# Rashtriya Shikshan Mandal's Tilak Ayurved Mahavidyalaya Rasta Peth, Pune-11

## **Departmental Information – Year 2024**

## **Department of Prasuti Tantra & Streerog**

Sr. No	Name	Designation	Department	Qualific ation	Teacher Code	MCIM Regi No.	NCISM Regi. No.	DOB	1st Date of Joining	Experience (Years) (As on 31.12.2024)U G- PG -	Photo
1	Dr. Pradeep Musale	Professor	Prasuti Tantra & Streerog	M.S. (PTSR)	AYPS00405	I-23565- A-1	NR/AY/ MH/001 2491	08/05/ 1969	01-01- 2009	UG- 15 years 11 months 30 days PG- 8 years, 8days	e de la companya de l
2	Dr. Rahul Garudkar	Associate professor	Prasuti Tantra & Streerog	M.S. (PTSR)	AYPS00406	I-34531- A-1		23/05/ 1976	01-06- 2004	UG- 20 years, 6 months, 30 days	
3	Dr. Rucha Ganu (Ashwini Karandikar)	Associate professor	Prasuti Tantra & Streerog	M.S. (PTSR)	AYPS00313	I-36918- A-1	NR/AY/ MH/002 0119	15/10/ 1977	1-11-2012	UG- 15 years PG- 8 years 5 months 13 days	
4	Dr. Vinayak Masal	Assistant professor	Prasuti Tantra & Streerog	M.S. (PTSR)	AYPS00407	I-60090- A	NR/AY/ MH/003 8885	07/05/ 1985	01-12- 2016	UG- 8 years 30 days PG- 2 years	

5	Dr. Mrunali Phapale	Assistant professor	Prasuti Tantra & Streerog	M.S. (PTSR)	AYPS01497	I-91557- A	-	09/12/ 1995	21-04- 2023	UG- 1 year, 8 months 10 days	
6	Dr.Janhavi Chinmay Phadke	Assistant professor	Prasuti Tantra & Streerog	M.S. (PTSR)	AWAITED	I-91557- A MCIM	-	25/09/ 1993	01/03/202	07d 0m 0yr 01/03/2025 to 07/03/2025	

### 1) State / National / International level Workshop / Seminar / CME programmes-

Sr No	Subject	Place	Date	No of Participants	No of Resource Person
1.	Half day seminar on "Hypertensive	NIMA auditorium,	11 October 2024	90	Dr. Gorakh
	disorders in pregnancy & gestational	Tilak Ayurved			Mandrupkar
	diabetes mellitus	Mahavidyalaya, Pune			

#### 2) Paper/Poster Presentation/Participation/Lecture at National/International Conferences/Seminar/Workshop

Sr No	Name of the Teacher/Student	Name of the Conference / Event	Place of the Conference /Event	Date of the Conference/ Event	Participation Resource Person/ Chair person /Evaluator etc
1.	Dr.Sanjay Gavane	Half day seminar on "Hypertensive disorders in pregnancy & gestational diabetes mellitus	Tilak Ayurved Mahavidyalaya, Pune	11 oct 2024	Co- organizing secretary
2.	Dr.Pradeep Musale	Annual Conference	Westin, Pune	16- 18 <sup>th</sup> Feb 2024	Delegate

		of amogs			
		Half day seminar on "Hypertensive disorders in pregnancy & gestational diabetes mellitus	Tilak Ayurved Mahavidyalaya ,Pune	11 oct 2024	Co- organizing secretary
		Resource person - International Conference Sushruti 2024	SSAM hadapsar	3 to 5 May 2024	Resource person
		FOGSI Vice President International Conference TOWARDS ZERO PRETERM BIRTHS	Bharati Vidyapeeth University, Pune	26- 27 Oct 2024	Delegate
		24 <sup>th</sup> National and 8 <sup>th</sup> International conference of A.A.I.M. on Update Shalya Sangyaharan 2024	TAMV, Pune	7 <sup>th</sup> & 8 <sup>th</sup> Dec, 2024	Delegate
3.	Dr.Rahul Garudkar	Symposium on Diabetes in Pregnancy and Women's health in 8th International Diabetes Summit- 2024	JW Marriott	15 <sup>th</sup> - 17 <sup>th</sup> March 2024	Delegate
		Half day seminar	Tilak Ayurved		

