Rasmirlya Bhikaban Moredal's

# Centre for Post Graduate Studies «I. Research in Ayurved of Tilak Ayurved Mahavidyalaya



583/2. Rasta Petri, Pune - 411 011 Phone : 020 - 26336429, 26336755 E-mail : opgsrs12@gmail.com

Ref. No. : 15 1249 | 2024

Date: 12 | 03 | 1 67 6

## सूचना (प्रथम वर्ष पदव्युत्तर (२०२३-२०२४) विद्यार्थ्यांसाठी)

प्रथम वर्ष पदव्युत्तर (२०२३-२०२४) विद्यार्थ्यांना सूचित करण्यात येते की, महाराष्ट्र आरोग्य विज्ञान विद्यापीठाच्या नियमानुसार टिळक आयुर्वेद महाविद्यालयात दि.१८०३.२०२४ ते दि.२१.०३.२०२४ ह्या कालावधीत तीन दिवसीय दोन कार्यशाळा आयोजित केल्या आहेत. सदर कार्यशाळेकरीता विद्यापीठ नियमानुसार विद्यार्थ्यांकरीता पृढील प्रमाणे नोंदणी शुल्क राहील-

- १) उ.५००/- विद्यापीठाची प्रशासकीय की 🛨 ू
- २) रु.१२००/- कार्यकाळेतील तज्ज्ञ व्याख्यातांचे मानधन व स्टेजनरी फी इ साठी
- ३) रु.१३००/- तीत् दिवसांसाठी दररोज नाप्ता + दुपारचे जेवण + ३ वेळचा चहा याकरीता व इतर खर्चाकरीता

(क.३ मधील दर्शविलेले रु.१३००/- भोजनामाठी आहेत याची नोंद घ्यावी) याप्रमाणे एकूण रु.३०००/- कार्यशाळेचे शुल्क राहील.

ज्या विद्यार्थ्यांची व अध्यापकांची सदर कार्यजाळा पूर्ण करणे वाकी आहे अजा विद्यार्थ्यांनी महाराष्ट्र आरोग्य विज्ञान विद्यापीठाच्या वेबसाईटवर workshop register या ठिकाणी नावनोंदणी करावी व पदव्युत्तर कार्यालयात नोंदणी जुल्क भरावे.

जे विद्यार्थी या कार्यशाळेसाठी पूर्ण वेळ उपस्थित राहणार नाहीत त्यांना पूर्णत्वाचे प्रमाणपत्र मिळणार नाही व यानंतर येणाऱ्या रिसर्च मेथडोलॉजी वर्कशॉपमध्ये त्यांचे नाव घालता येणार नाही, याची नोंद घ्यावी.

संचालक सी.पी.जी.एस.जॅन्ड आर.ए.

प्राचार्य टिळक आयुर्वेद महाविद्यालय, पुणे

Principal
Tlak Ayurvad Hahavidyalaya,
Puna-411 011,



#### Report of the Basic Workshop in Research Methodology

Workshop 2 (19/03/2024 to 21/03/2024)

Basic Workshop in Research Methodology was organized at Tilak Ayurved Mahavidyalaya, Pune as per the guidelines from Institute of Medical Education and Teachers Training, M.U.H.S., Nashik.

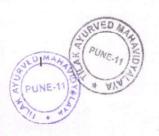
The workshop was organized between 19/03/2024 to 21/03/2024 at PG Hall, Tilak Ayurved Mahavidyalaya, Pune. Total 47 participants were enrolled for the workshop. All the participants were postgraduate, Ph.D. Scholars and faculty from all over the Maharashtra, From the colleges Tilak Ayurved Mahavidyalaya, Pune, Dhondumama Sathe Homoeopathic Medical College, Pune, BSDT's Ayurved Mahavidyalaya, Wagholi, Pune, Pravara Medical College and Shri Eknath Ayurved Rugnalaya Shevgaon, Sumatibhai Shah Ayurvedic Mahavidyalaya, Hadpsar, Pune, PDEA's College of Ayurveda Nigdi, Pune.

