

### 6.5.3 Report of the Workshop, Seminars and Orientation program

Date	Report of the Workshop, Seminars and orientation program
29/01/17	National seminar on Hridrog ( Concept to clinical practices)
10/02/17	Aushadhi – vanaspati samvardhan va lagvad karyashala
04/08/17	Survani- Ayurvedartham
28-29/10/17	Updated Sangyahan 2017
10/12/17	CPR workshop
20/12/17	Recent advance in medical specialties
24/12/17	Ayurvedic management of Manas Roga
4/03/18	Bhashyakar
27/09/18	Seminar on update in clinical practice
2/11/18	Workshop on diagnostic measures and local treatment methodologies in shalakyatantra
16/12/18	CPR workshop
21/12/18	Recent advance in medical specialties
13/01/19	National seminar on joint disorders
22-23/09/19	National seminar on lifestyle disorders
29/12/19	update shalakyatantra
3/02/20	National seminar on Ayurvedic management of skin disorders
14/02/21	National seminar on Ayurvedic management of infertility
1/08/21	CPR workshop
19/01/22	Recent advance in medical specialties
30/01/22	National seminar on Ayurvedic management of respiratory disorders
14/10/22	Recent advance in medical specialties
16/10/22	CPR workshop



  
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## Reports of the Workshop , Seminars and Orientation program 2023

	Reports of the Workshop ,Seminars and Orientation program 2023
January 4, 2023	NATIONAL SEMINAR ON PHARMACOVIGILANCE & ADR IN AYURVEDA
January 21, 2023	Recent Advances In Oncology
January 22, 2023	National Seminar On The Ayurvedic Management Of Liver Disorders (Yakrut Vikar)
February 25, 2023	European Academy Of Ayurveda 2023
March 25, 2023	Sensitization Programme On Ayurveda Aahara
May 25, 2023	National Seminar On Diagnostica – Revolution In Health Care
June 23, 2023	Jana Apla Ayurved” – Exhibition For Awareness Of Ayurved
August 12, 2023	National Seminar On Dravyaguna





August 25, 2023	नमामिचरकम्! (Namami Charakam!) 2023
August 27, 2023	National Seminar On Principles To Practices Of Ayurvedic Pharmaceutics
August 29, 2023	सुरवाणी (Suravaani) 2023
October 9, 2023	Advanced Research Methodology Course
October 10, 2023	Nirmitee 2023 (National Workshop On Rachana Sharir)
October 17, 2023	"OJAS 2023" Workshop On Ayurvedic Cosmetics
October 22, 2023	Workshop On Agnikarma
October 28, 2023	Prana-Setu National Workshop On Pediatric Respiratory Disorder
November 4, 2023	"AYURLAVNYA" Ayurvediya Saundaryaprasadhana Nirmana Karyashala
December 9, 2023	SRUJANA -National Seminar On Prevention & Management Of Disorders In Pregnancy.



09/01/2023

## REPORT OF NATIONAL SEMINAR ON PHARMACOVIGILANCE & ADR IN AYURVEDA

National Seminar on Pharmacovigilance & ADR in Ayurveda was organized by Peripheral Pharmacovigilance Centre, Tilak Ayurved Mahavidyalaya, under Ministry of AYUSH, New Delhi, on Wednesday 4<sup>th</sup> January 2023, from 2 pm to 5pm via Offline & Online modes (Zoom App & Facebook Live)

Total 445 registrations were made via Google forms. Out of which 111 participants were present Offline & 96 participants joined via Zoom. Practitioners, Teaching Faculty, Nursing staff, MD Scholars, Coordinators & Programme Assistants from various PPvCs, IPvCs, and Faculty from various Ayurveda Colleges attended this Seminar.

Seminar started with blessings of Lord Dhanvantari. Stavan recited by Dr. Devashish Umbrajkar, 1<sup>st</sup> year M.D. Scholar, Dravyaguna Dept, Tilak Ayurved Mahavidyalay Pune.

Dr Apoorva Sangoram told the preamble of the Seminar. She explained the work undertaken by PPvC centre at Tilak Ayurved Mahavidyalay, which has started from November 2019 was explained. Objective of the Seminar was explained in detail.

The inauguration of the Seminar was done at the hands of Dr. D. P. Puranik, Presodent of Rashtriya Shikshan Mandal, Patron of AIMS of India & Director, C.P.G.S. & R.A. of Tilak Ayurved Mahavidyalaya, Pune and in presence of Dr. S. V. Deshpande, Principal Tilak Ayurved Mahavidyalaya, Pune. Dr. Indira Ujagare, Dr. Mihir Hajarnavis, Vice Principal Tilak Ayurved Mahavidyalaya, Pune. Dr. Deshpande gave welcome address & highlighted the importance of Pharmacovigilance. Dr. D.P. Puranik Sir gave his Presidential speech to the students, where he highlighted importance of ADR reporting in the field of Ayurveda.

After Inauguration ceremony, scientific sessions began. The 1<sup>st</sup> session was conducted by Dr. Asmita Jadhav, Asst. Professor. Dravyaguna Dept. T.A.M.V. Pune. PPvC Coordinator & HOD Dravyaguna Department **Prof. Dr. Apoorva Sangoram Madam** gave 1<sup>st</sup> lecture on '**Ayurvedic aspect of Pharmacovigilance & ADR**'. Madam explained the Ayurvedic perspective of Pharmacovigilance & ADR in terms of Bshhaj Chatushka i.e Vaidya, Dravya, Paricharak & Rugna. Also she elaborated the interactions of Herb, Food & Drugs with each other with suitable examples. She also informed the reporting system of ADR in detail.

2<sup>nd</sup> session was conducted by Dr. Pradnya Gathe, Asso. Professor, Dravyaguna Dept. T.A.M.V. Pune. **Mr. Dinesh Khinvasara**, Asst. Commissioner FDA Pune delivered the second lecture on '**Misleading Advertisements- Problems & Solutions**'. It has become a big challenge in front Drug Controllers. Sir underlined all the specifications mentioned in Drug & Magic remedies Act. He explained all the sections such as Section 3 & 4 is for Drugs, Section 2 (6) is for Magic drugs, Section 5 for Magic remedies, Section 8 for powers of entry , search etc. Conditions for exemption





were explained in detail. Also recent problems faced due to fake advertisements was thoroughly explained. How we can try to solve this problem, how to sensitize people regarding fake advertisements etc was discussed in the lecture.

3<sup>rd</sup> session was conducted by Dr. Sneha Kulkarni, Asso. Professor. Dravyaguna Dept. T.A.M.V. Pune. 3<sup>rd</sup> lecture was given by **Prof. Dr. Manasi Deshpande**, H.O.D. & Coordinator PPvC, B.V.D.U. College of Ayurved Pune on the topic, '**Adverse Drug Reactions- Case Studies**' Madam explained the meaning of ADR in detail. Why it is extremely important to report the ADRs found in Ayurveda was highlighted. Also she gave details about the cases recorded at their PPvC centre, 4 case studies with all the details, how they should be recorded, and importance of recording the ADRS, collection of DATA, Causality Assessment was explained very well.

At the end Dr. Sangoram, Professor Dravyaguna Department, Tilak Ayurved Mahavidyalaya proposed vote of thanks. The Programme was co-ordinated by Dr. Vaibhavi Sabne, Programme Assistant at PPvC Tilak Ayurved Mahavidyalaya. Technical support was given by, Pharmacovigilance Committee at Tilak Ayurved Mahavidyalaya, All Post graduate Scholars Dr. Devashish Umbrajkar, Dr. Sneha Patil, Dr. Vrushali Kale, Dr. Mahesh Tambe, Dr. Priyanka Thule, Dr. Vaishnavi Talokar, Dr. Sujata Khadase, Dr. Shriya Deo at Dravyaguna Dept. helped in smooth conduction of the programme.

The programme was conducted successfully due to complete support & guidance from Dr. D.P. Puranik Sir, President of R.S.M Pune & Dr. S.V. Deshpande Sir, Principal Tilak Ayurved Mahavidyalaya Pune.



  
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## REPORT OF SEMINAR ON UPDATE ON RECENT ADVANCES IN ONCOLOGY

**Dr. Manjiri Deshpande. Professor, Dept. of Rognidan, T.A.M.V., Pune.**

**Dr. Darshana Ubhale, Assit. Professor, Dept. of Rognidan, T.A.M.V.**

C.P.G.S & R.A.(Centre for Post Graduate Studies & Research in Ayurveda) of Tilak Ayurved Mahavidyalaya, Pune and The Association of Integrated Medical Specialists of India had jointly organized Seminar on **RECENT ADVANCES IN ONCOLOGY** on 21<sup>st</sup> of January 2023 at 10 am At N.IM.A. Auditorium of Tilak Ayurved Mahavidyalaya.

The seminar commenced with blessings of Lord Dhanwantari by Poojan and Recitation of Dhanwantari Stawan.

A small inauguration began in the presence of following dignitaries on the dais; Dr. S.V. Deshpande Principal of TAMV & President of AIMS, Dr. V.N.Shendye, Immediate Past President of AIMS, , Dr. Manjiri Deshpande Secretary AIMS & Program Director , Dr Darshana Ubhale Program coordinator & Member of AIMS and Dr. Mihir Hajarnavis, Member AIMS,.

Program coordinator, Welcomed all the dignitaries and participants in the seminar. Dr. Manjiri Deshpande Secretary AIMS & Program Director briefly informed about Seminar on Recent Advances in Oncology and gave Secretarial Welcome on Behalf of the Association of Integrated Medical Specialists of India.

Dr. S.V. Deshpande, President of Association of Integrated Medical Specialists of India briefed progression of AIMS over the past years and other active workshops, seminars & programs organized every year by AIMS.

Lecture seminar began with felicitation of Dr. Pratik Patil at the hands of Dr. S.V. Deshpande.

**This seminar covered lectures on: -**

**1. Newer Advances in Oncology by- Dr. Pratik Patil, MBBS MD (Internal Medicine) Dr. NB (Medical Oncology)**

**2. Role of Radiation Therapy in Oncology by –Dr. Neeraj Dhingra, MBBS, Dr.NB (Radiation Oncology)**

In this seminar, 170 Participants participated including UG students, PG students, Ph.D. scholars, Teachers, from Tilak Ayurved Mahavidyalaya and from different colleges and parts of Pune.

Program Coordinator Dr. Darshana Ubhale introduced all the faculties to the participants; Dr. Pratik Patil covered major topics related to Medical Oncology and Investigations. Deliberate use of different Endoscopic Procedures such as gastroscopy, Enteroscopy, endoscopic ultrasound (EUS), Endoscopic Retrograde Cholangiopancreatography (ERCP), colonoscopy, and Sigmoidoscopy etc.



Dr. Doiphode given an impactful presentation on these topics, the A-V clips in the presentation made easy to understand the depth of the subject to everyone.

Second Lecture was taken by Dr. Vinay Kulkarni. He shared his words on Common skin diseases in general practices, he spoke on the subject by giving some practical examples and used some hilarious ways which kept the enthusiasm in the lecture till the end of the lecture.

Certificates were distributed to all the participants at the end of the program. Participants enjoyed Tea and cakes at the end of the program,

The seminar was successful. All the participants were happy and satisfied with the lectures, theme of the seminar and time management.

Formal vote of thanks was proposed by Dr. Kalyani Bhat.



## Report of European Academy of Ayurveda 2023

The Rashtriya shikshan Mandal's Tilak Ayurved Mahavidyalaya, Pune had organized a seminar on ' Food as medicine- Ayurvedic nutrition and herbal therapy' for students of European Academy of Ayurved. A group of 18 students from the Academy headed by Christine Rosenberg were present for the course from 25/2/2023 to 3/03/2023.

Program director / patron : Hon Dr D. P. Puranik (President RSM Pune)

Advisor : Hon. Dr Sadanand Deshpande (Principal, Tilak Ayurved Mahavidyalaya, Pune)

Coordinator: Hon Dr Mihir Hajarnavis (Vice Principal, Tilak Ayurved Mahavidyalaya, Pune)

Resource persons: Teaching faculty members of Tilak Ayurved Mahavidyalaya, Pune.

The Inauguration function was held at the onset of the programme for the introduction of students to the faculty members and a brief outline of the seminar was given to the students.

### Day 1

Diet cases and recipes in digestive disorders was conducted by Dr. Yoginee Patil. A demonstration and practical training of Dietary recipes in digestive disorders was conducted by Dr. Ashvini Bodade and Dr Yoginee Patil.

Diet cases and recipes in cardiovascular disorders was conducted by Dr Anand Barve. A demonstration and practical training of Dietary recipes in cardiovascular disorders was conducted by Dr. Indira Ujagare and Dr. Anand Barve

### Day 2

Diet cases and recipes in neurological disorders was conducted by Dr Mihir Hajarnavis. A demonstration and practical training of Dietary recipes in neurological disorders was conducted by Dr Maithili Naik and Dr Mihir Hajarnavis

Diet cases and recipes in child health was conducted by Dr Asmita Jadhav. A demonstration and practical training of Dietary recipes in child health was conducted by Dr Sneha Kulkarni and Dr Asmita Jadhav

### Day: 3

A study tour to Ayurved Rasashala, Karve road Pune was organized. Dr. Indira Ujagare and Dr Apoorva Sangoram accompanied the students and gave them information about the products of Ayurved Rasashala.

Diet cases and recipes in obesity was conducted by Dr. Asmita Jadhav.

A demonstration and practical training of Dietary recipes in child health was conducted by Dr Sneha Kulkarni and Dr Asmita Jadhav

Gunas of Aharavarga

Part 1

Gunas of Aharavarga

Part 2

These were held and conducted by the department of Dravyaguna under Dr Apoorva Sangoram.

### Day 4

Diet cases and recipes in diabetes mellitus was conducted by Dr Sadanand Deshpande

A demonstration and practical training of Dietary recipes in diabetes mellitus was conducted by Dr Sangeeta Sawant and Dr Sadanand Deshpande





Diet cases and recipes in maternal health was conducted by Dr Rucha Ganu,  
A demonstration and practical training of Dietary recipes in maternal health was conducted by Dr Sayali Kulkarni and Dr Rucha Ganu

**Day 5**

Diet cases and recipes in geriatric diseases was conducted by Dr Manjiri Deshpande  
A demonstration and practical training of Dietary recipes in geriatric was conducted by Dr Darshana Ubhale and Dr Manjiri Deshpande

Diet cases and recipes in mental health was conducted by Dr Sneha Kulkarni,  
A demonstration and practical training of Dietary recipes in maternal health was conducted by Dr Sneha Kulkarni and Dr Yoginee Patil.

**Day 6**

Visit to Sheth Tarachand Ramnath Charitable Ayurvedic Hospital, Pune was organized and Dr Kalyani Bhat Deputy Superintendent of the hospital explained about the functioning and treatment modalities available at the hospital.

Field a visit to the medicine the garden of TAMV was organized by the Dravyaguna Department of Tilak Ayurved Mahavidyalaya, Pune under the guidance of Dr. Apoorva Sangoram where the students got a glimpse of the wealth of medicinal plants availability in India.

Diet cases and recipes in allgery and skin diseases was conducted by Dr Mihir Hajarnavis  
A demonstration and practical training of Dietary recipes in allgery and skin diseases was conducted by Dr. Saroj Patil and Dr.. Mihir Hajarnavis

**Day 7**

Diet cases and recipes in allgery and skin diseases was conducted by Dr Anjali Damle

A demonstration and practical training of Dietary recipes in allgery and skin diseases was conducted by Dr. Pradnya Gathe and Dr. Anjali Damle

The programme concluded with Validatory function . The students gave enthusiastic feedbacks about the excellent organization of the sessions over the course of 7 days.



## 'Report of the programme on Ayurveda Aahara'

A one day sensitization programme on Ayurved Aahara was jointly organised by Rashtriya Ayurved Vidyapeeth , New Delhi and Tilak Ayurved Mahavidyalaya,Pune on Saturday 25<sup>th</sup> March 2023 at NIMA Auditorium of Tilak Ayurved Mahavidyalaya,Pune.

The objective of the programme was to provide the knowledge of Ayurved Aahar including regulatory aspect, its role in healthy lifestyle and ways to incorporate Ayurved Aahar in day to day life. Also to promote the good quality food products and enhance the entrepreneurship possibilities in this sector.

Total 129 participants from all over Maharashtra have been participated in the programme.

The programme was inaugurated at the hands of Dr. V.V.Doiphode, Rashtriya Guru from RAV, Principal Dr. Sadanand Deshpande, RAV co-ordinator, Dr. Poonam Bajpayee were also present on the dias.

Dr. Sadanand Deshpande gave the welcome address. Dr.Poonam Bajpayee, RAV co-ordinator explained about the background of the programme. Dr.Doiphode in his address told regarding the functioning of RAV. Dr.Manjiri Deshpande proposed vote of thanks. The programme was co-ordinated by Dr. Apoorva Sangoram and Dr. Manjiri Deshpande.

After inauguration programme, first lecture was taken by Dr.Mihir Hajarnavis , professor & HOD of Swasthavritta Department on FSSR-2022 for Ayurveda Aahara. The second lecture was delivered by Prof.Dr.Charu Bansal on Entrepreneurships as a career option in Ayurveda Aahara. Both the lecture were elaborative and explained in good interactive manner. The certificates of participation were distributed in the valedictory function. The programme ended with National Anthem.

The entire programme was co-ordinated by Dr. Apoorva Sangoram and Dr. Manjiri Deshpande under the guidance of Principal Dr. Sadanand Deshpande.



  
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**National Seminar on Diagnostica – Revolution in Health Care on 25<sup>th</sup> & 26<sup>th</sup>  
May 2023**

Dr. Sadanand V. Deshpande Organizing Chairman, Principal TAMV Pune.	Dr. Manjiri Deshpande. Organizing Secretary, Professor, Dept. of Rognidan Vice President Academy of Rognidan,
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On occasion of Centenary year of Rashtriya Shikshan Mandal, National Conference on Diagnostica Revolution In Health Care Was jointly Organized by Rashtriya Shikshan Mandal's Center For Post Graduated Studies & Research in Ayurved of Tilak Ayurved Mahavidyalaya, Pune and Academy of Rognidan (All India Association Of Rognidan Experts) on Thursday And Friday 25<sup>th</sup> & 26<sup>th</sup> May 2023 of Tilak Ayurved Mahavidyalaya, Rasta Peth Pune 411011 & M.E.S Auditorium, 131, Mayur Colony, Bal Shikshan Mandir Campus, Kothrud, Pune-411038, respectively. Total 356 delegates participated for the conference. On 25<sup>th</sup> may, 160 delegates presented their scientific papers and 59 delegates presented their posters in Tilak Ayurved Mahavidyalaya in eight classrooms and library. These sessions were Hosted by Dr. Aishwarya Ranade, Dr. Vidya Naik, Dr. Darshana Ubhale.

On 26<sup>th</sup> may 2023, The National Conference was inaugurated at the hands of Honorable chief Guest – Dr. Mukul Patel, Vice Chancellor, Gujarat Ayurved University, and Guests of Honor – Dr. Rakesh Sharma, Chairman, BoER, NCISM & Dr. Lt. Gen Madhuri kanitkar, Vice-Chancellor, Maharashtra University of Health Sciences, Nashik (Through online platform), Dr. Atul Varshney, Member, BoA, NCISM And secretary of Academy of Rognidan, Dr. Pawankumar Godatwar, Chairman of Academy of Rognidan, Dr. B. K. Bhagwat & Dr. Rajendra Huparikar, Vice president & Secretary of Rashtriya Shikshan Mandal, Dr. Sadanand Deshpande Principal, Tilak Ayurved Mahavidyalaya, Dr. Sunil Pandhare HOD Rognidan and Dr. Manjiri Deshpande. Mr. Shripad Wadodkar sang Dhanwantari stavan in his melodious voice. Hon'ble Dr. S.V. Deshpande Principal TAMV, Pune welcomed all the delegates & guests.

Dr. Manjiri Deshpande, organizing secretary, introduced the concept behind the conference & congratulated all delegates for giving overwhelming response for the conference. Dr. Priyadarshan Jogalekar hosted the whole proceedings.

Chief Guest – Dr. Mukul Patel Congratulated Organizers for organizing National Conference on Diagnostica Revolution in Health Care, Hon'ble Madhuri Kanitkar joined through Zoom online Platform and addressed the need of integrated research in the field of health Science. Publication of the souvenir ' Diagnostica- Integrated Approach to Health Cre' was published at the hands of Dr. Mukul patel and the dignitaries on the dais. Dr. Rakesh Sharma addressed the need of published research evidences with integrated approach for the legal aspects. Best Paper, Best Paper Presentation and Best Poster awards were distributed to the winners.

Dr. Pawankumar Godatwar declared Prof. Dr. M. S. Baghel Memorial National Award for Best Thesis/ Dissertation in Roga Nidana for the year 2021-22 from Academy of Rognidan. Dr. Anindita Goswami from Kolkata, Dr. Awanish Jaiswal from BHU, Varanasi and Dr. Purti Vora from from DY Patil college Pune received first, second and third rank respectively. They were felicitated at the hands of Mrs. Mridu Madhav Baghel.

In his Presidential address, Dr. Dilip P Puranik, President of R.S.M, Pune, mentioned the importance of research to upgrade the knowledge with recent advances in the diagnostics with their effective use.





The Inaugural function was concluded by formal vote of thanks by Dr. Sunil Pandhare.

Following the inaugural function, scientific session & panel discussion on various fields of Diagnostics were conducted.

Dr. Hrishita Dahilekar, Dr. Hemen Kalita discussed the Ayurvedic perspective cytopathology in Breast Cancer and pap smear.

In the key note address, Dr. Sevanti Limaye Medical Director, Oncologist from H. N. Reliance hospital discussed the role of Precision diagnostics in Cancer Care.

Dr. Gopakumar spoke on Ayurvedic Diagnosis and Laboratory Investigations- A clinicians View.

Dr. Narendra Pendse discussed Scope & limitations of investigations in Ayurvedic practice.

Dr. Harish Patankar discussed Evidence based Ayurveda and Diagnostic value addition through Technology in the field of Keshayurved.

Dr. Sanjay Desai enlightened the Recent Advances in Radio-Imaging techniques.

In the Panel discussion Dr. Suhas Erande, Dr. Amit Shirke, Dr. Pankaj Vanjarkhedkar, Dr. Chandrahas Godbole, Dr. Pawankumar Godatwar had a fruitful discussion on the recent advances in Diabetology, Pathology, Oncology and Ayurved Diagnosis with modern diagnostics and effective treatment.

National Conference concluded with valedictory function, Dr. Aishwarya Ranade & Dr. Darshana Ubhale hosted this function. All the organizing committee members, all the sponsors who made the conference financially strong were felicitated at the hands of Dr. Pawankumar Godatwar, Dr. Atul Varshney Dr. Sadanand Deshpande. Dr. Jai Kini expressed formal vote of thanks. The conference was concluded with National Anthem.



टिळक आयुर्वेद महाविद्यालयाच्या 'जाणा आपला आयुर्वेद' प्रदर्शन सर्वांसाठी खुले.

टिळक आयुर्वेद महाविद्यालयाच्या ९० व्या वर्धापनदिनानिमित्त 'जाणा आपला आयुर्वेद' हे आयुर्वेदाची सर्वांगाने ओळख करुन देणारे प्रदर्शन आयोजित करण्यात आले आहे. या निमित्त आयोजित उदघाटन कार्यक्रमात डॉ.प्रदीपकुमार प्रजापती - कुलगुरु, डॉ.सर्वपल्ली राधाकृष्णन आयुर्वेद विद्यापीठ, जोधपूर यांच्या हस्ते शुक्रवार दि.२३.०६.२०२३ रोजी आयुर्वेद महाविद्यालयाच्या प्रांगणात करण्यात आले.

महाविद्यालयाच्या संशोधनात्मक व सर्वांगीण प्रगतीचा लेखा-जोखा घेताना महाविद्यालयाने केलेल्या अभूतपूर्व प्रगतीबद्दल समाधान व्यक्त करताना 'टिळक आयुर्वेद महाविद्यालय हे इंटिग्रेशनचा पुरस्कर्ता असल्याचे' सांगितले. महाविद्यालयातील १४ विभागांनी जनतेला आयुर्वेदची ओळख करुन देण्याबाबत हे प्रदर्शन परिपूर्ण आहे व अशा प्रदर्शनांनी समाजाची आयुर्वेदाप्रती ओढ अधिक वाढेल असाही विश्वासडॉ.प्रजापती यांनी व्यक्त केला.

प्रदर्शनाची माहिती व कार्यक्रमाचे प्रास्ताविक सादर करीत असताना प्राचार्य डॉ.सदानंद देशपांडे यांनी 'आयुर्वेद प्रेमी व जनमानसाने याचा लाभ घेण्याचे आवाहन' केले. सादर प्रदर्शन दि.२३ ते २६ जून २०२३ या कालावधीत सकाळी १०.०० ते संध्याकाळी ६.०० या वेळेत असल्याचे कळविले आहे.

उदघाटनाच्या कार्यक्रमात महाराष्ट्र आरोग्य विज्ञान विद्यापीठात प्रथम येणाऱ्या व विविध विषयात प्राविण्य मिळविणाऱ्या विद्यार्थ्यांना डॉ.किरुमक्की सुवर्ण पदक देवून गौरविण्यात आले. राष्ट्रीय शिक्षण मंडळ या मातृसंस्थेतर्फे दिला जाणारा 'उत्कृष्ट शिक्षक' पुरस्कार प्राध्यापक डॉ.विनया दीक्षित यांना तर 'उत्कृष्ट विभागाचा' पुरस्कार स्वस्थवृत्त विभागाचे विभाग प्रमुख डॉ.मिहीर हजरनवीस यांनी स्वीकारला. 'कार्यकुशल कार्यालयीन कर्मचारी' म्हणून श्री.ओंकार नारकर तर 'कर्तव्यतत्पर सेवक' होण्याचा मान श्री.आनंदा हुंबरे यांनी पटकाविला. डॉ.मंजिरी देशपांडे यांनी डॉ.किरुमक्की पारितोषिकांबद्दल तर डॉ.सरोज पाटील यांनी राष्ट्रीय शिक्षण मंडळ पुरस्कृत पारितोषिकांबद्दल विद्यार्थीभिमुख मातृसंस्थेची भूमिका विषद केली.

रोगनिदान विभागाने 'आयुर्वेदाद्वारे आजारामध्ये घ्यावयाची काळजी' व कायचिकित्सा विभागाद्वारे महत्त्वाच्या पाच विविध आजारांवर काढलेल्या पुस्तकांचे विमोचन कार्यक्रमाचे अध्यक्ष डॉ.दिलीप पुराणिक व डॉ.प्रदीपकुमार प्रजापती यांच्या हस्ते करण्यात आले. नेटक्या पध्दतीने या प्रदर्शनाद्वारे आयुर्वेदाची ओळख करुन दिल्याबद्दल अध्यक्ष डॉ.दिलीप पुराणिक यांनी सर्व अध्यापक व विद्यार्थी यांचे अभिनंदन केले.

डॉ.इंदिरा उजागरे यांनी मान्यवरांची ओळख करुन दिली. डॉ.नंदकिशोर बोरसे यांनी आभार प्रदर्शन केले. डॉ.मिहीर हजरनवीस यांचे नेटक्या शब्दात केलेले सूत्रसंचालन प्रेक्षकांना विशेष भावले.

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## National Seminar on Dravyaguna

### “Dravyasandeepan” : enlightening pathway towards Dravyaguna

#### Report

On the occasion of Centenary year of Rashtriya Shikshan Mandal and completion of 90 year of Tilak Ayurved Mahavidyalaya, Pune, the Centre for Postgraduate Studies and Research in Ayurveda and Dravyaguna Department was jointly organized a National Seminar “*Dravyasandeepan*”: enlightening pathway towards Dravyaguna on **Saturday 12<sup>th</sup> August 2023 & 13<sup>th</sup> August 2023** at **Tilak Ayurved Mahavidyalaya, Pune**.

This seminar was conducted in three steps: 1] Online quiz 2] Paper Presentations 3] Speeches of Resource Persons.

The fun filled and exciting online quiz was conducted for all registered Post graduate students.

This was a new attraction for the seminar. Three winners were announced for the quiz.

On Saturday 12<sup>th</sup> August 2023, paper presentation competition for postgraduate, Ph.D and faculty was held at Tilak Ayurved Mahavidyalaya, Pune. Total 60 paper presentation were presented for competition. Post graduate students were divided into Dhanwantari, Madanpal and Kaiyadev group. Fourth Bhavprakash group was of Ph.D students and faculty members. Professor and HOD of Dravyaguna from various colleges viz Dr. Meenal.Lad, Dr. Jayashri Changade Dr. Amit Avlaskar, Dr. Ninad Nagre, Dr. Pravin Joshi, Dr. Rajashree Gawand and Vice principals of Tilak Ayurved Mahavidyalaya, Dr. Indira Ujagare Dr. Sangeeta Salvi were evaluators for Paper presentation competition. The competition was conducted in overwhelming enthusiasm. Participants from all over India like Gujarat, Andhra Pradesh, Karnataka had presented their innovative ideas.

