



Rashtriya Shiksha Mandal's

Centre for Post Graduate Studies & Research in Ayurved of Tilak Ayurved Mahavidyalaya



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Ref. No. : 15/248/2024

Date : 12/03/2024

सूचना (प्रथम वर्ष पदव्युत्तर (२०२३-२०२४) विद्यार्थ्यांसाठी)

प्रथम वर्ष पदव्युत्तर (२०२३-२०२४) विद्यार्थ्यांना सूचित करण्यात येते की, महाराष्ट्र आरोग्य विज्ञान विद्यापीठाच्या नियमानुसार टिळक आयुर्वेद महाविद्यालयात दि. १६.०३.२०२४ ते दि. २०.०३.२०२४ व दि. १९.०३.२०२४ ते दि. २१.०३.२०२४ ह्या कालावधीत तीन दिवसीय दोन कार्यशाळा आयोजित केल्या आहेत. सदर कार्यशाळेकरीता विद्यापीठ नियमानुसार विद्यार्थ्यांकरीता पुढील प्रमाणे नोंदणी शुल्क राहिल-

- १) रु. ५००/- विद्यापीठाची प्रशासकीय फी +
- २) रु. १२००/- कार्यशाळेतील तज्ज्ञ व्याख्यातांचे मानधन व स्टेशनरी फी इ. साठी +
- ३) रु. १३००/- तीन दिवसांसाठी दररोज नाश्ता + दुपारचे जेवण + ३ वेळचा चहा याकरीता व इतर खर्चाकरीता
(क. ३ मधील दर्शविलेले रु. १३००/- भोजनासाठी आहेत याची नोंद घ्यावी)
याप्रमाणे एकूण रु. ३०००/- कार्यशाळेचे शुल्क राहिल.

ज्या विद्यार्थ्यांची व अध्यापकांची सदर कार्यशाळा पूर्ण करणे बाकी आहे अशा विद्यार्थ्यांनी महाराष्ट्र आरोग्य विज्ञान विद्यापीठाच्या वेबसाईटवर workshop register या ठिकाणी नावनोंदणी करावी व पदव्युत्तर कार्यालयात नोंदणी शुल्क भरावे.

जे विद्यार्थी या कार्यशाळेसाठी पूर्ण वेळ उपस्थित राहणार नाहीत त्यांना पूर्णत्वाचे प्रमाणपत्र मिळणार नाही व यानंतर येणाऱ्या रिसर्च मेथडोलॉजी वर्कशॉपमध्ये त्यांचे नाव घालता येणार नाही, याची नोंद घ्यावी.

संचालक

सी.पी.जी.एस.ॲन्ड आर.ए.

प्राचार्य

टिळक आयुर्वेद महाविद्यालय, पुणे

Principal

Tilak Ayurved Mahavidyalaya,
Pune-411 011.



Tilak Ayurved Mahavidyalaya, Pune

Report of the Basic Workshop in Research Methodology

Workshop 2 (19/03/2024 to 21/03/2024)

Basic Workshop in Research Methodology was organized at Tilak Ayurved Mahavidyalaya, Pune as per the guidelines from Institute of Medical Education and Teachers Training, M.U.H.S., Nashik.

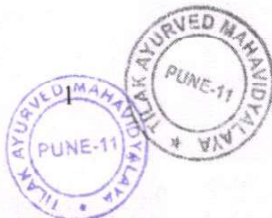
The workshop was organized between 19/03/2024 to 21/03/2024 at PG Hall, Tilak Ayurved Mahavidyalaya, Pune. Total 47 participants were enrolled for the workshop. All the participants were postgraduate, Ph.D. Scholars and faculty from all over the Maharashtra, From the colleges Tilak Ayurved Mahavidyalaya, Pune, Dhondumama Sathe Homoeopathic Medical College, Pune, BSDT's Ayurved Mahavidyalaya, Wagholi, Pune, Pravara Medical College and Shri Eknath Ayurved Rugnalaya Shevgaon, Sumatibhai Shah Ayurvedic Mahavidyalaya, Hadpsar, Pune, PDEA's College of Ayurveda Nigdi, Pune.