The workshop began on 19-03-2024 with Registration and pretest. The inauguration of workshop was done at the hands of Dr. Saroj V.Patil, Principal Tilak Ayurved Mahavidyalaya, and Vice Principal Dr. Mihir Hajarnavis, Dr. Indira Ujagare and Vice principal Dr.Sangeeta Salvi vice principal of post graduate studies at Tilak Ayurved Mahavidyalaya, Pune. All the members of the Research Society with Secretary of Research society Dr. Minakshi Randive and Joint Secretary of Research Society Dr.Manjiri Deshapande were present for the inaugural ceremony.

This first session was conducted by Dr. Mihir Hajarnavis, he spoke on Introduction to Research Methodology. Next session was a series of two lectures on Study Designs by Dr. Jagannath Dixit professor from B. J. Medical College, Pune, on Study design including Descriptive studies, Case Control, Cohort Studies and experimental studies.

Afternoon session of First day was followed by Group activity. It was Conducted in by Dr. Taranoom Patel, Asst. professor of Kriya Sharir Department T.A.M.V. Pune and Dr. Aishwarya Ranade Asst. professorRognidan Department T.A.M.V Pune. During this Group activitythe participants were divided into five groups. Each group discussed amongst themselves and came out with two research questions and related hypothesis. They explained why the topic was selected by the group, the type of study with reasons thereof and indicated dependent and independent variables included in the study.

Next session was conducted by Dr. Yoginee Patil on subject of Literature search,



#### Report of the Basic Workshop in Research Methodology

Workshop 2 (19/03/2024 to 21/03/2024)

about that.

On the Second Day 20/3/2024 in the first session was conducted by Dr. Mayur Giri, Associate Professor, MUHS Regional center Pune, on the topic of Types of data and data presentation. Thereafter lecture on Questionnaire Designing was delivered enthusiastically by Dr. Surekha Shinde Professor B.J. Medical college, Pune continued with session with Writing a research protocol.

The interactive afternoon session was delivered by Mr. Sagar Khandagale Professor of Statistics BSDT' Ayurvedic college, Pune. Group activity was assisted by Dr.Sangeeta Sawant Assi. Professor of Kaychikitsa department, T.A.M.V. Pune., Participants were divided into groups and each group discussed and presented the sampling method adopted for the study /studies selected, as well as discussed and presented sample size determined for the study. Mr. Sagar Khandagale continued the next session with the topic Inferential statistics. Group activity on inferential statistics was assisted by Dr.Pradnya Gathe Asso. Professor Dravyagun, department, T.A.M.V., Pune.

On the Third day 21/3/2024 sessions began with lecture and group activity on Critical evaluation of journal article by Dr. Vineet Vinay Professor at Sinhgad Dental College, Pune. Journal articles with different study designs were presented and discussed by the groups. This was followed by a lecture on Computer assistance in Data Analysis Excel and EPI Info by Dr. Vineet Vinay he gave hands on training to every participant regarding excel worksheet. After lunch session were continued by him with topic Qualitative Research methods. Next lecture was on Ethical Issues in Medical Research by Dr. Ramesh Bhosale, Professor B.J.Medical college, Punefollowed by group activity assisted by Dr. Apoorva Sangoram, Prof. & HOD of Dravyaguna Department T.A.M.V. Pune. The last session of this workshop was on topic Evaluation of Diagnostic Tests held by Dr. Ramesh Bhosale.

All the lectures were designed as per the guidelines provided by University Research Department, Maharashtra University Health SciencesNashik. All the group activities were supported by the Research Committee members of the college. All the participants were given soft copy of the study material at the end of the workshop.