		on "Hypertensive	Mahavidyalaya ,Pune		
		disorders in pregnancy & gestational diabetes mellitus	Wanavidyaiaya ,i une	11 Oct 2024	Co- organizing secretary
		Resource person - International Conference Sushruti 2024	SSAM hadapsar	3 to 5 May 2024	Resource person
		24 <sup>th</sup> National and 8 <sup>th</sup> International conference of A.A.I.M. on Update Shalya Sangyaharan 2024	TAMV, Pune	7 <sup>th</sup> & 8 <sup>th</sup> Dec, 2024	Delegate
		The Doctorpreneur Academy's workshop on AI & Chatgpt in Healthcare	Online	12 Aug 2024	Delegate
4.	Dr.Rucha Ganu	National conference on Rheumayurveda	TAMV, Pune	20- 21 Jan 2024	Paper presentor, Delegate & Session co- ordinator
		Ayurvedic Therapeutic dietetics advance course for European academy for Antenatal care reciepies	Tilak Ayurved Mahavidyalaya, Pune SSAM ,Hadapsar	24 Feb 2024	Resource person
		SOUSHRUTI-	Sormi inauapour		

2024" Infertility International Conference " medico legal cases & Member of scientific committee	Bharati vidyapeeth	3-5 May 2024	Chairperson Session coordinator
Expert for synopsis for M.S	TAMV, Pune	3 JULY 2024	Expert
One day sensitization on accreditation of Ayurveda training courses organized by RAV  Capacity Building	P. D.E.A's, College of Ayurved & Research Centre,	4 July 2024	Delegate
Programme Workshop on "Scientific writing, Research integrity and Publication ethics as delegate	Nigdi	26-28 th Sept 2024	Delegate
Half day seminar on "Hypertensive disorders in pregnancy & gestational diabetes mellitus		11 OCT 2024	Organizing secretary
	Hyderabad		
Siddha Streerog			

		UG syllabus framing  Samskar 2024 – Aseptic Precautions in	TAMV, transitional Curriculum	9- 11 Nov, 2024 16 NOV 2024	HSET Expert  Resource person
		Hospital settings	Tilak Ayurved Mahavidyalaya, Pune		
		Personal Health and Hygiene First for ist year BAMS students	TAMV, Pune	21 NOV 2024	Resource person
		24 <sup>th</sup> National and 8 <sup>th</sup> International conference of A.A.I.M. on Update Shalya Sangyaharan 2024		7 <sup>th</sup> & 8 <sup>th</sup> Dec, 2024	Chairperson & Delegate
5.	Dr.Vinayak masal	Half day seminar on "Hypertensive disorders in pregnancy & gestational diabetes mellitus	Tilak Ayurved Mahavidyalaya, Pune	11 oct 2024	Co organizing secretary
		8 <sup>th</sup> International Diabetes Summit- 2024 on Symposium on Diabetes in Pregnancy and Women's health	JW Marriott, Pune	15 <sup>th</sup> - 17 <sup>th</sup> March, 2024	Delegate
		Hands on	SSAM, Hadapsar, Pune		
		workshop on		3-5 MAY	Delegate

