



Rashtriya Shikshan Mandal's  
**Tilak Ayurved Mahavidyalaya**  
टिळक आयुर्वेद महाविद्यालय, पुणे.

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Principal  
Dr. Saroj V. Patil

Ref. No.:

1632/25

Date :

30/09/2025

**RSM's Tilak Ayurved Mahavidyalaya, Pune**  
**10<sup>th</sup> Ayurveda Day, 23.9.2025**  
**Celebration Report**

As per the notification of NCISM, New Delhi Tilak Ayurved Mahavidyalaya celebrated the 10<sup>th</sup> Ayurveda Day on 23.9.2025. The 10<sup>th</sup> Ayurved Day activities were conducted on the main theme "Ayurved for People and Planet" and 8 sub themes as declared by NCISM, ministry of AYUSH. Dr. Bhalachandra Bhagwat, President, Rashtriya Shikshan Mandal, Pune chaired the programme. Dr. Mihir Hajarnavis, UG Vice principal, Dr. Minakshi Randive, UG Vice principal and Dr. Sangeeta Salvi, PG Vice principal were also present as guest for the programme. Dr. Aishwarya Ranade, Nodal officer for 10<sup>th</sup> Ayurveda Day activities compeered the whole programme. All HODs, Teachers, UG and PG students and the non-teaching staff were present on this occasion. Dr. Mihir Hajarnavis introduced various activities conducted to propagate Ayurveda on the given themes. Dr. Sangeeta Salvi introduced the gathering about the guest present for the programme. Dr. Aishwarya Ranade presented a complete report various activity conducted by Tilak Ayurved Mahavidyalaya and Seth Tarachand Ramnath Charitable Ayurvedic Hospital.

Around 30 Faculties and 40 students participated in whole activities were felicitated for their contribution in making this huge task a great success at the hands of president of the programme Dr. B. K. Bhagwat. Dr. Asmita Jadhav, NSS programme officer announced winners of the essay competition and Slogan competition. Dr. Minakshi Randive presented Vote of Thanks to the gathering. All the activities were presented in PPT format on the background of the programme. Programme concluded with national anthem.



The summary of various activities conducted under Ayurveda Day celebration are as follow -

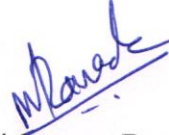
Sr. No.	Activity	Minimum requirement	Actual conducted number of activities	Total Participants for the activity
1.	Medical & Wellness camp	1 camp	12 health check-up camps. 6 camps of 2 days, each of different specialties in STRCAH, Pune and 6 health checkup camps outside the camps in schools and colleges.	1047
2.	Public Awareness programmes	2 programmes	13 Health talks (10 offline and 3 online mode) 7 street plays	632+638 = 1270
3.	Run/ Walkathon/ Rally	1 event	1 event	262
4.	Exhibition/ Mini Expo	1 exhibition	2 exhibition	382
5.	School/ College outreach	Minimum 2 institutions	2 schools and colleges visited in college and hospital exposure.	221
6.	Student wellness	1 session	1 session	130
7.	Samhita Se Samwad	1 session	2 session	50 + newspaper publicity
8.	CCRAS webinar on Cancer Care	1 session	1 session	133
9.	Ayurved Day programme	1 programme	1 programme	177

1. Medical and wellness camps were conducted indoor and outdoor settings such as all clinical OPDs of Seth Tarachand Ramnath Charitable Ayurvedic Hospital, Pune. RSM's Chetan Dattaji Gaikwad Management Institute, Pune. Raja Dhanraj Giraji Junior college, and Voc. Institute, Pune, CES's Dr. Cyrus Poonawala English medium primary and secondary school. STRCAH Nursing college, Agarakar Girl's school etc.
2. Street plays were scripted by NSS and Vidyarthi Shasit Sangha committee (College Student Council) along with faculties, and UG and PG students. Street plays were based on Ayurveda related awareness on addiction, daily regime and cleanliness habits for sustained health.
3. Health talks were conducted faculty, members of Tilak Ayurved Mahavidyalaya and honorary consultants of STRCAH, Pune propagating awareness about various daily and seasonal habits to maintain health, skin care, menstruation care and Ayurveda, obesity and Ayurveda perspective etc.
4. Prakriti Pareekshan was organised by Kriya Sharir dept. in all the places.

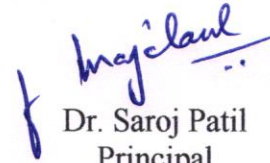


5. Many faculties have voluntarily contributed in in giving health Talk in online and offline platforms in different organisations, schools and colleges.
6. Student wellness programme on Yoga, Meditation and Ayurved Aahar session was conducted by Swashtvritta department in which PG scholars and UG students along with faculties participated.
7. Exhibition of medicinal plants, Prakriti related information and Ayurveda medicinal preparation was organised with the help of Rasashsatra and Dravyuaguna department.
8. Run for Ayurved was organised with the help of NSS and VSS. All faculties and students participated in the activities.
9. A webinar by CCRAS related to cancer was organised for all faculties and students through online platform.
10. Obesity related awareness article is published in Local reputed Newspaper ' Lokmat' by Dr. Ashwini Shinde with a title ' Shtulpana, Nemka Tumcha Kuthe Chukaty?'
11. 'Samhita se Samwad' sessions were conducted by Dr. Supriya Gore and Dr. Ashwini Shinde.

All the activities were planned, organised and monitored by a core team and Nodal Officer Dr. Aishwarya Ranade.



