



Tilak Ayurved Mahavidyalaya, Pune

Tilak Ayurved Mahavidyalaya, Pune
Department Of Kayachikitsa

Goals of Kayachikitsa Studies

- To be a centre of global excellence in the field of Kayachikitsa education by assured quality educational programmes to build skilful, competent, self reliant global citizens towards the health needs of the society
- To Achieve 'Health for All'
- The Department of Kayachikitsa intends at bringing about confluence in achieving academic excellence through extending the frontiers of knowledge, integrative teaching, empowering skills, hands on training and promoting scientific temper for researches and keeping up breast with current developments of the science.
- To Improve the physical and mental health among the population.

Objectives of the Kayachikitsa Studies

At the end of the course the student shall be able to

- Explain the concept of health
- Describe an appropriate healthy regimen
- Explain the principles and practice of emergency medicines
- Explain the principles and practice of ward procedures
- Explain basic principles of treatment, various types of shodhana procedures
- Learning the clinical skill for diagnosis and treatment modalities as per principles of Ayurveda.
- Identify various conditions that can lead to the spread of communicable diseases and its preventive measures
- Identify various conditions that can lead to spread of non – communicable diseases and its preventive measures

Skills to be achieved at the end of Kayachikitsa studies

At the end of the course, the student shall be able to make use of

- Diagnosis and treatment of all strotogata vyadhis.
- Diagnosis and treatment of a variety of general diseases, such as skin disorders, diabetes, tuberculosis, rheumatoid arthritis and many other disorders.
- Principles and application of shodhan, shaman, and satvavajay chikitsa.
- Principles and application of emergency medicine and procedures.
- Diagnosis and management of nutritional problems at the individual and community level.
- The art of communication with patients including history taking and medico social work.

Dr. S.V.Deshpande

Principal and Head

Department of Kayachikitsa

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