The post test was conducted after the last lecture. The feedback for all three days was





Mahavidyalaya

Pune-11

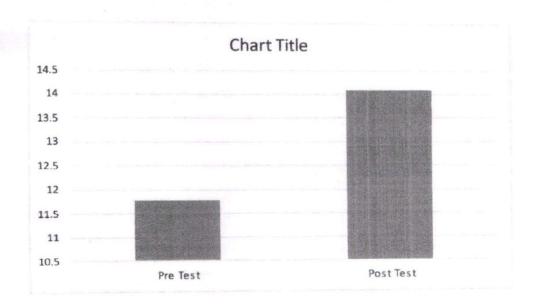
Tilak Avui

#### Report of the Basic Workshop in Research Methodology

Workshop 2 (19/03/2024 to 21/03/2024)

received from the participants on daily basis. Feedback given by the participants revealed that:

- The objectives of the workshop were achieved.
- 98% of the participants found the workshop to be useful for their professional activities.
- All the faculty were resourceful andhelpful.
- Workshop had a balance of theory and activities.
- Participants wanted more group activities.
- The result of the pre and posttest shows a positive change in the knowledge of the Participants about the topics of Research Methodology
- The pretest average and posttest averageof the participants: Mean score of Marks was improved from 11.77083333 (Pretest)to 14.08333333 (Posttest).







#### Report of the Basic Workshop in Research Methodology

Workshop 2 (19/03/2024 to 21/03/2024)

The students participated in all the sessions interactively and appreciated the workshop. Dr. Shyambala Keshav Bali worked as Co-ordinator for the workshop. Workshop was successful with the contribution from Secretary of Research Society Dr. Minakshi A. Randive and joint Secretary Of Research Society Dr.Manjiri Deshapande, all Research Society members and guidance from Principal Prof. Dr. Saroj V. Patil and Vice Principal Dr. Mihir Hajarnavis, Dr. Indira Ujagare and Dr. Sangeeta Salvi Vice Principal of post graduate studies at Tilak Ayurved Mahavidyalaya, Pune.

Dr. ShyambalaKeshav Bali Co-Ordinator Principal Workshop2 (19-21March 2024) Dr. Saroj V. Patil.

Tilak Ayurveda Mahavidyalaya, Pune

Principal Tilak Ayurved Mahavidyalaya, Pune - 411 011.

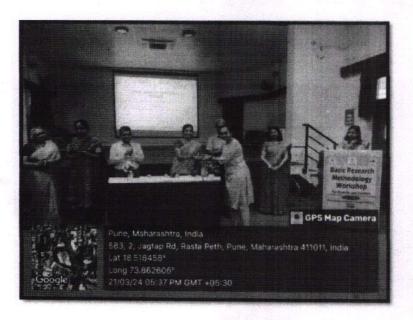


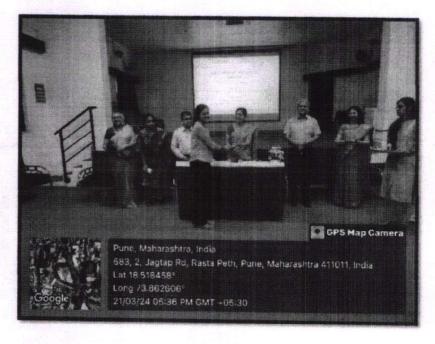




Report of the Basic Workshop in Research Methodology

Workshop 2 (19/03/2024 to 21/03/2024)











# BA C RESEARCH METHODOLOGY WORKS) RSM'S TILAK AYURVEDA MAHAVIDYALAYA, PUNE Date- 19 March 2024 To 21 March 2024 Workshop II -Attendance

