



Rashtriya Shiksha Mandal's

**Centre for Post Graduate Studies
& Research in Ayurved
of Tilak Ayurved Mahavidyalaya**



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Ref. No. : 15/248/2024

Date : 12/03/2024

सूचना

(प्रथम वर्ष पदव्युत्तर (२०२३-२०२४) विद्यार्थ्यांसाठी)

प्रथम वर्ष पदव्युत्तर (२०२३-२०२४) विद्यार्थ्यांना सूचित करण्यात येते की, महाराष्ट्र आरोग्य विज्ञान विद्यापीठाच्या नियमानुसार टिळक आयुर्वेद महाविद्यालयात दि.१६.०३.२०२४ ते दि. २०.०३.२०२४ व दि.१९.०३.२०२४ ते दि.२१.०३.२०२४ ह्या कालावधीत तीन दिवसीय दोन कार्यशाळा आयोजित केल्या आहेत. सदर कार्यशाळेकरीता विद्यापीठ नियमानुसार विद्यार्थ्यांकरीता पुढील प्रमाणे नोंदणी शुल्क राहिल-

- १) रु.५००/- विद्यापीठाची प्रशामकीय फी +
- २) रु.१२००/- कार्यशाळेतील तज्ज्ञ व्याख्यातांचे मानधन व स्टेशनरी फी इ.साठी +
- ३) रु.१३००/- तीन दिवसांसाठी दररोज नाश्ता + दुपारचे जेवण + ३ वेळचा चहा याकरीता व इतर खर्चाकरीता
(ऊ.३ मधील दर्शविलेले रु.१३००/- भोजनासाठी आहेत याची नोंद घ्यावी)
याप्रमाणे एकूण रु.३०००/- कार्यशाळेचे शुल्क राहिल.

ज्या विद्यार्थ्यांची व अध्यापकांची सदर कार्यशाळा पूर्ण करणे बाकी आहे अशा विद्यार्थ्यांनी महाराष्ट्र आरोग्य विज्ञान विद्यापीठाच्या वेबसाईटवर workshop register या ठिकाणी नावनोंदणी करावी व पदव्युत्तर कार्यालयात नोंदणी शुल्क भरावे.

जे विद्यार्थी या कार्यशाळेसाठी पूर्ण वेळ उपस्थित राहणार नाहीत त्यांना पूर्णत्वाचे प्रमाणपत्र मिळणार नाही व यानंतर येणाऱ्या रिसर्च मेथडोलॉजी वर्कशॉपमध्ये त्यांचे नाव चालता येणार नाही, याची नोंद घ्यावी.

संचालक

सी.पी.जी.एस.ॲन्ड आर.ए.

प्राचार्य

टिळक आयुर्वेद महाविद्यालय, पुणे

Principal

Tilak Ayurved Mahavidyalaya,
Pune - 411 011.



Tilak Ayurved Mahavidyalaya, Pune

Report of the Basic Workshop in Research Methodology

Workshop 1 (18/03/2024 to 20/03/2024)

Basic Workshop in Research Methodology was organized at Tilak Ayurved Mahavidyalaya, Pune as per the guidelines from Institute of Medical Education and Teachers Training, M.U.H.S., Nashik.

The workshop was organized between 18/03/2024 to 20/03/2024. Total 49 participants were enrolled for the workshop. The participants were PhD Scholars, Postgraduate students and Faculty from all over the Maharashtra. From the colleges Tilak Ayurved Mahavidyalaya, Pune, Dhondumama Sathe Homoeopathic Medical College, Pune, BSDT's Ayurved Mahavidyalaya, Wagholi, Pune, Vamanrao Ithape Homoeopathic Medical College and Hospital, Sangamner, Late Kedari Redekar Ayurved Mahavidyalaya, Gadhinglaj, Saptshrungi Ayurved Mahavidyalaya, Nashik, Sumatibhai Shah Ayurvedic Mahavidyalaya, Hadpsar Pune.

The workshop began on 18-03-2024 with registration and pretest. The inauguration of workshop was done at the hands of Dr. Saroj V. Patil, Principal Tilak Ayurved Mahavidyalaya, and Vice Principal Dr. Mihir Hajarnavis, Dr. Indira Ujagare and Dr. Sangeeta Salvi Vice Principal of post graduate studies at Tilak Ayurved Mahavidyalaya, Pune. All the members of the Research Society with Secretary of Research Society Dr. Minakshi Randive and Joint Secretary of Research Society Dr. Manjiri Deshpande were present for the inaugural ceremony.

