

Report on Suvarnaprashan sanskara on the occasion of 9 th National Ayurveda day.

Venue: Seth Tarachand Ramnath Ayurvedic Dharmarth Hospital, OPD No. 20, Pediatrics Department

Date: October 25, 2024

Time: 9 AM to 1 PM

Objective of the sanskara:

The primary goal of the Suvarnaprashan sanskara was to administer Ayurvedic medicine-prepared Suvarnaprashan to children, boosting their immunity, health, and overall development. Additionally, the sanskara aimed to educate parents on the benefits of Suvarnaprashan in promoting healthy growth in children.

Number of Participants:

A total of 104 children participated and received Suvarnaprashan.

Attending Doctors:

- Dr. Vikas Jaybhay
- Dr. Yashashree Kulkarni
- Registrar Dr. Sagar Badarkhe
- Dr. Kajal Chavan
- Dr. Adesh Raut
- Dr. Manoj Kale
- Houseman Dr. Shivaji Ghongade
- Dr. Rushikesh Mudgal

Proceedings of the sanskara:

The sanskara began with thorough health check-ups for all the children. After the examinations, Ayurvedic medicine-prepared Suvarnaprashan was administered to each

child to enhance their immunity, promote mental development, and support overall health.

Parents were also informed about the long-term benefits of Suvarnaprashan, such as improved immunity, better digestion, and cognitive development. The doctors guided them on the importance of continuing the practice of Suvarnaprashan for sustained health benefits.

Outcome of the sanskara:

All 104 children successfully received the Suvarnaprashan dosage, and their health was monitored by the doctors. Parents gained valuable knowledge and expressed interest in continuing the use of Suvarnaprashan for their children's health.

Conclusion:

The Suvarnaprashan sanskara held on October 25, 2024, was highly successful, with the participation of 104 children and the dedicated efforts of the doctors. The Ayurvedic practice of Suvarnaprashan was well-received, and the sanskara emphasized its importance in promoting child health. It is recommended to continue such sanskaras for the benefit of the community.





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