

Tilak Ayurved Mahavidyalaya, Pune
National Service Scheme 2022 – 23
Yearly report

April 2022

Activities were organized on the occasion of Azadi ka Amrit Mahotsava Poshan Pakhawada 2022 by NSS unit during 21st March to 4th April 2022.

➤ **Wall decoration** (भित्तिचित्र)

The wall showcase was decorated with posters on the subject “Nutrition for ANC” and “Nutrition for neonates for first 1000 days” on the occasion of Azadi ka Amrit Mahotsava Poshan Pakhawada which was celebrated during 21st March to 4th April 2022.

The opening of wall decoration was done by the auspicious hands of Principal Dr. Sadanand Deshpande on Friday 1st April 2022. Vice principal Dr. Mihir Hajarnavis, vice principal Dr. Indira Ujagare, NSS P.O. Dr. Madhura Kulkarni, A.P.O. Dr. Asmita Jadhav, A.P.O. Dr. Jaydeep Gangal, all the faculty members, NSS volunteers and students were present for programme. Principal Dr. Sadanand Deshpande enlightened the participants regarding Ayurvedic concepts of nutrition and role of NSS volunteers.

➤ **Samvidhan Preamble**

The Samvidhan Preamble reading and Dr. Babasaheb Ambedkar Pratima Poojan was organized on 13th April 2022 on the occasion of Bharatratna Dr. Babasaheb Ambedkar Jayanti. Principal Dr. Sadanand Deshpande was the Chief Guest of the programme. Vice-principal Dr. Mihir Hajarnavis, Vice-principal Dr. Indira Ujagare, NSS P.O. Dr. Madhura Kulkarni, A.P.O. Dr. Asmita Jadhav, A.P.O. Dr. Jaydeep Gangal, all the faculty members, NSS volunteers and students were present for programme. Principal Dr. Sadanand Deshpande sir enlighten the audience with the work and thoughts of Bharatratna Dr. Babasaheb Ambedkar.

May 2022

➤ **Swachhata Abhiyan in Hostel Premises: 5th May 22**

Swachhata Abhiyan was organized to clean the Hostel premises. Volunteers collected all the plastic material in the premises and cleaned the premises. The caretaking staff members helped them in the program. Vice- Principal Dr. Mihir Hajarnavis, Senior Professor and Hostel Incharge Dr. Nandakishor Borase visited the program and guided the volunteers. NSS Program officer Dr. Madhura Kulkarni, Assistant Program officers Dr. Jaydeep Gangal, Dr. Asmita Jadhav were present on the occasion to help and guide the volunteers.

➤ **Countdown Yoga sessions:**

- **5th May:** Countdown Yoga sessions was arranged for NSS volunteers on 5th May 2022 in Herbal garden of the institute in Hostel Premises.
- **6th and 7th May:** Countdown Yoga sessions was arranged for 3rd year BAMS students on 6th and 7th May 2022 in Yoga hall of Seth Tarachand Ramnath Ayurved Hospital, Pune
- **13th May:** Countdown Yoga sessions for 1st year BAMS students in Transitional Curriculum in TAMV.

➤ **Cyber Crime Awareness Posters –**

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Cyber Crime Awareness Posters were published on NSS social media accounts on Instagram and Facebook for creating awareness regarding Cyber Crime on first Wednesday of May and June. 4/5/2022 and 9/6/2022

June 2022

- **Tree plantation and cleanliness** activities were organized on the occasion of World Environment Day - **Mazi Vasundhara in Azadi ka Amrit Mahotsava 2022** by NSS unit on 5th June 2022.

In collaboration with Forest Department, Wanowary, Pune and Green Nandanvan Foundation, NSS unit conducted cleaning and tree plantation activity.

Dr. Madhura Kulkarni (NSS PO), Dr. Asmita Jadhav (NSS, APO), Mr. Sanas (Forest officer), Mr. Sapkal (Forest Department), Mr. Uday Jadhav (Green Nandanvan Foundation) were present on the occasion. Mr. Sanas guided the volunteers regarding importance of hills in the Pune region.

The NSS volunteers, Programme officers, volunteers of Green Nandanvan Foundation and Forest Department staff participated in collecting plastic and other waste to clean the Wanowary Hill. Later tree plantation was done on the same hill. Trees like Neem, Mango, Haritaki and Tamarind were planted.