		Infertility during International Conference- Sushrutee 2024  One CME hour on The Thyroid, iodine, & Pregnancy connect 4Ds- Dialogue, Direction, Dilemmas &	Online	21st Oct, 2024	Delegate
		Discussion  24 <sup>th</sup> National and 8 <sup>th</sup> International conference of A.A.I.M. on Update Shalya Sangyaharan 2024	TAMV, Pune	7 <sup>th</sup> & 8 <sup>th</sup> Dec, 2024	Delegate
6.	Dr.mrunali Phapale	Ayurvedic Therapeutic dietetics advance course for European academy —Resource person for Antenatal care reciepies	Tilak Ayurved Mahavidyalaya, Pune	24 Feb 2024	Resource person
		SOUSHRUTI- 2024" Infertility International Conference " as a -chairperson, session coordinator of medico legal cases & Member of scientific committee	SSAM ,Hadapsar	3-5 May 2024	Delegate

		Basic workshop on Health sciences Education Technology	P.D.E.A's College of Ayurved & Research Center, Nigdi, Pune	16- 18 May 2024	Delegate
			Online		
		Ayurvedic Maternal and Child nutrition Course		5 Aug- 5 Sep 2024	Delegate
			Online		
		Rhesus Awareness Master Class		Aug 2024	Delegate
			Online		
		PCOS Re- orientation Programme for doctor	TAMV, Pune	Sep 2024	Delegate
		Half day seminar on "Hypertensive disorders in pregnancy & gestational diabetes mellitus		11 OCT 2024	Co- organizing secretary
			TAMV, Pune		
		24 <sup>th</sup> National and 8 <sup>th</sup> International conference of A.A.I.M. on Update Shalya Sangyaharan 2024		7 <sup>th</sup> & 8 <sup>th</sup> Dec, 2024	Delegate
Information 1.	ation of Students Dr.Trupti Bhosale	Half day seminar	Tilak Ayurved	11 oct 2024	Organizing committee member
	1	on "Hypertensive disorders in	Mahavidyalaya, Pune	-	5 6

		pregnancy & gestational diabetes mellitus			
		Seminar on Comprehensive approach towards Infertility	Ayurved Rasashala Auditorium	6 <sup>th</sup> Oct, 2024	Delegate
			Online		
		One CME hour on The Thyroid, iodine, & Pregnancy connect 4Ds- Dialogue, Direction,		21st Oct, 2024	Delegate
		Dilemmas & Discussion			
2.	Dr.Mansi sarvade	Half day seminar on "Hypertensive disorders in pregnancy & gestational diabetes mellitus	Tilak Ayurved Mahavidyalaya, Pune	11 oct 2024	Organizing committee member
		One CME hour on The Thyroid, iodine, & Pregnancy connect 4Ds- Dialogue, Direction, Dilemmas & Discussion	Online	21st Oct, 2024	Delegate
3.	Dr.Snehal Nikas	Half day seminar on "Hypertensive disorders in pregnancy & gestational diabetes	Tilak Ayurved Mahavidyalaya, Pune	11 oct 2024	Organizing committee member

		mellitus			
		Seminar on Comprehensive approach towards Infertility	Ayurved Rasashala Auditorium	6 <sup>th</sup> Oct, 2024	Delegate
		One CME hour on The Thyroid, iodine, & Pregnancy connect 4Ds- Dialogue, Direction, Dilemmas &	Online	21st Oct, 2024	Delegate
		Discussion			
4.	Dr.Chaitalee Jain	Half day seminar on "Hypertensive disorders in pregnancy & gestational diabetes mellitus	Tilak Ayurved Mahavidyalaya, Pune	11 oct 2024	Organizing committee member
5.	Dr.Mayur Ingale	Half day seminar on "Hypertensive disorders in pregnancy & gestational diabetes mellitus	Tilak Ayurved Mahavidyalaya, Pune	11 oct 2024	Organizing committee member
		Seminar on Comprehensive approach towards Infertility	Ayurved Rasashala Auditorium TAMV, Pune	6 <sup>th</sup> Oct, 2024	Delegate
		24 <sup>th</sup> National and 8 <sup>th</sup> International conference of A.A.I.M. on Update Shalya Sangyaharan 2024		7 <sup>th</sup> & 8 <sup>th</sup> Dec, 2024	Paper presenter & Delegate