The second day of seminar was started with zeal to listen the resources. First session was started with lecture of Dr. Sheeram Jyotishi on the topic “Exploration of fundamentals of Dravyaguna through Chemical, Biochemical and Animal Experiments.” He shared his experiences on Chemical, Biochemical and Animal Experimentation of Ayurvedic herbs. It was very much appreciated by the audience.

After the first session the inauguration ceremony was conducted. For this **Dr. D.P. Puranik**, President Rashtriya Shikshan Mandal, Pune was present as a President, **Dr. Tanuja Nesari** was the chief guest. **Dr. B.K. Bhagawat**, vice-president, Rashtriya Shikshan Mandal, Pune; **Dr. R. S. Huparikar**, Secretary, Rashtriya Shikshan Mandal, Pune; **Dr. Saroj Patil**, Principal Tilak Ayurved Mahavidyalaya; **Dr. S. V. Deshpande**, former principal Tilak Ayurved Mahavidyalaya and **Dr. Apoorva Sangoram**, Organizing secretary and Professor & HOD department of





The Presidential address was delivered by Dr. D.P. Puranik .He appreciated the efforts of Dravyaguna Department.

Dr Pradnya Gathe delivered vote of thanks and Dr.Sneha Kulkarni was the master for inauguration ceremony.

After inaugural function the Key note address was delivered by Dr. Tanuja Nesari, Director, AIIA New Delhi; about Vision and opportunities for Dravyaguna fraternity. She had inspired all the delegates with informative and visionary guidance.

Third session was on Diversity, cultivation, primary processing of highly demanded medicinal plants. It was well described by Dr. Digambar Mokat. He gave insights of diversity, cultivation in Ayurveda and also explain Cultivation opportunities in Ayurveda.

Fourth session was about recent advances in Anukta Dravya by Dr. Manasi Deshpande, Professor & HOD, department of Dravyaguna, Bharti Vidyapeeth college of Ayurved, Pune. She gave comprehensive information of Anukta Dravya with examples.

Last session was delivered by Dr. Prashant Suru, senior well-known Panchbhautik practitioner in Pune about Applied aspect of Dravyaguna with special reference to Panchabhautik Chikitsa.

Validatory function was conducted in presence of Dr. Saroj Patil, Dr. Sangeeta Salvi, Dr.Mihir Hajarnavis and Dr. Indira Ujagare. Dr. Sangeeta Salvi appreciated the successful conduction of seminar. Vote of thanks was given by Dr. Apoorva Sangoram.

Dravyasndeepan team Faculty Dr. Apoorva Sangoram, Dr. Asmita Jadhav, Dr. Sneha Kulkarni, Dr. Pradnya Gathe, Dr. Gauri Gangal, and Post graduate students Dr. Sneha Patil. Dr. Priyanka Thule, Dr. Mahesh Tambe, Dr. Devashish Umbrajkar, Dr. Sujata Khadase, Dr. Vaishnavi Talokar, Dr. Pallavi Chincholakar, Dr. Seema Kadam, Dr. Madhuri Girde had taken day and night efforts for smooth and successful conduction of the seminar. The Feedback from participants were encouraging and with full of appreciation about the content and conduction of the seminar.

We are thankful for continuous support and the guidance from the President of Rashtriya Shikshan Mandal, Dr. D.P. Puranik. Also we are grateful to Principal Dr. Saroj Patil, Vice principal Dr.Indira Ujagare and Dr. Mihir Hajarnavis , Dr. Sangeeta Salvi for their valuable inputs in organization of the seminar .



Dravyaguna were present on the dais. The dignitaries Dr. V.V. Doiphode, Dr. Mujumdar, Dr. Satpute were also present for the function.

The function started with the blessing of Lord Dhanvantari, Dhanvantari stawan recited by Dr. Gauri Gangal. Dr. Saroj Patil gave welcome address. Dr. Asmita Jadhav introduced the dignitaries on the dais. The dignitaries were felicitated with the token of gratitude. The seminar was opened by lighting of the holy lamp by all the dignitaries on the dais.

Organizing secretary of the Seminar Dr. Apoorva Sangoram gave the background of the seminar. She also informed regarding the release of special issue of Ayurvedia Masik on Recent Advances of Medicinal Plants. The release of Ayurvedia Special issue was done by the dignitaries on the dais.

Chief guest Dr. Tanuja Nesari address the gathering. She appreciated the specialty of the National Seminar and also encourage the team work and tradition of Tilak Ayurveda Mahavidyalaya.

Prize distribution of Quiz competition & Paper presentation were announced. The prize consisted of Trophy and certificate.

#### Online Quiz competition:


First prize: Dr. Ashwini Sonalkar  
Second prize: Dr. Dipa Jain  
Third prize: Dr. Manasi Udgarikar

} D.Y. Patil college of Ayurved, Pune

#### Paper presentation:

Name of Group		Name of the winner	College name
Bhawprakash	Winner	Dr. Chaya More	Chaitanya Ayurved Mahavidyalaya, Bhusawal
	Runner up	Dr. Gangadhar Aralelimath,	Hospet, Karnataka
Dhanwantari	Winner	Dr. Mahesh Tambe	Tilak Ayurved Mahavidyalaya, Pune
	Runner up	Dr. Mrunalini Pmpale,	PDEA's CARC Nigdi
Madanpal	Winner	Dr. Gayatri Phadake	ITRA Jamnagar, Gujarat
	Runner up	Dr. Kriti Sharma	ITRA Jamnagar, Gujarat
Kaiyadev	Winner	Dr. Ganga Bhavani	J S Ayurved College, Nandiad, Gujar
	Runner up	Dr. Bansi Monpara	Dr. NRS govt Ayurvedic College



  
Principal  
Tilak Ayurved Mahavidyalaya  
Pune-11



## Photo Gallery



Guest speaker Dr. Shreeram Jyotishi



Key note speaker : Dr. Tanuja Nesari



Guest speaker Dr. Prashant Suru



Team Dravyasandeepan



Prize distribution from left Dr. S.V. Deshpande, Dr. R.S. Huparikar, Dr. B.K. Bhagawat, Dr. D.P. Puranik, Dr. T.M. Nesari, Dr. S.V. Patil, Dr. A.M. Sangoram and Prize Winner Dr. Chaya More for paper presentation,



Our prestigious Guest from left Dr. Sangeeta Salvi, Dr. Saroj Patil, Dr. Digambar Mokate, Dr. V.V. Doiphode, Dr. Apoorva Sangoram, Dr. Tanuja Nesari, Dr. R.S. Huparikar, Dr. D.P. Puranik, Dr. Manasi Deshpande, Dr. Mihir Hajarnavis, Dr. Indira Ujagare, Dr. Pradnya Gathe.





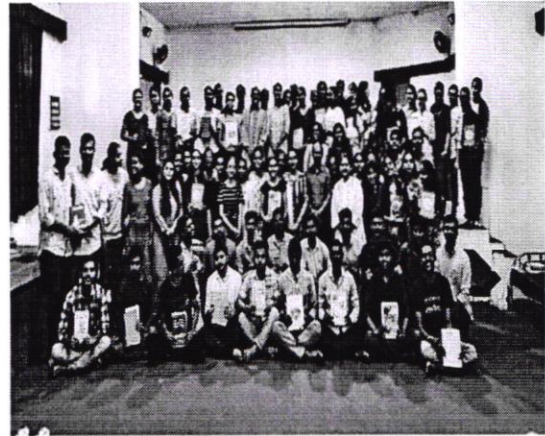
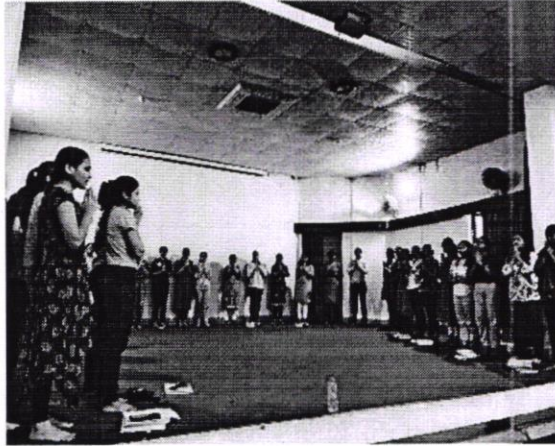
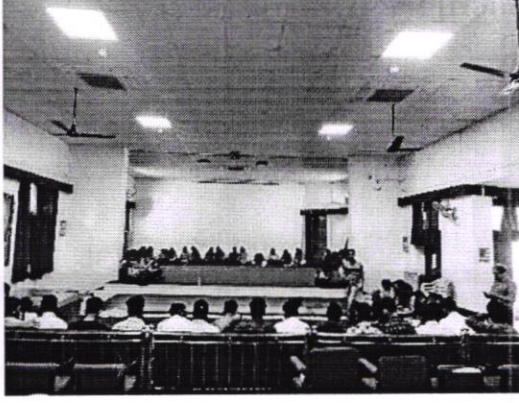
## नमामि चरकम्! (Namami Charakam!) 2023 Report


Sanskrit Samhita Siddhant department of Tilak Ayurved Mahavidyalaya, Pune celebrated Charak Jayanti in नमामि चरकम्! (Namami Charakam!) program

On Friday 25/08/2023 Charak Samhita Pathan (collective reading) was organized. First year BAMS students, PG students from Sanskrit Samhita Siddhant department and teachers participated in the program.

### Photos-

नमामि चरकम्! - Charak Samhita Pathan



  
Principal  
Tilak Ayurved Mahavidyalaya  
Pune-11



## **National Seminar on Principles to Practices of Ayurvedic Pharmaceutics**

**Report- Prof. Dr. Indira Ujagare**

**HOD Rasashastra Department**

Department of Rasashastra of R.S.M.'s Centre for Post Graduate Studies and Research in Ayurved of Tilak Ayurved Mahavidyalaya, Pune had organized a National Seminar on “**Principles To Practices of Ayurvedic Pharmaceutics**” on Sunday, 27<sup>th</sup> August 2023. Paper presentation competition was held on Saturday, 26<sup>th</sup> August 2023 prior to the main day of seminar.

Hon. Dr. Milind Patil- Academician and Researcher from Mumbai, delivered speech on “Drug Designing in Ayurveda.”

Hon. Dr. Prajapati Pradeep Kumar, Vice- Chancellor D.S.S.R. Ayurveda University Rajasthan inaugurated the seminar. Hon. Dr. D.P. Puranik President of R.S.M., Hon. Dr. Huparikar secretary R.S.M., Hon. Dr. Bhagwat, Vice-President, R.S.M.'s Pune, Hon. Dr. Saroj Patil Principal T.A.M.V., Hon. Dr. Mihir Hajarnavis, Hon. Dr. Sangeeta Salvi Vice-principal, Hon. Dr. Indira Ujagare Programme Director Vice-Principal, Hon. Dr. Yoginee Patil and Hon. Dr. Vinaya Dixit Organizing Secretary were the dignitaries on the dais.

The Auditorium was full of enthusiastic and curious 300 vaidyas from all over India. Dr. Ashutosh Jategaonkar chanted Shri Dhanwantari stavan. The Principal Prof. Dr. Saroj Patil delivered welcome address. Prof. Dr. Yoginee Patil, Organizing Secretary introduced all the guests and they were felicitated.

Holy lamp lightning was done by Hon. Chief Guest Prof. Dr. Pradeep Kumar Prajapati, President Dr. D.P. Puranik and all the dignitaries on the dais. Programme Director Prof. Dr. Indira Ujagare expressed about the theme of the seminar. Special issue of 'Ayurved Journal' was released at the hands of the chief guest. Special Felicitation of Hon. Dr. V.A. Dole- eminent scholar in Rasashastra and former HOD of Department of Rasashastra was done as the symbol of gratitude towards his dedication in this field.

**Keynote Speech** on “Present Scenario of Ayurvedic Pharmaceutics” by Prof. Dr. Prajapati Pradeep Kumar was delivered with elaborative ppt.

**Session 2-** Manufacturing in Ayurvedic Pharmaceutics- Current Trends was presented after keynote address. The topic on “Ayurved Pharmaceutics- Classical to Current Trends” was discussed by Prof. Dr. Joban Modha, Deputy Director Pharmacy,



ITRA, Jamnagar. "Interpretation of Analytical tests of Ayurvedic Herbo Mineral Drugs" was elaborated in detail by Dr. Mukund Sabnis and "Advances in Quality Control of Ayurvedic Drug" sponsored presentation was given by Dr. Ashish G.R. from Vaidyaratnam Oushadhalaya, Kerala. Dr. Sushant Patil, Marketing Manager Shree Dhootpapeshwar Ltd. delivered a lecture on "Evidence Based Ayurved"- the need to establish safety with efficacy of SDL's formulation followed by lecture on "Sandhana Kalpanas" w.s.r. to Asavarishta preparations by Dr. K. Godwin Newton from Dabur, India Ltd. company.

"Formulation to Prescription- A thoughtful Journey" was very well explained by Dr. Shirang Galgali.

The **poster presentation competition** dedicated to the same topic of seminar was conducted on the same day i.e. 27/8/2023.

The seminar had attractive **octonorm stalls at exhibition** from different 17 Pharma-Companies. This seminar was appreciated by all delegates. Team National Seminar Rasashastra is grateful to sponsorers for their substantial support and active participation.

President Prof. Dr. D. P. Puranik was the mentor for successful organization. Principal Prof. Dr. Saroj Patil supported the entire event. Governing council members of R.S.M's teaching and non teaching staff of T.A.M.V. and all PG volunteers of Rasashastra department contributed a lot for success of this seminar.



**Dhanvantari Pujan**





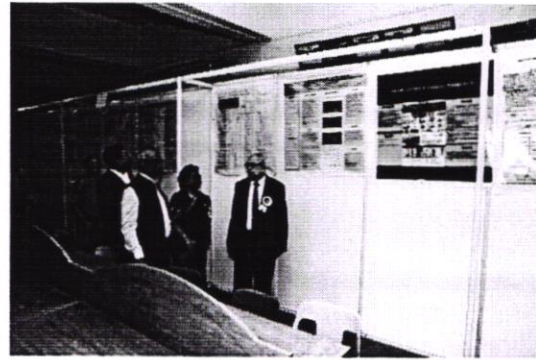


Rasashastra Department group photo



Paper announcement





Inauguration of poster presentation



Inauguration of Ayurvedidya Journal



Holy Lamp lighting



Special felicitation of Hon. Dr. V. A. Dole



*M. S.*  
Principal  
Tilak Ayurved Mahavidyalaya  
Pune-11





“EMBRACE YOUR INNER RADIANCE”

# “OJAS 2023”

Workshop on Ayurvedic Cosmetics

WORKSHOP REPORT



Prof.Dr.Tarannoom Patel from the Department of Physiology, TAMV was invited to evaluate these presentations & declare the winners. The winning group was announced & a token of appreciation was given to the evaluator. She expressed her review of the prepared presentations through words of advice. This helped the students better their presentation & presentation preparation skills.

#### WHAT DID THE STUDENTS LEARN?

- 1) Methods of preparation of various Kalpa Dravya.
- 2) Classical references in various medical texts.
- 3) Instrument Handling Skills.
- 4) Management of large-scale production of Kalpa Dravya
- 5) Awareness about availability of required raw material, packaging material and labelling material.
- 6) Tests and ways to confirm process of proper preparation
- 7) Costs regarding rates of various ingredients required.
- 8) Identification, judging quality & authenticity of raw materials
- 9) Team building & leadership skills
- 10) Effective inter-personal communications to work as a better unit
- 11) Familiarity with instruments available in Rasashastra Department Lab.
- 12) Tension-free discussions with professors & their guidance.
- 13) Fulfillment of selected objectives given under "Paribhasha", "Kalpana Nirman 1", "Kalpana Nirman 2" as stated in current year's NCISM syllabus.

Overall, the objective of this workshop was more than enough, fulfilled. Students are very grateful to get such an opportunity.





NAME OF WORKSHOP: OJAS 2023 – Workshop on Ayurvedic Cosmetics

ORGANIZED BY: RASASHASTRA DEPT

DURATION OF EVENT: 17<sup>th</sup> to 19<sup>th</sup> October 2023

OBJECTIVE:

On the occasion of the festive season of Diwali, Dept. Of Rasashastra organized a workshop titled "OJAS 2023". 10 different types of Ayurvedic cosmetics were to be produced. This aimed to enlighten students about methods of preparation & awareness about availability of raw material.

MENTOR NAMES:

- 1) Prof. Dr. Indira Ujagare
- 2) Prof. Dr. Vinaya Dixit
- 3) Prof. Dr. Yoginee Patil
- 4) Prof. Dr. Mandar Akkalkotkar
- 5) Prof. Dr. Ashwini Bodade

PG GUIDE NAMES:

- 1) Dr. Priyanka Jain
- 2) Dr. Bhagyashree Raut
- 3) Dr. Pooja Wankhede
- 4) Dr. Shubhi Mishra
- 5) Dr. Nisha Chavan

GROUP LEADER NAMES:

- 1) Aryan Deshpande & Ankita Bamane
- 2) Anchal Jain & Govind Rastogi
- 3) Komal Sonwane & Geetansh Korde
- 4) Shubangi Narsale & Akshada Navasare
- 5) Pooja Shinde & Vaishnavi Raut
- 6) Samruddhi Yadav & Pooja Thalkari

STUDENTS:

119 students from II Year (appearing 2021-22) were divided into 6 groups and group leaders were allotted. These group leaders reported to respective Guides and both were instructed by respective Mentors.

This event was carried out during college hours & attendance of students regarding overlapping lectures was provided through mutual agreement between respective departments.

PROCUREMENT OF FUNDS:

Students contributed Rs 150 each and products related to preparation, packaging and labelling were paid for through the cash pool. Additional payments were done through Department of Rasashastra.



Product File preparation

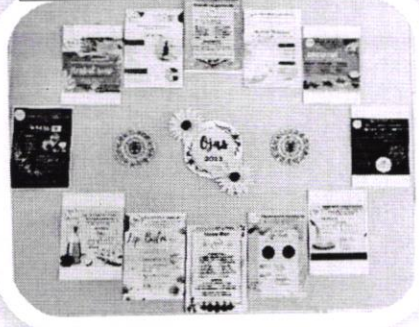


Preparation of Product Templates on Lab Computer under Guidance of mentors





Arrangement of Cover Pages



Herbal Lipstick Template

रसशास्त्र विभाग  
 ए.सि.म. वी. टिळक आयुर्वेद महाविद्यालय, पुणे.  
 ओ.एस. आयुर्वेदिक रिसर्च सेंटर  
 कुर्णेपुडा ४११०३३  
 (ए. ए. अक्षांश १८.३३)

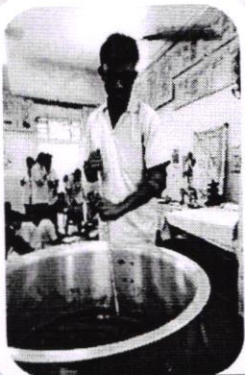
**हर्बल लिपस्टिक**

क्र.	सामग्री	मात्रा	उपयोग
१.	हर्बल एसेन्स	१०० ग्रॅम	हर्बल लिपस्टिक
२.	हर्बल एसेन्स	१०० ग्रॅम	हर्बल लिपस्टिक
३.	हर्बल एसेन्स	१०० ग्रॅम	हर्बल लिपस्टिक
४.	हर्बल एसेन्स	१०० ग्रॅम	हर्बल लिपस्टिक
५.	हर्बल एसेन्स	१०० ग्रॅम	हर्बल लिपस्टिक

ध्यान नदी - अहमदाबाद स्थित अहमदाबाद एंग्लो-वैदिक विश्वविद्यालय  
 संपर्क: ०७९ २२२२२२२२

Abhyanga Taila Chart

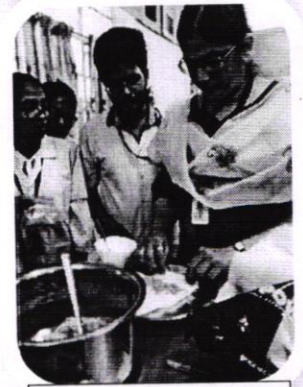
**अभ्यंगा तैल**



Student preparing Abhyanga Taila



Prof. Dr. Yoginee Patil with PG Scholars, group leaders and other students



Kajal Preparation



Prof. Dr. Saroj Patil & Prof. Dr. Indra Ujagare addressing the students on Inauguration Day

ASM'S TILAK AYURVED MAHAVIDYALAYA PUNE



Empower your inner radiance

Workshop On Ayurvedic Cosmetics  
 17th-19th October 2023

DEPARTMENT OF RASASHASTRA

- Udvartan
- Abhyang Taila
- Herbal Soap
- Herbal Lipstick
- Kajal
- Herbal Facepack
- Keshya Taila
- Herbal Shampoo
- Herbal Lipbalm
- Pain balm

ORGANISED BY:-

- Prof Dr. Indra Ujagare (H.O.D)
- Prof Dr. Yoginee Patil
- Prof Dr. Vinaya Dixit
- Prof Dr. Mandar Akkolotkar
- Prof Dr. Ashwini Bodade

For UG students, PG-Phd scholars & Faculty



OJAS Workshop Banner



Prof. Dr. Dilip Puranik performing Dhanwantari Poja





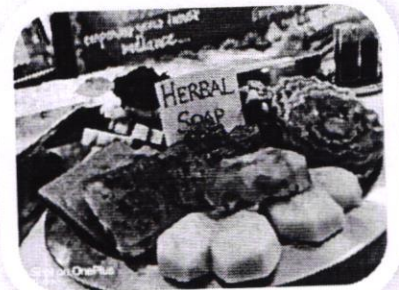
### DOCUMENTS PREPARED BY STUDENTS:

- 1) "Cover Page" personalized to each product, displaying benefits, contents and instructions regarding application
- 2) "Template" consisting of a tabular arrangement including name, benefits, methods of preparation, references to texts and photos of various ingredients used.
- 3) "Labels" customized to each product to be attached on finished packet.
- 4) "Product File" consisting of
  - OJAS 2023 template
  - Product Template
  - Total Expenditure
  - List of ingredients and their required quantity
  - Comparative prices from various wholesalers in the city
  - Information about ingredients regarding benefits, uses, references, etc
  - Day-wise Report
  - Related bills regarding purchase of manufacturing, packing & printing materials
  - List of participating students
- 5) "Illustrative Charts" which were presented in front of professors.

### PRODUCTS PREPARED:

- 1) **UDVARTAN**  
Duration of Preparation – 14<sup>th</sup> to 19<sup>th</sup> October, 2023  
Units produced – 308 packets of 40g each
- 2) **HERBAL FACEPACK**  
Day of Preparation – 13<sup>th</sup> to 19<sup>th</sup> October 2023  
Units produced – 222 packets of 30g each
- 3) **ABHYANGA TAILA**  
Day of Preparation – 13<sup>th</sup> to 20<sup>th</sup> October 2023  
Units produced – 150 bottles of 15ml each
- 4) **KESHYA TAILA**  
Duration of preparation – 16<sup>th</sup> to 20<sup>th</sup> October 2023  
Units produced – 146 bottles of 15ml each
- 5) **HERBAL SHAMPOO**  
Day of preparation - 17<sup>th</sup> to 20<sup>th</sup> October 2023  
Units produced – 200 bottles of 40ml each

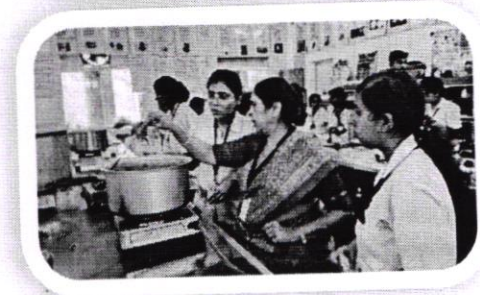
Herbal Shampoo filling & packaging



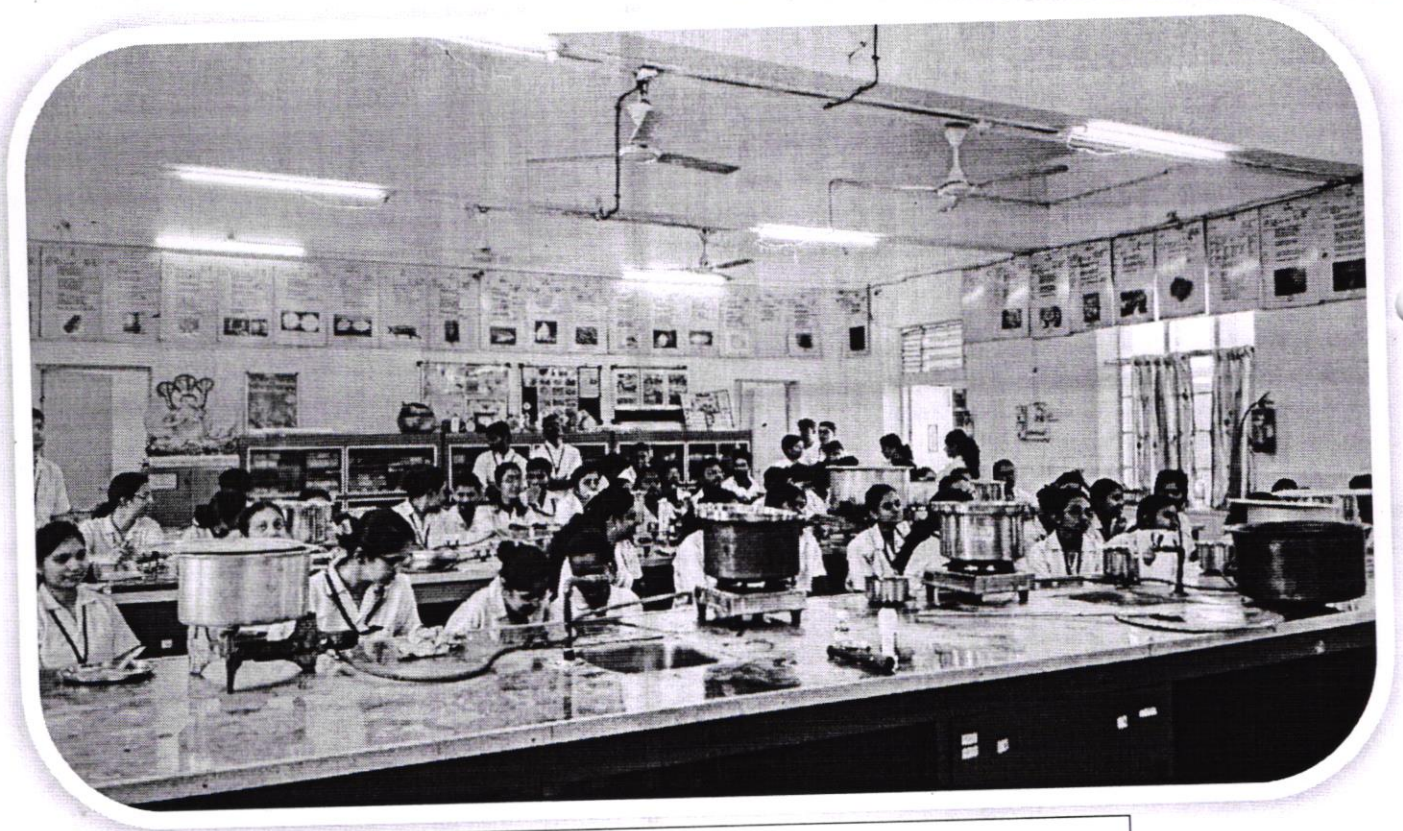
Herbal Soap Display







(From left to right) Prof.Dr.Yoginee Patil, Prof.Dr.Ashwini Bodade, Prof.Dr.Vinaya Dixit guiding & mentoring students given allotted products



II Year students in Rasashastra Lab with their products





6) HERBAL SOAP

Day of preparation – 13<sup>th</sup> to 18<sup>th</sup> October 2023  
Units produced – 300 of 25g each

7) HERBAL LIPSTICK

Day of preparation – 16<sup>th</sup> to 18<sup>th</sup> October 2023  
Units produced – 100 containers

8) HERBAL LIPBALM

Day of preparation – 16<sup>th</sup> to 19<sup>th</sup> October 2023  
Units produced – 250 containers

9) KAJAL

Day of preparation – 15<sup>th</sup> to 18<sup>th</sup> October 2023  
Units produced – 107 bottles

10) PAIN BALM

Duration of preparation – 18<sup>th</sup> to 19<sup>th</sup> October 2023  
Units produced – 260 bottles of 3ml each



Pain Palm product arrangement

INAUGURATION:

On 18<sup>th</sup> October, Dr. Dilip Puranik, Secretary of Rashtriya Shikshan Mandal and Director of PG Studies, TAMV presided over the function. Finished products were neatly arranged & displayed along with printed Cover pages & Templates. Methods of preparation, benefits and overall information of each product was explained and presented with the help of Charts to the professors by Group Leaders and Guides. Questions regarding the product were asked by professors & were solved by students. A special video encompassing the processes included in OJAS 2023 was curated and played. Few of the participating students gave their own perspective on the workshop and reiterated in which many ways they got the chance to learn more through this experience such as leadership skills, steps of preparation and more. Essentially, a testament that the objective of this workshop was satisfactorily fulfilled was given by the students.