		01/4	A / 100 PM	20.00			
No.	Name of Participant	Morning	Evening	Morning	Evening	Morning	Evening
_	Dr.Samina Raju Patel	Sela	Sletel.	Sector!	SAL	Set.	See of
7	Waghmare Ruchika Sudhakar	加加	- Total Control Control	and some	They have dely	The state of the s	रक्किक कर्मकर
8	SURENDRA UTTAM SARDAR	(Stock)	Salado	- along	Sado	-00pm	- TANK
4	Damle Anjali Vinayak	Auchamle	AU-Bamb	AU Damle	Au amle	AU-Bamle	Automle
2	Yashashree Milind Dandekar	4. Dandekar	4. Dandekar	4. Dandlear	4. Danieleko	4. Donelaker	of Dandeleas
9	Saurabh Sanjay Chindage	过	Selection	Sel- Ly	Solds	Self	Jelly.
7	Harshwardhan nareshchand jain	House	中	1,000	Small of the same	The fair	Hans
00	Nilesh Onkar Pawar	S S	The state of the s	marin	Mours	Same A	Company of the Compan
6	Rushikesh Kailash Daiyya		Shorts	a stage	Solow S	Street.	A B
10	Apurva Milind Gajbhiye	A STATE OF THE STA	No.	- Jahren	- Town	1 dum	A Common of the
=	Dr Anuradha Babanrao Sangle	A Park	Bangle	The state of the s	Mounty	deramy	Marganale
12	Dr. Akash Madhukar Chavan	+++	林林	· 一种种	4	the state of	# #
13	Gopal Ramchandra Idhole	Golhola	Gedholk	Carrie	Spaling	gadhous	gapole
4	Gadgile Aditya Nivrutti	o delidres.	Addyez	-patriales	- Spatisto	aprilary	addings
15	Dr. Rushikesh Santosh Mudgal	Pswdon	Bridge	Pandapu	Pandar	Bindga	Phodon



Principal
Principal
Tilak Ayurved Mahavidyalaya,
Principal

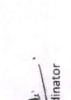


0



RSM's TILAK AYURVEDA MAHAVIDYALAYA, PÜNE Date- 19 March 2024 To 21 March 2024 Workshop II -Attendance

Sr.		19/0	19/03/2024	20/0	20/03/2024	21/0	21/03/2024
No.	Name of Participant	Morning	Evening	Morning	Evening	Morning	Evening
16	Dr Lumbini Babasaheb Kamble	(di	Ġj.	Ġį	Ø	B.	10
17	Vd. Pranita Kaluram Patil	(a)	æ	(3)	(24)	(B)	(A)
18	Dr.Priyanka Dilip Bendre	and a	- Separate .	25. S	No.	No. of the second	- April
19	Vd Anjali Bhaskar Pawar	3	TO THE PARTY OF TH	300	多至	Amage -	Andre
20	SHRUTIKA DINESH DARUNDE	Brown	A A	A STATE OF THE PARTY OF THE PAR	a more	Sparing !	S. S
21	BAGADE MANASI VIJAY	- Notes	See and	Borack	A STATE OF THE PARTY OF THE PAR	Boolask	Bengale
77	Vaishnavi Ganesh Gandhe	Name of the second	Bendha	Maralle	James R	Gordie	Genelle
23	Dr.Shivam Gajanan Sarode	il was	1	The state of the s	The state of the s	Mary In	No.
24	Dr. Yamini Gunvantrao Durge	- Anna	Opinal)	1	- American	Change	and O
25	Dr. Pragati Pramod Muley	Dlent.	STATE OF THE PARTY	Blan.	No.	Pauley.	Palled.
26	Dr Gajanan Laxman Surkar	Compt of the same	CERTIFIE	THENT	THE STATE OF THE S	CITIENT	THE WARRY
27	Dr Sushmita Devidas Chavan	Burnita Brown	Sustant	Sestions	NOWED STATES	STATE OF THE PARTY	them's
28	Shivanjali Yashvantrao Karande	@wander	Protong.	Browner	Propose	Shoronak	Green
29	Dr Anjali Arjun Doifode	Q.M.	Apar.	Pour.	Poline	Aprilu.	Malin
30	Dr. Chaitali Balshiram Supe	San .	BAL	- Mary	A. A.	4.0	SME







PUNE-1

BACC RESEARCH METHODOLOGY WORKSP SSM S TILAK AYURVEDA MAHAVIDYALAYA, PUNE Date- 19 March 2024 To 21 March 2024 Workshop II -Attendance