The workshop began on 19-03-2024 with Registration and pretest. The inauguration of workshop was done at the hands of Dr. Saroj V. Patil, Principal Tilak Ayurved Mahavidyalaya, and Vice Principal Dr. Mihir Hajarnavis, Dr. Indira Ujagare and Vice principal Dr. Sangeeta Salvi vice principal of post graduate studies at Tilak Ayurved Mahavidyalaya, Pune. All the members of the Research Society with Secretary of Research society Dr. Minakshi Randive and Joint Secretary of Research Society Dr. Manjiri Deshpande were present for the inaugural ceremony.

This first session was conducted by Dr. Mihir Hajarnavis, he spoke on Introduction to Research Methodology. Next session was a series of two lectures on Study Designs by Dr. Jagannath Dixit professor from B. J. Medical College, Pune, on Study design including Descriptive studies, Case Control, Cohort Studies and experimental studies.

Afternoon session of First day was followed by Group activity. It was Conducted in by Dr. Taranoom Patel, Asst. professor of Kriya Sharir Department T.A.M.V. Pune and Dr. Aishwarya Ranade Asst. professor Rognidan Department T.A.M.V Pune. During this Group activity the participants were divided into five groups. Each group discussed amongst themselves and came out with two research questions and related hypothesis. They explained why the topic was selected by the group, the type of study with reasons thereof and indicated dependent and independent variables included in the study.

Next session was conducted by Dr. Yoginee Patil on subject of Literature search,



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about that.

On the Second Day 20/3/2024 in the first session was conducted by Dr. Mayur Giri, Associate Professor, MUHS Regional center Pune, on the topic of Types of data and data presentation. Thereafter lecture on Questionnaire Designing was delivered enthusiastically by Dr. Surekha Shinde Professor B.J. Medical college, Pune continued with session with Writing a research protocol.

The interactive afternoon session was delivered by Mr. Sagar Khandagale Professor of Statistics BSDT' Ayurvedic college, Pune. Group activity was assisted by Dr. Sangeeta Sawant Assi. Professor of Kaychikitsa department, T.A.M.V. Pune., Participants were divided into groups and each group discussed and presented the sampling method adopted for the study /studies selected, as well as discussed and presented sample size determined for the study. Mr. Sagar Khandagale continued the next session with the topic Inferential statistics. Group activity on inferential statistics was assisted by Dr. Pradnya Gathe Asso. Professor Dravyagun, department, T.A.M.V., Pune.

On the Third day 21/3/2024 sessions began with lecture and group activity on Critical evaluation of journal article by Dr. Vineet Vinay Professor at Sinhgad Dental College, Pune. Journal articles with different study designs were presented and discussed by the groups. This was followed by a lecture on Computer assistance in Data Analysis Excel and EPI Info by Dr. Vineet Vinay he gave hands on training to every participant regarding excel worksheet. After lunch session were continued by him with topic Qualitative Research methods. Next lecture was on Ethical Issues in Medical Research by Dr. Ramesh Bhosale, Professor B.J. Medical college, Pune followed by group activity assisted by Dr. Apoorva Sangoram , Prof . & HOD of Dravyaguna Department T.A.M.V. Pune. The last session of this workshop was on topic Evaluation of Diagnostic Tests held by Dr. Ramesh Bhosale..

All the lectures were designed as per the guidelines provided by University Research Department, Maharashtra University Health Sciences Nashik. All the group activities were supported by the Research Committee members of the college. All the participants were given soft copy of the study material at the end of the workshop.