6.	Dr.Sneha Thorat	Half day seminar on "Hypertensive disorders in pregnancy & gestational diabetes mellitus	Tilak Ayurved Mahavidyalaya, Pune	11 oct 2024	Organizing committee member
		Seminar on Comprehensive approach towards Infertility	Ayurved Rasashala Auditorium	6 <sup>th</sup> Oct, 2024	Delegate
		One CME hour on The Thyroid, iodine, & Pregnancy connect 4Ds- Dialogue,	Online	21st Oct, 2024	Delegate
		Direction, Dilemmas & Discussion 24 <sup>th</sup> National and 8 <sup>th</sup> International conference of A.A.I.M. on Update Shalya Sangyaharan 2024	TAMV, Pune	7 <sup>th</sup> & 8 <sup>th</sup> Dec, 2024	Paper presenter & Delegate
7.	Dr.Pratiksha Ghavate	Half day seminar on "Hypertensive disorders in pregnancy & gestational diabetes mellitus	Tilak Ayurved Mahavidyalaya, Pune	11 oct 2024	Organizing committee member
		24 <sup>th</sup> National and 8 <sup>th</sup> International conference of A.A.I.M. on Update Shalya Sangyaharan 2024	TAMV, Pune	7 <sup>th</sup> & 8 <sup>th</sup> Dec, 2024	Paper presenter & Delegate

8.	Dr.Shivani Kale	Half day seminar on "Hypertensive disorders in pregnancy & gestational diabetes mellitus	Tilak Ayurved Mahavidyalaya, Pune Online	11 oct 2024	Organizing committee member  Delegate
		One CME hour on The Thyroid, iodine, & Pregnancy connect 4Ds- Dialogue, Direction, Dilemmas & Discussion		21st Oct, 2024	
		24 <sup>th</sup> National and 8 <sup>th</sup> International conference of A.A.I.M. on Update Shalya Sangyaharan 2024	TAMV, Pune	7 <sup>th</sup> & 8 <sup>th</sup> Dec, 2024	Paper presenter & Delegate
9.	Kajal Saste	Half day seminar on Hypertensive disorders in pregnancy & gestational diabetes mellitus	Tilak Ayurved Mahavidyalaya, Pune	11 oct 2024	Organizing committee member
		Seminar on Comprehensive approach towards Infertility	Ayurved Rasashala Auditorium	6 <sup>th</sup> Oct, 2024	Delegate
		One CME hour on The Thyroid, iodine, & Pregnancy connect	Online	21st Oct, 2024	Delegate

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		4Ds- Dialogue, Direction, Dilemmas & Discussion	TAMV, Pune		Paper presenter & Delegate
		8 <sup>th</sup> International conference of A.A.I.M. on Update Shalya Sangyaharan 2024		7 <sup>th</sup> & 8 <sup>th</sup> Dec, 2024	raper presenter & Delegate
10.	Sampada Shinde	Half day seminar on "Hypertensive disorders in pregnancy & gestational diabetes mellitus	Tilak Ayurved Mahavidyalaya, Pune	11 oct 2024	Organizing committee member
		24 <sup>th</sup> National and 8 <sup>th</sup> International conference of A.A.I.M. on Update Shalya Sangyaharan 2024	TAMV, Pune	7 <sup>th</sup> & 8 <sup>th</sup> Dec, 2024	Paper presenter & Delegate
11.	Priyanka Bendre	Half day seminar on "Hypertensive disorders in pregnancy & gestational diabetes mellitus	Tilak Ayurved Mahavidyalaya, Pune	11 oct 2024	Organizing committee member
		Seminar on Comprehensive approach towards Infertility	Ayurved Rasashala Auditorium	6 <sup>th</sup> Oct, 2024	Delegate
			Online		<u> </u>

