

TILAK AYURVED MAHAVIDYALAYA, PUNE

ACADEMIC TERM PLANNER- ATP

Teaching Programme for

Swasthavritta & Yoga

(January - December 2023)

Course: PG 2nd - 3rd year

Sub: Theory and Practical

Term wise distribution of Syllabus



SR.N O.	TOPIC	DATE	Day	NAME OF TEACHER
January - 2023				
1		01-01-2023	Sunday	
2	Janpadodhwansa	02-01-2023	Monday	Vd. Hajarnavis
3	Ritunusar shodhan	03-01-2023	Tuesday	Vd. Shisode
4	Vasant ritucharya	04-01-2023	Wednesday	Vd. Hajarnavis
5	Vyadhikshmatva	05-01-2023	Thursday	Vd. Shisode
6	National health policy	06-01-2023	Friday	Vd. Kale
7	RCH Programmes	07-01-2023	Saturday	Vd. Inamdar
8		08-01-2023	Sunday	
9	Vital statistics	09-01-2023	Monday	Vd. Hajarnavis
10	National & international health agencies	10-01-2023	Tuesday	Vd. Shisode
11	Disease surveillance	11-01-2023	Wednesday	Vd. Hajarnavis
12	Disinfection	12-01-2023	Thursday	Vd. Shisode
13	Swastikasana – practical	13-01-2023	Friday	Vd. Kale
14	Meditational practices	14-01-2023	Saturday	Vd. Inamdar
15		15-01-2023	Sunday	
16	Vital statistics	16-01-2023	Monday	Vd. Hajarnavis
17	Ritucharya shodhan	17-01-2023	Tuesday	Vd. Shisode
18	Rutucharya	18-01-2023	Wednesday	Vd. Hajarnavis
19	Disinfection	19-01-2023	Thursday	Vd. Shisode
20	Yog in ayurved-concept of Moksha	20-01-2023	Friday	Vd. Kale
21	Physiological effect of yoga	21-01-2023	Saturday	Vd. Inamdar
22		22-01-2023	Sunday	
23	STDS(Gonorrhoea)	23-01-2023	Monday	Vd. Hajarnavis
24	Disease surveillance	24-01-2023	Tuesday	Vd. Shisode
25	Meteorological environment	25-01-2023	Wednesday	Vd. Hajarnavis
26	Holiday	26-01-2023	Thursday	
27	AIDS	27-01-2023	Friday	Vd. Kale
28	Aasan- Siddhasan, Padmasan	28-01-2023	Saturday	Vd. Inamdar
29		29-01-2023	Sunday	
30	Vital statistics	30-01-2023	Monday	Vd. Hajarnavis
31	Aasan-Veerasan , Paschimottanasan	31-01-2023	Tuesday	Vd. Shisode
February - 2023				
32	Principles of Health Education	01-02-2023	Wednesday	Vd. Hajarnavis
33	Principles of Health Education	02-02-2023	Thursday	Vd. Shisode
34	Aasan-Makarasana	03-02-2023	Friday	Vd. Kale
35	Infectious Diseases	04-02-2023	Saturday	Vd. Inamdar
36		05-02-2023	Sunday	
37	Vyadhikshmatva-Ayurveda	06-02-2023	Monday	Vd. Hajarnavis
38	School Health Services	07-02-2023	Tuesday	Vd. Shisode