On Day one 18-03-2024, first session was conducted by Dr. Mihir Hajarnavis Professor and HOD of Swathavrutta Dept. T.A.M.V. Pune, he spoke on Introduction to Research Methodology. Next session was a series of three lectures on Study Designs by Dr. Jagannath Dixit Professor from B. J. Medical College, Pune, on Study Design including Descriptive studies, Case Control, Cohort Studies and Experimental Studies.

Afternoon Session of first day was followed by a group activity. It was conducted by Dr. Taranoom Patel Assi. Professor of Kriya Sharir T.A.M.V. Pune and Dr. Aishwarya Ranade, Assi. Professor of Rog Nidan dept. T.A.M.V. Pune. The participants were divided into five groups. Each group discussed amongst themselves and came out with two research questions and related hypothesis. They indicated why the topic was selected by the group, the type of study with reasons thereof and indicated dependent and independent variables included in the study. Next session



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was conducted by Dr. Manjiri Deshpande Professor of Rog Nidan dept. T.A.M.V. Pune. on the subject of the Literature search followed by a group activity group got task to search references related to their topics and discussed about that.

On the Second Day 19/3/2024 in the first session was a lecture by Dr. Mayur Giri, Associate Professor, MUHS Regional Center Pune, on the topic of Types of data and data presentation. The interactive second session was delivered by Mr. Sagar Khandagale Professor of Statistics BSDT' Ayurvedic college, Pune. Group activity was conducted by Dr. Manjiri Deshpande Professor of Rog Nidan dept. T.A.M.V. Pune., Participants were divided into groups and each group discussed and presented the Sampling Method adopted for the study selected, as well as discussed and presented sample size determined for the study. Mr. Sagar Khandagale continued the third session with the topic Inferential Statistics. Group activity on inferential statistics was conducted by Dr. Ashwini Bodade Associate Professor Rasashastra dept. T.A.M.V. Pune. Thereafter lecture on Questionnaire Designing was delivered enthusiastically by Dr. Surekha Shinde Professor B.J. Medical college, Pune continued with session with Writing a Research Protocol.

Third day 20/3/2024 sessions began with lecture and group activity on Critical evaluation of journal article by Dr. S. Muralidharan, Research Coordinator, Dept. of Research National Institute of Naturopathy, Pune and Dr. Vinaya Dixit, Associate Professor Dept of Rasashastra, Journal articles with different study designs were presented and discussed by the groups. This was followed by a lecture on Computer Assistance in Data Analysis Excel and EPI Info by Dr. S. Muralidharan he gave hands on training to every participant regarding excel worksheet. After lunch session were continued by him with topic Qualitative Research methods. Next lecture was on Ethical Issues in Medical Research by Dr. Ranjana Sahasrabuddhe, Professor B.V.D.U., Medical college, Pune followed by group activity assisted by Dr. Minakshi Randive Professor Kriya Sharir Dept. T.A.M.V. Pune. The last session of this workshop was on topic Evaluation of Diagnostic Tests held by Dr. Ranjana Sahasrabuddhe. All the lectures were designed as per the guidelines provided by University Research Department, Maharashtra University Health Sciences Nashik. All the group activities were supported by the



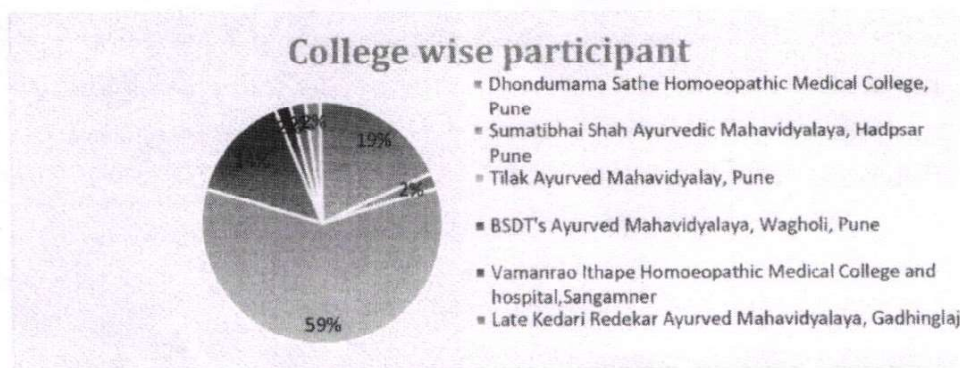
Tilak Ayurved Mahavidyalaya, Pune
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Research Committee members of the college.