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		One CME hour on The Thyroid, iodine, & Pregnancy connect		21st Oct, 2024	Delegate
		4Ds- Dialogue, Direction, Dilemmas & Discussion 24 <sup>th</sup> National and 8 <sup>th</sup> International conference of A.A.I.M. on Update Shalya Sangyaharan 2024	TAMV, Pune	7 <sup>th</sup> & 8 <sup>th</sup> Dec, 2024	Paper presenter & Delegate
12.	Samina Patel	Half day seminar on "Hypertensive disorders in pregnancy & gestational diabetes mellitus	Tilak Ayurved Mahavidyalaya, Pune	11 OCT 2024	Organizing committee member
		One CME hour on The Thyroid, iodine, & Pregnancy connect 4Ds- Dialogue, Direction, Dilemmas & Discussion	Online	21st Oct, 2024	Delegate
		24 <sup>th</sup> National and 8 <sup>th</sup> International conference of A.A.I.M. on Update Shalya Sangyaharan 2024	TAMV, Pune	7 <sup>th</sup> & 8 <sup>th</sup> Dec, 2024	Paper presenter & Delegate

#### 3) State /National /International level prizes/Awards (Academic, Cultural, and Sports)

Teacher :- Nil

#### Student

Date	Name of the	Name of the	G 4	Cultural	State	Regional/Zonal	National	International	Student
	Student	award/ medal	Sports						ID number
9, 10 June 2024	Vd. Trupti Bhosale	DSV Miss India Medico Diva Season 2 Runner Up prize,	-	Cultural	Goa	-	National	-	2202151
11 June 2024	Vd. Trupti Bhosale	Ist prize in Maharashtra Competition	-	Cultural	Goa	-	National	-	2202151
16 feb 2024	VD. Manasi Saravade Final year student ( PG Scholar )	Annual Gathering - Voice of the Year award	-	Cultural	-	Tilak Ayurveda Mahavidyalaya Pune	-	-	2202148

4) Research Activities: (State/Central Govt. & MUHS funded/sponsored / funded by other agencies (submit information regarding completed/ongoing projects)- NIL

#### 5) Publications (State/National/International peer reviewed journals)

Sl.no	PubMed ID / ISSN No.	Publication Type	Publication Title	Author-name	Journal-name	State/National/International	Year
1.	ISSN 2277- 7105	Article	Critical review of role of Vasant kalpa in management of foetal growth restriction	Dr. Trupti Bhosale Dr. Garudkar Dr. Rucha Ganu	WJPR	International	2024
2.	ISSN 2349- 6002	Article	A comprehensive Ayurvedic perspective of Polycystic ovary syndrome	Dr, Chaitalee Jain Dr. Rucha Ganu	IJIRT	International	2024
3.	ISSN 2277- 7105	Article	A comprehensive approach to anovulation: a review	Dr. Snehal Nikas Dr. Pradeep Musale Dr. Rucha Ganu	WJPR	International	2024
4.	ISSN 2277- 7105	Article	A comprehensive approach of	Dr. Mansi Sarvade Dr. Sanjay Gavane	WJPR	International	2024

			management in Asrigdara	Dr. Rucha Ganu			
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6) Books and chapters in edited volumes/books published and papers published in national/international conference-proceedings indexed in UGC-CARE list on the UGC website/Scopus/Web of Science/PubMed/- NIL

