




**Rashtriya Shikshan Mandal's
Tilak Ayurved Mahavidyalaya
Rasta Peth, Pune-11**

Departmental Information 2024

Department of Panchakarma

Sr. No	Name	Designation	Department	Qualification	Teacher Code	MCIM Regi No.	NCISM Regi. No.	DOB	1 st Date of Joining	Experience (Years) (As on 31.12.2024)UG - PG -	Photo
1	Vd.Rajendra Huparikar	Head of Department	Panchakarma	M.D.(Ayu.)Ph.D.Kayachikitsa	AYKC01098	I 19461 A 1	NR/AY/MH/0009909	14/01/1965	1/10/1992	UG-From 1/10/1992 to 31/12/2024 PG-2008 to 2024	
2	Vd.Rahul Kathawate	Associate Professor	Panchakarma	M.D. (Panchakarma)	AYPK00377	I 33507 A 1	NR/AY/MH/0018019	15/11/1974	1/11/2006	UG- From 1/11/2006 to 31/12/2024 PG-17/1/2011 to 2024	
3	Vd.Anjali Damle	Associate Professor	Panchakarma	M.D. (Panchakarma)	AYPK00331	I-32578A-1	Not received yet	09/08/1975	01/ 10/2008	UG-01/10/2008 to 31/12/2024 PG-21/01/2012 to 2024	
4	Vd.Monica Mulay	Assistant	Panchakarma	M.D. ,	AYPK0036	I 32796 A 1	A0015682	25/11/197	28/10/2016	UG -	

[illegible]

1) State / National / International level Workshop / Seminar / CME programmes-

Sr No	Subject	Place	Date	No of Participants	No of Resource Person
1.	National Seminar on Pakshaghata-Concept To Clinical	Tilak Ayurved Mahavidyalaya, Pune	27 th January 2024 & 28 th January 2024	202 Delegates	5

2) Paper/Poster Presentation/Participation/Lecture at National/International Conferences/Seminar/Workshop

Sr No	Name of the Teacher/Student	Name of the Conference / Event	Place of the Conference /Event	Date of the Conference/ Event	Participation Resource Person/ Chair person /Evaluator etc
1.	Vd.Rajendra Huparikar	National Seminar on Pakshaghata-Concept To Clinical	Tilak Ayurved Mahavidyalaya, Pune	27 th January 2024	Programme Director
2.	Vd.Rahul Kathawate	National Seminar on Pakshaghata-Concept To Clinical	Tilak Ayurved Mahavidyalaya, Pune	27 th January 2024	Programme Coordinator Paper Presentation
3.	Vd.Anjali Damle	National Seminar on Pakshaghata-Concept To Clinical	Tilak Ayurved Mahavidyalaya, Pune	27 th January 2024	Organizing Secretary Poster Presentation
4.	Vd.Monica Mulay	National Seminar on Pakshaghata-Concept To Clinical	Tilak Ayurved Mahavidyalaya, Pune	27 th January 2024	Organizing Secretary Poster Presentation
5.	Vd.Tanvi Joshi	National Seminar on Pakshaghata-Concept To	Tilak Ayurved Mahavidyalaya, Pune	27 th January 2024	Programme Coordinator Paper Presentation