- **Shiv Swarajya Din –**

On the occasion of Shiv Swarajya Din 2022 Programme was arranged on 6th June 2022 in the hostel premises. On this occasion, Poojan of chhatrapati Shivaji Maharaja's statue by the auspicious hands of Principal Dr. Sadanand Deshpande. Vice Principal Dr. Indira Ujagare, College committee members Dr. Saroj Patil, Dr. Manjiri Deshpande, Dr. Borase, NSS Programme officer Dr. Madhura Kulkarni, APO Dr. Jaydeep Gangal, NSS volunteers and all the students were present for the occasion. Students performed "Shivastuti" songs, "Powadas" on the occasion.

- **Health check – up camp in Vaari –**

A free health check-up and medication camp was organised for the pilgrims travelling in Vaari on 22 June 2022 at Siddheshwar-Vriddheshwar Temple in Pune by the NSS unit of Tilak Ayurved Mahavidyalaya, Pune. 88 Pilgrims were benefitted in the camp. Dr. Madhura Kulkarni (NSS PO), Dr. Asmita Jadhav (NSS, APO), Dr. Jaydeep Gangal (NSS, APO) and NSS volunteers were present

- **Yoga Saptah – 14/06/2022 to 20/06/2022**

Different programmes and competitions were organized for celebration of Yoga Saptah.

- Hatha Yoga and Suryanamaskar demonstrations for NSS volunteers and teachers.
- Artistic Yoga Formations
- Expert lecture for UG, PG students by Dr. Pranav Gokhale from Vaidik Samshodhan Mandal, Pune on "**Yogatil Aprakashit Anga**"
- Yoga sutra chantation

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- Online Quiz competition, Essay competition, Photography competition
- Yoga session for Non-teaching staff.

➤ **Yoga Day 21/06/2022**

Chief Guest: Dr. Venkat Dharmadhikari (Asst. Director AYUSH, Pune)

The program was organized by Swasthawritta and Yoga department and NSS unit of Tilak Ayurved Mahavidyalaya, Pune. It was inaugurated by chief guests Dr. Venkat Dharmadhikari. The common protocol of Yoga given by Ministry of AYUSH was followed for Yoga practices. Well experienced Yoga instructors Mrs. Tejashree Pendse and Mrs. Vaishali Chougule conducted the session for participants to perform Yogasanas smoothly. The results of various Yoga competitions viz. quiz, essay writing, slogan writing which were conducted during Yoga Saptah were declared. The winners were felicitated by Dr. Venkat Dharmadhikari and Prof. Dr. Sadanand Deshpande (Principal, TAMV). Dr. Madhura Kulkarni (PO NSS), Dr. Maithili Naik (Asst. Prof. Swasthavritta Dept.) co-ordinated the program. Valuable guidance was received from esteemed guest Dr. Venkat Dharmadhikari and Prof. Dr. Sadanand Deshpande (Principal, TAMV) on the occasion.

➤ **Ashadhi Vaari Health check up camp – 22/06/2022**

A free health check up and medicine distribution camp was organised by the unit for pilgrims participated in Ashadhi Vaari procession in Siddeshvar Vruddheshvar Temple Pune during procession's stay in Pune. More than 100 pilgrims were benefitted during the camp. NSS PO Dr. Madhura Kulkarni, Assistant PO Dr. Jayadeep Gangal, Dr. Asmita Jadhav and NSS volunteers participated in the camp.

August 2022

➤ **Har Ghar Tiranga Abhiyan Programme** in Azadi ka Amrit Mahotsava 2022 during 13th to 17th of August 2022.

▪ **Har Ghar Tiranga Rally** – A Har Ghar Tiranga rally was organized on 13th of August 2022 at 10:00 AM. Vice-principal Dr. Indira Ujagare, NSS Programme officer Dr. Madhura Kulkarni, APO Dr. Asmita Jadhav, Dr. Jaydeep Gangal, all the teaching and non-teaching staff and NSS volunteers participated in the Rally.

▪ **A Photo point** was created in the college premises to take the photos with “**Tiranga**” and upload at www.harghartiranga.com. Principal Dr. Sadanand Deshpande and all the staff and students were present.

▪ **A Photo exhibition** was displayed for the **Partition Horrors Remembrance day** on 14th of August 2022.

▪ **Flag Hoisting Programme** was organized by the institute on 15th August 2022 at 7:30 am. Dr. Paras Shah was the Chief Guest of the programme.

▪ **National Anthem singing - National Anthem singing** programme was organized in the institute ground on 17th August 2022 at 11:00 am.