39	Nadishuddhi Pranayam	08-02-2023	Wednesday	Vd. Hajarnavis
40	Pranayam	09-02-2023	Thursday	Vd. Shisode
41	Statistics related with infectious diseases	10-02-2023	Friday	Vd. Kale
42	Suryabhedi , ujjai	11-02-2023	Saturday	Vd. Inamdar
43		12-02-2023	Sunday	
44	Immunity	13-02-2023	Monday	Vd. Hajarnavis
45	Mudra	14-02-2023	Tuesday	Vd. Shisode
46	Shatkarma	15-02-2023	Wednesday	Vd. Hajarnavis
47	Prevention measures of malaria	16-02-2023	Thursday	Vd. Shisode
48	Vyadhikshmatva-Ayurveda	17-02-2023	Friday	Vd. Kale
49	Holiday	18-02-2023	Saturday	
50		19-02-2023	Sunday	
51	Shitali,Sitkari	20-02-2023	Monday	Vd. Hajarnavis
52	School Health Services (Ayurvedic contribution)	21-02-2023	Tuesday	Vd. Shisode
53	Bhasrika, Bhramari Pranayam	22-02-2023	Wednesday	Vd. Hajarnavis
54	Statistics related with infectious disease	23-02-2023	Thursday	Vd. Shisode
55	Shitali, Sitkari Pranayam	24-02-2023	Friday	Vd. Kale
56	Immunity	25-02-2023	Saturday	Vd. Inamdar
57		26-02-2023	Sunday	
58	Demography	27-02-2023	Monday	Vd. Hajarnavis
59	Immunity	28-02-2023	Tuesday	Vd. Shisode
March - 2023				
60	Diasater Management	01-03-2023	Wednesday	Vd. Hajarnavis
61	Shatkriya –Neti,Dhauti,Basti	02-03-2023	Thursday	Vd. Shisode
62	National and International Health Agencies	03-03-2023	Friday	Vd. Kale
63	Family Planning acc.to Ayurveda	04-03-2023	Saturday	Vd. Inamdar
64		05-03-2023	Sunday	
65	Meditational practices	06-03-2023	Monday	Vd. Hajarnavis
66		07-03-2023	Tuesday	
67	Shatkriya –Nauli, Tratak, Kapalbhathi	08-03-2023	Wednesday	Vd. Hajarnavis
68	History and evaluation of yoga	09-03-2023	Thursday	Vd. Shisode
69	Modern concept of epidemiology	10-03-2023	Friday	Vd. Kale
70	Concept Of holistic health A/C to Ayurveda	11-03-2023	Saturday	Vd. Inamdar
71		12-03-2023	Sunday	
72	History and evaluation of yoga	13-03-2023	Monday	Vd. Hajarnavis
73	Modern concept of epidemiology	14-03-2023	Tuesday	Vd. Shisode
74	Concept Of holistic health A/C to Ayurveda	15-03-2023	Wednesday	Vd. Hajarnavis
75	Concept of community health	16-03-2023	Thursday	Vd. Shisode



76	Spectrum of health, iceberg, phenomenon of diseases	17-03-2023	Friday	Vd. Kale
77	Rajyoga	18-03-2023	Saturday	Vd. Inamdar
78		19-03-2023	Sunday	
79	General investigation of communicable disease	20-03-2023	Monday	Vd. Hajarnavis
80	Dimension of health	21-03-2023	Tuesday	Vd. Shisode
81	Holiday	22-03-2023	Wednesday	
82	Concept of prevention A/C to ayurveda	23-03-2023	Thursday	Vd. Shisode
83	Dincharya (charak, shushrut)	24-03-2023	Friday	Vd. Kale
84	Critical evaluation of janopadodhwansa	25-03-2023	Saturday	Vd. Inamdar
85		26-03-2023	Sunday	
86	Rajyoga	27-03-2023	Monday	Vd. Hajarnavis
87	Concept of prevention A/C to modern	28-03-2023	Tuesday	Vd. Shisode
88	Probable physiologic effect of dincharya procedure	29-03-2023	Wednesday	Vd. Hajarnavis
89	Holiday	30-03-2023	Thursday	
90	Epidemiology of different communicable disease	31-03-2023	Friday	Vd. Kale
April - 2023				
91	Nutrition (Didactic)	01-04-2023	Saturday	Vd. Inamdar
92		02-04-2023	Sunday	
93	Concept of epidemiology (Didactic)	03-04-2023	Monday	Vd. Hajarnavis
94	Holiday	04-04-2023	Tuesday	
95	Host Defence (Didactic)	05-04-2023	Wednesday	Vd. Hajarnavis
96	Concept of Prevention(Didactic)	06-04-2023	Thursday	Vd. Shisode
97	Holiday	07-04-2023	Friday	
98	Introduction to Nisarga Upchar (Didactic)	08-04-2023	Saturday	Vd. Inamdar
99		09-04-2023	Sunday	
100	Dhupan Varti Preparation (Demo)	10-04-2023	Monday	Vd. Hajarnavis
101	Ritu Prevention In various Disease (Didactic)	11-04-2023	Tuesday	Vd. Shisode
102	Clinical Evaluation of janpadodhwansa (Didactic)	12-04-2023	Wednesday	Vd. Hajarnavis
103	Concept of Mithya Ahar In Daily Routine (GD)	13-04-2023	Thursday	Vd. Shisode
104	Holiday	14-04-2023	Friday	
105	Prithavi Mahabhut Chikitsa (Didactic)	15-04-2023	Saturday	Vd. Inamdar
106		16-04-2023	Sunday	
107	Cholera And Its National Programme (Didactic)	17-04-2023	Monday	Vd. Hajarnavis
108	Janpaddhansa Charak Viman 3 (Didactic)	18-04-2023	Tuesday	Vd. Shisode



