

R.S.M's
Tilak Ayurved Mahavidyalaya's
Center for Post Graduate Studies and Research in Ayurved
BALROG DEPARTMENT
2021-2022 ATP FIRST TERM

SR.NO	DATE	LH/NLH	TOPIC	TEACHER
1	1/4/2025	LH	Define Kaumarabhritya , Enlist the scope and importance of Kaumarabhritya. Explain the term Jatamatra, Navajata, Sadyojata, Bala, and Kumara.	DR VIKAS JAYBHAY/DR.GAJANAN CHEKE
2	2/4/2025			
3	3/4/2025			
4	4/4/2025	LH	Explain Vayo Bheda. Enlist terminologies associated with different stages of life. Classify age as per recent advances. Analyse rationale behind Vayo Bheda	DR VIKAS JAYBHAY/DR KALYANI AHER/DR.YASHASHRI KULKARNI
5	5/4/2025			
6	6/4/2025		SUNDAY	
7	7/4/2025		RECITATION	DR KALYANI AHER/DR.YASHASHRI KULKARNI
8	8/4/2025	LH	Define Growth and Describe factors affecting Growth and Development , Recognise patterns of Growth during Infancy,Childhood and Adolescence	DR VIKAS JAYBHAY/DR.GAJANAN CHEKE
9	9/4/2025			
10	10/4/2025		HOLIDAY	
11	11/4/2025	LH	Define Development, enlist normal developmental milestones in - Gross Motor, Fine Motor skills	DR VIKAS JAYBHAY/DR KALYANI AHER/DR.YASHASHRI KULKARNI
12	12/4/2025			
13	13/4/2025		SUNDAY	
14	14/4/2025		HOLIDAY	
15	15/4/2025	LH	, Personal-Social and general understanding, Language, Vision and Hearing , Define Developmental Delay	DR VIKAS JAYBHAY/DR.GAJANAN CHEKE
16	16/4/2025			
17	17/4/2025			
18	18/4/2025		HOLIDAY	

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19	19/4/2025			
20	20/4/2025		SUNDAY	
21	21/4/2025		RECITATION	DR KALYANI AHER/DR.YASHASHRI KULKARNI
22	22/4/2025	LH	Describe Danta and enlist types of Danta. , Describe primary and secondary Dentition Explain process of Dantotpatti , Enlist complications of Dantotpatti and explain its management	DR VIKAS JAYBHAY/DR.GAJANAN CHEKE
23	23/4/2025			
24	24/4/2025			
25	25/4/2025	LH	Explain Childhood Samskaras	DR VIKAS JAYBHAY/DR KALYANI AHER/DR.YASHASHRI KULKARNI
26	26/4/2025			
27	27/4/2025		SUNDAY	
28	28/4/2025		RECITION	DR KALYANI AHER/DR.YASHASHRI KULKARNI
29	29/4/2025	LH	Explain Childhood Samskaras	DR VIKAS JAYBHAY/DR.GAJANAN CHEKE
30	30/4/2025		HOLIDAY	

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1	1/5/2025		HOLIDAY	
2	2/5/2025	NLHT2.1	Analyse the role of Samskaras in the process of development	DR VIKAS JAYBHAY/DR KALYANI AHER/DR.YASHASHRI KULKARNI
3	3/5/2025			
4	4/5/2025		SUNDAY	
5	5/5/2025	NLHT2.1	RECITATION/ Analyse the role of Samskaras in the process of development	DR KALYANI AHER/DR.YASHASHRI KULKARNI
6	6/5/2025	NLHT2.1	Analyse the role of Samskaras in the process of development	DR VIKAS JAYBHAY/DR.GAJANAN CHEKE
7	7/5/2025			
8	8/5/2025			
9	9/5/2025	LH	. Explain Garbha Vriddhi and Vikasa. Explain fetal development.	DR VIKAS JAYBHAY/DR KALYANI AHER/DR.YASHASHRI KULKARNI
10	10/5/2025			
11	11/5/2025		SUNDAY	
12	12/5/2025		HOLIDAY	
13	13/5/2025	LH	Define the terms - SGA, LGA, AGA, LBW, VLBW, ELBW, Fetus, Live birth and Stillbirth. Describe the characteristics of Normal Term Neonate. Describe the characteristics of High-Risk Neonate. Recite Swasta Bala Lakshana.	DR VIKAS JAYBHAY/DR.GAJANAN CHEKE
14	14/5/2025			
15	15/5/2025			
16	16/5/2025	LH	Explain Navajata Shishu Paricharya including Pranapratyagamana. Explain recent advances in neonatal care.	DR VIKAS JAYBHAY/DR KALYANI AHER/DR.YASHASHRI KULKARNI
17	17/5/2025			
18	18/5/2025		SUNDAY	
19	19/5/2025		RECITATION	DR KALYANI AHER/DR.YASHASHRI KULKARNI
20	20/5/2025	NLHT 3.1	Analyse the scientificity of Navajata Shishu	DR VIKAS