DISTRIBUTION OF PRODUCTS:

Sets including all 10 products were prepared & first given to the Department faculty & other professors. Remaining sets were distributed among participating students to be used in the then upcoming season of Diwali.

RELATED EVENTS:

Various competitions based on the workshop were taken. Presentations were made on each product & were evaluated. Prize distribution ceremony was held to encourage the students. At the same time, valuable advice was also given. A video-making competition was also held.



## Report of Workshop on Agnikarma

Workshop on Agnikarma was organized by RSM's C.P.G.S. and R.A. and Panchakarma Department of Tilak Ayurved Mahavidyalaya on 22 October 2023.

All the delegates and guest were served with delicious breakfast and tea before the workshop.

Inauguration ceremony was presided by Dr. Dilip P. Puranik, President, RSM,. Dr. Saroj V. Patil, Principal. TAMV, Dr Nandkishor Borse (HOD Shalyatantra Dept), Dr Pramod Kulkarni (Panchakarma Consultant, S.T.R.H), Dr Prayag Sethiya (Panchakarma Consultant, S.T.R.H), were present for the program.

Dr Anjali V. Damle (Associate Professor) gave a brief introduction about the workshop & its aim. Dr. Monica S. Mulay (Assistant professor), introduced the dignitaries. Dr. Tanvi S. Joshi, (Assistant professor) proposed the vote of thanks. Dr. Vaishnavi Joshi (Panchakarma Consultant, S.T.R.H) sung the Dhanvantari stavan in her melodious voice.

Dr. Dilip Puranik sir in his presidential address talked about the legacy of RSM & TAMV. He also expressed that more such programs & workshops should be arranged.

Guest speakers and resource persons Dr Amol Bansode (B.A.M.S.M.D.) (D.E.M.S.C.A.D.skin) C.S.V.D., Pune and Dr Girish Sarade (B.A.M.S.M.D.PhD) were felicitated by Hon President Dr D.P. Puranik Sir.

Lectures of both Guest Speakers Dr Amol Bansode Sir and Dr Girish Sarade Sir delivered with power point presentation, were very appreciated by the participants and followed by Hands on Training session by both of them. Total 60 participants were divided into two groups. Both the guest speakers conducted hands on training session of agnikarma on actual patients of vyadhi like Kadar, charmakila, granthi, tilakalak, katishoola, manyashool, grudhrasi etc. All participants were also provided with vegetables like pumpkin, bottleguard and tomato for practice of agnikarma as Yogya vidhi.

Participants expressed their views and appreciated the content, arrangement, management and overall lecture/hands on training sessions.

All Panchakarma PG students, teaching and non teaching staff, therapists and all who helped for the successful arrangements for workshop were appreciated for their work.



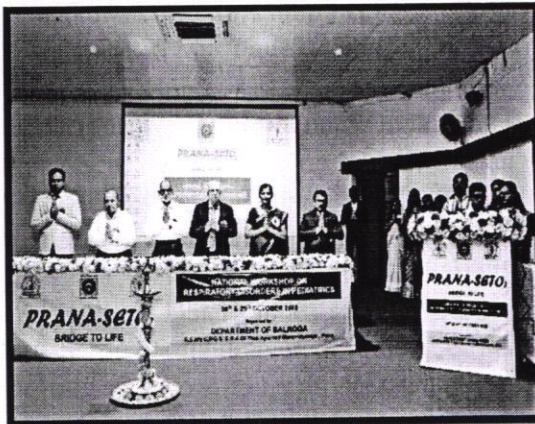


## Prana-SetO<sub>2</sub>

### National Workshop on Pediatric Respiratory Disorder

Department of Kaumarbhryta of R.S.M.'s Centre for Post Graduate Studies and Research in Ayurved of Tilak Ayurved Mahavidyalaya, Pune has organized a "National Workshop on Pediatric Respiratory Disorders " on Sunday, 29th October 2023. Paper & Poster presentation competition was held on Saturday, 28th October 2023 prior to the main day of workshop. Dr. Madhavi Deodas, Dr. Deepak Khawale, Dr. Rahul Gujrathi, Dr. Ramchandra Babar, Dr. Nitin Waghmare and Dr. Sunil Changle were the judges for the Paper & Poster presentations. More than 50 Presentation from all over India were evaluated.

The Workshop programme began with Session 1<sup>st</sup> "What is Normal about Normal Breathing " by Hon. Dr. Satish Deopujari – Director Nelson Hospital, Nagpur. Session 2<sup>nd</sup> was given by Dr. Nilesh Darvekar – Consultant Pediatrician and Neonatologist from Nagpur on "Approach to newborn with Respiratory Distress". After 2<sup>nd</sup> session Hon. Dr. Satish Deopujari and Hon. Dr. D.P. Puranik President of R.S.M. inaugurated the workshop. Hon. Dr. Bhagwat, Vice-President. R.S.M.'s Pune, Hon. Dr Saroj Patil Principal T.A.M.V, Hon. Dr. Vikas Jaybhay - HOD Kaumarbhryta Department & Organizing Chairman of Prana-SetO<sub>2</sub> and Hon. Dr. Gajanan Cheke, Organizing Secretary were the dignitaries on the dais. The Auditorium was full of enthusiastic and curious 123 delegates from all over India. Shripad Wadodkar chanted Shri Dhanwantari stavan. The Principal Prof. Dr. Saroj Patil delivered welcome address. Prof. Dr.Kalyani Aher And Dr. Pooja Chaubey introduced all the guests and they were felicitated. Holy lamp lighting was done by Hon. Chief Guest Hon. Dr. Satish Deopujari, President Dr. D.P. Puranik and all the dignitaries on the dais. Organizing Chairman Prof. Dr. Vikas Jaybhay expressed about the theme of the Workshop.





Prizes of paper presentation competition were announced by Dr. Kalyani Aher.

Prize Winners were-

**1. Group 1 P.G. Category**

1<sup>st</sup> prize- Dr. Nikita Gadakh. (Tilak Ayurved Mahavidhyalaya, Pune)

2<sup>nd</sup> prize- Dr. Chhavi Rosha. (Bharti Vidyapeeth, Pune.)

3<sup>rd</sup> prize-Dr. Sonali Bongulwar. (PDEAS, CARC Akurdi, Pune)

**2. Group 2 Ph.D./Faculty category**

1<sup>st</sup> prize- Dr. Meera Panicker. (Bharti Vidyapeeth, Pune.)

Prize distribution done by hands of Dr. Satish Deopujari sir.

Prizes of Poster presentation competition was announced by Dr. Pooja Chaubey.

Prize Winners were-

1<sup>st</sup> prize- Dr. Neha Ghadge. (SSAM, Hadapsar, Pune.)

2<sup>nd</sup> prize- Dr. Kadambari Jadhav. (PDEAS, CARC Akurdi, Pune)

3<sup>rd</sup> prize- Dr. Mithila Nadig. (KLE Karnataka.)

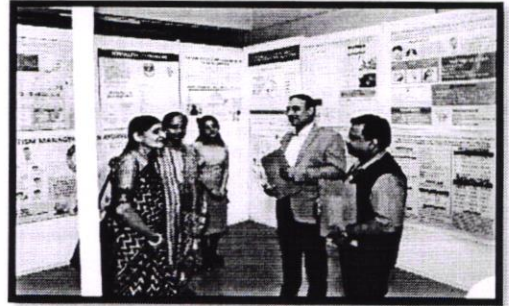
prize distribution done by hands of Dr. D.P. Puranik sir.

Hon. Dr. D.P. Puranik mentioned various activities conducted throughout the centennial year of R.S.M. Pune in his presidential speech. Lastly, Dr. Gajanan Cheke, Organizing Secretary delivered Vote of thanks.

After inaugural function Session 3<sup>rd</sup> started by Dr. Vivek Charde – Pediatric Consultant at Nagpur on “**Approach to child with Respiratory distress**”. After delicious lunch, Session 4<sup>th</sup> given by Dr. Yash Banait – Consultant pediatrician at Nelson Hospital, Nagpur on “**Management of child with Respiratory Distress**”. After that Ayurvedic approach given in 5<sup>th</sup> and 6<sup>th</sup> Session by Hon. Dr. T. Y. Swami Prof. & HOD at GAC Osmanabad and Hon. Dr. Yogesh Kale- Director of Punarvasu Ayurved Hospital, Pune on “**Understanding of Respiratory Disorders in Ayurved and Role of Panchakarma in Respiratory Disorders in Pediatrics**” respectively, Followed by small milk break Workstations were conducted by Dr. Satish Deopujari, Dr. Nilesh Darvekar, Dr. Yash Banait and Dr. Vivek Charde in three divided groups supported by special manmade teaching Gadgets.

Dignities had presided over the valedictory function. Few Delegates shared their views regarding overall workshop.

The workshop had attractive stalls at exhibition from different Pharma- Companies. This workshop was appreciated by all delegates. Team National Workshop Kaumarbhritya is grateful to sponsors’ for their substantial support and active participation. President Prof. Dr. D. P. Puranik was the mentor for successful organization. Principal Prof. Dr. Saroj Patil supported the entire event. Governing council members of R.S.M’ teaching and non-teaching staff of T.A.M.V and all PG Volunteers of Kaumarbhritya Department contributed a lot for a success of this Workshop.



*S. S. Patil*  
**Principal**

**Tilak Ayurved Mahavidyalaya  
Pune-11**



**“AYURLAVNYA”**  
**Ayurvediya**  
**Saundaryaprasadhana**  
**Nirmana Karyashala 2023**

RSM's Tilak Ayurveda Mahavidyalaya, Pune.

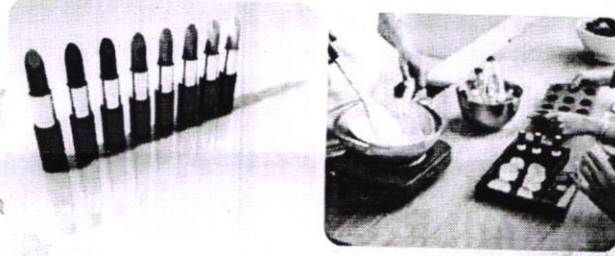
Department of Rasashastra

Date- 4<sup>nd</sup> & 7<sup>th</sup> November 2023

Venue: Dept. Of Rasashastra Laboratory, TAMV

Workshop for Non-Teaching Staff

Lipstick & Soap



**“AYURLAVANYA 2023”**  
**Ayurvediya Saundarya Prasadhan Nirman Karyashala**  
**For Non-teaching staff of T.A.M.V, Pune**

**WORKSHOP REPORT**



↓ NAME OF WORKSHOP : "AYURLAVANYA 2023" Ayurvediya Saundarya Prasadhan Nirman Karyashala

↓ ORGANIZED BY: Department of Rasashastra

↓ DURATION OF EVENT: 4th & 7th November 2023

↓ OBJECTIVE: On the occasion of the festive season of Diwali, Dept. Of Rasashastra organized a workshop entitled "AYURLAVANYA 2023" Ayurvediya Saundarya Prasadhan Nirman Karyashala

↓ Lecture and hands on training on Principles & Practices of 5 different types of Ayurvedic & Herbal cosmetics were given.

↓ MENTOR NAMES:

- 1) Prof. Dr. Indira Ujagare
- 2) Prof. Dr. Vinaya Dixit
- 3) Prof. Dr. Yoginee Patil
- 4) Prof. Dr. Mandar Akkalkotkar
- 5) Prof. Dr. Ashwini Bodade

↓ PARTICIPANTS- 12 Non-teaching staff of Tilak Ayurved Mahavidyalaya, Pune. This workshop was carried out during college hours managing the all office work & attendance of all participants was taken.

↓ PROCUREMENT OF FUNDS: Payments were done through Department of Rasashastra.

↓ PRODUCTS PREPARED:

1. **UDVARTAN** – Lecture & Hands on training for preparation of Udvartana
2. **HERBAL LIPSTICK**- Lecture & Hands on training for preparation of Herbal Lipstick
3. **HERBAL SOAP**- Lecture & Hands on training for preparation of Herbal Soap
4. **HERBAL SHAMPOO**- Lecture & Hands on training for preparation of Herbal Shampoo
5. **HERBAL FACE PACK**- Lecture on preparation of Herbal Face Pack

↓ INAUGURATION:

On 4th November 2023, Dr. Saroj Patil, Principal & HOD of Dept. of Sharir Rachana, TAMV presided over the function. Dr.Mihir Hajarnavis, Vice-principal & HOD of Swasthavrutta department, Dr.Sangita Salvi, Vice-principal & HOD of Shalakyatrantra department and teaching staff of Rasashastra Dept were also present. Finished products were neatly arranged & displayed. Few of the participants gave their own perspective about the workshop.



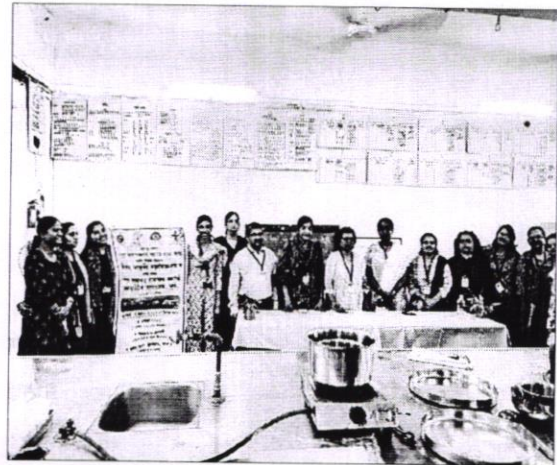
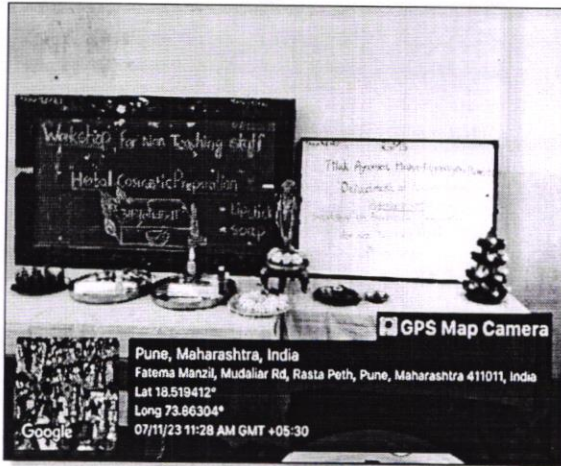
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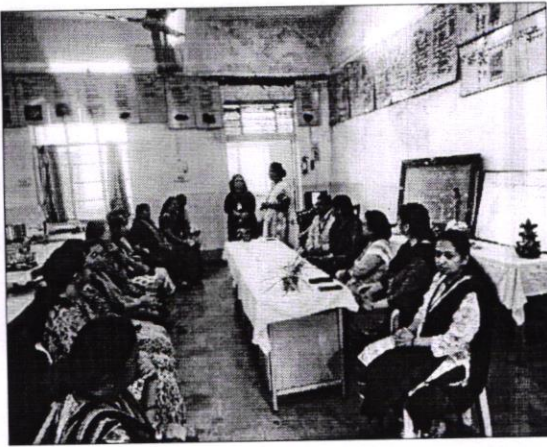
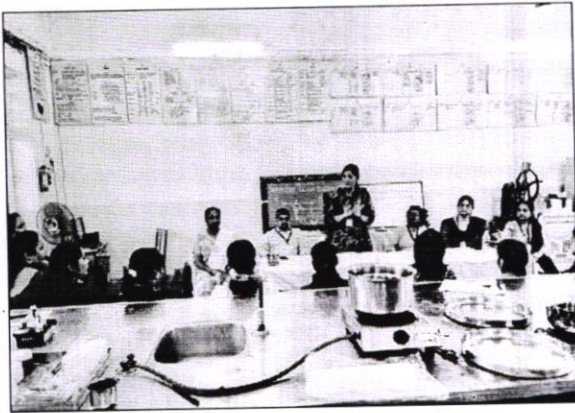




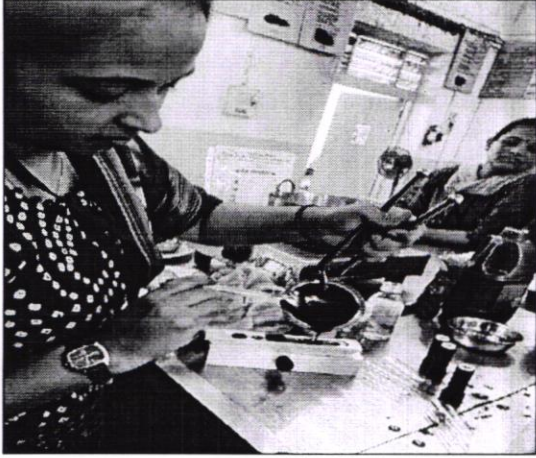
# Inaugural Function of "AYURLAVANYA 2023" Ayurvediya Saundarya Prasadhan Nirman Karyashala











  
Principal  
Tilak Ayurved Mahavidyalaya  
Pune-11



## SRUJANA

### **National Seminar On Prevention & Management of Disorders In Pregnancy.**

On the occasion of Centenary year of Rashtriya Shikshan Mandal and completion of 90 years of Tilak Ayurved Mahavidyalaya, Pune, C.P.G.S.&R.A. and Prasuti Tantra and Streerog Department jointly organized National Seminar on "Prevention & Management of Disorders in Pregnancy" "*SRUJANA*" *A Journey To Safe Motherhood*, on 9<sup>th</sup> and 10<sup>th</sup> December 2023 at Tilak Ayurved Mahavidyalaya, Pune.

Total 223 Registrations were received.

Participants attended: 185

Students :169 and others

Teachers :25

#### **DAY 1: 9<sup>th</sup> December**

Paper Presentation Competition was organized on the first day of the seminar.

Total 53 abstracts and papers from different post graduate institutes within and out of state were received. Out of which a total of 48 papers were presented in 4 classes simultaneously.

A group of 8 evaluators from TAMV were appointed as judges for the unbiased decision making. They were Dr. Mihir Hajarnavis, Dr. Indira Ujagare, Dr.Suhas Herlekar, Dr. Rahul Garudkar, Dr. Pradeep Musale, Dr. Vinayak Masal , Dr. Asmita Jadhav and Dr. Aarti Kale.

The participants were divided into 2 groups as UG and PG students and Faculty and PhD scholars. Total of 4 winners from the 1<sup>st</sup> group and one winner from 2<sup>nd</sup> group respectively were declared.

All the evaluators were felicitated by Dr Saroj Patil, Principal Tilak Ayurved Mahavidyalaya and Dr. Sangeeta Salvi, Dr. Mihir Hajarnavis and Dr. Indira Ujagare Vice Principal, Tilak Ayurved Mahavidyalaya. The day was wrapped up with high tea and snacks.





**DAY 2: 10<sup>th</sup> December:**

The day started early at 7:30 am with registrations followed by a breakfast.

First session started at 9 am with the blessings of Lord Dhanwantari which was enchanted by 2<sup>nd</sup> year PG student Dr. Mansi Sarvade.

**First Session: Speaker: Dr. Jasmine Gujarathi.**

**Topic: Preconceptional Care – An important step to prevent disorders in pregnancy**

**Chairperson: Rd. Jayashree Patil.**

**Co-Chairperson: Rd. Mrudula Khairnar**

The session ended with the felicitation of speaker, chairperson and co-chairperson.

**Inaugural Function:**

The inauguration started at 10:00 am with Dr Dilip Puranik, President of Inaugural function, Rashtriya Shikshan Mandal and Tilak Ayurved Mahavidyalaya, Dr Hemant Deshpande as Chief Guest and Dr. Veena Patil as Guest of Honour.

Inauguration commenced with *Dhanwantari Stavan* presented by 2<sup>nd</sup> year PG resident Dr. Snehal Nikas.

Hereafter all the dignitaries lighted the lamp and opened the seminar.

Inauguration was co-ordinated by Dr. Mrunali Phapale, Assistant Professor Prasuti Tantra and Streerog Department

Inauguration was commenced by Dr. Saroj Patil, Principal Tilak Ayurved Mahavidyalaya who spoke about motto of the seminar and gave wishes for the success of the seminar.

Dr. Hemant Deshpande, Chief Guest of the seminar extended his regards through his speech. Our guest of Honour, Dr. Veena Patil through her speech, gave regards for the success of the seminar and congratulated the organisers.

Dr. Rucha Ganu , Associate Professor; Prasuti Tantra and Streerog Department welcomed and introduced all the dignitaries on the dias and spoke about the seminar.

This was followed by a special felicitation of the 3 Mahagurus of Streerog Prasuitantra who rendered their services to the department and hospital for many years.

Dr. Pushpa Tulpule, Dr. Sudha Mahadeokar and Dr. Dilip Ghaisas were felicitated with momento and gifts.



Inauguration concluded with the speeches of Honorary President of Rashtriya Shikshan Mandal Dr. Dilip Puranik. Vote of thanks was given by Dr. Rahul Garudkar , Associate Professor Prasuti Tantra and Streerog Department .

Soon after inauguration began 2<sup>nd</sup> session.

**Second Session:**

**Speaker: Dr. Hemant Deshpande.**

**Topic: Pregnancy induced Hypertension.**

**Chair: Dr. Suhas Herlekar.**

**Co-Chair: Dr. Prakash Daithankar.**

The session ended with the felicitation of speaker, chairperson and co-chairperson.

**Third Session:**

**Speaker: Dr. Vishala Turlapati.**

**Topic: Garbhini Paricharya.**

**Chair: Dr. Bhagyashree Khot.**

**Co-Chair: Dr. Milind Hirve.**

The session ended with the felicitation of speaker, chairperson and co-chairperson.

This session was followed by lunch

Shortly after this quick and filling lunch break the 4<sup>th</sup> session was commenced.

**Fourth Session:**

**Speaker: Dr. Purushottam Neurogoankar.**

**Topic: No Dillema in GDM.**

**Chair : Dr. Suhas Herlekar.**

**Co-Chair: Dr. Pradnya Aptikar & Dr. Rupesh Kamathe.**

The session ended with the felicitation of speaker, chairperson and co-chairperson.

Final Session of the day was started with high tea served simultaneously.





**Fifth Session:**

**Speaker: Dr. Shweta Gugale.**

**Topic: Optimizing Fetal Outcomes**

**Chair: Dr. Swati Mohite.**

**Co-Chair: Dr. Sujeet Shinde.**

The session ended with the felicitation of speaker, chairperson and co-chair.

**Valedictory Function**

After this wonderful array of sessions began the Valedictory function.

Dr. Purushottam Neurgaonkar, chaired as Chief Guest for this session and was welcomed by momentos and gifts by the dignitaries.

Valedictory function was coordinated by Dr. Rucha Ganu, Associate professor, Prasuti tantra and streerog department. Dr. Saroj Patil, Principal Tilak Ayurved Mahavidyalaya congratulated all the organizing committee members for a successful seminar. Dr. Mrunali Phapale, Assistant professor, Prasuti tantra and streerog department coordinated the prize distribution. 3 awards were given for best paper presentation in the hands of our chief guest Dr. Purushottam Neurgaonkar. Sir also congratulated the organizing committee member for the success. Dr. Rahul Garudkar , Associate professor, Prasuti tantra and streerog department gave vote of thanks.

The day ended with National Anthem.



  
**Principal**  
Tilak Ayurved Mahavidyalaya  
Pune-11





Lamp lighting ceremony



Inaugural ceremony – from left to right – Dr. Indira Ujagare-Vice principal TAMV, Dr. Sangeeta Salvi-Vice Principal TAMV, Dr. Rajendra Huprikar-Secretary, RSM, Dr. Hemant Deshpande-Chief Guest, Dr. Veena Patil- Guest-of honour, Dr. Dilip Puranik-President, Dr.Saroj Patil-Principal,TAMV, Dr. Rucha Ganu-Asso.Prof.,Dept of PTSR,TAMV, Dr. Sanjay Gavane-HOD, Dept of PTSR,TAMV, Dr. Mihir Hajarnavis-Vice Principal, TAMV.







Felicitation of Dr. Pushpa Tulpule



Felicitation of Dr. Dilip Ghaisas.







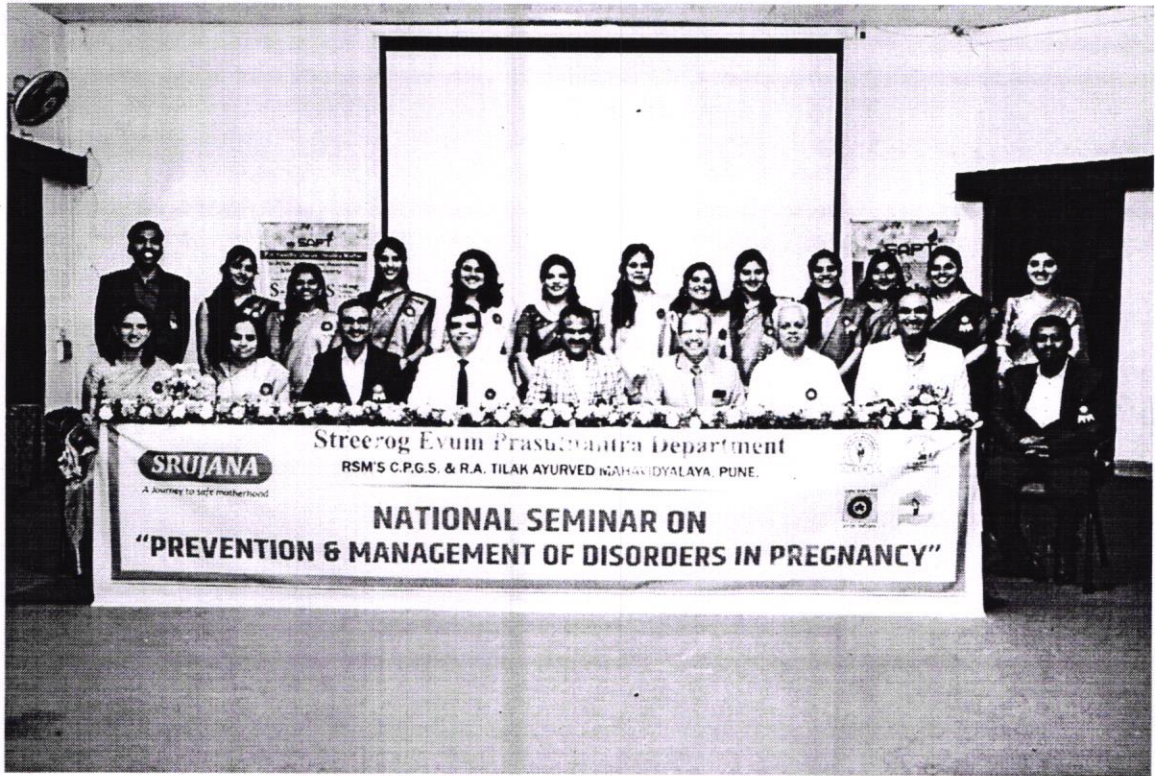
Felicitation of Dr. Sudha Mahadeokar



Prasuti Tantra and streerog dept. with Principal and Vice Principals, TAMV







Prasuti Tantra and streerog dept.



  
Principal  
Tilak Ayurved Mahavidyalaya  
Pune-11

## सुरवाणी (Suravaani) 2023 Report

Sanskrit Samhita Siddhant department of Tilak Ayurved Mahavidyalaya, Pune celebrated **Sanskrit Day** in सुरवाणी (Suravaani) 2023 program.

On 29/08/2023 guest lectures were organized in सुरवाणी (Suravaani) 2023. Two lectures were organized on online platform and one was offline.

In the first session, Dr. Vinay Pawar, Associate Professor from Dr. D.Y. Patil college of Ayurved, Navi Mumbai, guided students regarding Use of Sanskrit in study of Ayurved with many practical examples.

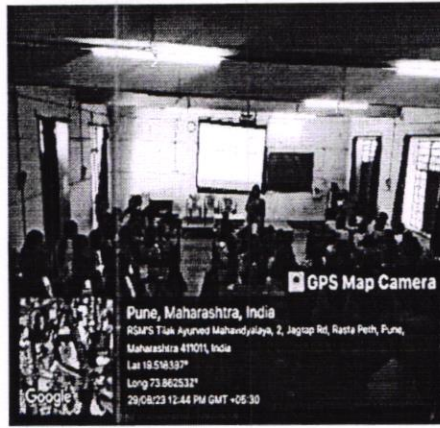
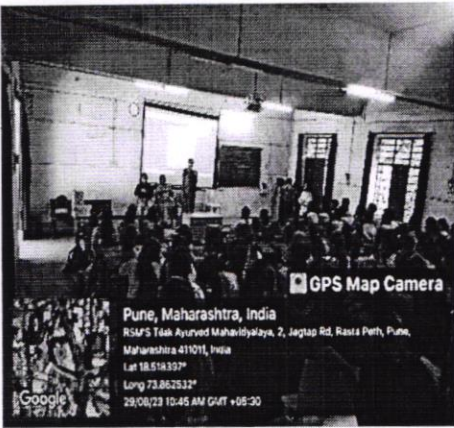
In the second session, Dr. P. V. Ramdas, Professor from Amruta School of Ayurved, Kerala, guided the students for the study of Ayurved with original Sanskrit terminologies with abundance examples.