109	Poshak Ahara Sankalpana (Didactic)	19-04-2023	Wednesday	Vd. Hajarnavis
110	Sankramak Rogas (Didactic)	20-04-2023	Thursday	Vd. Shisode
111	Asanas for spinal disorders (Didactic)	21-04-2023	Friday	Vd. Kale
112	Holiday	22-04-2023	Saturday	
113		23-04-2023	Sunday	
114	Malaria & Its National programme (Didactic)	24-04-2023	Monday	Vd. Hajarnavis
115	Introduction to Communicable disease & Its Ayurvedic view (Didactic)	25-04-2023	Tuesday	Vd. Shisode
116	Aharvarga by different Granthas (Didactic)	26-04-2023	Wednesday	Vd. Hajarnavis
117	Padaabhyang, Shiroabhyanga (Didactic)	27-04-2023	Thursday	Vd. Shisode
118	Manda & Yusha nirmaan (Demo)	28-04-2023	Friday	Vd. Kale
119	WHO (Didactic)	29-04-2023	Saturday	Vd. Inamdar
120		30-04-2023	Sunday	
May - 2023				
121	Holiday	01-05-2023	Monday	
122	Sankramak Rogas (Didactic)	02-05-2023	Tuesday	Vd. Shisode
123	School Health Services (Diadactic)	03-05-2023	Wednesday	Vd. Hajarnavis
124	Statistics Related to Infectious Diseases (Diadactic)	04-05-2023	Thursday	Vd. Shisode
125	Pranayam (Practical)	05-05-2023	Friday	Vd. Kale
126	Immunity (Diadactic)	06-05-2023	Saturday	Vd. Inamdar
127		07-05-2023	Sunday	
128	Demography (Diadactic)	08-05-2023	Monday	Vd. Hajarnavis
129	Disaster management (PBL)	09-05-2023	Tuesday	Vd. Shisode
130	Shatkriya (Diadactic)	10-05-2023	Wednesday	Vd. Hajarnavis
131	Modern Concept of epidemiology (Diadactic)	11-05-2023	Thursday	Vd. Shisode
132	Communicable diseases (Diadactic)	12-05-2023	Friday	Vd. Kale
133	Dimensions of Health (diadactic)	13-05-2023	Saturday	Vd. Inamdar
134		14-05-2023	Sunday	
135	Mudra Practical (Diadactic)	15-05-2023	Monday	Vd. Hajarnavis
136	Ashtang Yog (Diadactic)	16-05-2023	Tuesday	Vd. Shisode
137	Nisargopchar (Diadactic)	17-05-2023	Wednesday	Vd. Hajarnavis
138	STDs (Diadactic)	18-05-2023	Thursday	Vd. Shisode
139	Investigation of Epidemiology (Diadactic)	19-05-2023	Friday	Vd. Kale
140	Rutushodhan (Diadactic)	20-05-2023	Saturday	Vd. Inamdar
141		21-05-2023	Sunday	
142	Nisargopchar (Diadactic)	22-05-2023	Monday	Vd. Hajarnavis
143	Dinacharya (GD)	23-05-2023	Tuesday	Vd. Shisode
144	Rutucharya (GD)	24-05-2023	Wednesday	Vd. Hajarnavis



