

# **Report of the National Seminar on Pakshaghata- Concept To Clinical**

The National Seminar on Pakshaghata- Concept To Clinical was organized by Center for Postgraduate Studies and Research in Ayurved and Department Of Panchakarma of Tilak Ayurved Mahavidyalaya, Pune on Saturday 27<sup>th</sup> January and 28<sup>th</sup> January 2024.

## **❖ PAPER AND POSTER COMPETITION –**

The Paper and Poster presentation of the seminar was held on 27<sup>th</sup> January 2024. Total 52 papers and 32 posters were presented in the Seminar. For PhD. Scholars And Faculty Group Dr.Girish Sarde and Dr. Maya Gokhale were the evaluators and for PG and UG Students Group Dr.Prayag Sethiya and Dr.Pournima Daware worked as evaluators for the paper presentation. Dr. Vaishnavi Joshi and Dr. Pradnya Vaidya worked as evaluators for the poster presentation.

## **❖ SESSION -1 -**

The Seminar began with the lecture delivered by renowned Ayurvedic Physician Dr.Narendra Pendse on the topic Challenges in Ayurvedic Nidana of Pakshaghata. The session was chaired by Dr Bharat Kadlaskar and co-chaired by Dr Santosh Mahadik. The lecture provided with the sound knowledge of various Aharaj , Viharaj and Manas Hetu in Nidana and Samprapti of Pakshaghata .He also explained about the concept of Avarana and its importance in Pakshaghata.This was essential for better understanding of Samprapti and Chikitsa of the disease.

## **INAUGURAL FUNCTION –**

The inaugural function was held after the first lecture. Welcome address was delivered by Dr Saroj Patil, Principal of Tilak Ayurved Mahavidyalaya. Details of the seminar were given by Dr. Rajendra Huparikar , Programme Director and H.O.D. of Panchakarma Department. Introduction of the dignitaries was given by Dr Monica Mulay, Organizing Secretary of the Seminar.

Hon. Dr. Vasudevan Nampoothiri, Ex. Director ,Ayurveda Medical Education , Government of Kerala was the chief guest of the inaugural function. Dr. D.P. Puranik, President , Rashtriya Shikshan Mandal, Pune Presided over the inaugural function. Dr. D. P. Puranik spoke about various programmes and seminars organized on the occasion

of the centenary year of Rashtriya Shikshan Mandal .Dr. B.K. Bhagwat Vice President of Rashtriya Shikshan Mandal, Pune and Ex-Professor and HOD Swasthavritta also graced the function . Vote of thanks was delivered by Dr.Anjali Damle , Organizing Secretary of the Seminar.

Categorywise prizes (PG and PhD /Teachers) of the Paper presentations were given in the inaugural function.

## ❖ **SESSION -2 -**

After the Inaugural Function, keynote address was delivered by Hon.Dr. Vasudevan Nampoothiri .He conducted a Research Based Lecture on Classical Ayurvedic Treatment of Pakshaghata. The session was Chaired by Dr.Narendra Pendse and Co Chaired by Dr.Girish Sarde. The lecture provided with clear insight of all possible panchakarma procedures and medicines in successful treatment of Pakshaghata .He explained classical panchakarma procedures with practical approach.His profound knowledge about the concept showcases his more than 38 years of clinical and teaching experience in the field of Ayurveda.

## ❖ **SESSION -3 –**

Renowned Ayurvedic Physician & Surgeon Dr.Ravishankar Pervaje delivered a talk on Acute Management in Pakshaghata. This session was Chaired by Dr. Maya Gokhale and co chaired by Dr.Vishakha Gaikwad. In lecture he shared his Classical Ayurvedic Protocol in emergency management of Pakshaghata. From his lecture he proved that Ayurveda can be used in emergency cases as well. He presented various cases of pakshaghata and their aatyayika chikitsa-panchakarma procedures with video recordings. His experiences were promising and inspiring for young delegates.

## ❖ **SESSION-4-**

In post lunch session, Case Presentation on Pakshaghata was delivered by renowned ayurvedic physician Dr.Yogesh Kale. This session was Chaired by Dr Anita Patil and co chaired by Dr.Varsha Sane. He presented two of his most successfully treated cases of Pakshaghata. He explained different lines of treatment in various conditions of Pakshaghata. His session was based on practical knowledge and was highly informative.

## ❖ **SESSION-5-**

Dr. Sachin Chandaliya ,HOD and Professor ,Shree Ayurved Mahavidyalaya ,Nagpur delivered a talk on Role of Panchakarma in the Management of Pakshaghata . This

session was Chaired by Dr. Vandana Avhad and co-chaired by Dr. Prashant Amrutkar . It was highly insightful about the procedures that can be performed in the management of Pakshaghata. He also explained modern correlation with the nervous system helping the delegates to understand the concept in depth.

## ❖ VALIDECTORY FUNCTION -

Validictory function was conducted in presence of Dr. Saroj Patil - Principal of Tilak Ayurved Mahavidyalaya ,Dr Sangeeta Salvi - Vice Principal of Tilak Ayurved Mahavidyalaya and Dr Indira Ujagare - Vice Principal of Tilak Ayurved Mahavidyalaya.

Felicitations of the organizing committee was done in the valedictory session for successful conduction of seminar. Total 15 PG students of Panchakarma Department , non-teaching staff of Tilak Ayurved mahavidyalaya and staff of Panchakarma Department, S.T.R.H., Pune were appreciated and felicitated for their support and help for the seminar.

Dr. D.P. Puranik - President of Rashtriya Shikshan Mandal, Pune was the mentor for the successful organization of the Seminar.Principal Prof.Dr. Saroj Patil supported the entire event.

The seminar was supported by 16 well-known Ayurvedic Pharmacies and Panchakarma equipments producers .Panchakarma Department is grateful to sponsorers for their substantial support and active participation.

Total 202 delegates attended the seminar.Dr.Saroj patil –Organizing Chairman, Dr.Rajendra Huparikar- Programme Director, Dr Anjali Damle and Dr.Monica Mulay - Organizing Secretary, Dr. Rahul Kathawate and Dr. Tanvi Joshi - Programme Coordinator worked for smooth organization of the Seminar. All the postgraduate students in the Department of Panchakarma and Non-Teaching staff worked throughout and provided with their valuable help in the seminar.



**Dr. Narendra Pendse**  
Senior Ayurvedic Physician



**Dr. Vasudevan Nampoothiri,**  
Ex. Director ,Ayurveda Medical Education ,  
Government of Kerala



From Left To Right – Dr.Sangeeta Salvi , Dr.Indira Ujagare , Dr.Mihir Hajarnavis , Dr.Saroj Patil , Dr.Vasudevan Nampoothiri , Dr. Dr. B.K. Bhagwat , Dr.D.P.Puranik , Dr.Rajendra Huparikar , Dr.Anjali Damle, Dr.Monika Mulay, Dr.Tanvi Joshi , Dr.Rahul Kathawate.



**Dr.Yogesh Kale**  
Ayurvedic Physician , Pune



**Dr.Ravishankar Pervaje**  
Senior Ayurvedic Physician & Sugeon , karnataka



**Dr.Sachin Chandaliya**  
HOD and Professor ,Shree Ayurved Mahavidyalaya  
Nagpur





Faculty and PG Students of Panchakarma Department