In the third session, Dr. Gayatri Deshpande, Associate Professor from SGR Ayurved College, Solapur guided the students about identifying Tantrayuktis in Ashtang Hridayam verses in a practical session.

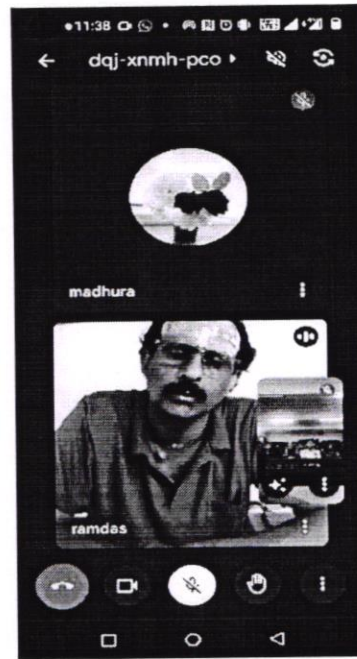
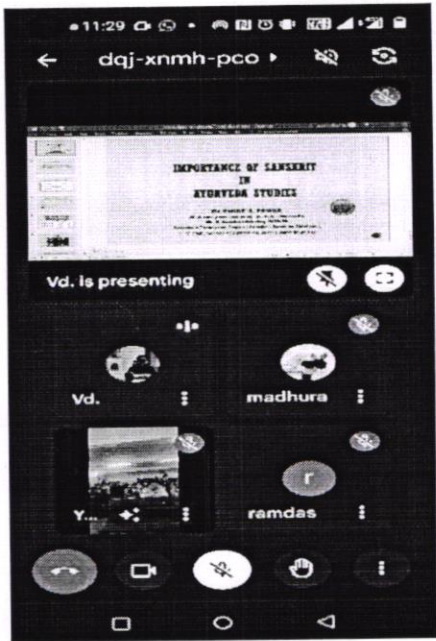
First year and Third year BAMS students, PG students of Sanskrit Samhita Siddhant department and teachers participated in the program.

### Photos-

#### सुरवाणी (Suravaani) 2023 - guest lectures







*Handwritten signature*  
Principal  
Tilak Ayurved Mahavidyalaya  
Pune-11



## Report of Nirmitee 2023 (National workshop on Rachana Sharir)

Nirmitee 2023(National workshop on Rachana Sharir) was organized by Rachana Sharir Department on 10<sup>th</sup> October 2023.

Inauguration ceremony was presided by Dr. D. P. Puranik, President, RSM, . Dr. Saroj V. Patil, Principal, TAMV gave a brief introduction about the workshop & its aim. Dr. Sarika S. Chopde, Organizing secretary, Associate professor, introduced the dignitaries. Dr. Prajakta M. Kulkarni, Assistant professor, compered the function & Dr. Harshad S. Kulkarni Assistant professor, proposed the vote of thanks. Vd. Saniya Dandekar sung the Dhanvantari stavan in her melodious voice.

Dr. Puranik in his presidential addressed talked about the legacy of RSM & TAMV. He also expressed that more such programs & seminars should be arranged.

Dr. Martin Lucas appreciated the arrangement & enthusiasm of the departmental teaching staff, PG students & non-teaching staff. He also expressed that this indeed is the best institute & wished he could visit again.

Dr. V. V. Doiphode was felicitated for his contribution in the field of Rachana Sharir. Other dignitaries who graced the occasion were, Dr. R. S. Huparikar Secretary RSM, Honorable members of RSM, Dr. BG. Dhadfale & Advocate Shrikant Patil, Vice Principal Dr. Indira Ujagare, Dr. Mihir Hajarnavis & Dr. Sangita Salvi.

The dignitaries then explored & appreciated the model gallery & Sharir Tree prepared by PG & first BAMS students. Two best models were selected for the prize. Models were judged by Dr. V. V. Doiphode.

Dr. Martin Lucas was the resource person for hands on demonstration of mould making, goat lung lumen cast & plastination. All the participants were provided with the material & they prepared models of different vertebrae & took it as a souvenir with them. He also demonstrated goat lung lumen cast using silicon & liver specimen plastination technique.

Dr. Malati S. Dhotre conducted the "Drishtata Sharir" session. Her combination of power point presentation & live demonstration was very much appreciated by the participants.

Valedictory session was presided by Dr. Saroj Patil. Other dignitaries who were present on the dias were Dr. Martin Lucas, Dr. Malati Dhotre, Dr. Hajarnavis, Dr. Salvi & Dr. Chopde. Dr. Apporva Sangoram HOD, Dravyaguna department & Dr. Vinaya Dixit Assistant professor, Rasashstra department were also present for the ceremony.

Participant expressed their views regarding the workshop. They appreciated the content, arrangement, management, display of models & food. They also requested if we could arrange more such workshops in future. Participation certificates were distributed at the hands of dignitaries on the Dias.

All the PG students & non-teaching staff of Tilak Ayurved Mahavidyalaya were appreciated for their painstaking efforts for the organization of workshop by presenting gifts to them. Dr. Saniya Dandekar received 1<sup>st</sup> prize & Dr. Pallavi Khandagale received the 2<sup>nd</sup> prize for best model making.

Dr. Harshad Kulkarni compered the session & Dr. Prajakta Kulkarni proposed formal vote of thanks.

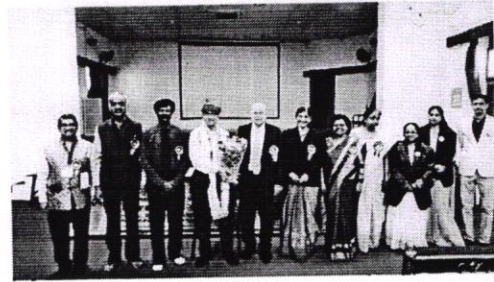
Valedictory session concluded with a group photo of the dignitaries & the participants.







Inauguration ceremony



Felicitation of Dr.V. V. Doiphode



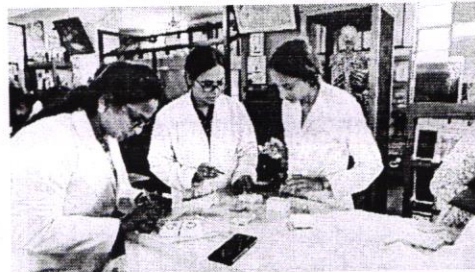
Model display prepared by students



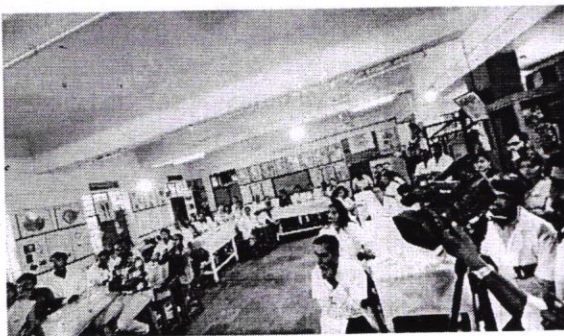
Team Rachana Sharir & the participants



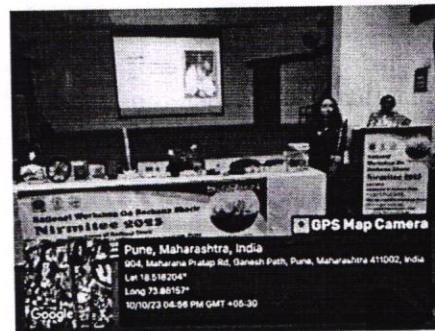
Dr. Martin Lucas demonstration session



Delegates preparing the moulds



Enthusiastic delegates



Dr. Malati Dhotre- Drishtanta Sharir session



*Malati Dhotre*  
Principal  
Tilak Ayurved Mahavidyalaya  
Pune-11



**Tilak Ayurved Mahavidyalaya's  
Centre for Post Graduate Studies and Research in Ayurved  
Report of  
Advanced Research Methodology Course  
9<sup>th</sup> October 23 to 14<sup>th</sup> October 23**

6 days Advanced Research Methodology Course was organized at Tilak Ayurved Mahavidyalaya's Centre for Post Graduate Studies and Research in Ayurveda, Pune as per the guidelines of Maharashtra University of Health Sciences, Nashik, from 9<sup>th</sup> October to 14<sup>th</sup> October 23.

Total 50 participants were confirmed and registered for the course. The participants were from the Ayurved, Unani, Homeopathy and Modern medicine fraternity. Out of 50 participants 49 participants completed the Advanced Research Methodology Course.

**Day 1 – 9/10/2023**

The workshop began with registration followed by breakfast.

Total 50 participants registered themselves for the workshop. 49 participants completed the workshop.

All the participants were divided into 5 groups – Group 1, Group 2, Group 3, Group 4 and Group 5. These groups were maintained for the whole six days of the course.

The **Research Committee of Tilak Ayurved Mahavidyalaya welcomed** all the participants and a **Pre test** comprising of 50 MCQ questions was given to the participants.

A formal Inaugural function was chaired by the **Principal of Tilak Ayurved Mahavidyalaya, Dr Saroj Patil. Co ordinator Dr Mihir Hajarnavis** briefed to all the participants about the objectives of the 6-day workshop. Principal Dr. Saroj Patil shared her views and declared the inauguration of the six days workshop. All the Research Committee members and the **Vice Principal of the College Dr Indira Ujagare** were present for the inaugural function.

The resource persons were selected from the list published by MUHS. Total 13 resource persons were invited for the 6-day workshop. The members of Research Society of Tilak Ayurved Mahavidyalaya worked as session coordinators for each day.

The first session of day one started by the Lecture of **Dr Vineet Vinay**.





Topics covered by Dr Vineet Vinay took the following lectures

**Lecture 1 – Introduction to Research Methodology**

**Lecture 2 - Framing research question, hypothesis.**

Dr Vineet Vinay gave an excellent presentation on Introduction to Research Methodology which was very informative and an eye opener for all the participants.

After a short tea break Dr Vineet Vinay delivered a very informative lecture on how to frame a research question. It was an interactive session and all the participants took an active participation and cleared their doubts regarding how to frame an ideal research question.

Dr Vineet Vinay and the session coordinators Dr Vinaya Dixit and Dr Apoorva Sangoram took the first group activity and all the participants were asked to do the following –

- Select one research topic
- Assess the topic on FINER criteria
- Present the research question for the topic and mention the type of research question.
- Mention the population
- Mention the variables
- Mention the hypothesis of the selected topic

All the groups took an active participation and presented their topic.

The group activity was followed by a lunch break.

The post lunch session started with the lecture of **Dr Jagannath Dixit**.

**Lecture 3 – Classification of study designs.** Dr Dixit took a detailed interactive session explaining the classification of study designs and descriptive study designs.

Dr Dixit elaborated the difference in research done at MD/MS level and the research done at the PhD level and also explained the use of open EPI. Dr Dixit explained in details the steps to be taken in presenting the descriptive study right from how to write a research question to reporting the study and generating the hypothesis.

After the elaborative lecture, a lecture demonstration was given by Dr Jagannath Dixit by sharing two different articles in the 5 groups in which Dr Vinaya Dixit and Dr Apoorva Sangoram coordinated with all the groups and help the participants in discussing the following points



The lecture demonstration included the following points –

- Issues in descriptive studies
- Research question
- Population types
- Sampling and sample size
- Measurements
- Bias in descriptive studies – selection bias and measurement bias
- Ethical issues in research studies
- Analysis and hypothesis generation.

The lecture demonstration was followed by the next lecture by Dr Jagannath Dixit.

#### **Lecture 4 – Case control studies**

Dr Dixit gave a detailed explanation of case control studies.

The lecture was followed by a group activity in which the following points were discussed regarding issues in case control/cohort studies –

- Research question
- Population types
- Sampling and sample size
- Sources and selection of cases and controls/comparison
- Measurement of exposure
- Bias in case control studies – selection, measurement, confounding – matching
- Analysis, statistical testing, odds ratio, RR, AR, multivariate analysis.

After the group activity all the groups presented types of bias and measures to minimize them as per the topic selected by all the five groups. Dr Jagannath Dixit cleared all the doubts of the participants.

Feedback forms were distributed to the participants for the day one lectures and the participants filled the feedback forms and handed over to the organizers.

#### **Day 2 – 10/10/2023**

After the recitation of Dhanwantari stawan, the session coordinator's Dr Apoorva Sangoram and Dr Vinaya Dixit started the day 2 proceedings.

Dr Mihir Hajarnavis gave a detailed information about the salient features of MUHS PhD directions. Dr Hajarnavis explained all the rules and regulations and the directions to be





followed while completing the PhD course. He also suggested all the PhD scholars to complete their PhD course within the stipulated time.

#### **Lecture 5 – Cohort studies.**

**Dr Sagar Khandagale** gave an elaborative lecture on Cohort studies. Dr Khandagale explained in details about the advantages and disadvantages of Cohort studies. He also explained about Retrospective Cohort.

The lecture on Cohort studies was followed by the group activity in which all the issues were discussed by all the groups and all the group activity was guided by Dr Sagar Khandagale & Session coordinators Dr Apoorva Sangoram and Dr Vinaya Dixit.

#### **Lecture 6 – Clinical trial**

**Dr Prasad Pore** gave an excellent presentation on Clinical trials. It was an interactive session and all the participants actively participated and got their basics cleared.

Dr Pore explained in details the types of Clinical trials, phases of clinical trials, pre requisites of Randomized clinical trials and the steps to be followed while doing a clinical trial. He also elaborated on how to maintain the documentation of a clinical trial.

Dr Pore also explained the AYUSH GCP guidelines and their importance while doing a clinical trial.

After an elaborative lecture on clinical trials, group activity was conducted and all the groups were asked to discuss and present their respective topics on clinical trials.

The group activity was followed by a Lecture demonstration where an example of a clinical trial was taken by all the five groups and they were asked to present their topic including the following points

- Research question
- Population types
- Sampling and sample size
- Randomization method used
- Bias in the study
- Analysis and interpretation of the study



Feedback forms were distributed to the participants for the day two lectures and the participants filled the feedback forms and handed over to the organizers.



### **Day 3 – 11/10/2023**

After the recitation of Dhanwantari stawan, the session co-ordinators Dr. Ashwini Bodade and Dr Asmita Jadhav started the day 3 proceedings.

#### **Lecture 7 – Types of variables**

**Dr Amitav Banerjee** gave a detailed explanation of types of variables, conversion of data from one type to another and scales of management. It was an interactive session.

Dr Amitav Banerjee gave a Lecture demonstration on methods of data presentation.

Dr Amitav Banerjee demonstrated how to use MS excel in preparing various types of data presentations and the participants were asked to practice using MS excel in preparing data presentations. As it was an interactive session all the participants enthusiastically did the group activity.

#### **Lecture 8 – Intellectual property rights, Patent**

**Dr Mugdha Lele** explained in details with excellent examples about types of property, types of intellectual property and the criteria for patent registration process till filing a patent on one's name

#### **Lecture 9 – Regulatory aspects in research**

After a short lunch break, **Dr Girish Tillu**, a very eminent researcher in the field of Ayurveda, gave a very elaborative information about regulatory aspects in research which included important topics like – CONSORT, AYUSORT and Role of FDA in research. He also gave a detailed information on publication guidelines.

**Lecture 10 – Proposal writing for funding agencies.** Dr Girish Tillu explained in details as to how to proceed for a protocol development and explained in details the steps to be followed in a protocol development. The informative lecture was very well appreciated by the participants and all the participants were boosted to start developing their research protocol and get it published in a good scientific journal.

#### **Lecture 11 – Ethics in health sciences research.**

**Dr Surekha Shinde** explained in details with various examples regarding the ethical issues in Biomedical research in India. Dr Surekha Shinde explained the basic fundamentals principles of Human research ethics, importance of consent and also informed the importance of plagiarism and methods to avoid the plagiarism in one's research study presentation. The lecture was very informative and widely appreciated by the participants.

Feedback forms were distributed to the participants for the day three lectures and the participants filled the feedback forms and handed over to the organizers.





#### **Day 4 – 12/10/2023**

After the recitation of Dhanwantari stawan, the session co-ordinators Dr. Taranoom Patel and Dr. Ashwini Bodade started the day 4 proceedings.

#### **Lecture 12 – Literature search**

**Dr Kadambari Ambeldhok** delivered a very informative lecture on how to do a thorough literature search using various authentic search engines like Shodh ganga, Pubmed, Medline, Mbase and Google scholar. Dr Ambeldhok explained in details how to search, read, think and critically analyze a literature search.

Group activity – Dr Kadambari Ambeldhok along with session coordinators Dr Taranoom Patel and Dr. Ashwini Bodade carried out the group activity by asking the participants to do a literature search by using the Shodh ganga software. All the groups actively participated in the group activity.

#### **Lecture 13 – Referencing management**

**Dr Kadambari Ambeldhok** demonstrated how to search in soft wares like Zotero, Mendely and Endnote.

She also gave a detailed information on the Cochrane library.

Both the lectures given by Dr Kadambari Ambeldhok were very informative and were very much appreciated by the participants.

#### **Lecture 14 – Evaluation of diagnostic tests**

Dr Suwarna Joshi a senior researcher from the department of biochemistry from B J Medical College gave an excellent presentation on how to evaluate diagnostic tests in one's research project. She also explained the importance of diagnostic tests, their evaluation and their standardization while doing a research project.

Dr Suwarna Joshi asked the participants to calculate the sensitivity and specificity of few diagnostic tests.

#### **Group Activity – Research priorities in various disciplines**

Dr Suwarna Joshi gave a detailed information of the top 5 research priorities in health, A brief explanation on CCRAS which is the apex body of Research in Ayurveda and how health care outbreak activities can be done to globalize the research in Ayurveda.

#### **Lecture 15 – Questionnaire designing**

Dr Surekha Shinde first informed all the sources of gaining information of a particular topic and then explained the importance of questionnaire designing in one's research project. She gave a detailed explanation with various examples as to how a good questionnaire can be designed.



Dr Surekha Shinde explained the Lickert scale in measuring the attitude of a questionnaire and how to pilot and validate a questionnaire.

**Group activity** – Few examples of a questionnaire were given to all the groups and the participants were asked to scale a good and a bad questionnaire. The activity was done with full enthusiasm and all the participants took an active participation in the given group activity.

#### **Day 5 – 13/10/2023**

After the recitation of Dhanwantari stawan, the session co-ordinators Dr. Mihir Hajarnavis and Dr. Minakshee Randive started the day 4 proceedings.

**Group 3** presented their topic on Statistical tests. All the other groups took an active part in the interactive session and all groups appreciated the presentation done by group 3.

#### **Lecture 16 – Inferential statistics**

Dr Swati Raje delivered lecture on the topic Inferential statistics & statistical fallacies: - Parametric, non-parametric, which test to use, when & why (a case of ANOVA, also post hoc tests). She also gave a lecture demonstration on the topic Demonstration of EPI Info and Open EPI – the WHO software. The lecture was interactive.

**Group – 4** presented their topic on Interpretation of statistical test- probability, significance, CI, power etc.

Dr. Swati Raje delivered a lecture demonstration on the subject Use of computers in inferential statistics.

Post lunch a lecture 18 on the topic Descriptive statistics (concept of central tendency & dispersion, normal curve, skewed distribution was delivered by Dr. D.R. Basannar.

**Lecture 17** - Role of chance, bias, confounding & interaction was explained by **Dr. D.R. Basannar** in detail.

A lecture demonstration on the topic of Sample size determination using computers was explained interactively by Dr. D.R. Basannar.

**Group 5**– presented their topic on Sampling methods. This group activity was conducted by Dr. D.R. Basannar along with the session coordinators Dr. Mihir Hajarnavis and Dr. Minakshee Randive.

Feedback forms were distributed to the participants for the day four lectures and the participants filled the feedback forms and handed over to the organizers.





- Group 4 -Efficacy Of Local Application of Bakuchi Oil in Comparison with Methoxypsoralen Ointment in Management of Vitiligo: A Randomized Controlled Trial.
- Group 5 – Randomised Controlled Clinical Trial to study the efficacy of *Yastyadi kwatha* in the management of *Pittaj Mutrakruccha*.

A **Post test** comprising of 50 MCQ questions was given to the participants. The score in the Pretest and Post test showed remarkable improvement in the knowledge of the participants after the workshop.

Feedback forms were distributed to the participants for the day six lectures and the participants filled the feedback forms and handed over to the organizers.

**The daily feedback was obtained for the lectures, lecture demonstrations and group activity conducted on each day by resource persons**

**Feedback form for the total six-day workshop was distributed to the participant.** The participant gave feedback regarding achievement of the objective of the workshop, usefulness of the workshop, resourcefulness of the faculty, Implementation of the topic learnt in the workshop, Regarding balance of theory and practical in the workshop and satisfactory time management of the workshop. The participant also gave feedback on benefits of group activities.

**Dr. Mihir Hajarnavis worked as Chief- Coordinator for the six-day workshop.**

**Members of Research Society of Tilak Ayurved Mahavidyalaya namely – Dr. Saroj Patil (Chairman), Dr. Minakshi Randive (Secretary), Dr. Manjiri Deshpande (Jt. Secretary) Member- Dr. Mihir Hajarnavis, Dr. Apoorva Sangoram, Dr. Yoginee Patil, Dr. Vinaya Dixit, Dr. Sangeeta Salvi, Dr. Darshana Ubhale and Dr. Taranoom Patel, Dr. Asmita Jadhav and Dr. Ashwini Bodade worked for the organization of the workshop.**

**Dr. D.P. Puranik – President of Rashtriya Shikshan Mandal and Director of Centre for Post Graduate Studies and Research in Ayurved of Tilak Ayurved Mahavidyalaya was the Advisor and guiding force for the workshop.**



*M. Hajarnavis*  
Prof. Dr. Mihir Hajarnavis  
Co-ordinator



*S. V. Patil*  
Prof. Dr. Saroj V. Patil  
Principal  
Principal  
Tilak Ayurved Mahavidyalaya,  
Pune - 411 011.

### Day 6 – 14/10/2023

After the recitation of Dhanwantari stawan, the session co-ordinators Dr. Yoginee Patil and Dr. Asmita Jadhav started the day 6 proceedings.

Group 5 presented their topic on Implementation of research- Gantt charting, operational definitions/criteria/classifications, pilot study, dummy tables, monitoring etc.. All the other groups took an active part in the interactive session and all groups appreciated the presentation done by group 5. Dr. Srikanth Muralidharan conducted the group activity along with session coordinators.

**Lecture 18 - Dr. Srikanth Muralidharan** explained in details writing of dissertation, Data Reporting and writing for Publication.

A Group activity on Critical evaluation of journal article was conducted by Dr. Srikanth Muralidharan along with the session coordinators. Each group discussed the articles allotted. The articles represented all study designs.

### Lecture 19 – Qualitative Research methods

**Dr Surekha Shinde** explained the basic difference and importance of Qualitative and Quantitative research. Dr Surekha very elaborately explained the characteristics of Qualitative research.

All the participants solved their queries regarding qualitative research.

**Lecture 20** – A very interactive on **Meta-Analysis** was delivered by **Dr Vineet Vinay** the participants appreciated the lecture very much.

After the last lecture there were Project Presentations by the Participants/Groups. Every group presented the topics by active participation of all the members in the group.

### Project presentations by the groups –

- Group 1 - Study to assess effectiveness of Navayas Lauha Vati over Iron Folic Acid tablet in treating Iron deficiency Anaemia in Adult Population – A Comparative study
- Group 2 – “The Effect of Maternal Employment on Children's Academic Performance in Convent School of Pune City: A Case Control Study”
- Group 3 - “Comparative Clinical Study to Evaluate Efficacy of Durvadya Taila and Mometasone Cream in Vicharchika with Special Reference to Eczema.”







Advance Research Methodology Workshop approved by Maharashtra University of Health Sciences, Nashik  
 Organized by RSM's Center for Post Graduate Studies and Research in Ayurved of  
 Tilak Ayurved Mahavidyalaya, Pune  
 Date- 9 Oct. 2023 to 14 Oct. 2023  
 Attendance Sheet

Sr. No.	Name of Faculty	09-10-2023		10-10-2023		11-10-2023		12-10-2023		13-10-2023		14-10-2023	
		Morning	Evening	Morning	Evening	Morning	Evening	Morning	Evening	Morning	Evening	Morning	Evening
34	Dr. Sayali Anil Kulkarni	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att
35	Dr. Alisha Hrushikesh Shinde	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att
36	Dr. Sharad Aniket Karambelkar	Paradin	Paradin	Paradin	Paradin	Paradin	Paradin	Paradin	Paradin	Paradin	Paradin	Paradin	Paradin
37	Dr. Seema Dattatraya Joshi	Joshi's D	Joshi's D	Joshi's D	Joshi's D	Joshi's D	Joshi's D	Joshi's D	Joshi's D	Joshi's D	Joshi's D	Joshi's D	Joshi's D
38	Dr. Asif Ansari	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att
39	Dr. Savita Arjun Wale	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att
40	Dr. Aparna Atul Kulkarni	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att
41	Dr. Vikrant Mohan Relekar	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att
42	Dr. Mohammad Ali Jamaluddin Ansari	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att
43	Vd. Ghanshyam M. Dongare	Mbharan	Mbharan	Mbharan	Mbharan	Mbharan	Mbharan	Mbharan	Mbharan	Mbharan	Mbharan	Mbharan	Mbharan
44	Dr. Madhavi Sanjay Banarase	Saugite	Saugite	Saugite	Saugite	Saugite	Saugite	Saugite	Saugite	Saugite	Saugite	Saugite	Saugite
45	Vd. Sangita Sushil Ghodke	G.S.S.	G.S.S.	G.S.S.	G.S.S.	G.S.S.	G.S.S.	G.S.S.	G.S.S.	G.S.S.	G.S.S.	G.S.S.	G.S.S.
46	Dr. Gayatri S Sawant	Paran	Paran	Paran	Paran	Paran	Paran	Paran	Paran	Paran	Paran	Paran	Paran
47	Dr. Pallavi Yeshwantrao Patil	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att
48	Dr. Japa Phadke	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att
49	Dr. Tausif S. Khan	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att
50	Dr. Uday Shivaji Lawate	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att	Att

*Majalant*  
 Prof. Dr. Mihir Hajarnavis  
 Coordinator



*Patil*  
 Principal  
 Tilak Ayurved Mahavidyalaya,  
 Pune - 411 011.  
 Prof. Dr. Saroj V. Patil  
 Principal