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- **Emergency medical help Camp in Dahi handi programme –**
Date – 19/08/2022
In collaboration with Bhoi Foundtion, NSS volunteers worked in Emergency medical Camp in Dahi handi programme at various places in Pune as medical volunteers for taking care of injured Govindas. 22 injured govindas were treated in the camp. Seriously injured was sent to Tarachand Hospital.

- **Organ Donation Week**
 - **Lecture on Stem cell Donation and its importance:** Date: 25/08/2022
Guest Speaker: Dr. Sonali Bhandarkar (Manager, DATRI –Blood stem cell Donors registry)
The Lecture was organized by the NSS Unit of the institute on 25/08/2022 at 11:00 AM. Dr. Madhura Kulkarni (P.O.NSS), Dr. Jaydeep Gangal (A.P.O.), Dr. Asmita Jadhav (A.P.O.), other faculties, NSS volunteers and students were present for the lecture. Guest Speaker Dr. Sonali Bhandarkar guided the audience about need, importance and process of stem cell donation with detail presentation. 31 volunteers registered as Stem Cell Donors.

September 2022

- **Emergency medical Camp and help to Police in Anant Chaturdashi Miravanuk in Pune –**
Date – 09/09/2022 and 10/09/2022
During Anant Chaturdashi Miravanuk, some of the volunteers worked to help Police to control crowd in collaboration with Samarth Police station.
Some of the volunteers worked in Emergency medical Camp in collaboration with Bhoi Foundtion during Anant Chaturdashi Miravanuk. 86 patients were treated during the procession.

- **Poshan Maah Jan Andolan 2022 and Har Din Har Ghar Ayurved 2022 Activities -**
 - **Lecture for Senior citizens –**
Date: 21/09/2022
Venue: Datta Temple, Suncity road, Pune
Guest Speaker: Dr. Mihir Hajarnavis
A lecture was organized for Senior citizens on the topic “Nutritional Diet in Geriatrics (for Senior citizens)” in collaboration with NGO Apulaki, Pune. Swasthvritta and Yoga department Head and Vice-principal Dr. Mihir Hajarnavis was the Guest Speaker. He explained the importance of healthy life style and what to eat, when to eat, how to eat etc. 48 Senior citizens, Mr. Sameer Rupade, Chairman of NGO Apulaki, Dr. Madhura Kulkarni, NSS Programme Officer and volunteers were present for the lecture.

 - **Role Play regarding Nutritional Diets for school going children and Hand wash demo.**
Date: 22/09/2022

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Venue: Jawaharlal English medium school, Ganesh Peth, Pune

A role play regarding Nutritional Diets for school going children and Hand wash demo were performed by NSS Volunteers in the school for students from 1st standard to 8th standard. Dr. Madhura Kulkarni, NSS Programme Officer, Dr. Asmita Jadhav, Assistant PO, Principal and teachers from the school were present on the occasion.

▪ **Role Play regarding Nutritional Diets for school going children and Hand wash demo.**

Date: 23/09/2022

Venue: K. C. Thakrey English medium school, Rasta Peth, Pune

A role play regarding Nutritional Diets for school going children and Hand wash demo were performed by NSS Volunteers in the school for students from 1st standard to 8th standard. Dr. Madhura Kulkarni, NSS Programme Officer, Dr. Asmita Jadhav, Assistant PO, Dr. Jaydeep Gangal, Assistant PO, Principal and teachers from the school were present on the occasion.

➤ **NSS Day NSS Oath Taking programme –**

Date: 24/09/2022

Venue: NIMA Auditorium, TAMV

A programme was arranged to celebrate NSS day on 24/09/2022 at 11:00 am in the NIMA Auditorium of the college. Principal Dr. Sadanand Deshpande was the chief Guest of the programme. Volunteers took the NSS pledge to work by hard. NSS Anthem was sung by the volunteers. Glimpses of various programmes conducted during the Azadi ka Amrit Mahotsava throughout the year were shared on the occasion. Dr. Deshpande sir guided the volunteers regarding role and responsibilities of the NSS volunteers and responsibilities as Ayurveda students. Vice-principal Dr. Mihir Hajarnavis, Programme Officer Dr. Madhura Kulkarni, Assistant PO Dr. Asmita Jadhav, Assistant PO Dr. Jaydeep Gangal, Senior Professor Dr. Saroj Patil, Ex-programme officer Dr. Sarika Chopade and all the NSS volunteers and teachers were present on the occasion.

