Rashtriya Shikshan Mandal's

Tilak Ayurved Mahavidyalaya

टिळक आयुर्वेद महाविद्यालय, पुणे.



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Report of 9th Ayurveda Day

The 9th Ayurveda Day was celebrated at Tilak Ayurved Mahavidyyalaya, Pune with lot of enthusiasm. As per the letter from Ministry of Ayush, New Delhi various programmes as follows were organized:

S.No.	Name of the Programme	Date	No. of Participants		
	Health Camps				
1	Bal Dama Shibir – Dept.	23.10.204	19		
	of Balrog				
2	Suvarnaprashan Sanskara-	25.10.204	104		
	 Dept. of Balrog 				
3	Amavata Nidan Chikitsa	24.10.2024	08		
	Shibir- Rognidan and				
	Kayachikitsa dept.				
4	Ayurveda and Womens	28.10.2024	20		
	Health - Stree Roga and				
	Prasutitantra Dept.				
	Exhibition				
5	Ayurveda Ahara and	28.10.2024	120		
	Innovations –dept. of				
	Swasthavritta				
6	Plant Exhibition –	22.10.2024 to	250		
	Dravyaguna Dept	29.10.2024			
	Run for Ayurveda				
7	Ayurveda Run for Health -	22.10.2024	125		
	National Service Scheme				
	(NSS) Unit				
	Maa Ke Naam ek Ped				
8	Tree plantation –	25.10.2024	100		
	Dravyguna and NSS Dept.				
	Ayurveda Innovations and	Entrepreneurs	hip		
9	Ayurvedic Cosmetic	14.10.2024 to	102 & 105 Including		
	products preparation and	19.10.2024	PG & PG		
	Marketing- Rasashastra				
	Dept.				
	Awareness Lectures		1.		

10	Ayurveda and Women's Health – Stree roga and Prasutitantra dept.	28.10.2024	20		
11	Prakruti Awarness Lecture – Sharir Kriya Dept.	28.10.2024	80		
	Competitions by vidyarthi Shasit Sangha - Students Council				
12	Essay	29.10.2024	20		
	Poster	29.10.2024	19		
	Slogan	29.10.2024	14		
13	Ayurveda Day	29.10.2024	150		
	 Dhanvantari Poojan Taking Selfie and uploading by all to say 'I Support Ayurveda' 				

9th Ayurveda day and Dhanvantari Jayanti dhanvantari poojan was organized. The programme was presided Dr Dilip Puranik, President of Rashtriya Shikshan Mandal, Pune, the parent body of Tilak Ayurved Mahavidyalaya. Dhanvantari Poojan was performed at the hands of Dr Dilip Puranik. Dhanvantari Stavan was recited by all. Dr. Saroj Patil, Principal Tilak Ayurved Mahavidyalaya gave the welcome address and briefed the gathering about various activities undertaken on the occasion of 9th Ayurveda day 2024 Dr. Sangeeta Salvi, Vice Principal introduced the dignitaries. The prizes of the various competitions undertaken by Vidyarthi Shasit Sangha of the college (student's council) were distributed at the hands of the dignitaries. Dr. Aishwarya Ranade, Karyadhyakasha, Vidyarthi Shasit Sangha declared the prize winners of the essays, poster and slogan competitions. UG, PG, PhD students, teachers from the college and outside the college participated in the competitions. Saplings of common medicinal plants –Tulsi were distributed at the hands of the dignitaries to the people who were present for the programme.

Dr Dilip Puranik gave the Presidential address. Dr Puranik mentioned about the theme of the Ayurveda day- Ayurveda Innovations for Global health and inspired all to work for this theme. He congratulated Dr manoj Nesari Advisor ministry of Ayush and Dr Tanuja Nesari Chief Nodal Officer for Ayurveda day programmes for designing good activities nationwide and outside the nation regarding 9th Ayurveda Day. Dr. Minakshi Randive, Vice Principal proposed the vote of thanks. Dr Mihir Hajarnavis, Vice Principal compered the programme.

Nodal officer

Dr Mihir Hajarnavis

Tilak Ayurveda Mahavidyalaya

PUNE-11 D

PrincipalDr Saroj Patil

Tilak Ayurved Mahavidyalaya