**Advance Research Methodology Workshop approved by Maharashtra University of Health Sciences, Nashik**  
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		Morning	Evening	Morning	Evening	Morning	Evening	Morning	Evening	Morning	Evening	Morning	Evening
19	Dr Kshitija Sunil Kulkarni	<i>SK</i>	<i>SK</i>	<i>SK</i>	<i>SK</i>	<i>SK</i>	<i>SK</i>	<i>SK</i>	<i>SK</i>	<i>SK</i>	<i>SK</i>	<i>SK</i>	<i>SK</i>
20	Dr. Ashwini Ramkrishna Shinde	<i>AS</i>	<i>AS</i>	<i>AS</i>	<i>AS</i>	<i>AS</i>	<i>AS</i>	<i>AS</i>	<i>AS</i>	<i>AS</i>	<i>AS</i>	<i>AS</i>	<i>AS</i>
21	Dr Priya Shrihari Bangar	<i>PB</i>	<i>PB</i>	<i>PB</i>	<i>PB</i>	<i>PB</i>	<i>PB</i>	<i>PB</i>	<i>PB</i>	<i>PB</i>	<i>PB</i>	<i>PB</i>	<i>PB</i>
22	Dr. Aditi Ashok Lingayat	<i>AL</i>	<i>AL</i>	<i>AL</i>	<i>AL</i>	<i>AL</i>	<i>AL</i>	<i>AL</i>	<i>AL</i>	<i>AL</i>	<i>AL</i>	<i>AL</i>	<i>AL</i>
23	Dr. Isha Pradeep Wasu	<i>IS</i>	<i>IS</i>	<i>IS</i>	<i>IS</i>	<i>IS</i>	<i>IS</i>	<i>IS</i>	<i>IS</i>	<i>IS</i>	<i>IS</i>	<i>IS</i>	<i>IS</i>
24	Dr.Pritam Holkar	<i>PH</i>	<i>PH</i>	<i>PH</i>	<i>PH</i>	<i>PH</i>	<i>PH</i>	<i>PH</i>	<i>PH</i>	<i>PH</i>	<i>PH</i>	<i>PH</i>	<i>PH</i>
25	Dr. Ketan G. Jangale	<i>KJ</i>	<i>KJ</i>	<i>KJ</i>	<i>KJ</i>	<i>KJ</i>	<i>KJ</i>	<i>KJ</i>	<i>KJ</i>	<i>KJ</i>	<i>KJ</i>	<i>KJ</i>	<i>KJ</i>
26	Dr Sulakshana Varpe	<i>SV</i>	<i>SV</i>	<i>SV</i>	<i>SV</i>	<i>SV</i>	<i>SV</i>	<i>SV</i>	<i>SV</i>	<i>SV</i>	<i>SV</i>	<i>SV</i>	<i>SV</i>
27	Dr.Damini S Mahanubhav	<i>DM</i>	<i>DM</i>	<i>DM</i>	<i>DM</i>	<i>DM</i>	<i>DM</i>	<i>DM</i>	<i>DM</i>	<i>DM</i>	<i>DM</i>	<i>DM</i>	<i>DM</i>
28	Rajeshwar Bhagawan Chopade	<i>RC</i>	<i>RC</i>	<i>RC</i>	<i>RC</i>	<i>RC</i>	<i>RC</i>	<i>RC</i>	<i>RC</i>	<i>RC</i>	<i>RC</i>	<i>RC</i>	<i>RC</i>
29	Dr Deepali Ravikant Ghawade	<i>DG</i>	<i>DG</i>	<i>DG</i>	<i>DG</i>	<i>DG</i>	<i>DG</i>	<i>DG</i>	<i>DG</i>	<i>DG</i>	<i>DG</i>	<i>DG</i>	<i>DG</i>
30	Dr.Dinesh Shingade	<i>DS</i>	<i>DS</i>	<i>DS</i>	<i>DS</i>	<i>DS</i>	<i>DS</i>	<i>DS</i>	<i>DS</i>	<i>DS</i>	<i>DS</i>	<i>DS</i>	<i>DS</i>
31	Dr. Vrushi R. Tole	<i>VRT</i>	<i>VRT</i>	<i>VRT</i>	<i>VRT</i>	<i>VRT</i>	<i>VRT</i>	<i>VRT</i>	<i>VRT</i>	<i>VRT</i>	<i>VRT</i>	<i>VRT</i>	<i>VRT</i>
32	Dr Mangal Santosh supe	<i>MS</i>	<i>MS</i>	<i>MS</i>	<i>MS</i>	<i>MS</i>	<i>MS</i>	<i>MS</i>	<i>MS</i>	<i>MS</i>	<i>MS</i>	<i>MS</i>	<i>MS</i>
33	Dr. Tanuja Sawant	<i>TS</i>	<i>TS</i>	<i>TS</i>	<i>TS</i>	<i>TS</i>	<i>TS</i>	<i>TS</i>	<i>TS</i>	<i>TS</i>	<i>TS</i>	<i>TS</i>	<i>TS</i>





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 Organized by RSM's Center for Post Graduate Studies and Research in Ayurved of  
 Tilak Ayurved Mahavidyalaya, Pune  
 Date- 9 Oct. 2023 to 14 Oct. 2023



Attendance Sheet

Sr. No.	Name of Faculty	09-10-2023		10-10-2023		11-10-2023		12-10-2023		13-10-2023		14-10-2023	
		Morning	Evening	Morning	Evening	Morning	Evening	Morning	Evening	Morning	Evening	Morning	Evening
1	Dr. Shamli Shailendrakumar Pawase	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
2	Dr. Gaurao Anand Dhotre	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
3	Dr. Manisha Amrikumar Jagtap	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
4	Dr. Darshana Harishchandra Ubhale	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
5	Dr. Chandan B. Khairkar	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
6	Dr. Sharda V. Darade	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
7	Dr. Deepak Babruwahan Gundpatil	Absent	Absent	Absent	Absent	Absent	Absent	Absent	Absent	Absent	Absent	Absent	Absent
8	Dr. Salvi Sangeeta Santosh	A	A	A	A	A	A	A	A	A	A	A	A
9	Dr. Ahmad Mahfoozur Rahman	B	B	B	B	B	B	B	B	B	B	B	B
10	Dr. Amrita Nikhil Huddar	AMU	AMU	AMU	AMU	AMU	AMU	AMU	AMU	AMU	AMU	AMU	AMU
11	Dr. Shravani Ramchandra Babar	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
12	Dr. Ramchandra Pandurang Babar	Present	Present	Present	Present	Present	AB	AB	AB	AB	AB	AB	AB
13	Dr. Anand rahul	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
14	Dr. Nilesh Lahri	Absent	Absent	Absent	Absent	Absent	Absent	Absent	Absent	Absent	Absent	Absent	Absent
15	Dr. Devika Nitin Ambetkar	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
16	Dr. Nandkumar M Salunke	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
17	Dr. Patel Mohd Furqan Ahmad Nasir Ahmad	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
18	Dr. Shweta Swapnil Dahale	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present



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**Faculty Session Attendance Sheet**

Sr.No	Name of the Faculty	Name of Institute	Date	Subject	Signature
10	Dr Kadambari Ambeldhok	Sinhagad Dental College & Hospital, Pune	12-10-2023	L 12:-Literature Search GA 11: Literature Search Activity Online Literature Search by participants. Faculty to moderate L 13: Referencing Management	
11	Dr Suwarna Joshi	BJ Medical College, Pune	12-10-2023	L 14: Evaluation of a diagnostic test GA 12: Research priorities in various disciplines	
12	Dr Surekha Shinde	B J Medical College, Pune	12-10-2023	L15: Questionnaire designing GA 10: Exercise on good and bad questionnaire	
13	Dr Swati Raje	MIMER Medical College, Talegaon Dabhade, Pune	13-10-2023	L 16: Inferential statistics & statistical fallacies: - Parametric, non-parametric, which test to use, when & why (a case of ANOVA, also post hoc tests) LD 5 : Demonstration of EPI Info and Open EPI – the WHO soft ware GA13: Recapitulation by participants LD 6 : Use of computers in inferential statistics	
14	Dr. D.R. Basannar	AFMS, Pune	13-10-2023	L17: Descriptive statistics (concept of central tendency & dispersion, normal curve, skewed distribution L 18: Role of chance, bias, confounding & interaction LD 4: Sample size determination (Demo of use of computers) GA8: Recapitulation by participants GA9: Recapitulation by participants	
15	Dr. Shrikanth Muralidharan	Tilak Ayurved Mahavidyalaya, Pune	14-10-2023	GA14: Recapitulation by participants L 19: Writing dissertation: Data Reporting Writing for Publication GA 15: Critical evaluation of journal article Each group will discuss the article allotted/selected & present. The articles should represent all study designs.	
16	Dr Surekha Shinde	B J Medical College, Pune	14-10-2023	L 19: Qualitative research methods Question answer session -	
17	Dr Vineet Vinay	Sinhagad Dental College & Hospital, Pune	14-10-2023	L 20: Meta-Analysis Demonstration and Group Activity	

Prof. Dr Mihir Hajarnavis  
 Coordinator.


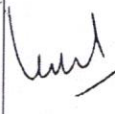
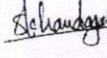
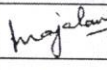

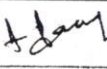
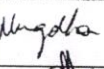
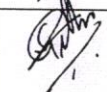
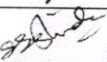


Prof. Dr. Saroj V. Patil  
 Principal  
 Tilak Ayurved Mahavidyalaya,  
 Pune - 411 011.



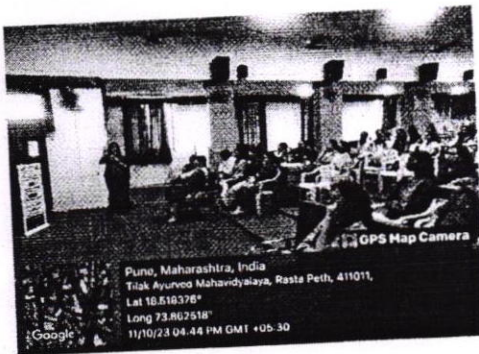
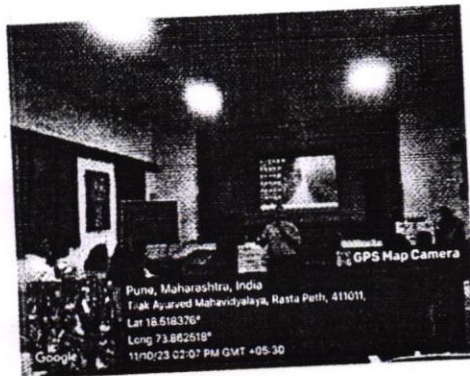
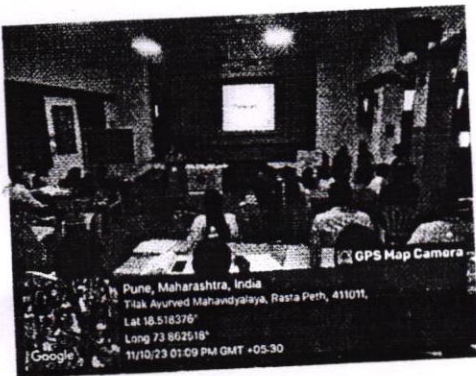


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**Faculty Session Attendance Sheet**

Sr.No	Name of the Faculty	Name of Institute	Date	Subject	Signature
1	Dr Vineet Vinay	Sinhagad Dental College & Hospital, Pune	09-10-2023	L1: Introduction to research methodology L2: Framing Research question, hypothesis GA 1 : Each group will	
2	Dr Jagannath Dixit	B J Medical College, Pune	09-10-2023	L3: Classification of study designs: Descriptive study designs GA 2: Issues in descriptive studies. L.D1: Faculty member would present & discuss two published studies L4: Case control studies GA 3: Issues in case control/ cohortstudies GA4:Recapitulation by participants	
3	Sagar Khandagale	Ayurved College, Wagholi, Pune	10-10-2023	L5: Cohort studies GA 5: Issues in cohort studies.	
4	Dr Mihir Hajamavis	Tilak Ayurved Mahavidyalaya, Pune	10-10-2023	Salient features of MUHS Ph. D direction	
5	Dr Prasad Pore	BVDU Medical College, Pune	10-10-2023	L6 -Clinical trial GA 6: Issues in clinical trials. L.D 2: Presentation of at least two clinical trials & discuss: GA 7:Recapitulation	
6	Col ( Retd) Dr Amitav Banerjee.	D.Y. Patil Medical College, Pune	11-10-2023	L 7: Types of variable(data), conversion of data from one Type to other, scales of measurement L.D3: Data presentation	
7	Dr Mugdha Lele Potnis	Venture Centre, NCL Innovation park, Pashan, Pune	11-10-2023	L.8: Intellectual Property Right, Patent	
8	Dr Girish Tillu	School of Health Sciences, Savitribai Phule Pune University, Pune	11-10-2023	L 9: Regulatory aspects in research CONSORT, AYUSORT, ICH-GCP, Trial Registration, Role of FDA L 10: Proposal writing for funding agencies Protocol writing	
9	Dr Surekha Shinde	B J Medical College, Pune	11-10-2023	L 11: Ethics in health sciences research (ICH-GCP, Indian GCP, ICMR guidelines)	



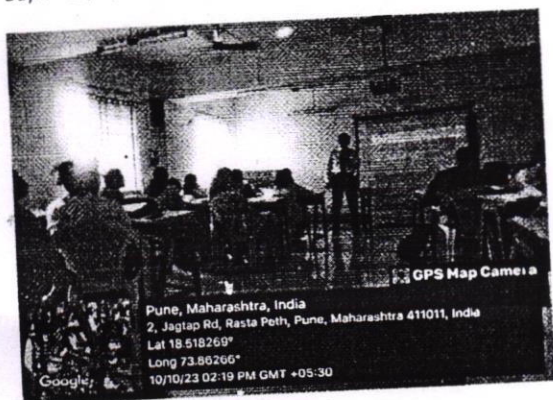
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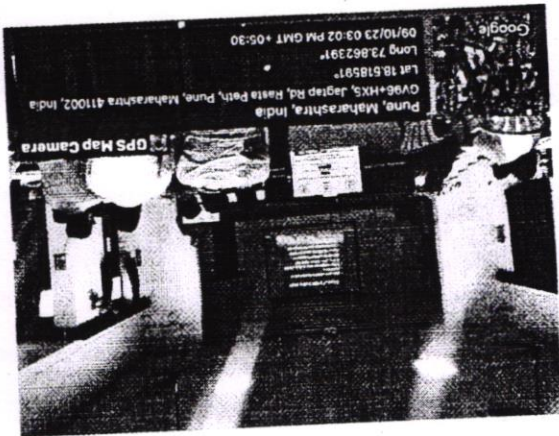






Day 2 - 10/10/2023





ADVANCED RESEARCH METHODOLOGY COURSE 9/10/2023 to 14/12/2023  
G.P.G.S.R.A, TILAK AYURVED MAHAVIDYALAYA, PUNE  
DAYWISE PHOTOS

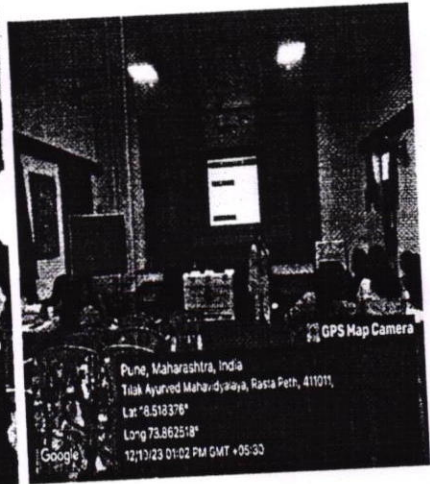
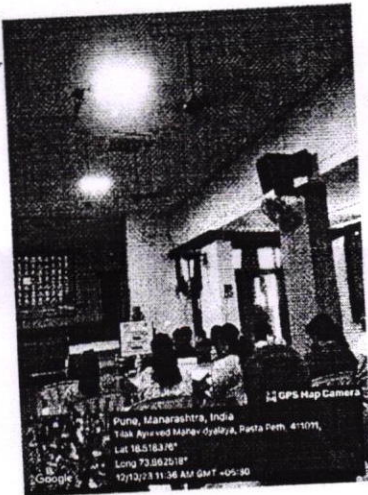
Day 1- 9/10/2023

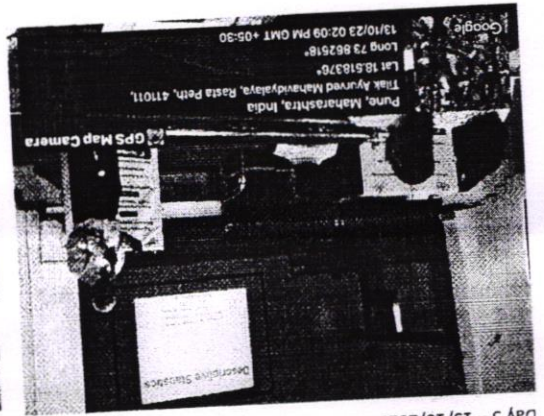
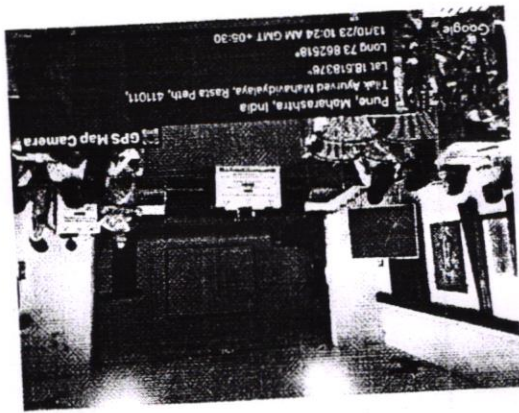






Day 4 - 13/10/2023





Day 5 - 13/10/2023





ADVANCED RESEARCH METHODOLOGY COURSE 9/10/2023 to 14/10/2023  
CONDUCTED BY - CP&SRA, OF TILAK AYURVED MAHAVIDYALAYA PUNE  
49 PhD PARTICIPANTS FEE = 49 x Rs.1000/- per participant = Rs.49,000/-  
SCHOLAR

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Dr. Mihir Hajurani

*[Signature]*  
Principal  
Tilak Ayurved Mahavidyalaya  
Pune - 411 011.



*[Signature]*  
Principal  
Tilak Ayurved Mahavidyalaya  
Pune-11

## Seminar on Recent Advances in Medical Specialties

Prof. Dr. Nandkishor Borse, Programme Director

**C.P.G.S.&R.A.** (Centre for Post Graduate Studies and Research in Ayurved) of Tilak Ayurved Mahavidyalaya, Pune and **The Association of Integrated Medical Specialists of India and Association of Anaesthetist of Indian Medicine** had jointly organized Seminar on Recent Advances in Medical Specialties in Anaesthesia, Surgery and ENT on 19th of January 2022 at 2.30 pm at NIMA Auditorium of Tilak Ayurved Mahavidyalaya.

A formal inauguration began in the presence of following dignitaries on the dais **Dr. D. P. Puranik**, President of Rashtriya Shikshan Mandal, **Dr. Mihir Hajarnavis** and **Dr. Indira Ujagare**, Vice Principals TAMV, **Dr. N. V. Borse**, Vice President AIMS, President AAIM (MSB) and Programme Director, **Dr. Kalyani Patil**, Anaesthesiologist, Smt. Kashibai Navle College and Hospital, Pune, **Dr. Neeraj Rayate**, Laparoscopic, Bariatric and Robotic Surgeon, Ruby Hall Clinic, Pune, **Dr. Aditya Yeolekar**, Otorhinolaryngologist, YCM Hospital, Pune.

Program Director Dr. N. V. Borse, welcomed all the dignitaries and participants in the seminar. He briefly informed about seminar on recent advances in medical specialties in Anaesthesiology, Surgery, ENT.



Inauguration of Seminar - From Right - Dr. Borse, Dr. Patil, Dr. Puranik, Dr. Hajarnavis, Dr. Ujagare.



Dr. Patil Speaking on Anaesthesia .



Dr. Yeolekar felicitated at the hands of Dr. Borse.



Dr. Neeraj Rayate - Surgeon being felicitated at the hands of Dr. Borse.

Dr. D. P. Puranik in his President speech informed about progress of AIMS over the past years and active workshops, seminars and programs organized every year and conducted by AIMS, CPGS&RA and AAIM.

Lecture seminar began with felicitation of Dr. Kalyani Patil, Dr. Neeraj Rayate, Dr. Aditya Yeolekar at the hands of Dr. N. V. Borse.

In this seminar more than 75 Scholars, Practitioners, Teachers participated. (All preventive measures of COVID-19 Pandemic were taken as per guidelines).

Shalyatantra PG Scholar Dr. Lavanya Jangam introduced all the faculties to the participants. There were three sessions.

### First Session : Anaesthesiology

**Topic :** Recent Advances in Anesthesia.

**Faculty -** Dr. Kalyani Patil (MBBS, DNB.DA)

### Second Session : Surgery

**Topic :** What's new in Surgery.

**Faculty -** Dr. Neeraj Rayate (MBBS, MS Gen. Surgery, Laparoscopic and Robotic Surgery)

### Third Session : E.N.T.

**Topic :** Recent Advances in E.N.T.

**Faculty -** Dr. Aditya Yeolekar (MBBS, MS ENT, Otorhinolaryngologist).

All the participants took active part in the seminar. There was Question and Answer part after every lecture. Certificates were distributed to all the participants at the end of the program. Participants enjoyed Tea and cookies at the end of the program.

The seminar was very successful. All the participants were happy and satisfied with the lectures, theme of the seminar and time management. Vote of thanks was proposed by Dr. Monali Deshmukh.

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## National Seminar On Ayurvedic Management Of Respiratory Disorders (Pranavaha Srotas)

Dr. Mihir Hajarnavis

National Seminar On Ayurvedic Management Of Respiratory Disorders (Pranavaha Srotas) was jointly organized by Centre for Post Graduate Studies and Research in Ayurved of Tilak Ayurved Mahavidyalaya, Pune and Association of Integrated Medical Specialists of India on Sunday 30th January 2022. The seminar was conducted through physical and online both platform at the N.I.M.A. Auditorium of Tilak Ayurved Mahavidyalaya, Pune.

The Seminar began with the Keynote Lecture by **Vd. Shrirang Galgali** on the topic - "Concept to Clinical Management of Pranavaha Srotas". Vd. Galgali explained the topic with detailed references from the classic and clinical experiences. The session was chaired by **Vd. Vyankat Dharmadhikari**, Assit. Director, AYUSH, Pune region.

This was followed by the **Inaugural Function**. **Hon. Dr. Sundeep Salvi**, Director, Pulmo Care Research and Education

Foundation, Pune, was the **Chief Guest** of the inaugural function. The Poster Gallery display research work on various aspects of Ayurvedic Management of Respiratory Disorders was inaugurated at the hands of Dr. Puranik after the Dhanwantari Poojan. Dr. Salvi in his inaugural speech explained the need for holistic study of the body for the management of Respiratory Disorders with examples from the Modern Medicine and Yoga Shastra. The special issue of Ayurvedya Journal on the theme of Ayurvedic Management Of Respiratory Disorders (Pranavaha Srotas) was released at the hands of Dr. Sundeep Salvi. **Dr. Dilip Puranik**, President of Rashtriya Shikshan Mandal presided over the inaugural function. A hand book on "Ayurvediya Saundrya Prasadhane Pratyaksha Nirman", authored by Prof. **Dr. Indira Ujagare** and **Dr. Ashwini Bodade** was released at the hands of Hon. Dr. Dilip Puranik. In his presidential address, Dr. Puranik expressed satisfaction over such National Seminars being



Health Poster Exhibition Inauguration -  
From Right - Dr. Borse, Dr. Puranik,  
Dr. Hajarnavis, Dr. Patil, Dr. Ujagare, Dr. Bhise.



Inauguration of Seminar - From Right -  
Dr. Patil, Dr. Hajarnavis, Dr. Salvi, Dr. Puranik,  
Dr. Borse, Dr. Huparikar, Dr. Dharmadhikari.



Release of "Ayurvedya" Special Issue - From Right - Dr. Patil, Dr. Hajarnavis, Dr. Puranik,  
Dr. Sandeep Salvi, Dr. Huparikar, Dr. Dharmadhikari, Dr. Borse.

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organized consistently over 13 years by the C.P.G.S.&R.A. He emphasized the need of Ayurvedic management for Respiratory Disorders especially in the light of the current pandemic. **Dr. Rajendra Huparikar**, Secretary, RSM, **Dr. Nandakishor Borse**, Vice President A.I.M.S., **Vd. Vyankat Dharmadhikari**, Assistant Director of AYUSH Pune region were also present on dais for the function.

The Charak Session of the seminar had the topic "Applied Aspects of Rasakalpas in Respiratory Disorders" by **Vd. Shashikumar Nechiyil** who joined the proceedings online from Kerala.

**Vd. Upendra Dixit** from Goa was the Speaker for the Vagbhat Session who spoke on the topic - Clinical experiences in Critical care of Pranavaha srotas. Prof. Dr. R. S. Huparikar chaired and Prof. Dr. Minakshi Randive co-chaired the session.

The first lecture of the post lunch Sushrut Session was by **Vd. Mahesh Thakur** who spoke about the concept to clinical aspects of Tamak Shwasa.

**Dr. Atul Kapadi** from Ayurved Rasashala gave a presentation about the Medicines for Respiratory Disorders and briefing about the products by Ayurved Rasashala, Pune. **Dr. Manisha Goswami** from Charak Pharma presented the topic - Herbs useful for Respiratory Disorders.

The session was chaired by Prof. Dr. Nandakishor Borse and co-chaired by Prof. Dr. Indira Ujagare.

The last lecture on Panchakarma practices in Pranavaha Srotas was delivered by **Vd. Yogesh Kale**. The session was chaired by Dr. Maya Gokhale and co-chaired by Dr. Mohan Joshi.

As part of the seminar, essay and poster-paper competitions were organized based on the theme.

**The Prize winners for Poster / Paper Presentation Competition - PG Student Category - 1) Gold Medal - Anjaly M., Title - Marma Chikitsa in Pranavaha Srotas Vikar. 2) Silver Medal - Dr. Adarsh T. Title -**



**Vd. Shreerang Galgali giving key-note lecture.**

Conceptualizing Panchmahabhut and Guna in Management of Pranavaha Srotas Vikar.

**3) Bronze Medal (divided) - Dr. Roshani Mane, Title - Shwaskuthar Ras in Management of Respiratory Disorders (Pranavaha Srotas). Dr. Poorvashri Pendse, Title - Kala Sharir and its Association with Pranavaha Srotas.**

**4) Consolation prizes (divided) - Vaishnavi Joshi, Title - Role of Nagavalli in Respiratory Disorders. Vd Sharayu Kombe, Title - Pushpa Yoga Mentioned in Brihatrayi for Pranavaha Srotas Vikar.**

**Teachers / Ph.D. Scholars Category - 1) Gold Medal - Vd. Pradnya Gathe, Title - Important Medicinal Plant used in Pranavaha Srotas Vikar.**

**2) Silver Medal - Vd. Darshana Ubhale, Title - Review Study on Pranavaha Srotas lakshane and its Association with Samanya Strotodushti lakshan. 3) Bronze Medal - Dr. Ashwini Bodade, Title - Tinospora Cordifolia a miracle drug in Pranavaha Srotas Vikar.**

The Director C.P.G.S.&R.A. Hon. Dr. Dilip Puranik was mentor of the whole program. The organizing team was also felicitated in the function. The PG Scholars from Sharir Rachana, Rasashastra and Bhaishajyakalpana and Swasthavritta departments worked as volunteers for the seminar. **Prof. Dr. Saroj Patil, Prof. Dr. Mihir Hajarnavis, Prof. Dr. Vinaya Dixit** were the program directors of the national seminar. **Dr. Taranoom Patel** worked as the co-ordinator for the program. **Dr. Rashmi Bhise, Dr. Gauri Gangal, Dr. Maithili Naik** worked as assistant co-ordinators for the program. The enthusiastic Vaidyas, Researchers, Scholars and Teachers from all over India participated in the event with interactive platform and lead the organization of seminar to a great success.

March 2022

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वृत्तांत

## राष्ट्रीय शिक्षण मंडळात धन्वंतरी जयंती संपन्न

राष्ट्रीय शिक्षण मंडळाचे मुख्य कार्यालय, आयुर्वेद रसशाळा, कै. पुरुषोत्तम शास्त्री नानल रुग्णालय, चेतन दत्ताजी इन्स्टिट्यूट ऑफ मॅनेजमेंट स्टडीज येथे धन्वंतरी जयंती निमित्त दि. २२ आक्टोबर २०२२ रोजी धन्वंतरी पूजनाचा कार्यक्रम संपन्न झाला.

राष्ट्रीय शिक्षण मंडळाचे अध्यक्ष डॉ. दिलीप पुराणिक,

सचिव डॉ. राजेंद्र हुपरीकर, आयुर्वेद रसशाळा फाऊंडेशनचे अध्यक्ष डॉ. विजय डोईफोडे ह्यांच्या हस्ते श्री धन्वंतरीचे पूजन करण्यात आले.

कार्यक्रमास नियामक मंडळाचे सदस्य, नानल हॉस्पिटल, आयुर्वेद रसशाळेचे पदाधिकारी आवर्जून उपस्थित होते.



### Report

## Seminar On Recent Advances In Medical Specialties

Dr. Manjiri Deshpande, Programme Director.

C.P.G.S.&R.A. (Centre for Post Graduate Studies & Research in Ayurved) of Tilak Ayurved Mahavidyalaya, Pune and The Association of Integrated Medical Specialists of India had jointly organized Seminar on Recent advances in medical specialties in Neurology and Cardiology on 14th of October 2022 at 2.30 pm at N. I. M. A. Auditorium of Tilak Ayurved Mahavidyalaya.

The seminar commenced with blessings of Lord Dhanwantari by Poojan and Recitation of Dhanwantari Stawan,

The inauguration of the seminar was done at the hands of Dr. D.P. Puranik, President of Rashtriya Shikshan Mandal, Patron of AIMS of India and Director, C.P.G.S. & R.A. of Tilak Ayurved Mahavidyalaya and in presence of Dr. Mihir Hajarnavis and Dr. Indira Ujagare, Vice Principal TAMV, Dr. N. V. Borse and Dr. Mrs. Kalyani Bhat, Vice Presidents of AIMS of India & Programme Director, Dr. Manjiri Deshpande, Neurologist Dr. Mrs. Priyanka Walzade Tonde, MBBS, MD (General Medicine), DM Neurology, Consultant Jupiter Hospital Pune.



Inaguration of Seminar - from left to right - Dr. Mrs. Deshpande, Dr. Joshi, Dr. Borse, Dr. Hajatnavis, Dr. Puranik, Dr. Tonde.