October 2022

➤ **Swachhata Abhiyaana, 2022**

▪ **Non-violence and Swachhata Oath and observance of Khaadi Day –**

Date – 06/10/2022

On the occasion of Ahimsa Din and Khaadi Din an Oath of non-violence and Swachhata was taken by all the faculties, students and NSS volunteers in the institution. Khaadi day was observed on the same day by wearing Khaadi cloths. Dr. Mihir Hajarnavis, Vice-principal expressed his thoughts regarding Importance of non-violence and cleanliness in this time and promoting Khaadi in Local for global theme.

▪ **Awareness street play and cleanliness drive at Pune Railway Station –**

Date – 12/10/2022

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On the occasion of Swachhata Abhiyaana 2022, a programme was organized with Pune Railway Station. Cleanliness awareness street play was performed at three places of the Pune Railway station campus by NSS volunteers. 7 kgs of plastic was collected from parking area of the Railway station. Railway Station Director Mr. Suresh Jain, Station master Mr. Dhobale, Principal Dr. Sadanand Deshpande, Vice-principal Vice-principal Dr. Mihir Hajarnavis, Dr. Indira Ujagare, NSS Programme officer Dr. Madhura Kulkarni, APO Dr. Asmita Jadhav, Dr. Jaydeep Gangal and all NSS volunteers participated in the programme.

▪ **Plastic free India Awareness Rally –**

Date – 15/10/2022

A rally was organized in Rasta Peth, Pune to create awareness regarding no use of plastic in day to day life. Principal Dr. Sadanand Deshpande, Vice-principal Vice-principal Dr. Mihir Hajarnavis, Dr. Indira Ujagare, NSS Programme officer Dr. Madhura Kulkarni, APO Dr. Asmita Jadhav, Dr. Jaydeep Gangal and all NSS volunteers participated in the programme.

➤ **Har Din Har Ghar Ayurved 2022 On the occasion of 7th Ayurveda Day**

▪ **Lecture on Nutritional diet and menstrual hygiene for adolescent girls –**

Date: 8/10/2022

Guest speaker: Dr. Rucha Ganu

Venue: K. C. Thakrey English medium school, Rasta Peth, Pune

A lecture was organized on Nutritional diet and menstrual hygiene for adolescent girls in collaboration with Streerog and Prasutitantra Department of Tilak Ayurved Mahavidyalaya, Pune. Assistant Professor from the Streerog and Prasutitantra Department Dr. Rucha Ganu guided the participants regarding what is menstruation, menstrual hygiene and role of nutritional diet in proper development in adolescent age. All the girl students from 5th to 8th standard and their mothers, female staff from the K. C. Thakrey English medium school, Dr. Madhura Kulkarni, NSS Programme Officer, Dr. Asmita Jadhav, Assistant PO, and NSS volunteers were present on the occasion.

▪ **Lecture on Nutritional diet and menstrual hygiene for adolescent girls in sports**

Date: 15 /10/2022

Venue: PN's Taekwondo Academy, Suncity road, Pune

Guest Speaker: Dr. Madhura Kulkarni, Dr. Mrunali Phapale, Dr. Shruti Pawar, Dr. Gayatri Unhavane

A lecture was organized on Nutritional diet and menstrual hygiene for adolescent girls in collaboration with Streerog and Prasutitantra Department of Tilak Ayurved Mahavidyalaya, Pune and PN's Taekwondo Academy, Suncity road, Pune. Dr. Mrunali Phapale, Dr. Shruti Pawar, Dr. Gayatri Unhavane from Streerog and Prasutitantra Department guided the participants regarding what is menstruation, menstrual hygiene and special care that should be taken by sports girls.

Dr. Madhura Kulkarni guided the participants regarding the role of nutritional diet in proper development and Ahaar Vihaar for specially sports doing girls in adolescent age. All the girl students from 4th to 12th standard and their mothers, female staff from PN's

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Taekwondo Academy, Dr. Madhura Kulkarni, NSS Programme Officer, Dr. Asmita Jadhav, Assistant PO, and NSS volunteers were present on the occasion.

▪ **Nutritional Ayurveda recipes video making –**

The video making activity was conducted on 13th and 14th October 2022.

NSS volunteers prepared easy to prepare nutritional recipes and their nutritional benefits in the videos. Videos are propagated through Instagram and Tweeter page, and YouTube channel of NSS. Following recipes are prepared –
Alepaak, Chinchana panaka, Beetroot tikka, Narikel khand, Mathha / medicated Chhachh.