Dr. Priyanka Shrimant Dongre   Morning   Evening   Eve	Sr.		19/03/2024	/2024	20/03/2024	/2024	21/03/2024	/2024
Dr. Shubham Namdeo Ganagwane  Biradar Balaji Tryambakrao  Dr. Shubham Namdeo Ganagwane  Biradar Balaji Tryambakrao  Dr. Komal Rajesh Chate  Akrah  Dr. Komal Rajesh Chate  Dr. Akshada Amant Dalvi  Dr. Akshada Amant Dalvi  Dr. Akshada Amant Dalvi  Dr. Snehal Sudhakar More  Dr. Naishnavi Shallesh Inamdar  Dr. Vasishnavi Shallesh Inamdar  Dr. Walshaha Ambadas Kale  Dr. Minakshi Muralidhar Bari  Dr. Praduya Ambadas Kale  Dr. Minakshi Muralidhar Bari  Dr. Praduya Ambadas Kale  Dr. Minakshi Muralidhar Bari  Dr. Praduya Ambadas Kale  Dr. Praduya Ambadas Kale  Dr. Praduya Ambadas Kale  Dr. Praduya Ambadas Kale  Dr. Minakshi Muralidhar Bari  Dr. Praduya Ambadas Kale	No.	Name of Participant	Morning	Evening	Morning	Evening	Morning	Evening
Dr. Shuibham Namdeo Ganagwane Biradar Balaji Tryambakrao  Biradar Balaji Tryambakrao  Dr. Komal Rajesh Chate  Neha Shailesh Agrawal  Dr. Pratiksha Puranik  Dr. Akshada Anant Dalvi  Dr. Akshada Anant Dalvi  Dr. Akshada Anant Dalvi  Dr. Akshada Anant Dalvi  Dr. Aushadas Shingankar  Dr. Aushadas Shingankar  Dr. Aushadas Shingankar  Dr. Vaishnavi Shailesh Inande  Dr. Vaishnavi Shailesh Inandar  Dr. Waishnavi Shaile	31	Dr.Priyanka Shrimant Dongre		A Comp	4 sagh	40006	400	A CONTRACTOR
Biradar Balaji Tryambakrao  Dr Komal Rajesh Chate  Neha Shailesh Agrawal  Neha Shailesh Agrawal  Dr Pratiksha Puranik  Dr. Tushar Dattatraya Bhelke  Dr. Akshada Anant Dalvi  Dr. Akshada Anant Dalvi  Dr. Akshada Anant Dalvi  Dr. Aushnavi Shailesh Inamdar  Dr. Aushnavi Shailesh Inamdar  Dr. Waishnavi Shailesh Inamdar  Dr. Waishnavi Shailesh Inamdar  Dr. Milmakshi Muralidhar Bari  Dr. Milmakshi Muralidhar Bari  Dr. Milmakshi Muralidhar Bari  Dr. Manadas Kale  Dr. Milmakshi Muralidhar Bari  Dr. Milmakshi M	32	Dr.Shubham Namdeo Ganagwane	·	· may	· 1	· the	of front.	The state of
Dr. Komal Rajesh Chate  Neha Shailesh Agrawal  Neha Shailesh Iname  Or. Vesha Vijay Savla	33	A CONTRACTOR OF THE PARTY OF TH	3	完	S. S.	٠. ١٠٠	20,	5,