		Clinical			
5.	Vd.Prathamesh Pai	National Seminar on Pakshaghata-Concept To Clinical	Tilak Ayurved Mahavidyalaya, Pune	27 th January 2024	Paper Presentation
6.	Vd.Sheetal Jain	National Seminar on Pakshaghata-Concept To Clinical	Tilak Ayurved Mahavidyalaya, Pune	27 th January 2024	Paper Presentation
7.	Vd.Pooja Mahajan	National Seminar on Pakshaghata-Concept To Clinical	Tilak Ayurved Mahavidyalaya, Pune	27 th January 2024	Paper Presentation
8.	Vd.Shraddha kamble	National Seminar on Pakshaghata-Concept To Clinical	Tilak Ayurved Mahavidyalaya, Pune	27 th January 2024	Paper Presentation
9.	Vd.Iravati Kulkarni	National Seminar on Pakshaghata-Concept To Clinical	Tilak Ayurved Mahavidyalaya, Pune	27 th January 2024	Paper Presentation
10.	Vd.Priyanka Kshirsagar	National Seminar on Pakshaghata-Concept To Clinical	Tilak Ayurved Mahavidyalaya, Pune	27 th January 2024	Paper Presentation
11.	Vd.Snehal Jadhav	National Seminar on Pakshaghata-Concept To Clinical	Tilak Ayurved Mahavidyalaya, Pune	27 th January 2024	Paper Presentation
12.	Vd.Om Dhavhale	National Seminar on Pakshaghata-Concept To Clinical	Tilak Ayurved Mahavidyalaya, Pune	27 th January 2024	Poster & Paper Presentation
13.	Vd.Mayuri Kumbhar	National Seminar on Pakshaghata-Concept To Clinical	Tilak Ayurved Mahavidyalaya, Pune	27 th January 2024	Poster & Paper Presentation
14.	Vd.Nisha Batham	National Seminar on Pakshaghata-Concept To Clinical	Tilak Ayurved Mahavidyalaya, Pune	27 th January 2024	Paper Presentation
15.	Vd.Ankita Katke	National Seminar on Pakshaghata-Concept To	Tilak Ayurved Mahavidyalaya, Pune	27 th January 2024	Paper Presentation

		Clinical			
16.	Vd.Mayuri Sonkambale	National Seminar on Pakshaghata-Concept To Clinical	Tilak Ayurved Mahavidyalaya, Pune	27 th January 2024	Poster Presentation
17.	Vd.Harshawardhan Jain	National Seminar on Pakshaghata-Concept To Clinical	Tilak Ayurved Mahavidyalaya, Pune	27 th January 2024	Poster Presentation
18.	Vd.Manasi Bagade	National Seminar on Pakshaghata-Concept To Clinical	Tilak Ayurved Mahavidyalaya, Pune	27 th January 2024	Poster Presentation
19.	Vd.Shubhangi Vidhamwar	National Seminar on Pakshaghata-Concept To Clinical	Tilak Ayurved Mahavidyalaya, Pune	27 th January 2024	Poster Presentation
20.	Vd.Tanvi Joshi	Agnicon 2024	Tilak Ayurved Mahavidyalaya, Pune	6 th January 2024	Paper Presentation
21.	Vd.Shraddha kamble	Agnicon 2024	Tilak Ayurved Mahavidyalaya, Pune	6 th January 2024	Paper Presentation

3) State /National /International level prizes/Awards (Academic, Cultural, and Sports)-

NIL

4) Research Activities: (State/Central Govt. & MUHS funded/sponsored / funded by other agencies (submit information regarding completed/ongoing projects) - NIL

5) Publications (State/National/International peer reviewed journals)

Sl.no	PubMed ID / ISSN No.	Publication Type	Publication Title	Author-name	Journal-name	State/National/International	Year
1)	ISSN-2320-2882	Case Study	Integrated Approach To Systemic Lupus Erythematosus:Ayurvedic Shodhana In Conjunction With Modern Medicine-A Case Study	1.Vd.Sheetal Nikesh Jain 2. Vd.Rajendra S.Huparikar	IJCRT	International	April 2024
2)	ISSN-2394-3211	Review Article	A Study Review of Abhayadimodak as Virechan Dravya in Kaphaj	1.Kulkarni Iravati L	EPJMR	International	Oct 2024