➤ **Rashtriya Ekata Divas (National Unity Day) Pledge taking.**

Date: Saturday 31/10/2022

Ekata Shapath (Unity pledge) was taken on the occasion of **National Unity Day**.

Principal, Dr. Sadanand Deshpande was the Chief Guest of the program. Dr. Madhura Kulkarni (Program Officer, NSS), Dr. Jaydeep Gangal (Assistant Program officer), Dr. Asmita Jadhav (Assistant Program officer), all the faculties and NSS volunteers present for the program took the pledge. Chief Guest Dr. Sadanand Deshpande expressed his thoughts about importance of unity in present and future.

November 2021

➤ **Samvidhan Din - 26th November 2022**

▪ **Preamble Reading programme –**

Date: 26/11/2022

Venue: College ground, TAMV

A programme was arranged to celebrate Samvidhaan Din on 26/11/2022 at 10:00 am on the college ground. Vice Principal Dr. Mihir Hajarnavis was the Chief Guest of the programme. Programme Officer Dr. Madhura Kulkarni, Assistant PO Dr. Asmita Jadhav, Assistant PO Dr. Jaydeep Gangal, Senior Professor Dr. Saroj Patil, all the teachers, non-teaching staff, NSS volunteers and students were present on the occasion.

Preamble Reading was performed. NSS volunteer Miss Rasika Lavate told the audience about the Samvidhaan din and its importance. Chief Guest Vice Principal Dr. Mihir Hajarnavis guided the audience about rights and responsibilities of citizens and good governance.

▪ **New voter's registration drive –**

Date: 26/11/2022

Venue: classroom number 3, TAMV

A session was conducted in classroom number 3 on the occasion of Samvidhaan Din on 26/11/2022 at 11:30 am for first year BAMS students. A survey was conducted in Google form to get the information about students registered and unregistered in voter's list. Then a guidelines to register in app for voters were given to students and importance of voting rights were elaborated. NSS Programme Officer Dr. Madhura

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Kulkarni and Nivadanuk Mandal Nodal Officer of the college Dr. Sayali Kulkarni conducted the session.

December 2022

➤ **AIDS day Activity** – Date: Thursday 01/12/2022

Awareness street play: A street play was organized for creating awareness about causes, preventive measures of AIDS and myths about AIDS in society. It was performed by NSS volunteers in STRCA Hospital OPD and porch area.

Chief Guest: Dr. Kalyani Bhat (Deputy Medical Superintendent, STRCAH Pune)

Dr. Indira Ujagare (Vice-principal, TAMV)

➤ **Free Health check-up and Guidance Camp for Students** –

Date – 08/12/2022

A Free Health check-up and Guidance Camp was organized for Students of K. C. Thakrey English medium school, Rasta Peth, Pune. 250 female students were checked during the camp. Dr. Rucha Ganu (Associate Professor Stree-rog department) was present on the occasion.

January 2022

NSS Special Winter Residential camp

Camp site: A/P Kashig, Tal: Mulshi, Dist: Pune

Duration: 8/01/2023 to 14/01/2023

- NSS Special Residential Camp was conducted during 8/01/2023 to 14/01/2023 in the adopted village A/P Kashig, Taluka Mulshi, Dist Pune and other 4 villages adopted by the institute under Unnat Bharat Abhiyaan viz. Hadshi, Valen, Sathesai and Chikhalgaon. Total 51 students and 3 program officers 1 NSS committee member and 1 peon were present at camp site. Different activities useful for the villagers were conducted in seven days. On first day of camp in inaugural function was chaired by Dr. Mihir Hajarnavis (Vice-principal, TAMV), Mr. Dattatray Temghare (Ex- Police Official,Pune) and other dignitaries from the adopted villages.
- Streetplays-

Date	Group	Topic	Village
9/01/2023	Prahar	Matadar Janajagruti	Chikhalgaon
10/01/2023	Maitri	Importane of Saur Urja	Hadshi
11/01/2023	Ashwin	Manusaki chorila geli	Valen
12/01/2023	Shaurya	Plastic free Nation	Sathesai
13/01/2023	Nirbhay	Matadar Janajagruti	Kashig

Hand wash Demo was shown in all the schools.