Neha Shailesh Agrawal  Dr. Pratiksh a Puranik  Dr. Vesha Vijay Savla  Dr. Akshada Anant Dalvi  Bur. Snehal Sudhakar More  Dr. Naishnavi Shailesh Inamdar  Dr. Minakshi Muralidhar Bari  Dr. Minakshi Muralidhar Bari  Dr. Minakshi Muralidhar Bari  Dr. Pratiksh Ambadas Kale  Dr. Minakshi Muralidhar Bari  Dr. M	34		Amy	WK.mb.	of Komb.	K.b.	AND A	Anny Age
Dr. Pratiksha Puranik  Dr. Pratiksha Puranik  Dr. Yesha Vijay Savla  Dr. Yesha Vijay Savla  Dr. Akshada Anant Dalvi  Dr. Akshada Anant Dalvi  Dr. Akshada Anant Dalvi  Dr. Akshada Anant Dalvi  Dr. Arundhati Pranjan Timane  Dr. Arundhati Pranjan Ti	35	-	Metros Afración	Mehas Agrama	Nohas-Agralia	Nehas Agawo.	Méhous Agradoo	Nohastaraw
Dr. Yesha Vijay Savla  Dr. Tushar Dattatraya Bhelke  Dr. Akshada Annat Dalvi  Dr. Akshada Shingankar	36		Sept:	Cost.	OD.	· Section	(Apolt.	13
Dr. Vesha Vijay Savia  Dr. Tushar Dattatraya Bheike  Dr. Akshada Anant Dalvi  Rupali Ambadas Shingankar  Dr. Ashada Anant Dalvi  Dr. Ashada Anant Bhoi  Dr. Minakshi Muralidhar Bari  Dr. Minakshi Muralidha	37	Dr Pratiksha Puranik	of Process	Muse	Phonish	Guana	Complete Com	DI.
The Same Anna Since An	38	Dr. Yesha Vijay Savla	Topogo Por Contraction of the Co	Markey	3	Se S	J.	MANA
The Sond Bond Bond Bond Bond Bond Bond Bond B	39	-	A Solve		A THE	かかり	THE PROPERTY OF THE PROPERTY O	A thee
The Bond Berry Barry Bar	40		1	1	را	\ 1	, <b>\</b>	
Dr. Arundhati Pranjan Timane Ginger Ginger Ginner G	410	r. Rupali Ambadas Shingankar		à			4	1
Dr. Snehal Sudhakar More  Dr. Vaishnavi Shailesh Inamdar  Dr. Vaishnavi Shailesh Inamdar  Dr. Willind Arjun Bhoi  Dr. Minakshi Muralidhar Bari  Born	42	-	Summy S	( Birrors	1	Bimons	(Auronia	(Birrors
Dr. Vaishnavi Shailesh Inamdar O. 4.	43	-	Gazerd	Target .	Compage of the same of the sam	Brocs:	Smæs.	Sm St
Dr. Minakshi Muralidhar Bari Bonn Bern Ben Ban Ban Ban Ban Ban Ban Ban Ban Ban Ba	44	-	17/	3),	ð	9	(Pig)	6.9
Dr. Minakshi Muralidhar Bari Born Born Bry Bry Bon Born Bry Bon Br Pradnya Ambadas Kale Role Role Role Role Role Role Role Ro	45		in the second	i de	- Segar	Sales .	Chr. I	( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( )
Dr Pradnya Ambadas Kale (Kale Saylee Uttamrao kathane (Blant Saylee Uttamrao kathane	46	-	Born	Bam	Boni	Bonj	Ban	Bonn
Saylee Uttamrao kathane Affant.	47	-	3/	the state	Seet.	हैं।	E SE	Select Select
	48		Barre	Strong.	Aharm.	The same	Home.	The same