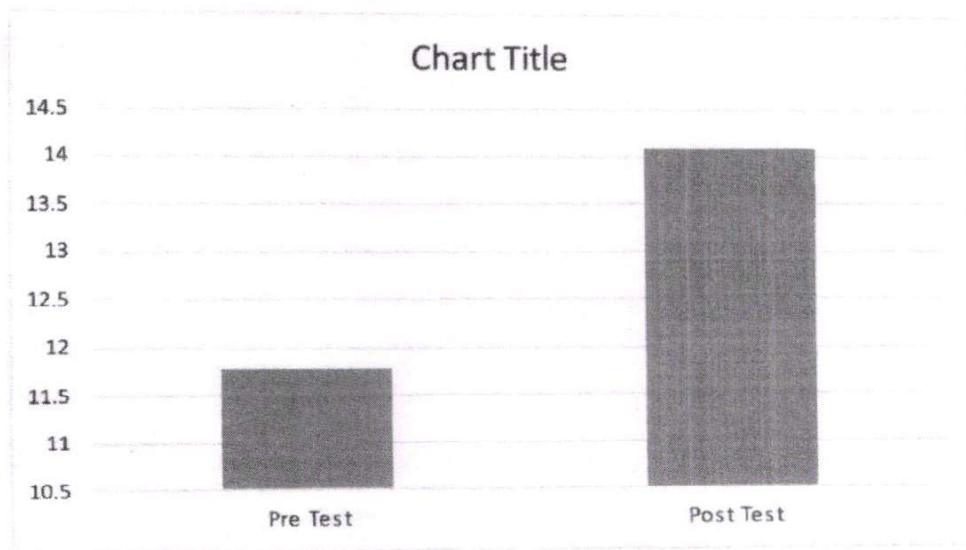
The post test was conducted after the last lecture. The feedback for all three days was



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received from the participants on daily basis. Feedback given by the participants revealed that:

- The objectives of the workshop were achieved.
- 98% of the participants found the workshop to be useful for their professional activities.
- All the faculty were resourceful and helpful.
- Workshop had a balance of theory and activities.
- Participants wanted more group activities.
- The result of the pre and posttest shows a positive change in the knowledge of the Participants about the topics of Research Methodology
- The pretest average and posttest average of the participants: Mean score of Marks was improved from 11.77083333 (Pretest) to 14.08333333 (Posttest).



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The students participated in all the sessions interactively and appreciated the workshop. Dr. Shyambala Keshav Bali worked as Co-ordinator for the workshop. Workshop was successful with the contribution from Secretary of Research Society Dr. Minakshi A. Randive and joint Secretary Of Research Society Dr. Manjiri Deshapande, all Research Society members and guidance from Principal Prof. Dr. Saroj V. Patil and Vice Principal Dr. Mihir Hajarnavis, Dr. Indira Ujagare and Dr. Sangeeta Salvi Vice Principal of post graduate studies at Tilak Ayurved Mahavidyalaya, Pune.



Dr. Shyambala Keshav Bali
Co-Ordinator Principal
Workshop 2 (19-21 March 2024)



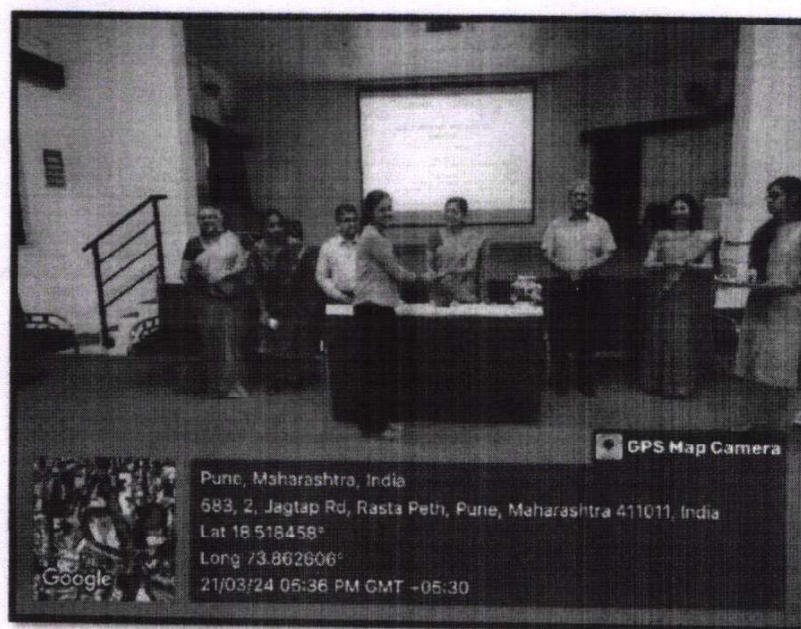
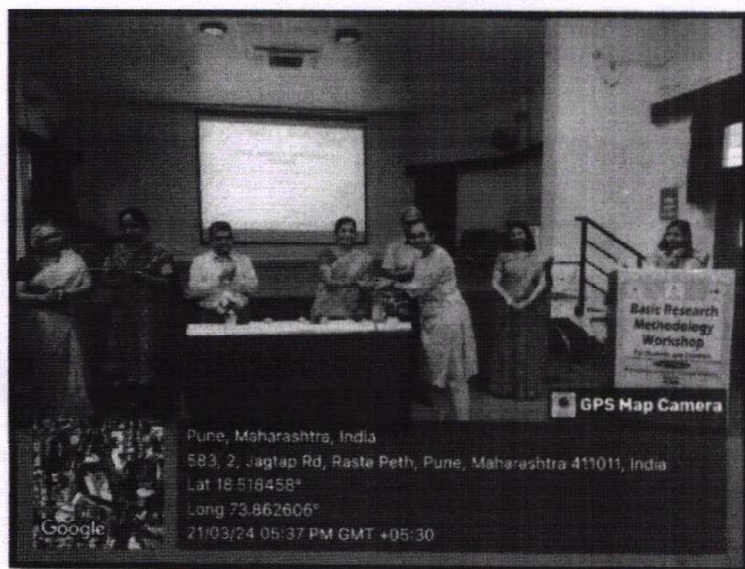
Dr. Saroj V. Patil.