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- Free Medical camps-

Date	Shibir	Village	Hon. Physician	Total patients
8/01/2023	Sarvarog - Evening OPD	Kashig	Dr. Madhura Kulkarni Dr. Asmita Jadhav	52
9/01/2023	Sarvarog	Chikhalgaon	Dr. Sangita Sawant	79
10/01/2023	Sarvarog	Hadshi	Dr. Aishwarya Ranade Dr. Darshana Ubhale	88
11/01/2023	Sarvarog Netrarog	Valen	Dr. Jaydeep Gangal Dr. Siddharth Parchure	56
12/01/2023	Streerog	Sathesai	Dr. Ashwini Karandikar	64
13/01/2023	Sarvarog	Kashig	Dr. Madhura Kulkarni Dr. Asmita Jadhav Dr. Sayali Kulkarni	32

Total no. Patients –346

- Guest lectures-

Date	Topic of lecture	Guest speakers
9/01/2023	Vyaktimatva Vikas	Dr. Saroj Patil Dr. Yogini Patil
10/01/2023	Yashshvi ayushyacha kanamntra	Dr. Milind Bhoi
11/01/2023	Women's health in villages and Ayurved	Dr. Anand Barve
12/01/2023	Yuvakanchi Shaktisthane	Dr. Sayali Kulkarni
13/01/2023	Anandachya Shodhat	Dr. Mohan Joshi

Evening OPD for villagers was kept open at 5.30 pm to 7 pm.

Health survey and Voter's registration survey, New voter's registration awareness were conducted in all five villages.

Volunteers were asked to made group of 10. Each group been named and the work was allotted accordingly.

Dr. Dilip Puranik (President, Rashtriya Shikshan Mandal, Pune) chaired the occasion of Valedictory function of camp. Dr. Sadanand Deshpande (Principal, TAMV) graced the occasion as a chief guest.

Seth Tarachand Ayurved Hospital and Ayurved Rasashala, Pune provided the necessary instruments, Ayurvedic and Allopathy medicines, dressing material and packaging material for free of cost so as to serve the health needs of needy and poor villagers.

➤ **Voter's Day Pledge – Date – 25 /01 /2023**

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Voter's Day Pledge was taken on the occasion of National Voter's Day 25th January 2022. Vice-principal, Dr. Mihir Hajarnavis was the Chief Guest of the program. Vice-principal Dr. Mihir Hajarnavis, Vice-principal Dr. Indira Ujagare, NSS Program Officer, Dr. Madhura Kulkarni, Dr. Jaydeep Gangal (Assistant Program officer), Dr. Asmita Jadhav (Assistant Program officer), all the faculties, NSS volunteers, students and non-teaching staff present for the program and took the pledge. Chief Guest Dr. Mihir Hajarnavis expressed his thoughts about responsibilities of citizens and voting rights on the occasion.

➤ **Republic Day – Date - 26 /01 /2023 Time: 7:30 AM**

Flag hoisting program was arranged by the institute on the occasion of Republic Day 2023. Dr. Arvind Muzumdar was the Chief Guest of the program. All the Faculties, NSS volunteers, students, non-teaching staff attended the program. The volunteers performed a patriotic song. Dr. Arvind Muzumdar expressed his thoughts regarding responsibilities of students, researchers and doctors.

February 2023

➤ **World Cancer Day Rally**

A rally was organized on 4th of February 2023 at 11:00 AM. Principal Dr. Sadanand Deshpande, Vice-principal Dr. Indira Ujagare, NSS Programme officer Dr. Madhura Kulkarni, APO Dr. Asmita Jadhav, Dr. Jaydeep Gangal, all the teachers and NSS volunteers participated in the Rally. In the beginning, Principal Dr. Sadanand Deshpande guided the volunteers regarding grievances of Cancer and need of creating awareness regarding cancer.

➤ **Blood Donation Camp –
Date – 21/02/2023**

On the occasion of Chhatrapati Shivaji Maharaja Jayanti Blood Donation Camp was organized by the NSS unit of Tilak Ayurved Mahavidyalaya, Pune in co-operation with "Janakalyan Raktpedhi" (Blood bank). Total 30 donors donated blood in the camp. Principal Dr. Sadanand Deshpande, Vice Principal Dr. Mihir Hajarnavis, Dr. Indira Ujagare, Dr. Saroj Patil (Professor HOD Sharir Rachana Dept.), from Janakalyan Raktpedhi Medical Officer Dr. Mayuri Barve, NSS PO Dr. Madhura Kulkarni, APO Dr. Asmita Jadhav, other faculties, NSS volunteers and students participated in the program. Principal Dr. Sadanand Deshpande guided the volunteers and students about importance of blood donation and eligibility and Do's and don'ts about blood donation.