinator of the programme. Dr. Rucha Ganu and Dr. Asmita Jadhav worked as Co Co-ordinators of the programme.

1. Dr. Saroj Patil, Principal, Tilak Ayurved Mahavidyalaya.
2. Dr. Mihir Hajarnavis, Vice Principal, Tilak Ayurved Mahavidyalaya.
3. Dr. Indira Ujagare, Vice Principal, Tilak Ayurved Mahavidyalaya.
4. Dr. Nandakishor Borse, HOD, Shalya Tantra.
5. Dr. Meenakshi Randive, HOD, Sharir Kriya.
6. Dr. Apoorva Sangoram, HOD, Dravyaguna.
7. Dr. Kalyani Bhat, Deputy Supritendent, STRH.
8. Dr. Anupama Shimpi, Associate Prof. Kayachikitsa
9. Dr. Siddharth Parchure, Assistant Prof. Kayachikitsa
10. Dr. Rucha Ganu, Associate Prof. STRP.
11. Dr. Asmita Jadhav, Associate Prof. Dravyaguna.
12. Dr. Pradnya Gathe, Associate Prof. Dravyaguna.
13. Dr. Gauri Gangal, Assistant Prof. Dravyaguna.
14. Dr. Omkar Jyotik, Assistant Prof. Shalya Tantra.
15. Dr. Mrunali Phapale, Assistant Prof. STRP.

All together 15 faculties and 33 PG and 15 UG students from the institute actively participated in the programme.