			Pandu Roga	2.Huparikar Rajendra S.			
3)	ISSN- 2394-3211	Review Article	Thereotical Review On Charkokta Anuvasanopaga Gana	1.Vd.Rajendra Huparikar 2.Vd.Priyanka Datta Kshirsagar	EPJMR	International	Nov 2024
4)	ISSN- 2277-7105	Case Report	A Case Report:Ayurvedic Approach In The Management Of Snayugata Vata W.S.R. To Anterior Cruciate Ligament Injury Of Knee Joint	1.Vd.Pooja P. Mahajan 2.Vd.Anjali V. Damle	WJPR	International	April 2024
5)	ISSN- 2394-3211	Review Article	Niruha Basti-Preparation And doses	1.Vd.Snehal Dilip Jadhav 2.Vd.Anjali V.Damle	EPJMR	International	Nov 2024
6)	ISSN- 2347-6273	Review Article	Clinical Study To Evaluate The Efficacy Of Panchakarma Procedures In Pakshaghata	1.Vd.Anjali Damle 2.Vd.Mayuri B.Kumbhar	Ayurvedya Internatio nal 2024- Vol.2 July	International	July 2024
7)	ISSN- 2278-4357	Review Article	A Clinical Study To Evaluate Efficacy Of Baladi Yapana Basti In Pakshaghata	1. Vd.Shraddha U. Kamble 2.Vd.Rahul S. Kathawate	WJPPS	International	April 2024
8)	ISSN- 2320-2882	Case Study	Role Of Panchatikta Panchaprasutika Niruh Basti In Prameha	1. Vd.Shraddha U. Kamble 2.Vd.Rahul S. Kathawate	IJCRT	International	April 2024
9)	ISSN- 2347-6273	Case Study	Ayurvedic Management of Ankylosing Spondylitis	1.Vd.Rahul S. Kathawate 2.Vd.Shraddha U. Kamble	Ayurvedya Internatio nal 2024- Vol.2 July	International	July 2024
10)	ISSN- 2394-3211	Case Study	A Clinical Study To Evaluate The Efficacy Of Amrutadi Taila Anuvasana Basti & Dashmoolasi Niruha Basti In Management Of Post Chikengunya Symptoms W.S.R. To Aamvata	1.Vd.Om Dattatray Dayhale 2.Vd.Rahul S. Kathawate	EPJMR	International	Nov 2024
11)	ISSN- 0378-6463	Review Article	The Effect Of Mashadi Taila Nasya In Pakshaghata –A Review	1.Vd.Rahul S. Kathawate 2.Vd.Mayuri S. Sonkamble	Ayurvedya Masik	National	July 2024
12)	ISSN- 2320-5091	Review Article	Role Of Basti In Agnideepana	Vd.Tanvi Joshi	IAMJ	International	Sept 2024

13)	ISSN-0378-6463	Case Study	Ayurvedic management of Fracture of Neck of Humerus - A case report	Vd.Ashwini Ramkrishna Shinde	Ayurvedya Masik	National	March 2024
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6) Books and chapters in edited volumes/books published and papers published in national/international conference-proceedings indexed in UGC-CARE list on the UGC website/Scopus/Web of Science/PubMed/other - NIL

7) Information of PG student / Ph.D. student.

i) MD/MS

Sr. No	Name of the Student	Name of the guide	Title of the thesis	Year of registration of the scholar	Status Completed / ongoing
1.	Vd.Prathamesh Pai	Vd.Rajendra Huparikar	Clinical Study to evaluate efficacy of Sahachar Tail Matra Basti in Management of Kati Prushta Graha	2021	Completed
2.	Vd.Sheetal Jain	Vd.Rajendra Huparikar	Clinical Study To Evaluate Efficacy Of Bala Shairiya Tail Matra Basti In Management Of Kati Sandhigata Vata	2021	Completed
3.	Vd.Pooja Mahajan	Vd.Anjali Damle	A Randomized Controlled Clinical Study To Evaluate The Efficacy Of Dashmool Choorna Pottali Sweda In Comparison With Dashmool Kwath Nadi Sweda In Management Of Manyastambha	2021	Completed
4.	Vd.Shraddha kamble	Vd.Rahul Kathawate	Study The Efficacy Of Pipplyadi Tail Matrabasti In Management Of Katiprushtagraha	2021	Completed
5.	Vd.Iravati Kulkarni	Vd.Rajendra Huparikar	The Clinical Study To Evaluate The Efficacy Of Sahachar Tail Matra Basti In Gridhrasi	2022	Ongoing
6.	Vd.Priyanka Kshirsagar	Vd.Rajendra	Clinical Study To Evaluate Efficacy	2022	Ongoing