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			Paricharya & Pranapratyagamana with respect to: Receiving the baby, Temperature maintenance, Stimulation of breathing and Cord care	JAYBHAY/DR.GAJANAN CHEKE
21	21/5/2025			
22	22/5/2025			
23	23/5/2025	LH	Explain Nabhi Nala Chedana. Enlist and explain complications of Nabhi Nala Chedana, Nabhi Paka, Umbilical sepsis and its management. Explain the management of Umbilical Hernia	DR VIKAS JAYBHAY/DR KALYANI AHER/DR.YASHASHRI KULKARNI
24	24/5/2025			
25	25/5/2025		SUNDAY	
26	26/5/2025		RECITATION	DR KALYANI AHER/DR.YASHASHRI KULKARNI
27	27/5/2025	LH	Explain the care of Post term and Preterm Neonates	DR VIKAS JAYBHAY/DR.GAJANAN CHEKE
28	28/5/2025			
29	29/5/2025			
30	30/5/2025	LH	Explain Neonatal Resuscitation. Enlist complications of Neonatal Resuscitation and Explain management. Recognise the Preventive Strategies at the time of delivery.	DR AHER/DR KULKARNI

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1	1/6/2025		SUNDAY	
2	2/6/2025		RECITATION	
3	3/6/2025		1 st ASSEMENT	
4	4/6/2025			
5	5/6/2025			
6	6/6/2025	LH	Explain Rakshakarma Vidhi. Analyse scientificity of Raksha Karma	DR VIKAS JAYBHAY/DR KALYANI AHER/DR.YASHASHRI KULKARNI
7	7/6/2025			
8	8/6/2025		SUNDAY	
9	9/6/2025		RECITATION	DR KALYANI AHER/DR.YASHASHRI KULKARNI
10	10/6/2025	NLHT 3.2	Infer Ayu Pariksha Vidhi [Assessment of Longevity and Standard of Living]	DR VIKAS JAYBHAY/DR.GAJANAN CHEKE
11	11/6/2025			
12	12/6/2025			
13	13/6/2025	LH	Describe the etiology, clinical features and management of neonatal respiratory distress. Describe the etiology, clinical features and management of meconium aspiration syndrome. Explain Ulbakam and its Chikitsa	DR VIKAS JAYBHAY/DR KALYANI AHER/DR.YASHASHRI KULKARNI
14	14/6/2025			
15	15/6/2025		SUNDAY	
16	16/6/2025		RECITATION	DR KALYANI AHER/DR.YASHASHRI KULKARNI
17	17/6/2025	LH	Describe the clinical features, pathophysiology and management of Erb's Palsy , Describe etiology, clinical features and management of haemorrhagic diseases	DR VIKAS JAYBHAY/DR.GAJANAN CHEKE
18	18/6/2025			
19	19/6/2025			
20	20/6/2025	LH	Describe etiology, clinical features and management of Neonatal	DR VIKAS JAYBHAY/DR KALYANI

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			hypothermia, Neonatal hypoglycemia and neonatal seizures.	AHER/DR.YASHASHRI KULKARNI
21	21/6/2025			
22	22/6/2025		SUNDAY	
23	23/6/2025		RECITATION	DR KALYANI AHER/DR.YASHASHRI KULKARNI
24	24/6/2025	LH	Describe etiology, clinical features and management of neonatal septicemia and neonatal conjunctivitis.	DR VIKAS JAYBHAY/DR.GAJANAN CHEKE
25	25/6/2025			
26	26/6/2025			
27	27/6/2025	LH	Explain mechanism of Neonatal jaundice. Describe etiology, clinical features and management of Neonatal Jaundice	DR VIKAS JAYBHAY/DR KALYANI AHER/DR.YASHASHRI KULKARNI
28	28/6/2025			
29	29/6/2025		SUNDAY	
30	30/6/2025		RECITATION	DR KALYANI AHER/DR.YASHASHRI KULKARNI

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SR.NO	DATE	LH/NLH	TOPIC	TEACHER
1	1/7/2025	NLHT3.3	Outline the scope of complimentary approach of Ayurveda principles and practices in the management and prevention of hypothermia, hypoglycemia, seizure, septicemia, conjunctivitis and jaundice in neonate	DR VIKAS JAYBHAY/DR.GAJANAN CHEKE
2	2/7/2025			
3	3/7/2025			
4	4/7/2025	LH	Define Stanya. Explain the process of Stanyotpatti and the physiology of lactation. Enlist Stanya Guna and Shuddha Stanya Lakshana. Enumerate properties of normal breast milk. Define colostrum and enlist the advantages	DR VIKAS JAYBHAY/DR KALYANI AHER/DR.YASHASHRI KULKARNI
5	5/7/2025			
6	6/7/2025		SUNDAY	
7	7/7/2025		RECITATION	DR KALYANI AHER/DR.YASHASHRI KULKARNI
8	8/7/2025	LH	Explain the Advantages of Breastfeeding. Recognize the wrong practices of Breastfeeding. Identify Complementary feeding arrangements in the absence of Stanya. Identify Complementary feeding arrangements in the absence of Breastmilk. Explain Stanyapanayana.	DR VIKAS JAYBHAY/DR.GAJANAN CHEKE
9	9/7/2025			
10	10/7/2025			
11	11/7/2025	LH	Explain Nidana, Bheda, Lakshana and Chikitsa of Stanya Dushti. Explain Nidana, Lakshana of Stanya Vriddhi and Kshaya. Recite Stanya Vardhaka Gana and Stanya Shodhana Gana.	DR VIKAS JAYBHAY/DR KALYANI AHER/DR.YASHASHRI KULKARNI
12	12/7/2025			
13	13/7/2025		SUNDAY	
14	14/7/2025		RECITATION	DR KALYANI AHER/DR.YASHASHRI