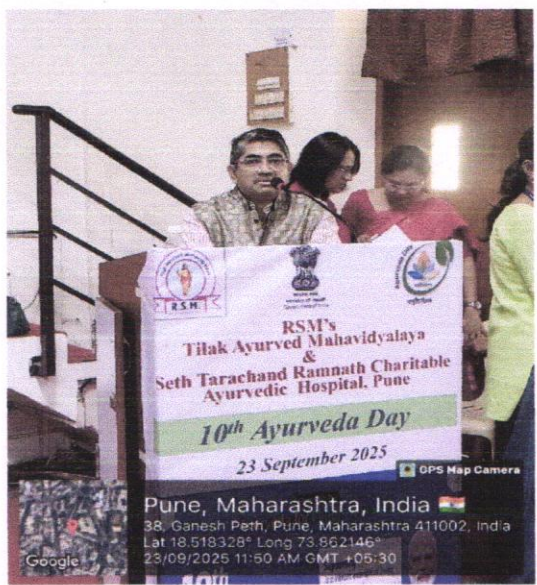
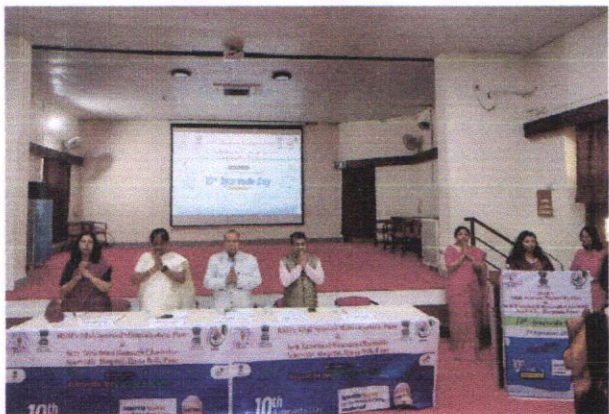
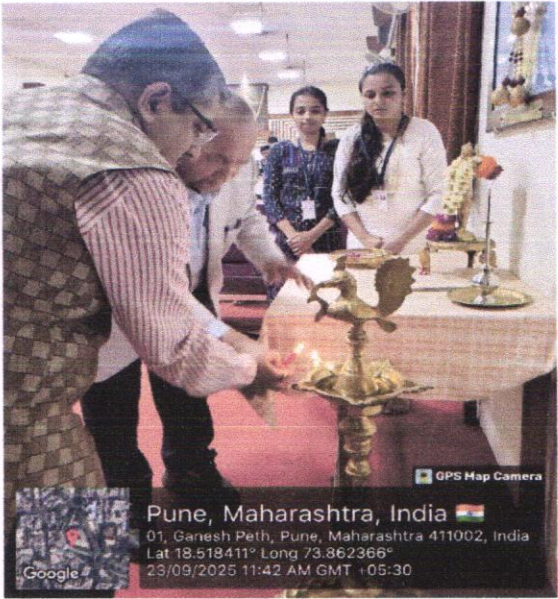
Dr. Aishwarya Ranade  
Nodal Officer,  
10<sup>th</sup> Ayurved Day Programme  
Tilak Ayurved Mahavidyalaya, Pune



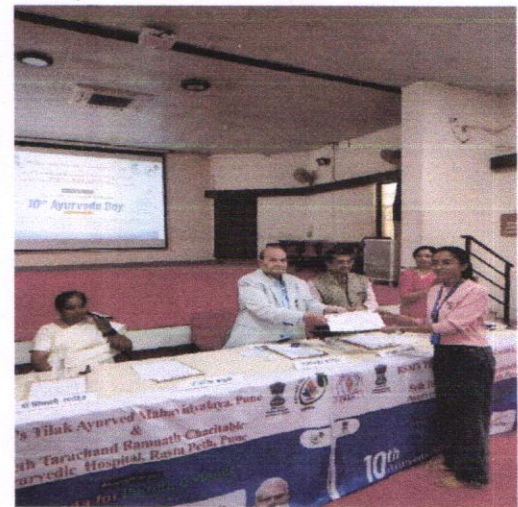
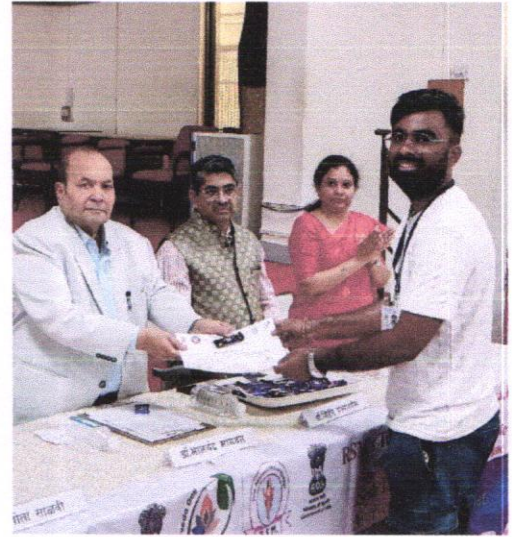
Dr. Saroj Patil  
Principal  
Tilak Ayurved Mahavidyalaya, Pune

**I/c Principal**  
**Tilak Ayurved Mahavidyalaya**  
**Pune - 11**

**10<sup>th</sup> Ayurved Day celebration programme, 23.9.2025 in Tilak Ayurved Mahavidyalaya, Pune**



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