Program Director Dr. Manjiri Deshpande welcomed all the dignitaries and participants in the seminar. She briefly informed about Seminar on Recent advances in medical specialties in Neurology and Cardiology. She gave the information about AIMS of India to the participants.

Dr. Dilip P. Puranik in his Presidential speech briefed progress of AIMS over the past years and other active workshops, seminars & programs organized every year by AIMS and C.P.G.S. & R.A.

Lecture seminar began with felicitation of Dr. Priyanka Walzade Tonde.

In this seminar more than 235 Participants participated (All preventive measures of COVID-19 Pandemic were observed as per guidelines). UG students, PG students, Teachers, from Tilak Ayurved Mahavidyalaya and from different colleges viz. Ashtang Ayurved Mahavidyalaya, Ayurved college Akurdi, SS Ayurved College Hadapsar, etc.; and General Practitioners from parts of Pune participated in the programme.

Dr. Mrs Priya Deshpande, Joint secretary was master of the ceremony. There were three sessions.

**First Session :** "Recent Advances in Neurology and role of General Practitioner" by Dr. Priyanka Walzade Tonde

**Second Session :** "Recent Advances in Cardiology and role of General Practitioner" by Dr Ishwar Zanwar. MBBS, MD (General medicine), DNB Cardiology.

Certificates were distributed to all the participants at the end of the program.

Formal vote of thanks was proposed by Dr. Mihir Hajarnavis.



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शरीराला काहीही उपयोग होत नाही.

**निदान-चिकित्सा** - शरीराचे दोषधातुमल हे मूल असले तरी त्यातही शरीरातील रसादी धातुंवरच शरीर धारणाची प्रमुख जबाबदारी आहे. कोणत्याही कारणामुळे शरीरामध्ये झालेली दोषदुष्टी ही धातु व धातुघटीत अवयवांवर आक्रमण करून विकार निर्मिती करित असते. यात दुष्ट होणारी स्रोतसे वा अवयव धातुघटीतच असल्या कारणाने विकार प्रक्रिया जाणून घेण्यासाठी, निदान ज्ञानासाठी व नंतर ती प्रक्रिया नाहीशी करण्यासाठी, संप्राप्ति भंग करण्यासाठी, चिकित्सेसाठी धातुविचार अपरिहार्य ठरतो

एकदा धातुसापेक्षा निदान केले की, चिकित्साही धातुसापेक्षा म्हणावयाची हे ओघानेच येते. शोधन चिकित्सा करावयाची असल्यास दोष ज्या धातुत आले असतील त्या त्या दोषाचे शोधन करणारी वमन-विरेचन-बस्तिद्रव्ये यांची योजना करावी लागते तर शमनचिकित्सा कराययाची असेल तर तद तद धातुनुगत तत्तद दोषपाचक वा तत्तद धात्वग्निवर्धक औषधे योजावी लागतात. अशा प्रकारे विकार प्रशमन केल्यानंतर "रसायन" चिकित्सा करावयाची म्हणजेच त्यांचे बूँहण - बलवर्धन करावयाचे व त्यांना पूर्वस्थितीवर आणावयाचे व पुढे क्रमाक्रमाने समप्रकृति बनवावयाचे.

**निष्कर्ष** - रोगांचे निदान करणे जसे जटिल आहे तसेच धातुसारासार परीक्षण कठीण आहे. तरी ते अभ्यासाने साध्य आहे. प्रथमतः प्रथम एक धातु उत्तमसार व्यक्ति परीक्षणास निवडावीत, नंतर दोन धातु उत्तमसार अशा रीतीने व्यक्तींचे निरीक्षण करित राहून त्या निवडून त्यांचे परीक्षण करावे. तसेच एकधातु अल्पसार किंवा असार व्यक्ती निवडाव्या. नंतर दोन धातु, तीन धातु अल्पसार किंवा असार क्रमाने व्यक्ति निवडाव्या.

समाजात अधिकाधिक धातु उत्तमसार आणि अधिकाधिक धातु असार असणारे व्यक्ति उत्तरोत्तर अत्यल्प प्रमाणात आढळतात. समाजात काही धातु उत्तमसार, काही धातु अल्पसार आणि एखाद दुसरा धातु असार अशाच व्यक्ति फार असतात.

● एकधातु उत्तमसार व्यक्ति निवडताना अस्थि धातु ज्यांना उत्तमसार आहे त्या प्रथम निवडाव्या, नंतर मज्जासार, शुक्रसार, रक्तसार, मांससार, रससार व मेदसार अशा क्रमाने व्यक्ति घ्याव्या.

● असार धातु परीक्षणात मांस, अस्थि, शुक्र, मज्जा, रक्त, मेद, रस या क्रमाने व्यक्तींची निवड करावी.

● नंतर अधिक धातु उत्तमसार तसेच अधिक धातु असार असलेल्या व्यक्ति परीक्षणाकरिता घ्याव्या. नंतर उत्तम, मध्यम, अल्प आणि यांच्या मिश्रणाच्या व्यक्ति, त्यानंतर मध्यम अल्पसार व असार आणि शेवटी मध्यम अल्पसार व्यक्तींचे परीक्षण करण्याची सवय करावी.

● सारासार तारतम्य ठरविण्याकरिता धातुकर्मे, धातु मलस्थिती लक्षण, प्रमाणातः व सात्म्यतः परीक्षण, गर्भोत्पादक आत्मजादी भावकार्ये, शरीरातील धातुघटीत अवयव, दीर्घायुष्य, मध्यमायुष्य, अल्पायुष्य यांची लक्षणे धातु क्षय वृद्धि लक्षणे, धातुगत विकार लक्षणे निदान चिकित्सा यांचाही उपयोग करणे उपयुक्त ठरते.

**संदर्भ** - १) वै. आचार्य यादवजी, चरक संहिता, आयुर्वेददिपिकाव्याख्या, चौखंबा सुरभारती प्रकाशन, २०१६ २) वै. आचार्य यादवजी, सुश्रुत संहिता, निबंधसंग्रहव्याख्या, चौखंबा संस्कृत संस्थान, २०१३ ३) वै. वेणीमाधवशास्त्री जोशी, मानव सारासारत्व परीक्षण, शासकीय मध्यमवर्ती मुद्रणालय.



## Report Cardio-Pulmonary Resuscitation (CPR) Workshop

Dr. N. V. Borse



Training of Basic Life Support

Cardio Pulmonary Resuscitation (CPR) workshop was organized by Centre For Post Graduate Studies and Research in Ayurved of Tilak Ayurved Mahavidyalaya, Jointly with Association of Anaesthetists of Indian Medicine (A.A.I.M.) and AIMS of India on 16th October 2022 at N.I.M.A Auditorium.

Prof. Dr. N. V. Borse was Programme Director. Dr. A.S. Inamdar, Dr. Padmanabh

Keskar, Dr. Sanjay Bhagli, Dr. Dipak Poman were the eminent faculties of Programme.

In formal Inaugural function Dr. Borse informed about various activities of AIM and CPGS & RA since 1998. President of function Prof. Dilip Puranik emphasized on importance of CPR and utility of CPR. He also informed about proposed ECG Monitoring, Infusions and Transfusion workshops.

Following topics were covered in this Hands on Training Workshop 1) Basic Life Support 2) Trauma Management 3) Airway Management

More than Seventy Five Post Graduate Scholars and Teachers participated in the workshop. At the end, Certificates of Participation were distributed.

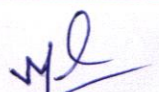


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Principal  
Tilak Ayurved Mahavidyalaya  
Pune-11



## Report

# National Seminar on Ayurvedic Management of Infertility (Vandhyatva)

-Dr. Mihir Hajarnavis

The National Seminar on Ayurvedic Management of Infertility (Vandhyatva) was jointly organized by Centre for Post Graduate Studies and Research in Ayurved of Tilak Ayurved Mahavidyalaya, Pune and Association of Integrated Medical Specialists of India on Sunday, 14th February 2021. The seminar was organized offline and online through zoom platform at N.I.M.A. Auditorium of Tilak Ayurved Mahavidyalaya.

125 delegates within Pune participated offline and 180 delegates out of Pune and Maharashtra participated online in the seminar.

The Seminar began with a Key note lecture by **Vaidya Abhay Kulkarni**, Nashik. The topic of the lecture was 'Concept of Vandhyatva in Ayurved with its clinical applications'. Dr Abhay Kulkarni explained in detail this topic with lot of references from the Ayurvedic compendia. **Prof. Dr. S.V. Deshpande** chaired the session.

This was followed by the Inaugural Function. **Dr. Sanjay Gupte**, Director of the Center for Reproduction and Research at Gupte Hospital, Pune was the Chief Guest of

the inaugural function. In his inaugural speech Dr. Gupte emphasized on research in the field of reproduction through Modern Science and Ayurved. **The special issue of Ayurved Journal** on the theme "Infertility and Ayurvedic Management" was released at the hands of the Chief Guest Dr. Sanjay Gupte. **Dr. Dlip Puranik**, President of Rashtriya Shikshan Mandal was the President of the function. In his Presidential address, he gave an overview of such seminars being organized for last 12 years by C.P.G.S&R.A. He also threw a light on the problem of Infertility as burning issue in toadys married couples due to changes in life style. He also said, Ayurved can offer good solutions to this problem, hence the topic is chosen for the National Seminar. **Dr. Rajendra Huparikar**, Secretary, R. S. M. and **Dr. Sadanand V. Deshpande**, President, A.I. M.S. were present for the Inaugural function.

This was followed by the Charak Session. In this session, **Dr. Rajashree Kulkarni** shared her views, clinical experiences with case studies on 'Panchakarma Therapy in Vandhyatava'. The second lecture in this



At the Inauguration function of seminar. From left - Dr Huparikar, Dr. Gupte, Dr. Puranik, Dr. Deshpande, Dr. Hajarnavis, Dr. Patil, Dr. Dixit.

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Release of Ayurvediya special issue on Infertility and Ayurvedic Management.  
From left - Dr Huparikar, Dr. Gupte, Dr. Puranik, Dr. Deshpande, Dr. Patil, Dr. Hajarnavis, Dr. Dixit.

session was by **Dr. Renuka Kulkarni**, Pune on 'Anapatyata-Nidan Vaividhya' with clinical studies in female Infertility. Prof. Dr. Rajendra Huparikar, Prof. Dr. Manoj Gaikwad were the Chairman and Co Chairman respectively for the session.

The Post lunch session was the Vagbhata Session. In this session Dr. Laxmikant Kortikar shared his views on 'Ayurvedic Management of Male Infertility'. He shared his case studies with references from the samhitas. This lecture was followed by a presentation by **Dr. Manisha Goswami** on products of Charak Pharmaceuticals used in Infertility. Prof. **Dr. Sanjay Gavane** and Prof. **Dr. Hemlata Jalgaonkar** were the Chairman and Co Chairman respectively for the session.

The last session was the Sushruta Session. **Dr. Vinesh Nagare** shared his experiences in 'IVF Practices v/s Ayurvedic treatment'. He presented case studies through Ayurved where IVF treatment was not successful. This was followed by a briefing on products of Ayurved Rasashala indicated in Infertility by Vaidya **Mihir Hajarnavis**. Prof. **Dr. Nandkishor Borse** and Prof. **Dr. Abhijeet Chitnis** were the Chairman and Co Chairman respectively for the session.

There were essay competitions and poster paper presentations organized on the theme "Infertility and Ayurvedic Management" in the National Seminar. There were around 90 posters received and displayed in the Art Gallery of the college. Around 15 essays were also received.

Prof. **Dr. Manjiri Deshpande**, Prof. **Dr.**

**Indira Ujagare**, Prof **Dr. Surekha S. Medikeri** worked as Evaluators for the essay competitions. Prof. Dr. Mohan Joshi, Prof. Dr. Maya Gokhale, Prof. Dr. Jayashree Deshmukh, Prof. Dr. Madhuri Dalvi and Prof. Dr. Seema B. worked as Evaluators for the Posters/Papers.

The seminar was concluded with the valedictory function. **Dr. Dlip Puranik**, President of R. S. M. was the Chief Guest and **Dr. S. V. Deshpande**, President of A.I.M.S of India was the President of the function. The prizes for best Essay and paper / poster were given in the valedictory function as follows -

**Poster Competition** - 1) Dr. Charu Sharma (All India Institute of Ayurveda, Delhi). 2) Dr. Vishnukant Ramesh Rao Jadhav (Government Ayurvedic College, Nanded). 3) Dr. Kirti Durgadas Gedam (Tilak Ayurvedic Mahavidyalaya Pune). 4) Vd. Sayali Waghulde (B. R. Harne Ayurvedic Medical College, Karav, Vangani).

**Essay Competition** - 1) Dr. Aishwarya Ashish Joglekar (All India Institute of Ayurveda). 2) Dr.



Delegates attending Seminar "off line" in N.I.M.A. Auditorium.





Rutuja Nagawade (R.A.Podar Medical(Ayu.) College, Mumbai). 3) Dr. Shirinkausar, A. K. Sheikh (Bhausahab Mulak Ayurved College & R. H, Butibori, Nagpur). 4) Dr. Mrs. Pradnya Aptikar (YMT Ayurvedic College, Kharghar, Navi Mumbai).

The organizing team was felicitated in this ceremony. PG scholars from the department of Swasthavritta, Rasashashtra, Sharir Rachana worked as volunteers in the Seminar. Dr.

Ashwini Kamble, Dr. Ashvini Bodade, Dr. Maithili Naik assisted in the Seminar.

Ayurved Rasashala, Pune, Charak Pharmaceuticals, Mankarnika Publications, Baidyanath Pharmacy and Brahma Ayurved Pharmacy displayed their stalls in the seminar.

**Prof. Dr. Saroj Patil, Prof. Dr. Mihir Hajarnavis and Prof. Dr. Vinaya Dixit worked as Programme Directors of the National Seminar.**



## कार्यकारी संपादकीय

- डॉ. अपूर्वा संगोराम  
करोना, आयुर्वेद : सद्यस्थिती

बघता बघता २०२१ सालचा मार्च महिना उजाडला आणि मधल्या काळात थंडावलेली करोना पेशंटसची संख्या पुन्हा वाढू लागली. शासनाने आखून दिलेल्या न्यू नॉर्मल गाईडलाईनचा जणूकाही विसर पडल्यासारखी, सर्वसामान्य जनता नॉर्मल वागू लागली. त्यामुळे पुन्हा एकदा करोनाची दुसरी लाट येते की काय अशी परिस्थिती निर्माण झाली. एका बाजूला लसीकरण सुरु झाले आहे. फ्रंटलाईन वर्कर्स, डॉक्टर्स यांच्यानंतर साठ वर्षांनंतरचे ज्येष्ठ नागरिक व ४५ ते ५० वर्षांचे, सहव्याधी असणारे नागरीक यांच्यासाठी लसीकरण शासकीय व खासगी रुग्णालयात सुरु झाले आहे. परंतु ही प्रक्रिया सुलभ होण्याऐवजी ती जास्तीत जास्त गुंतागुंतीची झाली आहे. आधी अंपवर नॉदणी, त्यानंतर भेटीची वेळ नक्की करूनही ज्येष्ठ नागरीकांना त्या त्या नेमून दिलेल्या वेळेत लस मिळेलच असे नाही. अनेक ज्येष्ठ नागरीकांना लस मिळण्यासाठी वारंवार फेऱ्या माराव्या लागत आहेत. यासंबंधीच्या योग्य सूचना लक्षात न घेतल्यामुळे ज्येष्ठ नागरीकही सकाळी ७ वाजल्यापासून काही न खातापिता लसीकरण केंद्रावर गर्दी करायला लागले आहेत. त्यामुळे अनेक मधुमेह, रक्तदाब यासारख्या व्याधी असणाऱ्या पेशंटसना रक्तशर्करा कमी होणे, दौर्बल्य यासारखी लक्षणे जाणवायला लागली आहेत. त्यातून लसीची कमतरता ही नव्याने उद्भवणारी समस्या जाणवत आहे. कोव्हीशिल्ड की कोव्हॅक्सिन यातली कोणती लस मिळेल? एक डोस ज्या लसीचा मिळाला त्याच लसीचा दुसरा डोस मिळेल की नाही अशा अनेक शंका नागरीकांच्या मनात आहेत. त्यामुळे या सर्वांसाठीच पुन्हा नव्याने एक शिस्तबद्ध कार्यक्रम आखण्याची गरज निर्माण झाली आहे.

वाढत्या करोना रुग्णसंख्येमुळे मधल्या काळात चालू

झालेली महाविद्यालये पुन्हा एकदा विद्यार्थ्यांसाठी बंद करावी लागली. पुन्हा एकदा ऑनलाईन माध्यमांच्या आधारे विद्यार्थ्यांचे शिक्षण सुरु झाले आहे. या माध्यमातून शिकण्याचे फायदे व तोटे याची आता विद्यार्थी व अध्यापक यांना सवय झाली आहे. पण सगळे जगच अशा परिस्थितीतून जात असताना काही न करण्यापेक्षा ज्या मिळेल त्या मार्गाने ज्ञान संपादन करणे हे महत्त्वाचे आहे. या सर्व कालावधीत आयुर्वेद महाविद्यालयातील पदव्युत्तर व पदवीपूर्व अभ्यासक्रमासाठी विद्यार्थ्यांच्या प्रवेश प्रक्रिया चालू आहेत. नुकत्याच पीएच.डी.च्याही विद्यार्थ्यांसाठी प्रवेश प्रक्रिया सुरु झालेल्या आहेत.

या वर्षी प्रथमच 'आयुष' विभागातर्फे, Transition Curriculum असा प्रथम वर्षी प्रवेशित विद्यार्थ्यांसाठी १५ दिवसांचा कार्यक्रम देण्यात आला आहे. या कार्यक्रमांतर्गत विद्यार्थ्यांना आयुर्वेद व आयुर्वेदाशी संबंधित सर्व विषयांशी संबंधित व्याख्यानांचे आयोजन करण्यात आले आहे. यामध्ये संस्कृत, इंग्रजी भाषा, आयुर्वेदाशी संबंधित सिद्धांत, वृक्षायुर्वेद मृगायुर्वेद, बायोडायव्हर्सिटी यासारख्या अनेक विषयांचा समावेश करण्यात आला आहे. आपण ज्या अभ्यासक्रमाचा पुढील चार वर्षे अभ्यास करणार आहोत तो विषय व त्याच्या अनुषंगाने असलेले इतर विषय याची संकल्पना आधीच आल्यामुळे विद्यार्थ्यांचा या अभ्यासक्रमाची गोडी वाढण्यात मदत होणार आहे.

एकंदर करोना महामारी सारख्या प्रतिकूल परिस्थितीतही शिक्षण व शिक्षणाशी संबंधित उपक्रम चालू आहेत. त्यात कुठेही खंड पडलेला नाही. याच पद्धतीने सर्वांनाच या प्रतिकूल परिस्थितीवर मात करण्याचे सामर्थ्य मिळो हीच ईश्वर चरणी प्रार्थना!



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## Report

### CPR Workshop - 1 st August 2021

Dr. Rashmi Bhise,

Assist. Professor, Shalyatantra Vibhag T.A.M.V.

A full day workshop was organized on CPR (Cardio Pulmonary Resuscitation) on 1 st of August 2021 at 9.30 am at N.I.M.A. Auditorium of Tilak Ayurved Mahavidyalaya. Jointly by C.P.G.S. & R.A. (Centre for Post Graduate Studies & Research in Ayurveda) of Tilak Ayurved Mahavidyalaya, Pune. and Association of Anesthesiologist of Indian Medicine<sup>®</sup> (Maharashtra State Branch), also in association with AIMS (Association of Integrated Medical Specialists) with Department of Shalyatantra.

The basic idea behind the workshop is to enhance a practical knowledge of newly admitted post graduate students regarding emergency medicine and allow them to take hands on training.

The workshop commenced with Lord

Dhanwantari Poojan and Stawan. Programme Director **Dr. N. V. Borse** gave introduction of the program briefly. Dr. Abhay Inamdar informed about progress of CPR Workshop over the past years and another active workshops, seminars & programs organized every year by A.A.I.M. (M.S.B.) and C.P.G.S.&R.A. Felicitation and introduction of faculties was done. Hon **Dr. D. P. Puranik** President of RSM and PG director of CPGS&RA of TAMV, President of AIMS Hon Dr. **S. V. Deshpande** were felicitated by Hon Dr. N. V. Borse, Felicitation of **Dr. Padmanabh Keskar** and **Dr. Sanjay Bhagali** was also done by Hon Dr. N.V. Borse. Both the vice principals Dr. Ujagare & Dr. Hajarnavis were present at the inauguration ceremony.

In this workshop following faculty members



Dr. Keskar giving training to students of CPR.



Dr. Sanjay Bhagali demonstrating Cardiac Resuscitation.



Inaugural Function - from left - Dr. Shendye, Dr. Inamdar, Dr. Borse, Dr. Puranik, Dr. Bhagali, Dr. Keskar.



imparted the training.

- 1) Dr. N. V. Borse 2) Dr. Padmanabh Keskar  
3) Dr. Sanjay Bhagali 4) Dr. Abhay Inamdar

Following Topics were covered in the workshop-Basic life support, Airway Management and emergency medical case scenario and its management and ECG monitoring.

In this Workshop about 102 Participants actively participated. From other Institutes also participants showed immense response for registration. (Bharati Ayurved college, SSAM Hadpasar, Ashtang Ayurved college)

Programme Coordinator Dr. Rashmi Bhise Introduced all the faculties to the participants;

Chief faculty Dr. Padmanabh Keskar began the workshop. There was only one station where Basic life support with Airway management & emergency with medical case scenario which was conducted by Dr. Padmanabh Keskar and Dr. N. V. Borse along with Dr. Abhay Inamdar. Second session was conducted by Dr. Sanjay Bhagali.

At the end of workshop a small Valedictory Function was arranged. Patron of A.I.M.S. and Director of C.P.G.S.& R.A. Dr. D. P. Puranik congratulated the organizing Team and all the participants to make the workshop a great success. Vote of thanks was proposed by Dr. Rashmi Bhise.



### Prof Dr. Minakshi Ashok Randive Passes Ph. D (Ayu.)

Congratulations!

**The Thesis title** - To observe Effects of Anuloma-Viloma Pranayama on Lung Functions with the Help of spirometric Readings "Submitted by Prof. Dr. Minakshi Randive for the degree of " Doctor of Phylosophy" in M.U.H.S. has been accepted by University and has declared her Eligible for The Award of degree of Ph.D. Dr. Randive completed her Thesis work under the guidance of Dr. Nandini D. Dhargalkar.



Rashtriya Shikshan Mandal, Centre for Post Graduate studies and Research in Ayurved of Tilak Ayurved Mahavidyalaya and Ayurvediya Masik Samiti Congratulates Dr. Minakshi Ashok Randive for this triumphant success.

### Dr. Asmita Uday Jadhav gets First Ph. D. (Ayu.)

**The Thesis title** - "A comprehensive study of Satap (Ruta Graveolens linn) and its Efficacy in Kashtartav (Primary Dysmenorrhea), submitted by Prof. Asmita Uday Jadhav for the degree of " Doctor of phylosophy in MUHS. has been accepted by University and has declared her Eligible for the Award of degree of Ph. D. (Ayu.). Dr. Jadhav completed her Thesis work under the Guidance of Dr. Apoorva M. Sangoram at Research Institute of Health Sciences.



Rashtriya Shikshan Mandal, RIHSM, and Ayurvediya Masik Samiti and Tilak Ayurved Mahavidyalaya congratutate Dr. Asmita U. Jadhav for this Triumphant Success.

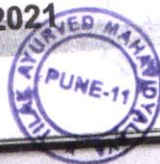
अभिनंदन !

### श्री. प्रसाद गोरखनाथ वाघमोडे यास "सर्वोत्कृष्ट स्वयंसेवक" पुरस्कार

टिळक आयुर्वेद महाविद्यालयातील विद्यार्थी श्री. प्रसाद गोरखनाथ वाघमोडे यास राष्ट्रीय सेवा योजनेचा सन २०२०-२१ साठी राज्यस्तरीय "सर्वोत्कृष्ट स्वयंसेवक" पुरस्कार प्राप्त झाला आहे. पुरस्काराचे स्वरूप स्मृतिचिन्ह व रोख रक्कम रु. २०००/- असे आहे. श्री. प्रसाद वाघमोडे यांनी महाराष्ट्र आरोग्य विज्ञान विद्यापीठाचे वैद्यकीय प्रतिनिधीत्व केले होते. सन २०१८-१९ मध्ये श्री. आकाश देशमुख या विद्यार्थ्यांस हा पुरस्कार प्राप्त झाला. तर मागील वर्षी सन २०१९-२० मध्ये कु. पूजा पंढरपुरे या विद्यार्थिनीस हा मानाचा पुरस्कार प्राप्त झाला होता. सलग ३ वर्षे "उत्कृष्ट स्वयंसेवक" हा राज्यस्तरीय पुरस्कार विद्यार्थ्यांस मिळणारे टिळक आयुर्वेद महाविद्यालय एकमेव आहे. डॉ. ऐश्वर्या मंदार रानडे ह्यांचे मार्गदर्शन श्री. प्रसाद वाघमोडे ह्यांना लाभले होते. टिळक आयुर्वेद महाविद्यालय व आयुर्विद्या मासिक समिती ह्यांचेतर्फे श्री. प्रकाश वाघमोडे ह्यांचे हार्दिक अभिनंदन व शुभेच्छा.



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प्रतिसाद स्पर्धांना लाभल्याचे सांगितले व सविस्तर अहवाल सादर केला. स्पर्धेतील पारितोषिक विजेत्यांना व्यासपीठावरील सर्व मान्यवरांच्या हस्ते पारितोषिकांचे वितरण करण्यात आले. वैद्य वृंदा साठ्ये लिखित 'अग्निकर्म चिकित्सा' पुस्तकाच्या हिंदी आवृत्तीचे प्रकाशन अध्यक्ष डॉ. वि.वि. डोईफोडे ह्यांच्या हस्ते करण्यात आले.

अध्यक्षीय भाषणात डॉ. डोईफोडे ह्यांनी राष्ट्रीय शिक्षण

मंडळाने केलेल्या प्रगतीचा आढावा घेतला व भविष्यात संस्थेला प्रगतीच्या उच्च शिखरावर नेण्याची ग्वाही दिली.

डॉ. भालचंद्र भागवत ह्यांनी आभार प्रदर्शन केल्यानंतर समारंभाची टाळ्यांच्या गजरात सांगता झाली.

डॉ. मिहीर हजरनवीस व डॉ. विनया दीक्षित ह्यांच्या खुमासदार शैलीतील सूत्रसंचलनामुळे समारंभाच्या भव्यतेत व आकर्षकतेत मोलाची भर पडली.



## Report of the National Seminar on Ayurvedic Management of Skin Disorders (Twak Vikara)

Dr. Mihir Hajarnavis

**National Seminar on Ayurvedic Management of Skin disorders** was organized jointly by RSM's Center for Postgraduate Studies and Research in Ayurved of Tilak Ayurved Mahavidyalaya and Association of Integrated Medical Specialists of India on 2<sup>nd</sup> and 3<sup>rd</sup> February 2020. The scientific sessions and poster presentations were held on 2<sup>nd</sup> February 2020. The scientific session began with feast of knowledge by the lecture of Vd.Prashant Suru, a renowned Ayurvedic practitioner from Pune. He delivered his lecture on the Panchabhautik aspect of Skin Disorders. The panchamahabhuta theory, classification of herbs as per mahabhuta and case studies were presented in this lecture. Prof. S. V. Deshpande was the chairperson for this lecture.

This lecture was followed by the **Inaugural function**. Dr. V. V. Doiphode, President of Rashtriya Shikshan Mandal presided over the function. Dr. Vijay Warad, renowned Paediatric and allergy specialist was the Chief

Guest for the function. He presented his views and experiences in the treatment of skin allergies. Dr. B. K. Bhagwat, Vice President R.S.M., Dr. D. P. Puranik, Director, C.P.G.S and R.A. and Secretary, R.S.M, Dr. V. N. Shendye President, A.I.M.S of India and Dr. S. V. Deshpande, Principal, T.A.M.V, were present on dais for the function.

The next scientific session was on The Ayurvedic management of Psoriasis. Dr. Sunil Vasistha, a senior Ayurved Consultant from Ahmedabad shared his experiences with case studies on this topic. Prof. Mukund Erande and Prof. Minakshi Randive were in the chair, co chair respectively for the session.

Vaidya Ramdas Avhad from Kopargaon, Ahmednagar delivered his thoughts on Panchakarma practices in Skin disorders. He shared his experiences on panchakarma treatment- vaman, virechana, raktamokshan and other therapies in various skin ailments with case studies. Prof. Maya Gokhale and Prof. Manish Bhojar were in the chair, co chair



**Inaugural Function:**

From Left -

Dr. S.V. Deshpande,

Dr. B.K. Bhagwat,

Dr. V.V. Doiphode,

Dr. Vijay Warad,

Dr. D.P. Puranik,

Dr. V.R. Dixit,

Dr. M.S. Hajarnavis.

