

R.S.M's Tilak Ayurved Mahavidyalaya

Prasuti Tantra and Streerog Department

AYURVEDA INNOVATION FOR GLOBAL HEALTH

9th Ayurved Day

On the occasion of 9th Ayurved Day, Prasuti Tantra and Streerog Departement of Tilak Ayurved Mahavidyalaya, arranged a lecture on Women Health dated 28.10.2024. This short lecture was arranged to discuss overall health in Antenatal period and Perimenopausal period. Dr. Rucha Ganu, HOD gave a small talk about the same. Online video of the topic was displayed in OPD. All the residents and interns were present. A total of 20 women were present as audience. At the end of the lecture pamphlets about protein rich Diet, Iron rich Diet, PCOS Diet, Diet in GDM were distributed. All ANC patients were shared trimester wise videos for development of both mother and child.