145	Nidra (GD)	25-05-2023	Thursday	Vd. Shisode
146	Aharvarga (GD)	26-05-2023	Friday	Vd. Kale
147	Philosophy of Patanjali (GD)	27-05-2023	Saturday	Vd. Inamdar
148		28-05-2023	Sunday	
149	Ashtang Yog (GD)	29-05-2023	Monday	Vd. Hajarnavis
150	Ashtau Aahar Vidhi Visheshayatane (GD)	30-05-2023	Tuesday	Vd. Shisode
151	Dvadashashan Pravichar (GD)	31-05-2023	Wednesday	Vd. Hajarnavis
June - 2023				
152	Rutushodhan (GD)	01-06-2023	Thursday	Vd. Shisode
153	Rutucharya (GD)	02-06-2023	Friday	Vd. Kale
154	Ratricharya(GD)	03-06-2023	Saturday	Vd. Inamdar
155		04-06-2023	Sunday	
156	Nidra (GD)	05-06-2023	Monday	Vd. Hajarnavis
157	Communicable diseases (GD)	06-06-2023	Tuesday	Vd. Shisode
158	Non - Communicable diseases (GD)	07-06-2023	Wednesday	Vd. Hajarnavis
159	Nidra (GD)	08-06-2023	Thursday	Vd. Shisode
160	Ahar (GD)	09-06-2023	Friday	Vd. Kale
161	Ashtau Aahar Vidhi Visheshayatane (GD)	10-06-2023	Saturday	Vd. Inamdar
162		11-06-2023	Sunday	
163	Dvadashashan Pravichar (GD)	12-06-2023	Monday	Vd. Hajarnavis
164	Nisargopchar (Diadactic)	13-06-2023	Tuesday	Vd. Shisode
165	Patanjal Yogsutra (GD)	14-06-2023	Wednesday	Vd. Hajarnavis
166	Epidemiology (GD)	15-06-2023	Thursday	Vd. Shisode
167	Modes of disease transmission (GD)	16-06-2023	Friday	Vd. Kale
168	Mudra Bandh (GD)	17-06-2023	Saturday	Vd. Inamdar
169		18-06-2023	Sunday	
170	Levels of disease Prevention (GD)	19-06-2023	Monday	Vd. Hajarnavis
171	Ashtang Yog (GD)	20-06-2023	Tuesday	Vd. Shisode
172	Ashtang Yog (GD)	21-06-2023	Wednesday	Vd. Hajarnavis
173	Biomedical waste Management (GD)	22-06-2023	Thursday	Vd. Shisode
174	Occupational Health (GD)	23-06-2023	Friday	Vd. Kale
175	Panchakarma Agar (GD)	24-06-2023	Saturday	Vd. Inamdar
176		25-06-2023	Sunday	
177	Sutikagar (GD)	26-06-2023	Monday	Vd. Hajarnavis
178	Disinfection (GD)	27-06-2023	Tuesday	Vd. Shisode
179	Hathayog (GD)	28-06-2023	Wednesday	Vd. Hajarnavis
180	Holiday	29-06-2023	Thursday	Vd. Shisode
181	Level of Prevention (GD)	30-06-2023	Friday	Vd. Kale
July - 2023				
182	Dvadashashan Pravichar (GD)	01-07-2023	Saturday	Vd. Inamdar
183		02-07-2023	Sunday	
184	Level of Prevention (GD)	03-07-2023	Monday	Vd. Hajarnavis



185	Janapadodhwansa (GD)	04-07-2023	Tuesday	Vd. Shisode
186	Dinacharya (GD)	05-07-2023	Wednesday	Vd. Hajarnavis
187	Rutucharya (GD)	06-07-2023	Thursday	Vd. Shisode
188	Vaccination (GD)	07-07-2023	Friday	Vd. Kale
189	Ashtang Yog (GD)	08-07-2023	Saturday	Vd. Inamdar
190		09-07-2023	Sunday	
191	Saptang Yog (GD)	10-07-2023	Monday	Vd. Hajarnavis
192	RCH Program (GD)	11-07-2023	Tuesday	Vd. Shisode
193	Shatkarma (GD)	12-07-2023	Wednesday	Vd. Hajarnavis
194	Nutrition (GD)	13-07-2023	Thursday	Vd. Shisode
195	Host Defense (GD)	14-07-2023	Friday	Vd. Kale
196	Stages of intervention (GD)	15-07-2023	Saturday	Vd. Inamdar
197		16-07-2023	Sunday	
198	Genetics in Ayurveda (GD)	17-07-2023	Monday	Vd. Hajarnavis
199	Concept of community health	18-07-2023	Tuesday	Vd. Shisode
200	Spectrum of health, iceberg, phenomenon of diseases	19-07-2023	Wednesday	Vd. Hajarnavis
201	Communicable diseases	20-07-2023	Thursday	Vd. Shisode
202	Different schools of yoga	21-07-2023	Friday	Vd. Kale
203	General investigation of communicable disease	22-07-2023	Saturday	Vd. Inamdar
204		23-07-2023	Sunday	
205	Dimension of health	24-07-2023	Monday	Vd. Hajarnavis
206	Meditational practices	25-07-2023	Tuesday	Vd. Shisode
207	Vital statistics	26-07-2023	Wednesday	Vd. Hajarnavis
208	Ritucharya shodhan	27-07-2023	Thursday	Vd. Shisode
209	Rutucharya	28-07-2023	Friday	Vd. Kale
210	Holiday	29-07-2023	Saturday	
211		30-07-2023	Sunday	
212	Yog in ayurved-concept of Moksha	31-07-2023	Monday	Vd. Hajarnavis
August - 2023				
213	Diet A/C ayurveda	01-08-2023	Tuesday	Vd. Shisode
214	Staple diet in various countries	02-08-2023	Wednesday	Vd. Hajarnavis
215	Contribution of Ayurveda to national health programme	03-08-2023	Thursday	Vd. Shisode
216	Mantrayog	04-08-2023	Friday	Vd. Kale
217	Health administration under ministry of health & food	05-08-2023	Saturday	Vd. Inamdar
218		06-08-2023	Sunday	
219	Principles of dietetics	07-08-2023	Monday	Vd. Hajarnavis
220	Natural history of diseases	08-08-2023	Tuesday	Vd. Shisode
221	Balanced diet for healthy adult	09-08-2023	Wednesday	Vd. Hajarnavis
222	Disaster management	10-08-2023	Thursday	Vd. Shisode