All the participants were given soft copy of the study material at the end of the workshop.

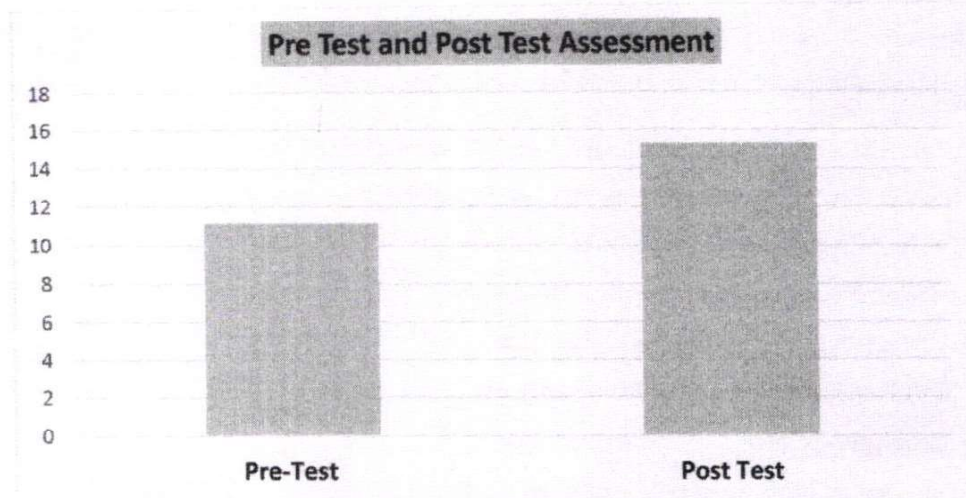
The post test was conducted after the last lecture. The feedback for all three days was received from the participants on daily basis. Feedback given by the participants revealed that:

- The objectives of the workshop were achieved.
- 98% of the participants found the workshop to be useful for their professional activities.
- All the faculty were resourceful and helpful.
- Workshop had a balance of theory and activities.
- Participants wanted more group activities.
- The result of the pre and post test shows a positive change in the knowledge of the Participants about the topics of Research Methodology
- The pre test average and post test average of the participants: Mean score of Marks was improved from 11.16327 (Pre test) to 15.30612 (Post test).



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The students participated in all the sessions interactively and appreciated the workshop. Dr. Supriya Ashok Gore worked as Co-ordinator for the workshop. Workshop was successful with the contribution from Secretary of Research Society Dr. Minakshi A. Randive and joint Secretary Of Research Society Dr. Manjiri Deshapande, all Research Society members and guidance from Principal Prof. Dr. Saroj V. Patil and Vice Principal Dr. Mihir Hajarnavis, Dr. Indira Ujagare and Dr. Sangeeta Salvi Vice Principal of post graduate studies at Tilak Ayurved Mahavidyalaya, Pune.

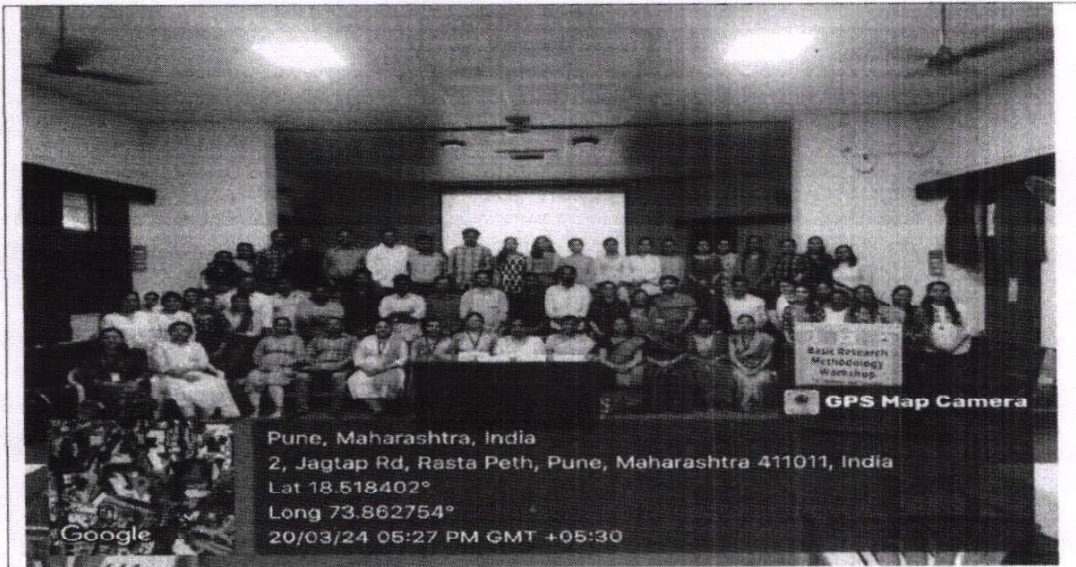

Dr. Supriya Ashok Gore
Co-Ordinator
Workshop1(18-20 March 2024)