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Workshop 2 (19/03/2024 to 21/03/2024)



BA RESEARCH METHODOLOGY WORKS
RSM'S TILAK AYURVEDA MAHAVIDYALAYA, PUNE

Date- 19 March 2024 To 21 March 2024

Workshop II -Attendance

Sr. No.	Name of Participant	19/03/2024		20/03/2024		21/03/2024	
		Morning	Evening	Morning	Evening	Morning	Evening
1	Dr. Samina Raju Patel	Patel	Patel	Patel	Patel	Patel	Patel
2	Waghmare Ruchika Sudhakar	Waghmare	Waghmare	Waghmare	Waghmare	Waghmare	Waghmare
3	SURENDRA UTTAM SARDAR	Sardar	Sardar	Sardar	Sardar	Sardar	Sardar
4	Damle Anjali Vinayak	Au. Damle	Au. Damle	Au. Damle	Au. Damle	Au. Damle	Au. Damle
5	Yashashree Milind Dandekar	y. Dandekar	y. Dandekar	y. Dandekar	y. Dandekar	y. Dandekar	y. Dandekar
6	Saurabh Sanjay Chindage	Sch. Chindage	Sch. Chindage	Sch. Chindage	Sch. Chindage	Sch. Chindage	Sch. Chindage
7	Harshwardhan nareshchand jain	Harshwardhan	Harshwardhan	Harshwardhan	Harshwardhan	Harshwardhan	Harshwardhan
8	Nilesh Onkar Pawar	Onkar	Onkar	Onkar	Onkar	Onkar	Onkar
9	Rushikesh Kailash Daiyya	Rushikesh	Rushikesh	Rushikesh	Rushikesh	Rushikesh	Rushikesh
10	Apurva Milind Gajbihiye	Apurva	Apurva	Apurva	Apurva	Apurva	Apurva
11	Dr Anuradha Babanrao Sangle	Sangle	Sangle	Sangle	Sangle	Sangle	Sangle
12	Dr. Akash Madhukar Chavan	Akash	Akash	Akash	Akash	Akash	Akash
13	Gopal Ramchandra Idhole	Gadhole	Gadhole	Gadhole	Gadhole	Gadhole	Gadhole
14	Gadgile Aditya Nivrutti	Aditya	Aditya	Aditya	Aditya	Aditya	Aditya
15	Dr. Rushikesh Santosh Mudgal	Rushikesh	Rushikesh	Rushikesh	Rushikesh	Rushikesh	Rushikesh