#### 7) Information of PG student / Ph.D. student.

i) MD/MS

Sr. No	Name of the Student	Name of the guide	Title of the thesis	Year of registration of the scholar	Status Completed / ongoing
1.	Dr.Jyoti Munde	Dr. Rucha Ganu	A randomized controlled clinical trial to compare efficacy of Chaturbeej churna and Clomiphene citrate in manangement of Artavkshay in Polycystic ovarian Syndrome	2020-21	Completed
2.	Dr.Rutuja Patil	Dr. Pradeep Musale	A randomized controlled clinical trial to compare efficacy of Padmaka Phant and Tb. Progesterone in management of Garbhasrava Purvaroopavastha.	2020-21	Completed
3.	Dr. Priyanka Mutkule	Dr. Rahul Garudkar	A randomized controlled clinical study to compare efficacy of Vati of Rasanjan,Laksha and Aja ksheera in comparison with Tb.Progesterone in the management of Asrugdar(Menorrhagia)	2020-21	Completed
4	Dr.Mukta Mane	Dr. Sanjay Gavane	A randomized controlled clinical trial to compare efficacy pf Panchavalkal kwath with Triphala kwath for Yoniparishek in episiotomy associated symptoms	2020-21	Completed
5.	Dr. Megha Thakur	Dr. Pradeep Musale	Study the efficacy of palashadi basti in PCOS	2020-21	Completed
6.	Dr.Trupti Bhosale	Dr. Rahul Garudkar	Randomized controlled clinical trial of Panchkola churna and Latakaranj churna for Garbhashay shodana in sutikavasta.	2021-22	Completed
7.	Dr. Mansi Sarvade	Dr. Sanjay Gavane	Randomized controlled clinical study to evaluate the effect of Atibala Vati in comparison to Tb.Regestrone in management Asrigdara.	2021- 22	Completed

8.	Dr. Chaitalee Jain	Dr. Rucha Ganu	A Randomized controlled clinical trial to evaluate the efficacy of shatpushpa siddha taila nasya and shatapushpa siddha taila matra basti in anovulatory cycles in PCOS.	2021- 22	Completed
9	Dr.Snehal Nikas	Dr. Pradeep Musale	Clinical study to evaluate the efficacy of hingwadi taila matrabasti in the management of anovulatory cycles.	2021- 22	Completed
10.	Dr.Sneha Thorat	Dr. Rucha Ganu	A Randomized controlled clinical trial to evaluate the efficacy of ashwattha twak kwatha yonidhavana and brihatyadi kwath yonidhawana in management of yonigata shwetstraav	2022-23	Ongoing
11.	Dr. Pratiksha Ghavate	Dr. Pradeep Musale	A single arm open label clinical study to evaluate the efficacy of dhatryadi yog in the management of vandhyatva due to anovulatory cycles	2022- 23	Ongoing
12.	Dr.Mayur Ingale	Dr. Rahul Garudkar	A Randomized controlled clinical study to evaluate the efficacy of hingwadi gutika and Tb.Mefenamic Acid and dicyclomine in the management of kashtaartaav	2022- 23	Ongoing
13	Dr. Shivani Kale	Dr. Rucha Ganu	A Ramdomized controlled clinical trial to compare the efficacy of chaturbeej churna and latakaranj churna in garbhashay shodhan in sutikavastha.	2022- 23	Ongoing
14.	Dr. Sampada Shinde	Dr. Rucha Ganu	A randomized controlled clinical trial to evaluate the efficacy of Kumari siddha taila matra basti and Shatpushpa tail siddha matra basti in anovulatory cycle in PCOS	2022- 23	Ongoing
15.	Dr. Kajal Saste	Dr. Rahul Garudkar	A randomized controlled clinical study to evaluate the effect of Vishwa- eladi yoga in comparison with Norethisterone in the management of Asrigdara	2022- 23	Ongoing
16.	Dr. Samina Patel	Dr. Rahul Garudkar	A comparative study of Shatpushpa tail vran karma with Triphala kwatha yonidhavana in episiotomy wound- a randomized controlled trial	2022- 23	Ongoing
17.	Dr. Priyanka Bendre	Dr. Rucha Ganu	A randomized controlled clinical trial to compare the efficacy of Ambashtha-ksheeravalkal taila yonipichu and Jatyadi taila yonipichu on cervical erosion (Garbhashaya mukha vran)	2022- 23	Ongoing

### 8) Extra-Curricular /Academic Activities :

- 9) Guest Lecture organized in the Department:- Nil
- 10) Educational Visits: NIL