Dr. Saroj V. Patil.
Principal
Tilak Ayurveda Mahavidyalaya, Pune
Principal
Tilak Ayurved Mahavidyalaya,
Pune - 411 011.

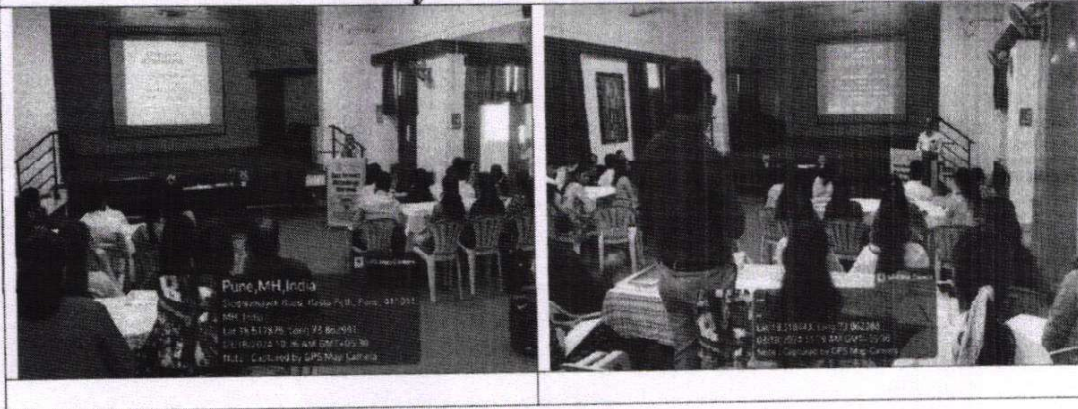


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Report of the Basic Workshop in Research Methodology

Workshop 1 (18/03/2024 to 20/03/2024)