(Signature)
Co-ordinator



(Signature)
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Principal

BACK RESEARCH METHODOLOGY WORKSHOP
RSM's TILAK AYURVEDA MAHAVIDYALAYA, PUNE
Date- 19 March 2024 To 21 March 2024

Workshop II -Attendance

Sr. No.	Name of Participant	19/03/2024		20/03/2024		21/03/2024	
		Morning	Evening	Morning	Evening	Morning	Evening
16	Dr Lumbini Babasaheb Kamble						
17	Vd. Pranita Kaluram Patil						
18	Dr. Priyanka Dilip Bendre						
19	Vd Anjali Bhaskar Pawar						
20	SHRUTIKA DINESH DARUNDE						
21	BAGADE MANASI VIJAY						
22	Vaishnavi Ganesh Gandhe						
23	Dr. Shivam Gajanan Sarode						
24	Dr. Yamini Gunvantrao Durge						
25	Dr. Pragati Pramod Muley						
26	Dr Gajanan Laxman Surkar						
27	Dr Sushmita Devidas Chavan						
28	Shivanjali Yashvantrao Karande						
29	Dr Anjali Arjun Doifode						
30	Dr. Chaitali Balshiram Supe						



Co-ordinator



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BASIC RESEARCH METHODOLOGY WORKSHOP
RSM'S TILAK AYURVEDA MAHAVIDYALAYA, PUNE

Date- 19 March 2024 To 21 March 2024

Workshop II - Attendance

Sr. No.	Name of Participant	19/03/2024		20/03/2024		21/03/2024	
		Morning	Evening	Morning	Evening	Morning	Evening
31	Dr. Priyanka Shrimant Dongre	Present	Present	Present	Present	Present	Present
32	Dr. Shubham Namdeo Ganagwane	Present	Present	Present	Present	Present	Present
33	Biradar Balaji Tryambakrao	Present	Present	Present	Present	Present	Present
34	Dr. Komal Rajesh Chate	Present	Present	Present	Present	Present	Present
35	Neha Shailesh Agrawal	Present	Present	Present	Present	Present	Present
36	Dr. prajakta prabhakar Ingale	Present	Present	Present	Present	Present	Present
37	Dr. Pratiksha Puranik	Present	Present	Present	Present	Present	Present
38	Dr. Yesha Vijay Savla	Present	Present	Present	Present	Present	Present
39	Dr. Tushar Dattatraya Bheike	Present	Present	Present	Present	Present	Present
40	Dr. Akshada Anant Dalvi	Present	Present	Present	Present	Present	Present
41	Dr. Rupali Ambadas Shingankar	Present	Present	Present	Present	Present	Present
42	Dr. Arundhati Pranjan Timane	Present	Present	Present	Present	Present	Present
43	Dr. Snehal Sudhakar More	Present	Present	Present	Present	Present	Present
44	Dr. Vaishnavi Shailesh Inamdar	Present	Present	Present	Present	Present	Present
45	Dr. Milind Arjun Bhoi	Present	Present	Present	Present	Present	Present
46	Dr. Minakshi Muralidhar Bari	Present	Present	Present	Present	Present	Present
47	Dr. Pradnya Ambadas Kale	Present	Present	Present	Present	Present	Present
48	Saylee Uttamrao Kathane	Present	Present	Present	Present	Present	Present



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RSM's TILAK AYURVEDA MAHAVIDYALAYA, PUNE
Date- 19 March 2024 To 21 March 2024

Workshop II

Attendance Faculty Attendance

Sr. No.	Name of Faculty	19/3/2024		20/3/2024		21/3/2024	
		Morning	Evening	Morning	Evening	Morning	Evening
1	Dr. Mihir Hajarnavis	<i>Mihir Hajarnavis</i>	<i>Mihir Hajarnavis</i>				
2	Dr. Jagannath Dixit	<i>Jagannath Dixit</i>	<i>Jagannath Dixit</i>				
3	Dr. Yoginee Patil	<i>Yoginee Patil</i>	<i>Yoginee Patil</i>				
4	Dr. Mayur Giri			<i>Mayur Giri</i>			
5	Mr. Sagar Khandagale			<i>Sagar Khandagale</i>			
6	Dr. Surekha Shinde			<i>Surekha Shinde</i>			
7	Dr. Ramesh Bhosale						
8	Dr. Vincet Vinay					<i>Vincet Vinay</i>	
9							
10							

[Signature]
Co-ordinator

[Signature]
Principal

Principal
Tilak Ayurved Mahavidyalaya,
Pune - 411 011.