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Release of Ayurvediya Issue dedicated to Skin Disorders. From Left - Dr. V.N. Shendye, Dr. S.V. Deshpande, Dr. B.K. Bhagwat, Dr. V.V. Doiphode, Dr. Vijay Warad, Dr. D.P. Puranik, Dr. V.R. Dixit, Dr. S.V. Patil, Dr. M.S. Hajarnavis.

for the session.

Vaidya Pramod Kulkarni, Ayurvedic Twacharog consultant delivered his lecture with experiences related to eczema, ringworm, fungal skin diseases on the topic Ayurvedic management of Kshudra Kustha. Prof. N. V. Borse and Prof. Nilima Amrute were in the chair, co chair for the session.

The last scientific session was on the Clinical and Cosmetic Management of Facial Skin Disorders. Vaidya Sarita Vaidya delivered the lecture on this topic with live demo on the facial skin treatments. Prof. Minal Lad, Prof. Apoorva Sangoram were the chair, co chair for the session. There were around 400 delegates registered for the seminar. The organizing committee was felicitated at the hands of Prof. Dr. D. P. Puranik and Dr. V. N. Shendye after the seminar. Prizes of posters were given.

The posters were presented on different

aspects of Ayurvedic Management of Skin disorders. Prof. Vidya Undale and Vaidya Sachin Kadlag were the examiners for posters.

Paper presentations were organized on 3/2/2020. Total 110 papers were presented. 24 papers by teachers and 86 papers in the PG students category were presented.

Vaidya Nilesh Kulkarni and Vaidya Laxman Lavgankar received the first prize, Dr. S. S. Parchure second prize and Dr. Vidya Naik third prize in teachers category. Prof. Vrinda Kaknurkar, Prof. Manjiri Deshpande, Prof. Indira Ujagare, Prof. Nilesh Kulkarni, Prof. Minakshi Randive, Prof. Anil Deshpande, Prof. Sangeeta Salvi and Prof. Mohan Joshi were the judges for the paper presentations.

Prof. Saroj Patil, Prof. Mihir Hajarnavis and Prof. Vinaya Dixit worked as Programme Directors for the seminar. Dr. D. P. Puranik was the 'Mentor' of event.



### Prof. Dr. Rajendra Huparikar appointed on Symbiosis University

Recently, Prof. Dr. Rajendra Huparikar, Head of Panchakarma Dept. of Tilak Ayurved Mahavidyalaya has been nominated as Member of Governing Body of Symbiosis University of Applied Sciences, Indore. Dr. Rajendra Huparikar, has also been nominated as Member of Symbiosis Skills and Open University, Pune and Member of Board of Management of Skills and Open University, Pune.

Prof. Rajendra Huparikar is working as Executive Director of R.S.M.'s Chetan Dattaji Gaikwad Institute of Management studies.

Rashtriya Shikshan Mandal, Tilak Ayurved Mahavidyalaya, C.D.G.I.M.S, RIHSM and Ayurvediya Masik Samiti Congratulates Prof. R.S. Huparikar for the Nominations.

### Congratulations



Dr. Rajendra Huparikar

### Prof. Dr. Manjiri Deshpande nominated as Faculty on KLE University

Dr. Manjiri S. Deshpande, Associate Professor of Rognidan, TAMV has been nominated as Member of the Faculty of Ayurved of KLE Academy of Higher Education And Research, Deemed To Be University, Belagavi, Karnataka. This appointment is for a period of two years. w.e.f. 1st Jan 2020.

Tilak Ayurved Mahavidyalaya, C.P.G.S. & R.A. and Ayurvediya Masik Samiti congratulate Dr. Manjiri Deshpande for this prestigious appointment.



Dr. Manjiri S. Deshpande

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## Report

# National Seminar on Joint Disorders

Dr. Mrs. Vinaya Dixit

Centre for Post Graduate studies and Research in Ayurved of R.S.M.'s Tilak Ayurved Mahavidyalaya had organized successfully a "National Seminar on joint disorders" in association with A.I.M.S. of India on 13th January 2019 at Tilak Ayurved Mahavidyalaya, Pune.

**Inaugural Function** - Hon. Dr. V. V. Doiphode, President of R.S.M. Presided over the function. Hon. Dr. D. P. Puranik, Director of C.P.G.S. and R.A., Dr. V. N. Shendye, President of A.I.M.S. of India, Hon. Dr. R. N. Gangal, Treasurer of R.S.M. were the dignitaries on the dais.

The Vaidyas and researchers from all over India had gathered enthusiastically to participate actively in this academic event.

In the **Charaka session** Hon. Vd. Shirang Galgali from Pune delivered his lecture on "Concept, Nidan and Chikitsa of Sandhi Vikara". Hon. Prof. Vd. Rajalaxmi M.G. from SDM Ayurved College Udipi confidently explained applied Panchakarma in joint disorders. The inaugural function was again full of curiosity and

celebrations.

The tea break was followed by **Vagbhata session**. Hon. V. D. Mahesh Thakur from Dombivli confidently explained Application of Guggulu preparations in Sandhi Vikara as per Avastha. Hon. Vd. Sunil Inamdar from Kolhapur explained Ayurvedic management of spine disorders. The delicious lunch refreshed everyone to join for **Sushruta session**. Hon. Vd. Uday Talhar from Jalgaon confidently explained Agnikarma Chikitsa in Sandhi Vikara. Hon. Vd. Shrish Deshpande from Pune explained Bandha Chikitsa in joint Disorders to conclude the Sushruta session.

The valedictory function was again full of curiosity and celebrations. The prizes were declared for the poster competition which was conducted on the same theme of seminar.

- 1) **First Prize** - Vd. Anand Londhe And Vd. Swapnil Bhakare - TAMV, Pune.
- 2) **Second Prize** - Vd. Devika Ambetkar - TAMV Pune.
- 3) **Third Prize** - Vd. Khode Nakul SSAM, Pune, Prof. Pradnya Gathe and Dr. Sushrut Gadgil, TAMV, Pune.



Inauguration of Seminar. Dr. K. H. Sancheti lighting holy lamp. From Rt. Dr. Hajarnavis, Dr. Mrs. Saroj Patil, Dr. Puranik, Dr. Sancheti, Dr. Doiphode, Dr. Gangal, Dr. Shendye.



Dr. Shirang Galgali delivering the speech



Vd. Rajalaxmi delivering the speech



◀ Ayurvediya Special Issue on Joint Problems released by Padma Vibhushan Dr. K.H. Sancheti. In picture from lft. Dr. Shendye, Dr. Gangal, Dr. Doiphode, Dr. Sancheti, Dr. Puranik, Dr. Patil, Dr. Hajarnavis, Dr. Dixit.

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## National Seminar on Lifestyle Disorders

डॉ. सौ. मिनाक्षी रणदिवे, Organizing Secretary

दिनांक २२-९-१९ व २३-९-१९ रोजी टिळक आयुर्वेद महाविद्यालयाच्या शारीरिक्रिया विभागातर्फे Lifestyle Disorders या विषयावर दोन दिवसांचा नॅशनल सेमिनार घेण्यात आला. सेमिनारच्या उद्घाटन समारंभाचे अध्यक्षस्थान राष्ट्रीय शिक्षण मंडळाचे अध्यक्ष डॉ. वि.वि. डोईफोडे यांनी भूषविले. माननीय डॉ. एन. जे. पवार Vice chancellor, D.Y. Patil University, Pune हे प्रमुख पाहुणे म्हणून उपस्थित होते.

सदर कार्यक्रमांमध्ये आयुर्विद्या मासिकाचा - Lifestyle Disorders या सेमिनारकरीताचा विशेष अंक मान्यवरांच्या हस्ते प्रकाशित करण्यात आला. सदर कार्यक्रमाच्या प्रसंगी व्यासपीठावर राष्ट्रीय शिक्षण मंडळाचे सचिव, मा. डॉ. दि. प्र. पुराणिक, प्राचार्य, डॉ. देशपांडे, प्रा. डॉ. सौ. रणदिवे, उपप्राचार्य मा. डॉ. सौ. सरोज पाटील, उपप्राचार्य मा. डॉ. मिहीर हजरनवीस हे उपस्थित होते.

**Session- 1** - व्याख्याते - मा. वैद्य एल. महादेवन- विषय- Treatment experiences in Lifestyle Disorders.

**Session- 2** - व्याख्याते - मा. वैद्य उपेंद्र दीक्षित- गोवा विषय-Ayurvedic Pathophysiology in Diagnosis and Treatment of Cancer. व्याख्याते - मा. वैद्य नरेंद्र पेंडसे- पुणे. विषय- Practical experiences of using Nondrug Ayurvedic Interventions in Lifestyle Disorders Spectrum.

**Session- 3** - व्याख्याते - मा. वैद्य गोपा कुमार. विषय - Complications of Diabetes and its Ayurvedic Management. व्याख्याते - मा. वैद्य महेश ठाकूर, मुंबई.

विषय - Hypertension - Ayurvedic view.

सायंटिफिक सेमिनार संपल्यानंतर सायंकाळी ५ वाजता Valedictory function आयोजित करण्यात आले होते. या कार्यक्रमाच्या अध्यक्षस्थानी मा. डॉ. दि. प्र. पुराणिक, सचिव, राष्ट्रीय शिक्षण मंडळ व संचालक पदव्युत्तर विभाग हे होते तर प्रमुख अतिथी म्हणून एम.सी.आय.एम. चे अध्यक्ष मा. डॉ. आशुतोष गुप्ता हे होते. कार्यक्रमाचे प्रास्तविक महाविद्यालयाचे प्राचार्य मा. डॉ. स. वि. देशपांडे यांनी केले. दिवसभरामध्ये झालेल्या व्याख्यानांविषयी माहिती डॉ. सौ. मीनाक्षी रणदिवे यांनी दिली. सदर कार्यक्रमांमध्ये

सर्व समिती सदस्यांचे सत्कार मान्यवरांचे हस्ते करण्यात आले, तसेच सेमिनार निमित्त अध्यापकांकडून मागविण्यात आलेल्या शास्त्रीय लेखांच्या परिक्षणाचा निकाल जाहीर करण्यात आला व बक्षीस मिळविलेल्या अध्यापकांचा सत्कार करण्यात आला. यामध्ये प्रथम पारितोषिके १) डॉ. प्रियदर्शन जोगळेकर व २) द्वितीय पारितोषिक विभागून सौ. मिनाक्षी रणदिवे व डॉ. सौ. सरीता भुतडा - गुजरात यांना देण्यात आली. दिनांक २३-९-१९ रोजी रिसर्च पेपर्स प्रेझेंटेशन व पोस्टर प्रेझेंटेशनस घेण्यात आली. एकूण १५० अध्यापक व पदव्युत्तर विद्यार्थ्यांनी यामध्ये सहभाग घेतला.

अत्यंत यशस्वी झालेल्या सेमिनारच्या आयोजनात प्राचार्य डॉ. स.वि. देशपांडे (Org. Chairman), प्रा. मिनाक्षी रणदिवे (Org. Secretary), डॉ. लक्ष्मण लावगणकर, डॉ. तरनूम पटेल, डॉ. स्वाती चौधरी, डॉ. तनूजा सावंत व श्रीमती वर्षारणी धिवार ह्यांनी महत्त्वाची जबाबदारी पार पाडली.

महाविद्यालयातील पुढील अध्यापकांनी बक्षिसे मिळविली.

### Research Paper Presentation-

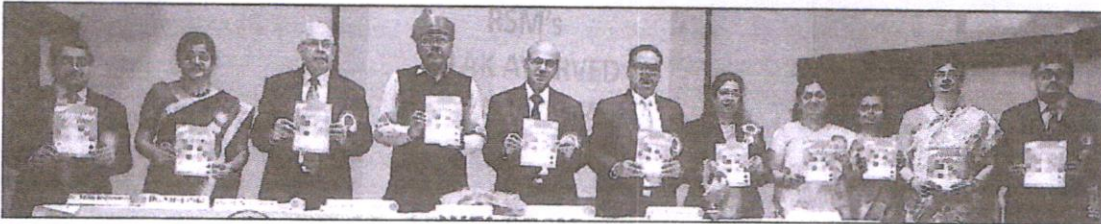
- १) डॉ. अश्विनी निंबाळ - कर्नाटक-प्रथम पारितोषिक
- २) डॉ. अनिल देशपांडे व डॉ. अंजली दामले- द्वितीय पारितोषिक विभागून
- ३) डॉ. सौ. प्रिया देशपांडे - तृतीय पारितोषिक

### Poster-Presentation-

- १) डॉ. अश्विनी कांबळे - प्रथम पारितोषिक
- २) डॉ. अस्मिता नारकर - तृतीय पारितोषिक



उद्घाटनसमारंभ दीपप्रज्वलन प्रसंगी उजवीकडून- डॉ. सौ. सरोज पाटील, डॉ. मिहीर हजरनवीस, मा. डॉ. दि. प्र. पुराणिक, मा. डॉ. एन. जे. पवार, मा. डॉ. वि. वि. डोईफोडे, मा. डॉ. स.वि. देशपांडे, मा. डॉ. सौ. मीनाक्षी रणदिवे.



उद्घाटनसमारंभ - आयुर्विद्या विशेष अंक प्रकाशन.

उजवीकडून- डॉ. मिहीर हजरनवीस - उपप्राचार्य, डॉ. सौ. सरोज पाटील - उपप्राचार्य, मा. डॉ. दि. प्र. पुराणिक - सचिव - राष्ट्रीय शिक्षण मंडळ, मा. डॉ. एन. जे. पवार - प्रमुख अतिथी V.C. D.Y. Patil University, Pune, मा. डॉ. वि. वि. डोईफोडे - अध्यक्ष - राष्ट्रीय शिक्षण मंडळ, मा. डॉ. स.वि. देशपांडे - प्राचार्य, मा. डॉ. सौ. मीनाक्षी रणदिवे, डॉ. सौ. तरनूम पटेल, सौ. वर्षारणी धिवार, डॉ. सौ. विनया दीक्षित- उपसंपादक- आयुर्विद्या मासिक, डॉ. लक्ष्मण लावगणकर.



## A Report

### Update Shalakyatantra 2019 - Conference

- Prof. Dr. Sangeeta Salvi,  
M.D., Ph.D. (Ayu.), HOD Shalakyatantra dept. T.A.M.V., Pune.

The 5th International and 16th National Conference of The Association of Shalaki (TAS India) was organized by RSM's CPGS & RA of Tilak Ayurved Mahavidyalaya in collaboration with The Association of Shalaki at Tilak Ayurved Mahavidyalaya, Pune from 27th to 29th December 2019.

The theme of the Conference was "**Recent advances and integrative approach in the management of current ENT, Ophthalmological and dental conditions**".

**Friday, 27th December -**

**Pre Conference workshop** - The workshop was organized in 2 parts - hands on training and live demonstrations of the local treatment procedures done in Shalakyatantra. The hands on training was divided in 3 parts - cataract surgery by SICS method, cataract surgery by phaco emulsification method and cadaveric endonasal DCR.

**Saturday, 28th December 2019 -**

The Scientific session I - began with the **Key Note address** from **Dr. Kartar Singh Dhiman**, Director General of CCRAS. The topic of the key note address was -

Optimization of Aschyotana Kriyakalpa - a pre requisite process for standardization.

The second **Key note address** was given by **Dr. Rajesh Pawar**, Director of NIMI Research Centre, Pune. The topic of the key Note address was - Integrative approach of treating Glaucoma - case study.

Following Guest speakers delivered their lectures -

1) **Dr. Haridra Dave** - President TAS India  
**Topic** - Scope of Ayurved dentistry

2) **Dr. Seemab Shaikh** - well known ENT surgeon  
**Topic** - Sleep apnoea

3) **Dr. Sunil Kumar** - well known Shalaki from Kerala  
**Topic** - 3rd nerve palsy and leech therapy

4) **Dr. Priyani Peiris** - from Sri Lanka  
**Topic** - Indigenous management of oral lichen planus

**Inaugural ceremony** - The Inauguration of the grand trade exhibition was done at the hands of Chief Guest **Hon.ble AYUSH Minister Shri Shripadji Naik**.

The Chief Guest of the Inaugural function was AYUSH Minister **Hon.ble Shri Shripadji**



Inauguration of Conference . From Rt. Dr. Salvi, Dr. Keskar, Dr. Dave, Dr. Khamgaonkar, Dr. Dhiman, Shri Naik, Dr. Doiphode, Dr. Lahore, Dr. Gangal, Dr. Deshpande, Dr. Zende.

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**Conferring Legend Shalaki Award.**  
From Rt. Dr. Dave, Dr. Salvi, Dr. Keskar, Shri Naik, Vd. Pandya, Dr. Dhiman, Dr. Khamgaonkar, Dr. Doiphode, Dr. Gangal, Dr. Deshpande, Dr. Lahore, Dr. Zende.

**Naik.** The Guest of honour was **Hon.ble Dr. Mohan Khamgaokar**, Pro vice Chancellor of Maharashtra University of Health Sciences, Nashik and **Hon.ble Dr. Kartar Singh Dhiman**.

President of Rashtriya Shikshan Mandal **Dr. V. V. Doiphode** presided over the function.

All the dignitaries on the dais were introduced and welcomed by the Organizing Chairman Dr. S. V. Deshpande.

Organizing Secretary, Dr. Sangeeta Salvi informed about the Conference and its proceedings.

Chief Guest, Guests of Honour and the other dignitaries on the dais inaugurated the conference by lighting the holy lamp.

Dr. Haridra Dave, President of The Association of Shalaki (TAS India), spoke briefly about the working of the Association and welcomed all the delegates for the International event.

The main attraction of the Inaugural ceremony was the conferring of **The Legend Shalaki award**, which is given by the Association to the eminent personalities in the field of Shalakyatantra. This year, the legend Shalaki award was given to **Dr. Narhari Pandya**, at the hands of the Chief Guest.

The **Souvenir** was released at the hands of Chief Guest **Hon.ble AYUSH Minister Shri Shripadji Naik**.

Hon.ble AYUSH Minister declared the Conference open and expressed his views. He congratulated the Organizing Committee and addressed the audience. He appealed to all the attending delegates to bring Ayurveda to a global level.

The Ayurvediya special issue was released at the hands of Hon.ble Dr. Mohan Khamgaokar. Dr. Khamgaokar expressed his views and asked the organizers to compile the scientific papers and publish it in peer reviewed journals.

The Community Ophthalmology oration award is sponsored by Dr. Madhusudan Jhamwar for the work done by Shalakis in Community Ophthalmology. This year the oration award was given to Dr. Umeshchandra Sudrik for his contribution in the field of Community Ophthalmology.

The E-books done by The Association of Shalaki were released at the hands of the President of the function Dr. V. V. Doiphode.

A formal vote of thanks was given by Dr. Radhesham Zende.

Dr. Mihir Hajarnavis and Dr. Vinaya Dixit were the masters of the ceremony.

**Scientific session III - The key Note address** was delivered by **Dr. J. K. Shah**, a senior Ophthalmologist from Mumbai. Dr. J. K. Shah spoke on Macular degeneration and Glaucoma.

Following Guest speakers delivered their lectures -

1) **Dr. Vikas Kulkarni** - ENT surgeon  
**Topic** - Advances in Rhinoplasty technique  
2) **Dr. Tushar Kalekar** - Radiologist  
**Topic** - Radiology of orbit and paranasal sinuses

3) **Dr. Pramod Diwan** - Leading Shalaki  
**Topic** - Management of Karnanada

**Scientific session IV -**

1) **Key Note address - Dr. Sudhir Kothari** - Leading and senior Neurophysician







**Community Ophthalmology Oration Award.**  
From Left- Dr. Dhiman, Dr. Sudrik, Dr. Keskar,  
Dr. Jhamwar, Dr. Dave, Dr. Salvi.



**Dr. Patil delivering a lecture on  
Endoscopic Tympanoplasty.**

**Topic** - Common neurological pitfalls

2) **Dr. Marcela Luiz** - Ophthalmologist from Argentina  
**Topic** - Scope of Ayurved practice in Argentina

3) **Dr Sanjay Kumar** - Shalaki

**Topic** - Oculoplasty.

**Day 3, Sunday 29th December -**

1) **Key Note address - Dr. Sundeep Salvi** -  
Researcher and Chest physician

**Topic**- Beauty and power of breath

2) **Dr. Amod Patankar** - Dentist

**Topic** - Dental implants - new horizons in dentistry

3) **Dr. Kailas Sant.** **Topic** - Ossiculoplasty.

4) **Dr. Manjusha R.**

**Topic** - Dry eye - understanding and clinical experience.

**The Scientific session VI -**

1) **Key Note address - Dr R. N. Patil** - leading and senior ENT surgeon

**Topic** - Endoscopic tympanoplasty.

2) **Dr. Mahesh Kasav** - Shalaki (Netra).

**Topic** - Phakic IOLs in refractive surgery

3) **Dr. Pranav Bhagwat** - Senior Shalaki

**Topic** - ENT and Ayurveda - case studies

There was a display of some rare and interesting ENT cases which was well appreciated by the audience.

**Scientific session VII -**

1) **Key Note address - Dr Milind Navlakhe** -

**Topic** - Recent advances in Cochlear implant

2) **Dr. Kavita Dhamdere** - Ophthalmologist from USA

**Topic** - Impact of technological advances on



**Valedictory Function.** From Left - Dr. Jaydeep Gangal,  
Dr. Zende, Dr. Deshpande, Dr. Doiphode, Dr. Puranik,  
Dr. Dave, Dr. Salvi.

ocular health and its management.

3) **Mr. Purushottam Pandit** - Insurance practitioner. **Topic** - Indemnity insurance

4) **Dr. Mandar Ranade** - Lawyer and Ayurved practitioner **Topic** - Updates in "medicolegal problems".

**Paper presentation sessions** - There were paper presentation sessions which were run in 3 different classes in the 3 day conference. Total 140 scientific papers were presented.

**Valedictory function** - After a grand feast of knowledge for the 3 day conference, the Valedictory function took place on the 29th December 2019 at 5 pm at the NIMA auditorium. **Prof. Dr. D. P. Puranik** - Patron of TAS (India) was the Chief Guest of the function. **Dr. V. V. Doiphode** - President of Rashtriya Shikshan Mandal presided over the function.

Organizing Secretary **Dr. Sangeeta Salvi** gave a brief report of the 3 day conference and was very satisfied to declare that the 3 day International event went on smoothly and was a grand success.

The winners of the Young Scientist award





were Dr. Praveen Balkrishnan from Kerala and Dr. Eshwari Salian from Parul University, Gujarat. The second best paper was bagged by Dr. Raju S N from Karnataka and the third best paper was Bagged by Dr. Gayatri Bokade from Maharashtra.

A formal vote of thanks was given by the Asst. Organizing Secretary - Dr. Jaydeep Gangal. Dr. Shamli Zinjad was the master of

the ceremony.

The 3 day International Conference ended by the National Anthem.

The total delegates who got registered for the Conference on 28th and 29th December were 417. Out of these 417 delegates 5 delegates were from Sri Lanka, one from Argentina and one from USA.



## A Report

### "National Conference - Anveshanam - 3.0" Research & Innovations in Healthcare & Business Management

- Prof. Rashmi Mate

**The Third National Conference "Anveshanam - Research and Innovations in Healthcare and Business Management** was organized by RSM's Chetan Dattaji Gaikwad Institute of Management Studies, Pune on 5<sup>th</sup> and 6<sup>th</sup> November, 2019.

The conference was inaugurated by Chief Guest **Prof. Dr. Gerhard Fortwengel**, Professor at the University of Applied Sciences and Arts, Hannover, Germany and Represents Bioethics Chair in UNESCO, in the presence of **Dr. V. V. Doiphode**, Hon. President of Rashtriya Shikshan Mandal, **Prof. Dr. Dnyanesh Limaye**, Unit Head of Clinical Research and Epidemiology, Hochschule Hannover, Germany, **Dr. R. S. Huparikar**, Executive Director of CDGIMS, **Dr. Atul Kapdi**, Academic Director of CDGIMS and **Dr. Milind Kulkarni**, Director of CDGIMS by lighting of the lamp before Goddess Saraswati. This conference was organized to provide competent forum for researchers from Academia, Industry and Research. Dr. Atul Kapdi welcomed the delegates and participants for the International Conference by highlighting the reasons for planning of this healthcare and Business conference and added glimpse of future of Healthcare Management in India.

After the inaugural part, other sessions on relevant themes were organized in which contributors from different parts of the country, participated and presented their papers. Participants from the Shivaji University, Kolhapur, Dr. MGR Medical University, Chennai, Sinhadgad Busines School, Pune and various Clinical Research Organization employees did the major contribution. These sessions were chaired by Prof. Dr. Gerhard Fortwengel, Prof. Dr. Dnyanesh Limaye, Prof. Dr. Atul Kapdi and Prof. Dr. Shailesh Siddhatekhar.

**Session 1-** The European Union's General Data Protection Regulation by Prof. Dr. Gerhard Fortwengel.

**Session 2-** Publication Ethics by Dr. Shubhada Nagarkar.

**Session 3 -** Competitive Advantage in Pharmaceutical Industry by Dr. Shriharsha Puranik.

**Session 4 -** Biohacking by Dr. Atul Kapdi.

**Session 5 -** Use of Technology for Personalized Medicine by Dr. Aniruddha Joshi.

**Session 6-** Health, Diet, Facts and Fads - by Mrs. Amruta Bhalerao.

Eminent Indian nutritionist and fitness expert, Mrs. Amruta Bhalerao was sixth keynote speaker of the conference. She delivered a lecture on "Health, Diet, Facts and

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Principal  
Tilak Ayurved Mahavidyalaya  
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## REPORT BHASHYAKAAR 2018

Prof. Dr. Mohan Joshi

Sanskrit Samhita Siddhant Department of Tilak Ayurved Mahavidyalaya, Pune organized a National seminar on **Bhashyakaar 2018 "Contribution of commentators of Charak Samhita"** on 4th March 2018.

The precious knowledge of Ayurveda has been written and preserved in form of Samhita. Samhitas are the base of Ayurveda. Time to time Samhitas have been rewritten, edited and compiled and changes has been made according to evolution of mind of humans. Commentators are the bridges between ancient and modern era of samhitas. Work of commentators is an unexplored field in Ayurveda and this seminar was organized to explore the new way of thinking for better applicability of knowledge by commentators of Charak Samhita.

Seminar received a huge response from Ayurved community all over India. 170+ delegates participated in the seminar from colleges like IPGT&RA Jamnagar, Shivalik College Dehradun, Uttarakhand, Hassan College Karnataka, Ayurved College Goa, Madhya Pradesh, Andhra Pradesh and various places from Maharashtra like Mumbai, Solapur, Yavatmal, Nagpur, Nashik and Pune. Seminar was open to everyone from Ayurveda

Background- UG, PG, Practitioners and Teachers.

The idea was to explore the work of commentators on Charak Samhita. Any Idea, stanza, shlok, chapter, sthana or complete Samhita was to be reviewed by the eyes of commentators and comparative analysis was to be done. In this theme, papers were invited for oral presentation. Even though the subject was not easy, 65+ abstracts were received for oral presentation, out of which 15+ abstracts were from faculty members of Samhita dept. working in different colleges all over India.

Seminar started at sharp 8 am in N.I.M.A Hall, TAMV, Pune with the blessings of Lord Dhanwantari. Teachers and students were divided into 3 groups for Parallel sessions of Oral Paper presentations that took place in separate auditoriums. About 45 oral paper presentations took place in morning session. After breakfast and tea, seminar begin with Concept note speech by Dr. Mohan R. Joshi Organizing secretary. First Scientific session begin with the lecture of Dr. Anant Dharmadhikari (Ph.D Kayachikitsa, Ex-Director of Ayurved- Maharashtra State) who spoke on "Contribution of Commentators on ChikitsaSiddhant" followed by lecture of Dr. Abhijeet Saraf (M.D., Ph.D. (Samhita) P.G.D.P.C. (psychological counselling), M.S. (counselling & psychotherapy) on " Methodology of study of commentaries". Both the lectures were extremely knowledgeable. First scientific session was chaired



**'Team Bhashyakaar 2018'- (Left to Right)**  
Dr. Jai Kudtarkar, Dr. Apurva Tungar, Dr. Manisha Singla, Dr. Aniket Patil, Dr. Shruti Jagdale, Miwa Shimamune, Dr. Madhura Kulkarni, Dr. Supriya Gore, Dr. Mohan Joshi, Dr. Samarth Kotasthane and Dr. Pratik Mehta.



**Validictory Function of 'Bhashyakaar 2018'. (Left to Right) Dr. Sadanand Deshpande, Dr. Ramesh Gangal, Dr. V.V Doiphode, Dr. Venkat Dharmadhikari and Dr. Mohan Joshi**

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by Dr. Yashashri Joshi and co-chaired by Dr. Saroj Patil. On this occasion, book written on "Tantrayukti" by Dr. Gayatri Deshpande who is alumini of Sanskrit Samhita Siddhant Department, TAMV was released by the hands of Dr. Anant Dharmadhikari.