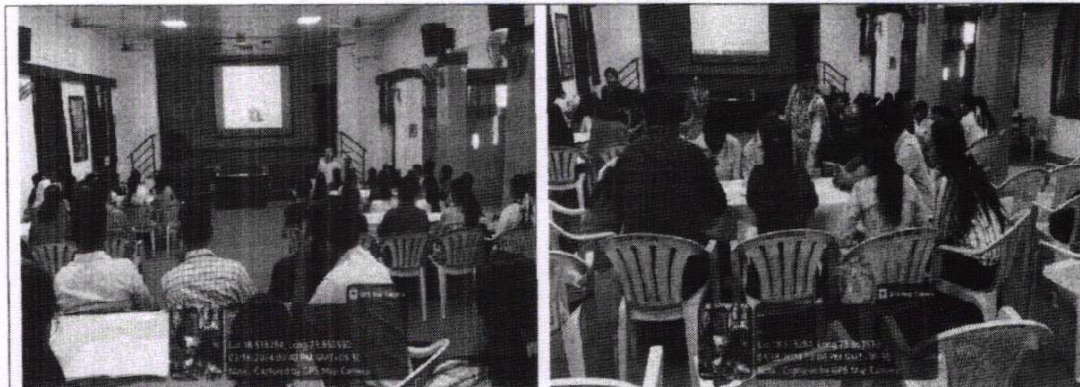


Day One 18/03/2024

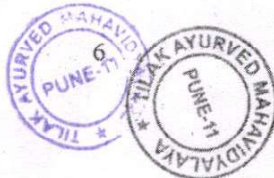
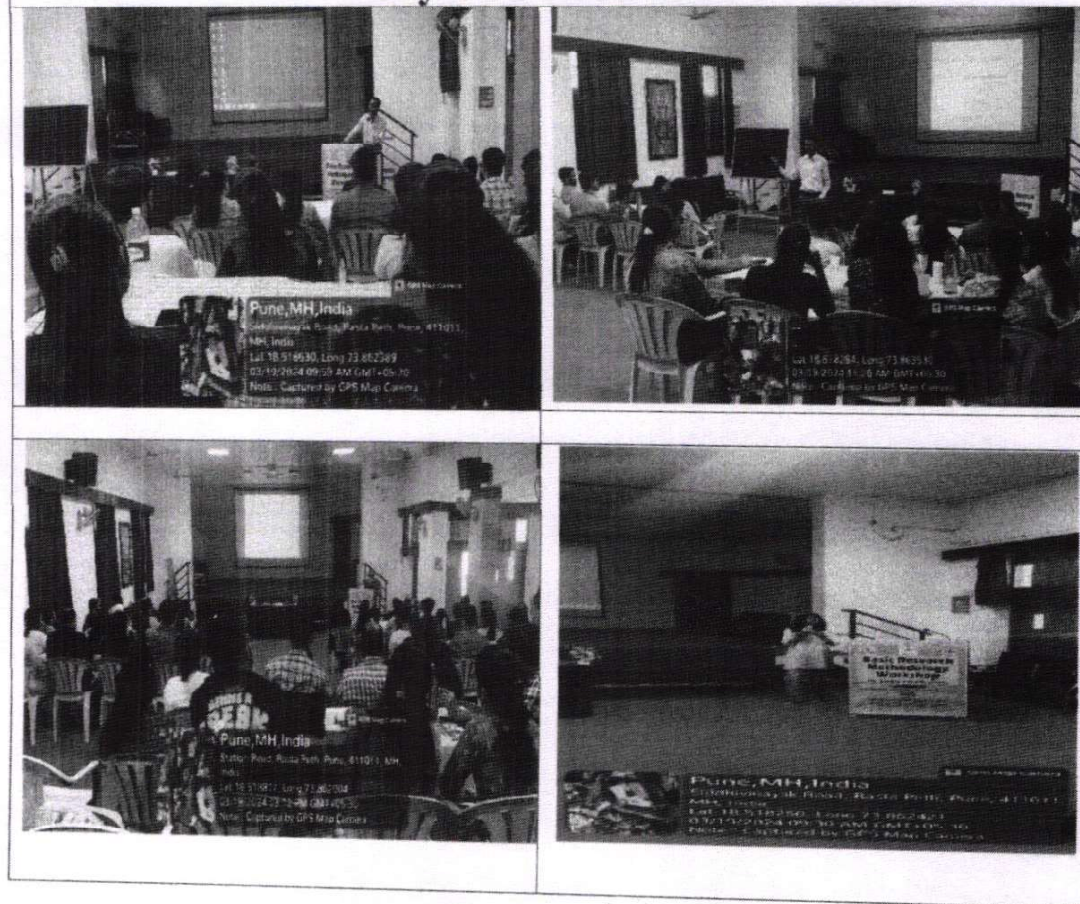


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Report of the Basic Workshop in Research Methodology

Workshop 1 (18/03/2024 to 20/03/2024)



