

# **TILAK AYURVED MAHAVIDYALAYA**

## **Report on "Charan seva" Service under Chief Minister Relief Fund (CMRF)**

**Date :** 21 June 2025

**Time :** 8:30 AM to 6:30 PM

**Venue :** Infront of Kasba Ganpati Temple, Kasba Peth, Pune

**Organized by :** Chief Minister Relief Fund (CMRF)

**Department involved :** Panchakarma Department

**Supported by :** Tilak Ayurved Mahavidyalaya, Rasta Peth, Pune

### **1. INTRODUCTION**

As a part of Community Outreach and Traditional Healthcare Support during the annual pilgrimage (Wari), a special initiative named "Charan Seva" was carried out under the Chief Minister Relief Fund. The service focused on providing **Padabhyanga (foot therapy)** to Warkaris, respecting their devotion and long pilgrimage journey.

### **2. OBJECTIVE**

- 1.To relieve physical fatigue and enhance circulation in the feet of the Warkaris.
- 2.To promote Ayurvedic wellness practices.
- 3.To serve the community with compassion and care.

### **3. RESOURCES UTILIZED**

Total Oil Used: 5 Litres

Medicated oil was prepared by Chief Minister Relief Fund (CMRF) and Panchakarma Department, Tilak Ayurved Mahavidyalaya.

#### **4. BENEFICIARIES**

Total 450 Warkaris were served during the initiative.

#### **5. HUMAN RESOURCES**

The service was efficiently executed by a dedicated team comprising:

##### **A) FACULTY MEMBERS:**

- 1.Dr. Rajendra Huparikar
- 2.Dr.Anjali Damle
- 3.Dr.Rahul Kathawate
- 4.Dr.Monica Mulay
- 5.Dr.Vaishnavi Joshi
- 6.Dr.Ashwini Shinde

##### **B) POSTGRADUATE STUDENTS:**

- 1.Dr.Mayuri Kumbhar
- 2.Dr.Mayuri Sonkamble
- 3.Dr.Ankita Katke
- 4.Dr.Nisha Batham
- 5.Dr.Harshwardhan Jain
- 6.Dr.Manasi Bagade
- 7.Dr.Shubhangi Vidhamvar
- 8.Dr.Yashashree Sakhalkar
- 9.Dr.Pragati Patil
- 10.Dr.Amruta Ughale

### **C) UNDERGRADUATE STUDENTS:**

Total 96 students of 3rd Year BAMS participated in the programme.

Their teamwork, discipline, and compassionate approach made the service successful and well-appreciated by the beneficiaries.

## **6. OUTCOME & FEEDBACK**

The Charan Seva initiative received heartfelt appreciation from the Warkaris. Many reported immediate relief from leg pain and fatigue. The blend of traditional Ayurvedic care and service spirit reflected the cultural essence and health support objectives of the relief fund.

## **7. CONCLUSION**

The "Charan Seva" under the Chief Minister Relief Fund proved to be a meaningful and impactful service. The collaboration between the government aid and the academic institution fostered a strong model of social service, experiential learning, and Ayurvedic practice.

For AU: Damle

Signature

Dr. Rajendra S. Huparikar  
HOD, Panchakarma Dept  
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