Co-ordinator

Tilak Ayurved McHavidya

BASIC RESEARCH METHODOLOGY WORKSHOP
RSM's TILAK AYURVEDA MAHAVIDYALAYA, PUNE
Date- 19 March 2024 To 21 March 2024
Workshop II
Attendance Faculty Attendance

Agree Charles and Allendary
The second second
The state of the s
ix di
Application of the second
- Alberta -
The second secon
3 \$
Long-transfer of the second
The state of the s
The second secon
The second second
- Dept. and Committee of the Committee o
17.775TD - 11.774PD-MC
h ŝ
95
Table 1
The same of the sa
PTTE.
- DATE:
Committee of the second second
(SOS OF
Control of the Control
Harris and the same of the sam
Carlotte Control of the Control
The same of the sa
No.
 and the same of th

1 Dr. Mihir Hajarnavis Morning Evening Morning Morning Morning Morning Morning Evening Morning	Sr. No.	;	/8/61	19/3/2024	20/3/2024	2024	21/3	21/3/2024
Dr. Mihir Hajarnavis  Dr. Jagannath Dixit  Dr. Yoginee Patil  Dr. Worker State  Dr. Mayur Giri  Mr. Sagar Khandagale  Dr. Surekha Shinde  Dr. Surekha Shinde  Dr. Vineet Vinay		Name of Faculty	Morning	Evening	Morning	Evening	Morning	Evening
Dr. Yoginee Patil  Dr. Mayur Giri  Mr. Sagar Khandagale  Dr. Surekha Shinde  Dr. Wincet Vinay	1	Dr. Mihir Hajarnavis	The same of the sa	, ,	1	1	ì	1
Dr. Yoginee Patil  Dr. Mayur Giri  Mr. Sagar Khandagale  Dr. Surekha Shinde  Dr. Surekha Shinde  Dr. Vincet Vinay	2	Dr. Jagannath Dixit	20:00	· Just	1	1	)	(
Dr. Mayur Giri  Mr. Sagar Khandagale  Dr. Surekha Shinde  Dr. Ramesh Bhosale  Dr. Vincet Vinay	3	Dr. Yoginee Patil	,	Horason	1,	1	1	
Dr. Surekha Shinde  Dr. Ramesh Bhosale  Dr. Vincet Vinay	4	Dr. Mayur Giri			- Land		1	
Dr. Surekha Shinde  Dr. Ramesh Bhosale  Dr. Vincet Vinay	3	Mr. Sagar Khandagale	1		Schoolagek	diadopte		
Dr. Ramesh Bhosale  Dr. Vineet Vinay	9	Dr. Surekha Shinde	1	1	3 1	S. O.R.	(	ı
Dr. Vincet Vinay	7	Dr. Ramesh Bhosale	-		1	1		W Blow le
6	<b>9</b> 0	Dr. Vineet Vinay	,	1	1	1	1	
10	6						)	
	10							





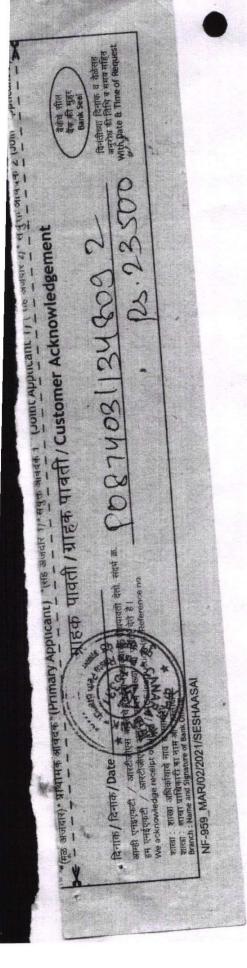
Principal

Principal Tilak Ayurved Mahavidyalaya, Pune - 411 011.



Co-ordinator

Tilak Ayurved Mahavidyalaya Pune-11

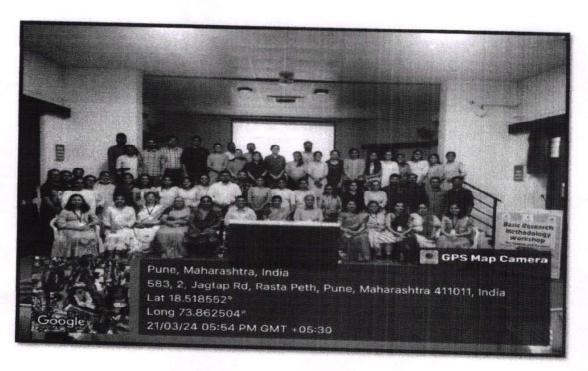


Principal
Tilak Ayurved Mahavidyalaya



Report of the Basic Workshop in Research Methodology

Workshop 2 (19/03/2024 to 21/03/2024)



# Day One 19/03/2024









Report of the Basic Workshop in Research Methodology

Workshop 2 (19/03/2024 to 21/03/2024)









# Day Two 20/03/2024







Report of the Basic Workshop in Research Methodology

Workshop 2 (19/03/2024 to 21/03/2024)

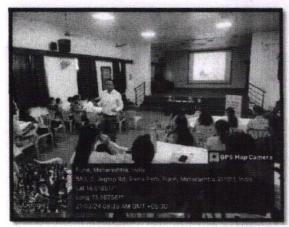








### Day Three - 21/03/2023









Report of the Basic Workshop in Research Methodology

Workshop 2 (19/03/2024 to 21/03/2024)