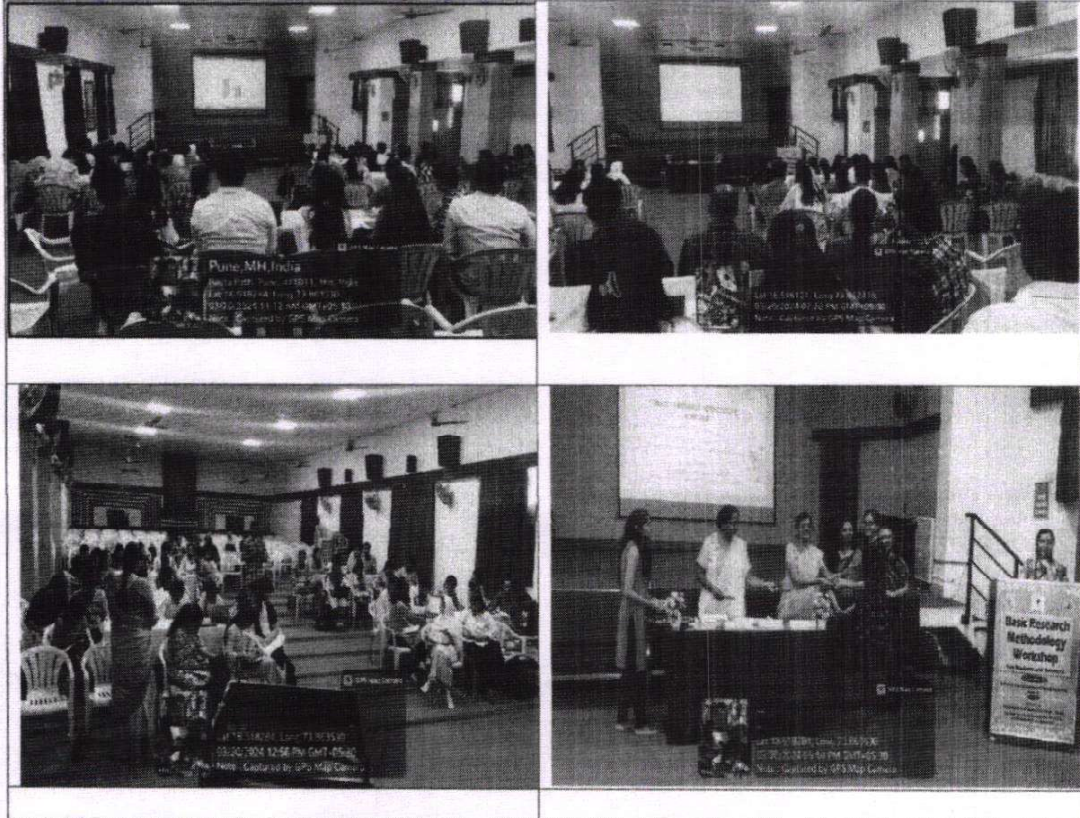
Day Two 19/03/2024



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Workshop 1 (18/03/2024 to 20/03/2024)

Day Three 20/03/2024



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Principal
Tilak Ayurved Mahavidyalaya
Pune-11

BASIC RESEARCH METHODOLOGY WORKSHOP
RSM's TILAK AYURVEDA MAHAVIDYALAYA, PUNE

Date- 18 March 2024 To 20 March 2024

Workshop I - Attendance

Sr. No.	Name of Participant	18/03/2024		19/03/2024		20/03/2024	
		Morning	Evening	Morning	Evening	Morning	Evening
1	Vd. Viralekar Mahesh Lahu	Misalekar	Misalekar	Misalekar	Misalekar	Misalekar	Misalekar
2	Vrushali Sanjay Bhamre	Visharnu	Visharnu	Visharnu	Visharnu	Visharnu	Visharnu
3	Akanksha Adinath Rokade	Patode	Patode	Patode	Patode	Patode	Patode
4	Dr Nandkishor Pavan Magar	Nand	Nand	Nand	Nand	Nand	Nand
5	Vd. Shubhangi Balajirao Vidhamwar	VS	VS	VS	VS	VS	VS
6	Vd. Radhesh Dilip Shahagadkar	PVR	PVR	PVR	PVR	PVR	PVR
7	Shivangi Vinay Bodas	SBodas	SBodas	SBodas	SBodas	SBodas	SBodas
8	Megha Daulat Pawara	MP	MP	MP	MP	MP	MP
9	Vd. Yash Shashikant More	SR	SR	SR	SR	SR	SR
10	Dr Shinde Sampada Anil	Shinde	Shinde	Shinde	Shinde	Shinde	Shinde
11	Dr. Kajal Dnyanadev Saste	Paste	Paste	Paste	Paste	Paste	Paste
12	Dr Rakshita Ramvilas Mantri	Mantri	Mantri	Mantri	Mantri	Mantri	Mantri
13	Shruti Ganesh Salagare	Salagare	Salagare	Salagare	Salagare	Salagare	Salagare
14	Arshiya Jahangir Ansari	Ansari	Ansari	Ansari	Ansari	Ansari	Ansari
15	Dr. Priyanka Ganesh Minagule	Minagule	Minagule	Minagule	Minagule	Minagule	Minagule



Co-ordinator
Dr. Gori Supriya



Principal
Principal
Tilak Ayurved Mahavidyalaya,
Pune - 411 011.