223	Layayog	11-08-2023	Friday	Vd. Kale
224	AYUSH function and programmes	12-08-2023	Saturday	Vd. Inamdar
225		13-08-2023	Sunday	
226	Balanced diet for adolescent ,elderly people	14-08-2023	Monday	Vd. Hajarnavis
227	Holiday	15-08-2023	Tuesday	
228	Holiday	16-08-2023	Wednesday	
229	Ayurvedic view of sankramak rog	17-08-2023	Thursday	Vd. Shisode
230	Philosophy of patanjali A/C to yog sutra	18-08-2023	Friday	Vd. Kale
231	Investigation of epidemics	19-08-2023	Saturday	Vd. Inamdar
232		20-08-2023	Sunday	
233	Ritu prevalent in various countries	21-08-2023	Monday	Vd. Hajarnavis
234	Immunization practices for community	22-08-2023	Tuesday	Vd. Shisode
235	Pros and cons of vegetarian	23-08-2023	Wednesday	Vd. Hajarnavis
236	Physiological effects on body on yoga	24-08-2023	Thursday	Vd. Shisode
237	Disaster management	25-08-2023	Friday	Vd. Kale
238	Pros and cons of Non-vegetarian	26-08-2023	Saturday	Vd. Inamdar
239		27-08-2023	Sunday	
240	Possible contribution of Ayurveda in immunization	28-08-2023	Monday	Vd. Hajarnavis
241	Saptang yoga	29-08-2023	Tuesday	Vd. Shisode
242	Sexually transmitted disease & control	30-08-2023	Wednesday	Vd. Hajarnavis
243	Rutucharya (Charak, Shushrut)	31-08-2023	Thursday	Vd. Shisode
September - 2023				
244	Ashtang yoga	01-09-2023	Friday	Vd. Kale
245	Aasan-swastikasan	02-09-2023	Saturday	Vd. Inamdar
246		03-09-2023	Sunday	
247	Ratricharya (Bhavmishra & others)	04-09-2023	Monday	Vd. Hajarnavis
248	Web of causation of diseases	05-09-2023	Tuesday	Vd. Shisode
249	Ritu prevalent in various countries	06-09-2023	Wednesday	Vd. Hajarnavis
250	Ayurvedic methods of vyadhikshmatva	07-09-2023	Thursday	Vd. Shisode
251	Hathyoga – Gheranda samhita	08-09-2023	Friday	Vd. Kale
252	Health advise to travellers	09-09-2023	Saturday	Vd. Inamdar
253		10-09-2023	Sunday	
254	Shodhan schedule for ritusandhi	11-09-2023	Monday	Vd. Hajarnavis
255	Virrudhahar	12-09-2023	Tuesday	Vd. Shisode
256	Physiological effects of yoga on mind	13-09-2023	Wednesday	Vd. Hajarnavis
257	Aasan –Gomukhasan	14-09-2023	Thursday	Vd. Shisode
258	Virrudhahar (mod.view)	15-09-2023	Friday	Vd. Kale
259	Environmental and community health (Bhumi)	16-09-2023	Saturday	Vd. Inamdar
260		17-09-2023	Sunday	
261	Sadvritta (charak)	18-09-2023	Monday	Vd. Hajarnavis