		Huparikar	Of Shunthi Ghruta Matra Basti In Management Of Katisandhigatavata		
7.	Vd.Snehal Jadhav	Vd.Anjali Damle	Efficacy Study Of Mashadi Taila Nasya Karma In The Management Of Vataj Shirshoola	2022	Ongoing
8.	Vd.Om Dhavhale	Vd.Rahul Kathawate	Study the efficacy of sahachar taila Matra basti in the management of manyastambha	2022	Ongoing
9.	Vd.Mayuri Kumbhar	Vd.Rajendra Huparikar	Clinical Comparitive Studyof Matra Basti With Sahachar Taila And Swadamstradi Taila In Management Of Gridhrasi	2023	Ongoing
10.	Vd.Nisha Batham	Vd.Anjali Damle	A Clinical Study To Evaluate The Efficacy Of Siravedha In Padadari	2023	Ongoing
11.	Vd.Ankita Katke	Vd.Monica Mulay	A Prospective Study On The Efficacy Of Sthanik Takradhara In The Management Of Vata Kaphaj Kushtha	2023	Ongoing
12.	Vd.Mayuri Sonkambale	Vd.Rahul Kathawate	Clinical Study To Evaluate Efficacy Of Vishnu Taila(Swalpam) Matra Basti In The Management Of Vatarakta	2023	Ongoing
13.	Vd.Harshawardhan Jain	Vd.Rajendra Huparikar	Clinical Study To Evaluate Efficacy Of Laghu Panchmoola Choorna Pottali Sweda In The Management Of Manyasthambha	2024	Ongoing
14.	Vd.Manasi Bagade	Vd.Rajendra Huparikar	A Single Arm Clinical Trial To Study The Efficacy Of Sthanik Katutaila Abhyanga Followed By Ashwagandha Lepa In The Management Of Greevastambha	2024	Ongoing
15.	Vd.Shubhangi Nidhamyari	Vd.Anjali Damle	A Single Arm Clinical Study To Evaluate The Efficacy Of Mash-Odana Sankar Swedan In The Management Of “Kati-Sandhigata Vata”	2024	Ongoing
Sr. No	Name of the Student	Name of the guide	Title of the thesis	Year of registration of the scholar	
1.	Vd.Poornima Macchindranath Daware	Vd.Rajendra S. Huparikar	A Randomized Controlled Clinical Trial To Compare The Efficacy Of Nimba Taila And Bhungaraj Taila Nasya In Darunaka	2022-2023	
3.	Vd.Sushmita Milind Borkar	Vd.Rajendra S. Huparikar	A Randomized Controlled Clinical Study To Evaluate The Efficacy Of	2019-2020	

ii) **Ph.D.**

			Deodarubaladi Tail Matra Basti With Karpasasthyadi Tail Matra Bastiin The Management Of Trika Sandhigata Vata	
4.	Vd.Prashant Amrutkar	Vd.Rajendra S. Huparikar	Clinical Efficacy Of Shatavhadi Yog Basti In The Management Of Amavata	2019-2020
5.	Vd.Twinkle Rathore	Vd.Rajendra S. Huparikar	Add On Effect Of Matra Basti With Kati Basti In Comparison With Kati Basti Using Balakshairiya Taila In Katisandhigata Vata	2022-2023
6.	Vd.Aditi Ashok Lingayat	Vd.Rajendra S. Huparikar	NOT YET SUBMITTED	2022-2023
7.	Vd.Priya Shrihari Bangar	Vd.Rajendra S. Huparikar	Randomised Comparative Clinical Trial To Evaluate The Efficacy Of Lodhradi Lepa And Manjishthadi Tail Marsh Nasya With Lodhradi Lepa In Mukhadushika	2023-2024

8) Extra Curricular / Academic activities- NIL

9) Guest Lectures organized in the Department - NIL

10) Educational Visits- NIL