BASIC RESEARCH METHODOLOGY WORKSHOP
RSM's TILAK AYURVEDA MAHAVIDYALAYA, PUNE

Date- 18 March 2024 To 20 March 2024

Workshop I - Attendance

Sr. No.	Name of Participant	18/03/2024		19/03/2024		20/03/2024	
		Morning	Evening	Morning	Evening	Morning	Evening
16	VD. VARSHA RAMDAS PATHARE	Pathare	Pathare	Pathare	Pathare	Pathare	Pathare
17	Dr. Shivaji Sarjerao Ghongade	Ghongade	Ghongade	Ghongade	Ghongade	Ghongade	Ghongade
18	DR. VRUSHALI ANIL PARADHE	Paradhe	Paradhe	Paradhe	Paradhe	Paradhe	Paradhe
19	Dr. Dipak Kisan Poman	Poman	Poman	Poman	Poman	Poman	Poman
20	Dr. Balaji Gopalrao Desai	Desai	Desai	Desai	Desai	Desai	Desai
21	Sakina Kapadia	Kapadia	Kapadia	Kapadia	Kapadia	Kapadia	Kapadia
22	Dr. Arya Shivaji Nalawade	Nalawade	Nalawade	Nalawade	Nalawade	Nalawade	Nalawade
23	Dr. Vishal Rajendra Dharak	Dharak	Dharak	Dharak	Dharak	Dharak	Dharak
24	DR. PRASHANT BALASAHEB CHALAK	Chalake	Chalake	Chalake	Chalake	Chalake	Chalake
25	Samiksha Jayant Shende	Shende	Shende	Shende	Shende	Shende	Shende
26	Dr. Aasma Isamuddin Shaikh	Shaikh	Shaikh	Shaikh	Shaikh	Shaikh	Shaikh
27	Dr. Kajal Bhojram Borkar	Borkar	Borkar	Borkar	Borkar	Borkar	Borkar
28	Dr. Abhinandan Narayanrao Pathade	Pathade	Pathade	Pathade	Pathade	Pathade	Pathade
29	Shrikant Balaji Bhosale	Bhosale	Bhosale	Bhosale	Bhosale	Bhosale	Bhosale
30	Dr. Jadhav Sandip Ashokrao	Ashokrao	Ashokrao	Ashokrao	Ashokrao	Ashokrao	Ashokrao



Co-ordinator
Dr. Gore Supriya



Principal
Principal
Tilak Ayurved Mahavidyalaya,
Pune - 411 011.

BASIC RESEARCH METHODOLOGY WORKSHOP
RSM's TILAK AYURVEDA MAHAVIDYALAYA, PUNE
Date- 18 March 2024 To 20 March 2024
Workshop I -Attendance

Sr. No.	Name of Participant	18/03/2024		19/03/2024		20/03/2024	
		Morning	Evening	Morning	Evening	Morning	Evening
31	Dr Akash Dubey	Rubis	Rubis	Rubis	Rubis	Rubis	Rubis
32	Akshay Haribhau Devarkar	ADevarkar	ADevarkar	ADevarkar	ADevarkar	ADevarkar	ADevarkar
33	Dr. Pratiksha Popatrao Kolhe	Pratiksha	Pratiksha	Pratiksha	Pratiksha	Pratiksha	Pratiksha
34	Dr Ajay Raghunath Paighan	Ajay	Ajay	Ajay	Ajay	Ajay	Ajay
35	Anjali Santosh Ambekar	Anjali	Anjali	Anjali	Anjali	Anjali	Anjali
36	Surendra S. Tiwari	Surendra	Surendra	Surendra	Surendra	Surendra	Surendra
37	Dr Tanaya Chandan Sovani	Tanaya	Tanaya	Tanaya	Tanaya	Tanaya	Tanaya
38	Dr. Simran Sanjay Kotaria	Simran	Simran	Simran	Simran	Simran	Simran
39	Dr. Utkarsh Jagtap	Utkarsh	Utkarsh	Utkarsh	Utkarsh	Utkarsh	Utkarsh
40	DR. PRATIMA RAJENDRA AGALE	Pratima	Pratima	Pratima	Pratima	Pratima	Pratima
41	Dr. Gonjari Smita Pralhad	Gonjari	Gonjari	Gonjari	Gonjari	Gonjari	Gonjari
42	DR. SIMRAN KUMAR THADANI	Simran	Simran	Simran	Simran	Simran	Simran
43	Dr. Akshata Vivek Bhosale	Akshata	Akshata	Akshata	Akshata	Akshata	Akshata
44	Pooja Vinaykumar Yadav	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja
45	Dr Amruta Satish Somani	Amruta	Amruta	Amruta	Amruta	Amruta	Amruta
46	Dr. Renuka Vijayrao Udge	Renuka	Renuka	Renuka	Renuka	Renuka	Renuka
47	Pruthviraj Rajendra Tarade	Pruthviraj	Pruthviraj	Pruthviraj	Pruthviraj	Pruthviraj	Pruthviraj
48	Dr. Rucha Vyavahare	Rucha	Rucha	Rucha	Rucha	Rucha	Rucha
49	Chaudhari Latesh Sanjay	Latesh	Latesh	Latesh	Latesh	Latesh	Latesh



Co-ordinator

Dr. Goe Superna



Principal

Principal
Tilak Ayurved Mahavidyalaya,
Pune - 411 011.