262	Holiday	19-09-2023	Tuesday	
263	Shatkriya	20-09-2023	Wednesday	Vd. Hajarnavis
264	Aasan-bhadrasan,sinhasan	21-09-2023	Thursday	Vd. Shisode
265	Pradnyaparadh (causes)	22-09-2023	Friday	Vd. Kale
266	Environmental and community health(vayu)	23-09-2023	Saturday	Vd. Inamdar
267		24-09-2023	Sunday	
268	Vital statistics	25-09-2023	Monday	Vd. Hajarnavis
269	Natural history of disease	26-09-2023	Tuesday	Vd. Shisode
270	Aahar vargas & comparision with today's food	27-09-2023	Wednesday	Vd. Hajarnavis
271	Holiday	28-09-2023	Thursday	
272	Biomedical waste management	29-09-2023	Friday	Vd. Kale
273	National health programme	30-09-2023	Saturday	Vd. Inamdar
October - 2023				
274		01-10-2023	Sunday	
275	Staple diet in various countries	02-10-2023	Monday	Vd. Hajarnavis
276	Multifactorial causation of diseases	03-10-2023	Tuesday	Vd. Shisode
277	Concept of vegas, types, & physiology	04-10-2023	Wednesday	Vd. Hajarnavis
278	Hospital waste management	05-10-2023	Thursday	Vd. Shisode
279	Hathyoga –Gheranda samhita	06-10-2023	Friday	Vd. Kale
280	Ward waste management	07-10-2023	Saturday	Vd. Inamdar
281		08-10-2023	Sunday	
282	Aahar (charak, shushrut, vagbhat)	09-10-2023	Monday	Vd. Hajarnavis
283	Disinfection practices for the community(Ayurved)	10-10-2023	Tuesday	Vd. Shisode
284	National health agencies	11-10-2023	Wednesday	Vd. Hajarnavis
285	Nisrgopchar	12-10-2023	Thursday	Vd. Shisode
286	National health agencies	13-10-2023	Friday	Vd. Kale
287	Yog and ayurved	14-10-2023	Saturday	Vd. Inamdar
288		15-10-2023	Sunday	
289	Disinfection practices for community	16-10-2023	Monday	Vd. Hajarnavis
290	Immunization practices for community	17-10-2023	Tuesday	Vd. Shisode
291	Pros and cones of vegetarian	18-10-2023	Wednesday	Vd. Hajarnavis
292	Physiological effects on body on yoga	19-10-2023	Thursday	Vd. Shisode
293	Disaster management	20-10-2023	Friday	Vd. Kale
294	Pros and cones of Non-vegetarian	21-10-2023	Saturday	Vd. Inamdar
295		22-10-2023	Sunday	
296	At international level statistics of infectious diseases	23-10-2023	Monday	Vd. Hajarnavis
297		24-10-2023	Holiday	
298	Shatkriya	25-10-2023	Wednesday	Vd. Hajarnavis
299	Aasan-bhadrasan,sinhasan	26-10-2023	Thursday	Vd. Shisode



