

Course Code and Name of Course

Course code	Name of Course
AyUG-SW	Swasthavritta evam Yoga

Course learning outcomes and matched PO

SR1 CO No	A1 Course learning Outcomes (CO) AyUG-SW At the end of the course AyUG-SW, the students should be able to-	B1 Course learning Outcomes matched with program learning outcomes.
CO1	Demonstrate application of principles of Swasthavritta in lifestyle modifications.	PO1,PO2,PO4,PO6
CO2	Assess the health status and advise preventive & promotive measures according to Ayurveda principles	PO3
CO3	Demonstrate and advise Yoga and Naturopathy as health promotive and disease preventive regimen	PO1,PO4
CO4	Understand and apply the principles and components of primary health care and health policies to achieve the goal of health for all	PO2,PO5
CO5	Advocate and propagate preventive principles of Ayurveda and contemporary sciences through Information, Education and Communication(IEC)	PO8
CO6	Conduct community surveys and apply epidemiological principles for the assessment of health & morbidity as a community physician	PO2,PO5
CO7	Understand and apply the principles of environmental health and its effects on public health with control measures	PO3,PO4
CO8	Demonstrate skills and research aptitude for the promotion of health and prevention of diseases	PO9