[Signature]
Principal
Tilak Ayurved Mahavidyalaya
Pune-11



(सह अर्जदार) * प्रथमक आवदक (Primary Applicant) * (सह अर्जदार 1) * संयुक्त आवदक 1 (Joint Applicant 1) * सह अर्जदार 2 (Joint Applicant 2) * संयुक्त आवदक 2 (Joint Applicant 2)

दिनांक / दिनांक / Date
 आम्ही एन्डोर्स / आर्टीकल / आर्टीकल
 हम एन्डोर्स / आर्टीकल / आर्टीकल
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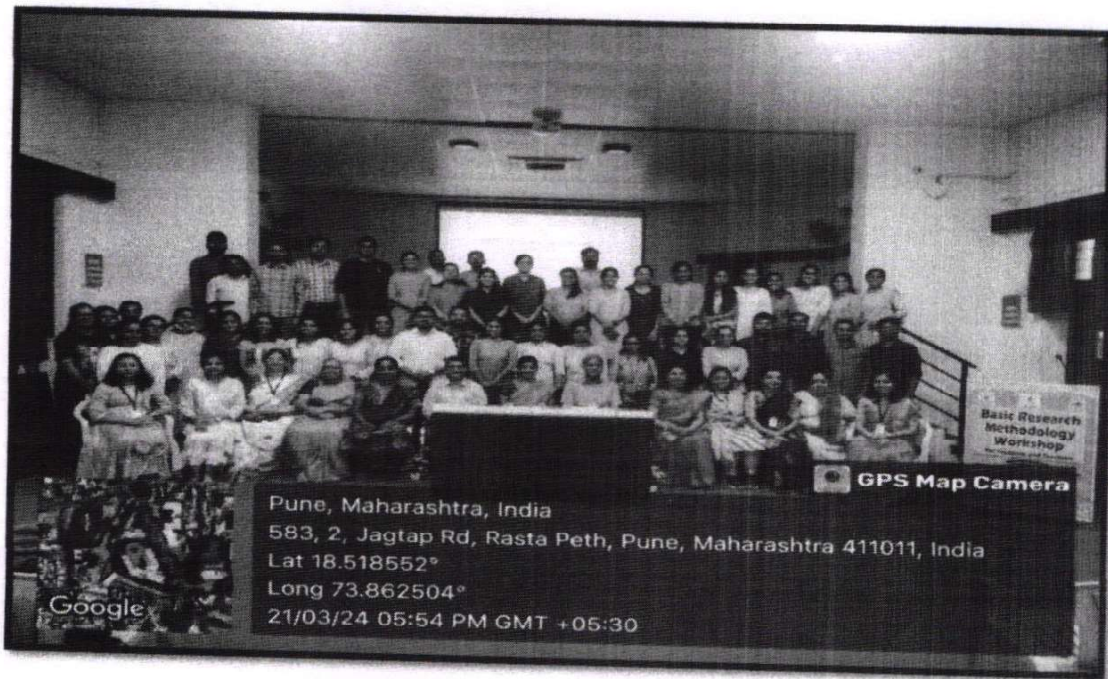
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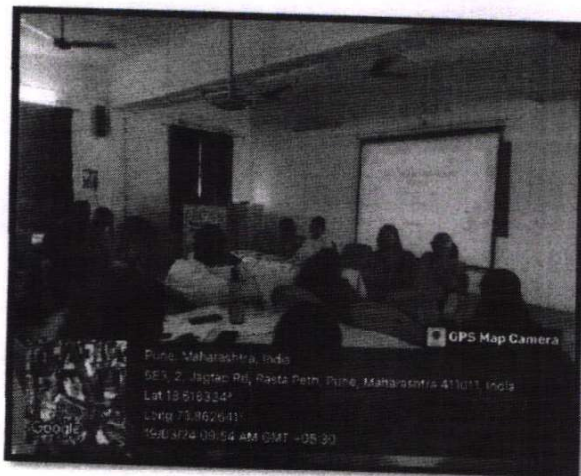