300	Pradnyaparadh (causes)	27-10-2023	Friday	Vd. Kale
301	Environmental and community health(vayu)	28-10-2023	Saturday	Vd. Inamdar
302		29-10-2023	Sunday	
303	Vital statistics	30-10-2023	Monday	Vd. Hajarnavis
304	Disaster management	31-10-2023	Tuesday	Vd. Shisode
November - 2023				
305	Disease surveillance	01-11-2023	Wednesday	Vd. Hajarnavis
306	Apdravya malnirharan	02-11-2023	Thursday	Vd. Shisode
307	National health policy	03-11-2023	Friday	Vd. Kale
308	Satyabuddhi	04-11-2023	Saturday	Vd. Inamdar
309		05-11-2023	Sunday	
310	Moksha marga	06-11-2023	Monday	Vd. Hajarnavis
311	Revision Trayopsthambha- Aahar	07-11-2023	Tuesday	Vd. Shisode
312	Revision Therapeutic effects of yogic practices on HTN	08-11-2023	Wednesday	Vd. Hajarnavis
313	Revision Trayopsthambha-Nidra	09-11-2023	Thursday	Vd. Shisode
314	Revision Vajeekar for swastha	10-11-2023	Friday	Vd. Kale
315	Revision Environmental and community health(Vikiran)	11-11-2023	Saturday	Vd. Inamdar
316		12-11-2023	Sunday	
317	Revision Aadharaniya veg	13-11-2023	Monday	Vd. Hajarnavis
318		14-11-2023	Holiday	
319	Revision host defences	15-11-2023	Wednesday	Vd. Hajarnavis
320	Revision Vyadhikshmatva –modern concept	16-11-2023	Thursday	Vd. Shisode
321	Revision Sewage disposal	17-11-2023	Friday	Vd. Kale
322	Revision Ritucharya –Hemant ritu	18-11-2023	Saturday	Vd. Inamdar
323		19-11-2023	Sunday	
324	Revision Investigation of epidemic	20-11-2023	Monday	Vd. Hajarnavis
325	Revision Control of epidemics	21-11-2023	Tuesday	Vd. Shisode
326	Revision Concept of sthula sharir	22-11-2023	Wednesday	Vd. Hajarnavis
327	Revision Ishta aahar	23-11-2023	Thursday	Vd. Shisode
328	Revision Ritucharya –vasant-grishma ritu	24-11-2023	Friday	Vd. Kale
329	Revision Disinfection practices for community	25-11-2023	Saturday	Vd. Inamdar
330		26-11-2023	Sunday	
331		27-11-2023	Holiday	
332	Revision Isolation ward in hospitals	28-11-2023	Tuesday	Vd. Shisode
333	Revision Meteorology	29-11-2023	Wednesday	Vd. Hajarnavis
334	Revision Preservation of food	30-11-2023	Thursday	Vd. Shisode
December - 2023				
335	Revision STD control (ayu view)	01-12-2023	Friday	Vd. Hajarnavis



336	Revision Genetics in Ayurveda	02-12-2023	Saturday	Vd. Shisode
337		03-12-2023	Sunday	
338	Revision AIDS	04-12-2023	Monday	Vd. Hajarnavis
339	Revision Modes of disease transmission	05-12-2023	Tuesday	Vd. Shisode
340	Revision Poshanache samajik parinama	06-12-2023	Wednesday	Vd. Hajarnavis
341	Revision Apadravya malnirharana	07-12-2023	Thursday	Vd. Shisode
342	Revision Effect of alcohol on body	08-12-2023	Friday	Vd. Kale
343	Revision Moksha Paribhasha & Mokshache marge	09-12-2023	Saturday	Vd. Inamdar
344		10-12-2023	Sunday	
345	Revision Shavavinash vividha paddhati	11-12-2023	Monday	Vd. Hajarnavis
346	Revision Janpadodhwansa	12-12-2023	Tuesday	Vd. Shisode
347	Revision Ritunusar shodhan	13-12-2023	Wednesday	Vd. Hajarnavis
348	Revision Vasant ritucharya	14-12-2023	Thursday	Vd. Shisode
349	Revision Vyadhikshmatva	15-12-2023	Friday	Vd. Kale
350	Revision National health policy	16-12-2023	Saturday	Vd. Inamdar
351		17-12-2023	Sunday	
352	Revision RCH Programmes	18-12-2023	Monday	Vd. Hajarnavis
353	Revision Disinfection practices for the community(Ayurved)	19-12-2023	Tuesday	Vd. Shisode
354	Revision National health agencies	20-12-2023	Wednesday	Vd. Hajarnavis
355	Revision Nisrgopchar	21-12-2023	Thursday	Vd. Shisode
356	Revision National health agencies	22-12-2023	Friday	Vd. Kale
357	Revision Yog and ayurved	23-12-2023	Saturday	Vd. Inamdar
358		24-12-2023	Sunday	
359		25-12-2023	Holiday	
360	Revision Concept of genomics	26-12-2023	Tuesday	Vd. Shisode
361	Revision Medical entomology	27-12-2023	Wednesday	Vd. Hajarnavis
362	Revision National programmes	28-12-2023	Thursday	Vd. Shisode
363	Revision yoga	29-12-2023	Friday	Vd. Kale
364	Revision Naturopathy	30-12-2023	Saturday	Vd. Inamdar
365		31-12-2023	Sunday	



Inglau
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