

Report on Pediatric Asthma Camp on occasion of 9th National Ayurveda Day.

Venue: Seth Tarachand Ramnath Ayurvedic Dharmarth Hospital, OPD No. 20, Pediatrics Department

Date: October 23, 2024

Time: 9:00 AM to 2:30 PM

Objective of the Camp:

The primary objective of the camp was to diagnose and treat children suffering from asthma (Baladama) and provide detailed guidance to their parents about managing this condition. The camp focused on offering immediate relief through Ayurvedic treatments and dietary advice, ensuring holistic care for the patients.

Number of Patients:

A total of 19 patients participated in the camp.

Attending Doctors:

- Dr. Vikas Jaybhay
- Dr. Yashashree Kulkarni
- Dr. Jaya Jain

Registrar-

- Dr. Sagar Badarkhe
- Dr. Kajal Chavan
- Dr. Adesh Raut
- Dr. Manoj Kale

Houseman-

- Dr. Shivaji Ghongade
- Dr. Rushikesh Mudgal

Intern doctors

- Abhay Patil
- Akanksha shinde

- Mayuri patil
- Vishal shinde

Camp Proceedings:

The camp commenced at 9:00 AM with doctors conducting medical examinations of the patients. Each patient received personalized Ayurvedic treatments and dietary advice based on their specific health conditions. Herbal medications, breathing exercises, and lifestyle modifications were recommended to help manage asthma symptoms effectively. The parents were also educated about the importance of these Ayurvedic practices in improving the long-term health of their children.

Outcome of the Camp:

All 19 patients benefited from the Ayurvedic treatments provided in the camp. Under the expert guidance of the doctors, children with asthma received herbal medicines, dietary recommendations, and advice on natural breathing techniques. These holistic treatments are expected to help improve their overall health and reduce asthma symptoms. Parents were also provided with detailed information on how to incorporate Ayurvedic principles into their child's daily routine for long-term asthma management.

Conclusion:

The pediatric asthma camp, held from 9:00 AM to 2:30 PM, was highly successful. The Ayurvedic treatments provided were well-received, and the patients showed signs of improvement. This initiative not only provided immediate relief but also emphasized the role of Ayurveda in managing chronic conditions like asthma. The camp highlighted the importance of continuing such efforts to promote Ayurveda for children's health and well-being in the future.



