

TILAK AYUVERD MAHAVIDYALAYA, PUNE

DEPT. OF KAYACHIKITSA

MD Preliminary

SHORT ATP

Year 2024-25

Names of Faculties:-

- 1.Dr. S.V.Deshpande
- 2.Dr.A.J.Shimpi
- 3.Dr. S.S Parchure
- 4.Dr.S.S.Ghodake
- 5.Dr.S.P.Sawant
- 6.Dr.A.S.Inamdar
- 7.Dr.A.B.Barve

1st Term End(Duration-6 Months)

Duration	Portion
First 6 Months	<p>Part A-1. Understanding of fundamental concepts of Kayachikitsa like Vriddhi and Kshaya of Dosha, Dushya, Mala with Amshaamsha Kalpana. Srotodushti, Khavaigunya, Agni, Ama (Saama and Nirama Dosha, Dhatu & Mala). Aavarana, Rogamarga, Ashayapakarsha, Dosha Gati, Kriyakala. Aushadha Sevana Kala, Anupana, Pathya-Apathya and their scientific relevance during health and disease.</p> <p>2. Detailed knowledge of Rogi Roga Pariksha including detailed history taking and systemic examination of patient. Clinical implementation of Dwividha Pariksha, Trividha Pariksha, Chaturvidha Pariksha, Panchavidha Pariksha, Shadvidha Pariksha, Ashtavidha Pariksha, Dashvidha Parikshya Bhavas and Prakrityadi Dashvidha Pariksha.</p> <p>PART B-1. Chikitsa Siddhanta of Pranavaha, Annavaha, Udakavaha, Rasadi Dhatuvaha, Malavaha & Manovaha Srotovikara.</p> <p>2. Emergency medicine: Acute Severe Asthma, pulmonary oedema,</p>

	<p>myocardial infarction, cerebro-vascular accidents, water and electrolyte imbalance, haemorrhage, syncope, seizure, coma, hyperpyrexia,</p> <p>hypertensive encephalopathy.</p> <p>3. Knowledge of conducting various medical procedures like infusions, tapping, lumbar puncture, Ryle's tube insertion, catheterization, tractions, water seal drainage, Cardio Pulmonary Ressucitation.</p> <p>Churna- Triphala, Sitopaladi, Lavanbhaskara, Hingvashtaka, Avipattikara, Gangadhara, Shaddharana, Sudarshana, Panchasakara, Ajmodadi.</p> <p>Kashaya- Dashamula, Rasnasaptaka, Asanadi, Pathyadi, Phalatrikadi, Punarnavashtaka, Gojivhadi, Mahamanjishthadi, Drakshadi Kashaya.</p> <p>Asavas-Arista- Amritarishta, Kanakasava, Chitrakasava, Saraswatarishta, Ashwagandharishta , Chandanasava.</p>
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2nd Term End(Duration-6 Months)

Duration	Portion
Last 6 Months	<p>Part A 3. Principles of Kayachikitsa in disease management including Shodhana, Shamana and Naimittika Rasayana.</p> <p>4. Introduction of the basic principles of Modern medicine, Homeopathy, Unani, Siddha, Tibetan Medicine, Yoga and Naturopathy and their relevance in light of the basic principles of Ayurvedic medicine.</p> <p>Part B- 4. Basic knowledge of underlying principles of ECG, TMT, echo cardiography, vascular doppler studies, EEG, EMG, X-Ray, USG, CT scan, MRI, PET and their interpretation.</p> <p>5. Knowledge of common Ayurvedic formulations and preparations used in treatment:</p> <p>Vati- Sanjivani, Chandraprabha, Agnitundi, Chitrakadi, Khadiradi, Vyoshadi, Shankha Vati, Shiva Gutika.</p> <p>Guggula-Kalpana-Triphalaguggula, Kaishoraguggula, Trayodashangaguggula, Simhanadaguggula, Yogarajaguggula, Gokshuradi guggula, Kanchanaraguggula.</p> <p>Rasaushadhi- Tribhuvanakirti Rasa, Arogyavardhini Rasa, Shwasakuthara Rasa, Rasamanikya Rasa, Smritisagara Rasa, Lakshmivilasa Rasa, Sutshekhara Rasa, Pravala Panchamrita Parpati, Hemagarbhapottali Rasa.</p>

For



HOD

Kayachikitsa