Dr. Mahesh Vyas (Prof. & H.O.D Sanskrit Samhita Siddhant Dept., AIIA, New Delhi) were the resource person of the second scientific session and lecture was delivered on the topic " Impact of commentators on understanding of Charak Samhita". This session was chaired by Dr. Mridula Joshi and Dr. Mihir Hazarnavis. Lecture was highly appreciated by the audience. Video clips related to commentaries by eminent ayurvedic scholars were played in between the sessions.

After delicious lunch, third scientific session was scheduled which was chaired by Dr. Madhuri Bhide and Co-chaired by Dr. Yogita Jamdade. Dr. Upendra Dixit (Prof. & HOD Samhita Dept, LKRAM, Kolhapur) being the resource person delivered the lecture on the subject " Clinical applications of some important concepts explained by Chakrapani". The lecture was well received by the audience.

To Judge understanding of concept of seminar, Online quiz was organized for all delegates and was coordinated by Dr. Mohan Joshi. 147 delegates actively participated in the quiz on commentaries

of CharakSamhita.

Second session of invited Oral paper presentations consisted of papers by ayurved faculties from all over India. There were 15+ presentations by senior as well as junior faculty members of Ayurved colleges.

Valedictory function was organized in the presence of Dr. V. V. Doiphode, Dr. Ramesh Gangal, Dr. Venkat Dharmadhikari (Chief guest of the seminar) and Dr. Sadanand Deshpande (Principal TAMV, Pune). The awards were given away for best paper presentations to Dr. Rajkumar Chinthala, Dr. Ashwini Srinath, Dr. Maithili Nesargi, Dr. Trushali Pawar.

Appreciation, Motivation and encouragement was given by all the dignitaries on the dice.

Seminar ended with a thank you note by Dr. Mohan Joshi.

The program was successful by the guidance of Dr. V. V. Doiphode, Dr. D. P. Puranik, Dr. Sadanand Deshpande and faculty members Dr. Madhura Kulkarni, Dr. Bharti Kanoj, Dr. Samartha Kotasthane, Dr. Supriya Gore and post graduate students Dr. Ashvini kamble, Dr. Jai kudtarkar, Dr. Aniket Patil, Dr. Shruti Jagdale, Dr. Manisha Singla, Dr. Pratik Mehta, Dr. Avinash Bharti, Dr. Apoorva Tungar. Similarly support of experts who contributed audio visual clips and sponsors of the seminar.



## आरोग्यदीप २०१८ दिवाळी अंक मुखपृष्ठ स्पर्धा

निवेदन

राष्ट्रीय शिक्षण मंडळ संचालित आयुर्विद्या मासिकातर्फे स्वास्थरक्षण व आरोग्यसंवर्धन या विषयावरील तज्ज्ञांचे लेख, जे सामान्यजनांना अतिशय उपयुक्त व संग्राह्य असतात असे 'आरोग्यदीप' दिवाळी अंकातून प्रसिद्ध होतात. २०१८ दिवाळी अंकाचे मुखपृष्ठ चित्र कसे असावे यासाठी ही स्पर्धा आयोजित करण्यात येत आहे. या स्पर्धेचे नियम व अटी खालीलप्रमाणे-

**स्पर्धेत कोण सहभाग घेऊ शकतो?** राष्ट्रीय शिक्षण मंडळाच्या सर्व घटक संस्थांमधील कार्यरत व्यक्तीवर्ग जसे टिळक आयुर्वेद महाविद्यालयातील अध्यापक/अध्यापकेतर/विद्यार्थी वर्ग याप्रमाणे.

**स्पर्धेची फी- कोणतीही फी नाही. सहभाग मोफत आहे. स्पर्धेचा कालावधी - ०१ जून २०१८ ते ०९ ऑगस्ट २०१८**

**स्पर्धेचे नियम व अटी-** ● स्पर्धकाने स्वतःच्या कल्पनेतून संपूर्ण **A4** आकारातील रंगीत मुखपृष्ठ रेखाटून करावे. 'आरोग्यदीप' ही अक्षरे फक्त मागील तीन अंकाप्रमाणेच येतील. ● **PDF** व **CORELDRAW** स्वरूपात किंवा **JPEG image** स्वरूपात तयार केलेले मुखपृष्ठ ०९ ऑगस्ट २०१८ पर्यंत **ayurvediyamasik@gmail.com** येथे **email** करावे.

● **subject** मध्ये स्पर्धेचे नाव असावे. सोबत स्पर्धकाचे पूर्ण नाव, कार्यरत घटक संस्थेचे नाव, स्पर्धकाचा पत्ता व दूरध्वनी क्रमांक कळवावा.

मुखपृष्ठाची रंगीत **A4** प्रत कार्यालयात जमा करावी.

● मुखपृष्ठ हे आरोग्यदीपच्या संकल्पनेस अनुसरून असावे.

● निवड झालेले मुखपृष्ठ २०१८ च्या अंकासाठी वापरले जाईल व त्यास पारितोषिक ही देण्यात येईल.

● स्पर्धेच्या परिक्षकांचा निर्णय अंतिम असेल.



June 2018



Ayurvedya Masik

Principal

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## Report

### Seminar On Update In Clinical Practices

Dr. Manjiri Deshpande, Dr. Rashmi Bhise

C.P.G.S. & R.A. (Centre for Post Graduate Studies & Research in Ayurveda) of Tilak Ayurved Mahavidyalaya, Pune and The Association of Integrated Medical Specialists of India had jointly organized Seminar on "Update in Clinical Practices in Gastroenterology And Dermatology" on 27<sup>th</sup> of September 2018 at 2 pm at N.I.M.A. Auditorium of Tilak Ayurved Mahavidyalaya.

The seminar commenced with blessings of Lord Dhanwantari by Poojan and Recitation of Dhanwantari Stawan.

Inauguration began in the presence of following dignitaries on the dais; Hon. Dr. V. V. Doiphode, President, Rashtriya Shikshan Mandal (R.S.M.), Hon. Dr. D. P. Puranik, Director, C.P.G.S. & R.A. of Tilak Ayurved Mahavidyalaya, Dr. S.V. Deshpande, Principal, T.A.M.V. & Vice President A.I.M.S., Dr. V.N. Shendye, President of A.I.M.S., Dr. Mandar Doiphode, Gastroenterologist, Pune, Dr. Manjiri Deshpande, Secretary A.I.M.S. & Program Director, Dr. Rashmi Bhise, Treasurer A.I.M.S. & Program co-ordinator and Dr. Mihir Hajarnavis, Member A.I.M.S., (C.C.)

Program co-ordinator Dr. Rashmi Bhise, Welcomed all the dignitaries and participants in the seminar. Dr. Manjiri Deshpande briefly informed about seminar on "Update in Clinical Practices in Gastroenterology and Dermatology" and gave Welcome on behalf of The Association of Integrated Medical Specialists of India.

Dr. V. N. Shendye briefed about progress of A.I.M.S. over the past 20 years and other active workshops, seminars & programs organized every year by AIMS.

Lecture seminar began with felicitation of Dr. Mandar Doiphode at the hands of Dr. D. P. Puranik.

**This seminar covered lecture on:-**

1) **G. I. Endoscopy:** Boon for patients by - Dr. Mandar Doiphode, D.N.B., F.M.A.M.

2) **Common skin diseases in general practices** By- Dr. Vinay Kulkarni, M.D., F.A.M.S. (Vienna) D.N.B. AAHIVS

In this seminar, 170 Participants including U.G. & P.G. students, Teachers and members of A.I.M.S. from different colleges were present.

Program Co-ordinator Dr. Rashmi Bhise introduced all the faculties to the participants.

Dr. Mandar Doiphode covered major topic related to Endoscopies in Different Diseases. Deliberate use of different Endoscopic Procedures such as gastroscopy, Enteroscopy, endoscopic ultrasound (EUS), Endoscopic Retrograde Cholangiopancreatography (ERCP), colonoscopy, and Sigmoidoscopy etc.

Dr. Doiphode gave an impactful presentation on these topics. The A. V. clips in the presentation made it easy to understand the depth of the subject to everyone.

Second Lecture was delivered by Dr. Vinay Kulkarni. He shared his views on Common skin diseases in general practices. He spoke on the subject by giving some practical examples and used some hilarious ways which kept the enthusiasm in the lecture till the end of the lecture.

Certificates were distributed to all the participants at the end of the program.

Formal vote of thanks was proposed by Dr. Kalyani Bhat.



Dr. Puranik Felicitating Dr. Mandar Doiphode.



Dr. Puranik Felicitating Dr. Vinay Kulkarni



On Dais - from left - Dr. Inamdar, Dr. Borse, Dr. S. V. Deshpande, Dr. Puranik, Dr. Shendye, Dr. Manjiri Deshpande, Dr. Kalyani Bhat, Dr. Rashmi Bhise.

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## Report

### Workshop on Diagnostic measures and Local treatment methodologies in Shalakyatantra

Prof. Dr. S. S. Salvi

A one day workshop on "Diagnostic measures and Local treatment methodologies in Shalakyatantra" was organized on Friday 2nd November 2018 by the Department of Shalakyatantra of Centre for Post Graduate Studies and Research in Ayurveda (C.P.G.S & R.A) of Tilak Ayurved Mahavidyalaya to celebrate the foundation day of The Association of Shalaki (TAS-India).

The basic idea of organizing the workshop was to update and upgrade the knowledge of the post graduate students of Shalakyatantra in the diagnostic measures and local treatment methodologies in Shalakyatantra and to develop confidence in them to practice Ayurvedic local treatment methodologies in various diseases in Shalakyatantra which is the need of today.

It was decided to organize the workshop in 3 sessions - (1) Diagnostic procedures (2) Local treatment procedures and (3) Guest lectures with the theme of Importance of Local treatment methodologies in Shalakyatantra and their importance in maintaining the swasthya of indriyas (sense organs).

#### Scientific session I -

Venue - Yoga Hall, Tarachand Hospital.

All the delegates were divided into 4 groups and there were 4 stations where different diagnostic methodologies were demonstrated. The groups were rotated to all the stations.

**(A) Diagnostic methodologies in Ophthalmology**  
- Prof. Dr. Rajesh Pawar was the Chief Faculty. Dr.

Jaydeep Gangal, Dr. Sharmila Lodhi, Dr. Radhesham Zende, Dr. Kiran Khade and Dr. Nilesh Suryawanshi were the Co-Faculties.

**Station A** - Dr. Rajesh Pawar and Dr. Kiran Khade demonstrated and explained examination of the Eye by slit lamp.

**Station B** - Dr. Jaydeep Gangal and Dr. Sharmila Lodhi demonstrated and explained Direct and Indirect Ophthalmoscopy.

**Station C** - Dr. Radhesham Zende demonstrated and explained Tonometry and Keratometry (A Scan).

**Station D** - Dr. Nilesh Suryawanshi demonstrated and explained Retinoscopy and Auto refractometry.

At the end of the 4 stations, Dr. Rajesh Pawar explained and demonstrated Perimetry to all the attending delegates.

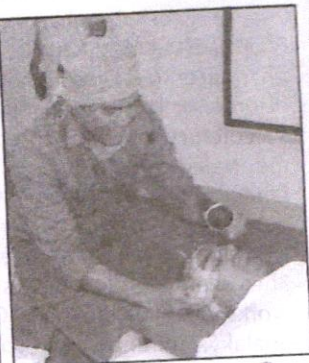
**(B) Diagnostic methodologies in ENT** - Dr. Sangeeta Salvi was the chief Faculty. Dr. Mahesh Rathi, Dr. Nadkumar Patil, Dr. Prakash Guddimath and Dr. Mayur Shiralkar were the Co-Faculties.

**Station A** - Dr. Mahesh Rathi demonstrated and explained Nasal endoscopy.

**Station B** - Dr. Prakash Guddimath demonstrated and explained Ear, Direct Laryngoscopy and oral examination.

**Station C** - Representatives from Dhvani Aurica demonstrated and explained all the Audiological tests - PTA, BERA, Impedance audiometry and Oto acoustic emissions.

**Station D** - Dr. Nandkumar Patil and Dr. Mayur



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Shiralkar demonstrated and explained Otoscopy, Oto endoscopy and examination of the Ear.

The live demonstrations at Stations A, B and D on the monitor with CC TV connection made things very clear and the delegates were very much impressed with the demonstrations.

#### **Scientific session II -**

Venue - N.I.M.A. auditorium, T.A.M.V.

**Session -** Local treatment methodologies in Shalakyatantra. In this session all the treatment methodologies were demonstrated live at the NIMA auditorium.

#### **(A) Local treatment methodologies in Netra rogas**

Dr. Preeti Abhyankar, Dr. Ganesh Jadhav and Dr. Sharmila Lodhi were the Faculties for this session.

Dr. Ganesh Jadhav demonstrated all the Kriyakalpas done in Netra rogas and Dr. Preeti Abhyankar explained in details about the procedures. The kriyakalpas which were demonstrated were -Aschyotana, Anjana, Bidalaka, Netradhavana, Pindi and Netra tarpana. Dr. Ganesh Jadhav mentioned all the minute practical aspects of the procedures. All the procedures were demonstrated on the volunteers with due consent.

Dr. Sahrnila Lodhi explained the modern aspect of the kriyakalpas as per how their mode of action takes place in reducing the pathological changes and their practical application.

#### **(B) Local treatment methodologies in Karna - Nasa and Mukha rogas**

Dr. Savita Angadi (from Belgavi) and Dr. Manjiri Keskar (from Gujarat) were the faculties for this session. Dr. Savita Angadi demonstrated and explained the following procedures - Karn Prakshalana, Karn pramarjana, Kama pichu, Karn dhoopana and Shirolepa. Dr. Angadi explained all these procedures with their practical applications.

Dr. Manjiri Keskar explained and demonstrated the following procedures - Kawala, Gandusha and Pratisarana. Dr Keskar specifically mentioned the do's and dont's for these procedures.

#### **(C) Panchakarma in Shalakyatantra -**

Dr. Anjali Damle was the faculty for this session. Dr. Damle explained in short the importance of Panchkarma in Shalakyatantra. The following Panchakarmas were demonstrated - Nasya, Shiropichu, and Dhoomapana. Live clipings of Shiordhara and Shiobasti were

demonstrated. Vamana and Virechana - Dr. Damle explained thier indications and importance in Shalakyatantra.

#### **(D) Yogopachara in Shalakyatantra -**

Dr. Mihir Hajarnavis was the faculty for this session. Dr. Hajarnavis explained in details the importance and need of Yoga in various conditions in Shalakyatantra. Dr. Hajarnavis demonstrated all the types of Pranayama, Bhasrika and Tratak and explained their mode of action and their practical application.

All the live demonstrations were very informative and very useful in clearing the basic concepts. All the minute points were explained with logical and scientific reasoning. All the sessions were well appreciated by the delegates.

#### **Scientific session III -**

Venue - N.I.M.A. auditorium, T.A.M.V.

**Session - Guest Lectures -** Two guest lecturers were delivered by Dr. Sandeep Jadhav (Satara) and Dr. Savita Angadi (Belgavi).

Dr. Sandeep Jadhav spoke on the importance of local treatment methodologies used in various netra rogas. Dr. Jadhav presented a few case studies and some rare medicines which can be used in Netra rogas with excellent results, especially where modern science has no remedies.

Dr. Savita Angadi spoke on the local treatment methodologies in Kama - Nasa and Mukha rogas. Dr. Adgadi explained the mode of action of all the procedures and cleared many basic concepts which were very useful for the post graduate students.

Both the lectures were very informative and well appreciated by the attending delegates.

Mr Alpesh Chauhan, a representative of Entod Pharmaceuticals gave a brief presentation on the pharmaceutical products in Ophthalmic and ENT disorders and their availability.

**Valedictory function -** The workshop ended with the Valedictory function. Dr. D. P. Puranik, Director of C.P.G.S & R.A. presided over the function.

Dr. Salvi gave a brief report of the Workshop. She expressed her views and need of such workshops for the Post Graduate students of Shalakyatantra. Dr. Salvi spoke briefly about The Association of Shalaki (TAS - India).

A delegate from SMBT College, Nasik expressed his views about the wokshop and



thanked the organizers on behalf of all the delegates for organizing such an informative workshop. The organizers were felicitated at the hands of Dr. D.P. Puranik.

President of the function, Dr. D. P. Puranik congratulated the organizers and expressed his satisfaction about the successful workshop in the

Presidential speech. A formal vote of thanks was given by Dr. Radhesham Zende.

Dr. Jaydeep Gangal and Dr. Pallavi Suryawanshi were the masters of the ceremony.

The workshop ended by reciting the National Anthem and a group photo of all the delegates.



## अहवाल

### 'आरोग्य दीप' दिवाळी अंक प्रकाशन समारंभ

डॉ. सौ. विनया दीक्षित

राष्ट्रीय शिक्षण मंडळाच्या आयुर्विद्या मासिक प्रकाशनाचे वतीने "आरोग्यदीप २०१८" ह्या दिवाळी अंकाचा प्रकाशन समारंभ सोमवार दि. २९ आक्टोबर २०१८ रोजी टिळक आयुर्वेद महाविद्यालयाच्या पदव्युत्तर सभागृहात आयोजित करण्यात आला होता.

प्रकाशन समारंभास महाराष्ट्र मराठी साहित्य परीषदेचे कार्याध्यक्ष प्रा. मिलिंद जोशी हे प्रमुख अतिथी म्हणून उपस्थित होते. तर समारंभाचे अध्यक्षस्थान डॉ. वि. वि. डोईफोडे ह्यांनी भूषविले. व्यासपीठावर आरोग्यदीप दिवाळी अंकाचे प्रधान संपादक डॉ. दिलीप पुराणिक, कार्यकारी संपादक डॉ. अपूर्वा संगोराम, आयुर्विद्या मासिकाच्या उपसंपादक डॉ. विनया दीक्षित, टिळक आयुर्वेद महाविद्यालयाचे प्राचार्य डॉ. सदानंद देशपांडे, राष्ट्रीय शिक्षण मंडळाचे कोषपाल, प्रा. डॉ. रमेश गांगल हे मान्यवर उपस्थित होते.

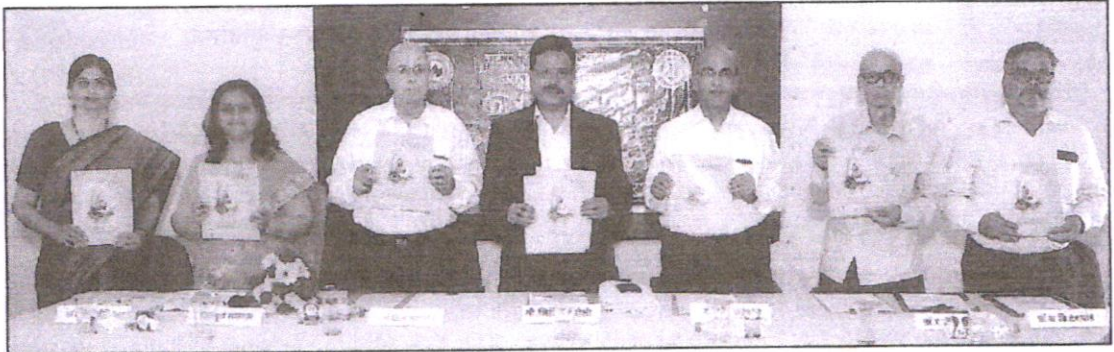
श्री धन्वंतरी पूजन व स्तवन झाल्यानंतर आरोग्यदीपचे प्रधान संपादक डॉ. पुराणिक ह्यांनी व्यासपीठावरील मान्यवरांचे व उपस्थितांचे स्वागत केले व "आयुर्विद्या ते आरोग्यदीप" च्या प्रवासाचा व प्रगतीचा अभिमानपूर्वक आढावा घेतला. "आरोग्यदीप २०१८" च्या कार्यकारी

संपादक डॉ. अपूर्वा संगोराम ह्यांनी आरोग्यदीपचे 'अंतरंग' उलगडून दाखविले व हा दिवाळी अंक आरोग्याच्या संवर्धनासाठीचे मार्गदर्शन करणारा असल्याचे आवर्जून नमूद केले. आयुर्विद्याच्या उपसंपादक डॉ. विनया दीक्षित ह्यांनी आयुर्विद्या मासिक, आयुर्विद्या इंटरनॅशनल व दिवाळी अंकांबरोबरच Ayurvedya Digital प्रकाशित करणारा असल्याचे जाहीर केले.

प्रा. मिलिंद जोशी ह्यांच्या हस्ते "आरोग्यदीप २०१८" चे प्रकाशन करण्यात आले. सदर अंकात अनेक नामवंत वैद्यकीय व्यावसयिकांचे मार्गदर्शनपर लेख, अनुभव, विविध वयोगटांसाठी म्हणजेच "आबालवृद्धांना" जिव्हाळ्याचे वाटतील ह्या विषयावरील स्वास्थ्यवर्धन करणारे मार्गदर्शन असल्याने "आरोग्यदीप" परीपूर्ण असा ग्रंथ संग्रह असल्याचे त्यांनी आवर्जून नमूद केले.

अध्यक्षीय मनोगत व्यक्त करताना डॉ. विजय डोईफोडे ह्यांनीही आयुर्विद्या मासिकाच्या एकूण वाटचालीचा व प्रगतीचा गौरवपूर्ण शब्दात उल्लेख केला.

डॉ. विनया दीक्षित ह्यांनी आभारप्रदर्शन आणि संपूर्ण कार्यकमचे सूत्रसंचालनही केले.

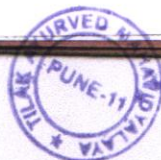


"आरोग्यदीप दिवाळी २०१८" प्रकाशन प्रसंगी डावीकडून - डॉ. विनया दीक्षित, डॉ. अपूर्वा संगोराम, डॉ. पुराणिक, प्रा. मिलिंद जोशी, डॉ. वि. वि. डोईफोडे, डॉ. गांगल, डॉ. देशपांडे

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## Report of CPR Workshop

Dr. Rashmi Bhise,

Assist. Prof. Shalyatantra Dept. T.A.M.V., Pune

A Workshop was organized on **CPR (Cardio Pulmonary Resuscitation)** on 16th of December 2018 at 9 am at N.I.M.A. Auditorium of Tilak Ayurveda Mahavidyalaya jointly by **C.P.G.S.&R.A.** (Centre for Post Graduate Studies and Research in Ayurveda) of Tilak Ayurved Mahavidyalaya, Pune and **Association of Anesthesiologists of Indian Medicine (Maharashtra State Branch)** and also in association with **AIMS** (Association of Integrated Medical Specialists of India).

The basic idea behind the workshop was to enhance a practical knowledge regarding emergency medicine and to have hands on training.

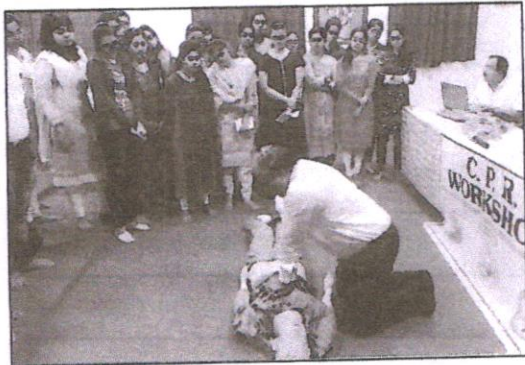
The workshop commenced with Lord Dhanwantari Poojan and Stawan. Programme Director **Dr. N. V. Borse** briefly informed about CPR Workshop over the past years and other active workshops, seminars and Programs organized every year by A.A.I.M. (MSB) and C.P.G.S.&R.A.

**Prof. D. P. Puranik**, Patron of A.A.I.M. and Mentor of the programme was present on dais.

In this workshop following faculty members imparted the training.

- 1) **Dr. N. V. Borse** 2) **Dr. Padmanabh Keskar**
- 3) **Dr. Sanjay Bhagali** 4) **Dr. Dipak Poman**
- 5) **Dr. Abhay Inamdar**

Following Topics were covered in the workshop. 1) Basic life support, Airway



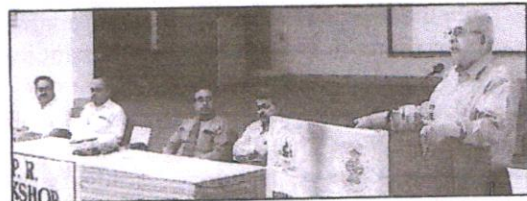
Dr. Keskar demonstrating basic life support.

Management 2) Trauma - Golden hour Management 3) E.C.G. and Cardiac Arrhythmias.

In this workshop about 75 participants were registered. Programme co-ordinator **Dr. Rashmi Bhise** introduced all the faculties to the participants. Workshop was divided in 3 stations. **Station A** - Basic life support, Airway Management which was conducted by Dr. Padmanabh Keskar and Dr. N. V. Borse along with Dr. Abhay Inamdar. **Station B** - was conducted by Dr. Sanjay Bhagali along with Dr. D. K. Poman and Dr. Pradeep Kale related to Trauma - Golden hour Management. **Station C** - this station was for ECG Monitoring. Every participant had the opportunity to practice on manikin.

Certificates were distributed to all the participants at the end of the programme. Workshop was successful. All the participants were happy and satisfied with the theme of the workshop and time management.

Vote of thanks was proposed by Dr. Rashmi Bhise.



At Inauguration - Dr. Puranik guiding the delegates  
Sitting from left - Dr. Bhagali, Dr. Keskar,  
Dr. Borse and Dr. Inamdar.



Dr. Borse demonstrating Airway management.

January 2019

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## Report of Seminar on Recent Advances in Medical Specialities

Dr. Manjiri Deshpande, Dr. Rashmi Bhise

**C.P.G.S.&R.A.** (Centre for Post Graduate Studies & Research in Ayurveda) of Tilak Ayurved Mahavidyalaya, Pune and **Association of Integrated Medical Specialities of India** had jointly organized Seminar on **Recent Advances in Medical Specialities in Pathology and Pulmonology** on 21st of December 2018 at 2 pm at N.I.M.A. Auditorium of Tilak Ayurved Mahavidyalaya.

The Seminar commenced with blessings of Lord Dhanwantari by Poojan and Recitation of Dhanwantari Stawan.

An Inauguration began in the presence of following dignitaries on the dais; **Hon. Dr. D. P. Puranik**, Director, C.P.G.S.&R.A., **Dr. S. V. Deshpande**, Principal, T.A.M.V. and Vice President AIMS, **Dr. V. N. Shendye**, President of AIMS, **Dr. Chitra Lawate**, Consultant Pathologist, Pune, **Dr. Manjiri Deshpande**, Secretary AIMS and Programme Director, **Dr. Rashmi Bhise**, Treasurer AIMS and Programme Co-ordinator and **Dr. Mihir Hajarnavis**, E.C. Member AIMS.

Programme co-ordinator **Dr. Rashmi Bhise**, welcomed all the dignitaries and participants in the seminar. **Dr. Manjiri Deshpande** briefly informed about Seminar on Recent Advances in Medical Specialities and extended welcome on behalf of The Association of Integrated Medical Specialists of India.

**Dr. V. N. Shendye**, briefed about AIMS over the past years and other active workshops, seminars and programmes organized every year by AIMS.

Lecture seminar began with felicitation of **Dr. Chitra Lawate** at the hands of **Dr. D. P. Puranik**, Patron, AIMS.

This seminar covered lectures on -

1) Laboratory investigations in Jaundice by **Dr. Chitra Lawate**, Consultant Pathologist Pune. 2) Newer Management of Complete Relief from Allergy Asthma by **Dr. Vijay Warad**, Consultant Pediatrician and Specialist in Allergic Condition.

150 participants attended the seminar.

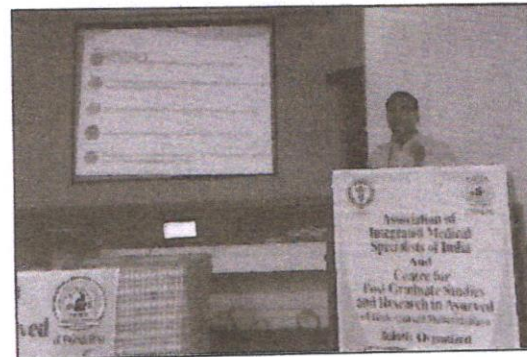
Programme coordinator **Dr. Rashmi Bhise** introduced all the faculties to the participants. **Dr. Chitra Lawate** covered Lab investigation in Jaundice. She explained elaborately about present scenario of Jaundice in lab and clinical perspective.

Second lecture was delivered by **Dr. Vijay Warad** on Newer Management of Allergy Asthma and diagnosis. He also explained different allergic conditions where focus to be shifted for the sake of early diagnosis and early management.

Certificates were distributed to all the participants at the end of the programme.



Dr. Mrs. Lawate delivering a lecture



Dr. Warad delivering a lecture

January 2019

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Ayurvediya Masik



  
Principal  
Tilak Ayurved Mahavidyalaya  
Pune-11