

Date-17/10/2025

Tilak Ayurved Mahavidyalaya Pune

Department of Swasthavritta evam Yoga

Global Handwashing Day Observation

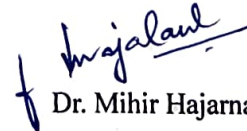
Report

The department of Swasthavritta and Yoga of Tilak Ayurved Mahavidyalaya Pune had organized a programme for observation of Global Handwashing Day on 14th October 2025 at the department.

The programme commenced with the importance of handwashing for healthcare professionals, information about World Hand Hygiene Day (May 5th) and Global Handwashing Day (October 15th).

A pledge for maintaining good hand hygiene through thorough handwashing was taken as part of the programme. A demonstration of steps included in Handwashing based on the IEC material by the World Organisation was held. The programme ended on a positive note with a spirit to be the 'Handwashing Hero' as elucidated in the theme of Global Handwashing Day 2025 programme schedule.

The Principal Dr Saroj Patil, Vice Principal and head of Swasthavritta and Yoga Dr Mihir Hajarnavis, staff of the department Dr Nileema Shisode, Dr Soniya Kale, Dr Maithili Naik, post graduate and PhD Scholars and Undergraduate students of II BAMS participated in the programme.



Dr. Mihir Hajarnavis

Professor and Head of the Department
Swasthavritta evam Yoga
Tilak Ayurved Mahavidyalaya, Pune.

Head of the Department
Dept. of Swasthavritta
Tilak Ayurved Mahavidyalaya, Pune

14.10.2025

Hand Washing Pledge & Demonstration

No	Name	Designation	Signature
1)	Dr. Sanjay V. Patil	Professor Principal	
2)	Dr. Arti Firke	Subject Expert.	
3)	Dr. Mihir Hajarnavis	Professor.	
4)	Dr. Nileema Shisode	Asso. Professors	
5)	Dr. Soniya Kale	Asst. Professor	
6)	Dr. Soniya Marthili Naik	Asst. prof	
7)	Dr. Prajakta Bhelawe	PhD scholar	
8)	Dr. Madhuri Kubal	PhD scholar	
9)	Dr. Akanksha Rokade	PG student	
10)	Dr. Mugdha Kinare	PG student	
11)	Dr. Komal R. Chate	PG student	
12)	Vd. Hritvik Nande.	PG student	
13)	Dipale B. Pawar	UG student	
14)	Shambhavi Ramesh Pawar	UG student	
15)	Narsha Dilip Pawar	UG student	
16)	Reeya. Girish. Petkar	UG student	
17)	Kajalaxmi R. Talape	UG student	
18)	Samiksha Dabhade	UG student	
19)	Purnake Jyoti Kailas	UG student	
20)	Prashant Koshwata	UG student	
21)	Pradeep Jainwal	UG student	
22)	Ganiksha Tumbhe	UG student	
23)	Sanika Ramgavade	UG student	
24)	Pradip Manoj Randive	UG student	
25)	Rashinkar Asawari Hemant	UG student	

<u>No</u>	<u>Name</u>	<u>Designation</u>	<u>Sign</u>
26.	Aishwarya Sherkhane	UG student	<u>Aish</u>
27.	Shashwat Singh	UG student	<u>Shash</u>
28.	Sambhuroo Tomal	UG student	<u>Samb</u>
29.	Hemshik Kewat	UG student	<u>Hemshik</u>
30.	Pragati Dahake	UG student	<u>Pragati</u>
31)	Pratiksha Rathod	UG student	<u>Pratiksha</u>
32)	Tejashree Pindse	Yoga Teacher	<u>Tejashree</u>

Tejashree