BASIC RESEARCH METHODOLOGY WORKSHOP
RSM's TILAK AYURVEDA MAHAVIDYALAYA, PUNE
Date- 18 March 2024 To 20 March 2024
Workshop I- List of Faculty

Sr. No.	Name of Faculty	Name of Institute	Date	Subject	Sign
1	Dr. Mihir Hajarnavis	Tilak Ayurved Mahavidyalaya, Pune	18/3/2024	Introduction to Research Methodology	
2	Dr. Jagannath Dixit	B.J. Medical College, Pune	18/3/2024	Study Design- Descriptive studies	
				Case control and Cohort studies	
				Experimental studies	
				Group activity 1	
3	Dr. Manjiri Deshpande	Tilak Ayurved Mahavidyalaya, Pune	18/3/2024	Literature search	
				Group activity 2	
4	Dr. Mayur Giri	MUHS, Regional Centre, Aundh, Pune	19/03/2024	Types of Data and Data Presentation	
5	Mr. Sagar Khandagale	B.S.D. T's Ayurved Mahavidyalaya, Wagholi Pune	19/03/2024	Sampling: Methods & Sample size	
				Group activity 3	
				Inferential Statistics	
				Group activity 4	
6	Dr. Surekha Shinde	B.J. Medical College, Pune	19/03/2024	Questionnaire Designing	
				Writing Research protocol	
7	Dr. Ranjana A. Sahasrabudhe	B.V.D.U., Medical College, Pune	20/03/2024	Ethical issues In Medical research	
				Evaluation of a diagnostic test.	
				Critical Evaluation of Journal Article	
				Computer assistance in Data Analysis	
				Excel and Epi info.	
8	Dr. S. Muralidharan	National Institute of Naturopathy, Pune	20/03/2024	Group activity 5	
				Qualitative Research Methods	

Coordinator

Dr. Gota Supriya

Principal

Principal
Tilak Ayurved Mahavidyalaya,
Pune - 411 011.



BASIC RESEARCH METHODOLOGY WORKSHOP
RSM's TILAK AYURVEDA MAHAVIDYALAYA, PUNE
Date- 18 March 2024 To 20 March 2024

Workshop 1

Faculty Attendance

Sr. No.	Name of Faculty	18/3/2024		19/3/2024		20/3/2024	
		Morning	Evening	Morning	Evening	Morning	Evening
1	Dr. Mihir Hajarnavis	<i>Mihir Hajarnavis</i>	<i>Mihir Hajarnavis</i>	-	-	-	-
2	Dr. Jagannath Dixit	<i>Jagannath Dixit</i>	<i>Jagannath Dixit</i>	-	-	-	-
3	Dr. Manjiri Deshpande	-	<i>Manjiri Deshpande</i>	-	-	-	-
4	Dr. Mayur Giri	-	-	<i>Mayur Giri</i>	-	-	-
5	Mr. Sagar Khandagale	-	-	<i>Sagar Khandagale</i>	<i>Sagar Khandagale</i>	-	-
6	Dr. Surekha Shinde	-	-	-	<i>Surekha Shinde</i>	-	-
7	Dr. Ranjana Sahasrabudhe	-	-	-	-	<i>Ranjana Sahasrabudhe</i>	-
8	Dr. S. Muralidharan	-	-	-	-	<i>S. Muralidharan</i>	<i>S. Muralidharan</i>
9		-	-	-	-	-	-
10		-	-	-	-	-	-

Co-ordinator

Dr. Gote Supriya

Principal

Principal

Tilak Ayurved Mahavidyalaya,
Pune - 411 011.



Principal
Principal
Tilak Ayurved Mahavidyalaya
Pune-11

NF 959/08/2022/SESHAASA

Branch : Name and Signature of the Official

We acknowledge receipt of the instruction(s). Reference no.

Date

Customer Acknowledgement

(Primary Applicant)

(Joint Applicant 1)

(Joint Applicant 2)

31 MAR 2024 / TRANSFER
219 CASH/END BY

Bank Seal
With Date & Time
of Request

932415001




Principal
Tilak Ayurved Mahavidyalaya
Pune-11