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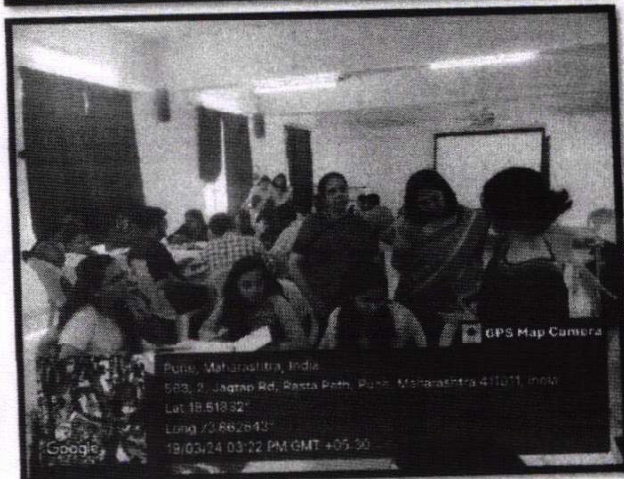


Day One 19/03/2024

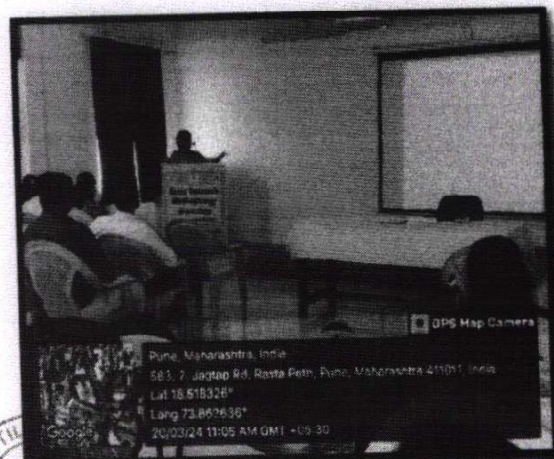


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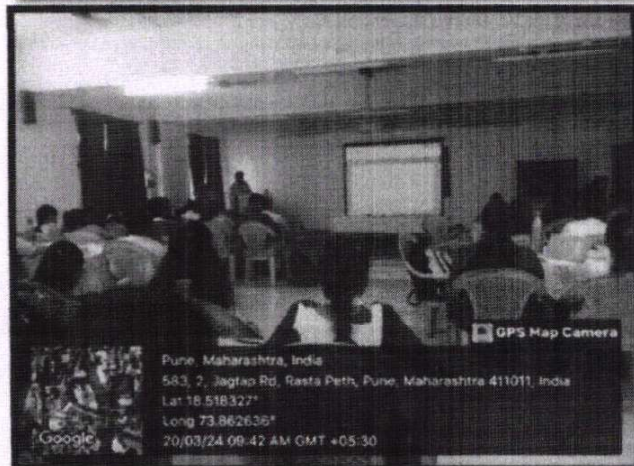
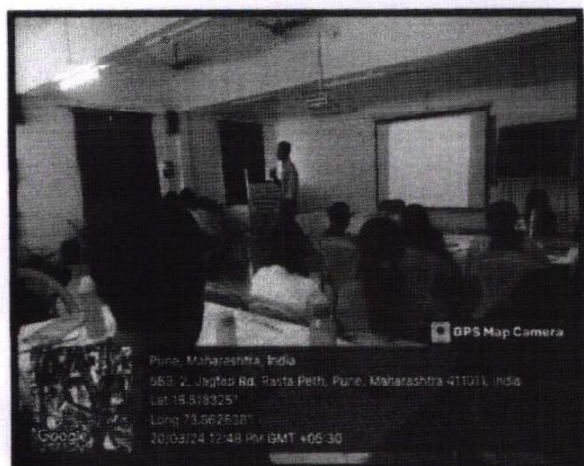
Workshop 2 (19/03/2024 to 21/03/2024)



Day Two 20/03/2024



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Workshop 2 (19/03/2024 to 21/03/2024)



Day Three – 21/03/2023



Tilak Ayurved Mahavidyalaya, Pune

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Workshop 2 (19/03/2024 to 21/03/2024)