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				KULKARNI
15	15/7/2025	NLHT4.1	Identify Complementary feeding arrangements in the absence of Stanya.	DR VIKAS JAYBHAY/DR.GAJANAN CHEKE
16	16/7/2025			
17	17/7/2025			
18	18/7/2025	LH	Enlist the Diseases due to Stanyadushti. Explain Nidana, Samprapti, Lakshana and Chikitsa of Ksheeralasaka. Explain Nidana, Samprapti, Lakshana and Chikitsa of Ahiputana/GudaKutta	DR VIKAS JAYBHAY/DR KALYANI AHER/DR.YASHASHRI KULKARNI
19	19/7/2025			
20	20/7/2025		SUNDAY	
21	21/7/2025		RECITATION	DR KALYANI AHER/DR.YASHASHRI KULKARNI
22	22/7/2025	NLHP4.2	Discuss the Complementary feeding arrangements in the absence of breast milk	DR VIKAS JAYBHAY/DR.GAJANAN CHEKE
23	23/7/2025			
24	24/7/2025			
25	25/7/2025	LH	Explain Nidana, Samprapti, Lakshana and Chikitsa of Kumarashosha. Describe etiopathogenesis, features, investigations and management of Lactose Intolerance. Explain method and practices of Swarnaprashana.	DR VIKAS JAYBHAY/DR KALYANI AHER/DR.YASHASHRI KULKARNI
26	26/7/2025			
27	27/7/2025		SUNDAY	
28	28/7/2025		RECITATION	DR KALYANI AHER/DR.YASHASHRI KULKARNI
29	29/7/2025		SENCOD P.A	
30	30/7/2025			
31	31/7/2025			

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1	1/8/2025	NLHT4.3	Analyse the scientific benefits of Swarnaprashana.	DR VIKAS JAYBHAY/DR KALYANI AHER/DR.YASHASHRI KULKARNI
2	2/8/2025			
3	3/8/2025		SUNDAY	
4	4/8/2025		RECITATION	DR KALYANI AHER/DR.YASHASHRI KULKARNI
5	5/8/2025	NLHT4.4	Participate in breast feeding week celebration	DR VIKAS JAYBHAY/DR.GAJANAN CHEKE
6	6/8/2025			
7	7/8/2025			
8	8/8/2025	NLHT4.5	Analyse Ksheeralasaka with Malnutrition and Chronic GI diseases in Breastfeeding babies	DR VIKAS JAYBHAY/DR KALYANI AHER/DR.YASHASHRI KULKARNI
9	9/8/2025			
10	10/8/2025		SUNDAY	
11	11/8/2025		RECITATION	DR KALYANI AHER/DR.YASHASHRI KULKARNI
12	12/8/2025	LH	Describe age related nutritional needs of infants, children and adolescents	DR VIKAS JAYBHAY/DR.GAJANAN CHEKE
13	13/8/2025			
14	14/8/2025			
15	15/8/2025		HOLIDAY	
16	16/8/2025			
17	17/8/2025		SUNDAY	
18	18/8/2025		RECITATION	DR KALYANI AHER/DR.YASHASHRI KULKARNI
19	19/8/2025	LH	Describe the method of calculating micronutrients in children	DR VIKAS JAYBHAY/DR.GAJANAN CHEKE
20	20/8/2025			
21	21/8/2025			
22	22/8/2025	LH	Describe the tools and methods for assessment of nutrition in	DR VIKAS JAYBHAY/DR

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			children. Classify the nutritional status of infants, children and adolescents	KALYANI AHER/DR.YASHASHRI KULKARNI
23	23/8/2025			
24	24/8/2025		SUNDAY	
25	25/8/2025		RECITATION	DR KALYANI AHER/DR.YASHASHRI KULKARNI
26	26/8/2025		THIRD P.A	
27	27/8/2025		HOLIDAY	
28	28/8/2025			
29	29/8/2025	NLHT5.1	Analyse factors affecting Vyadhikshamatwa/ Bala and Immunity in the present era	DR VIKAS JAYBHAY/DR KALYANI AHER/DR.YASHASHRI KULKARNI
30	30/8/2025			
31	31/8/2025		SUNDAY	

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1	1/9/2025		RECITATION	DR KALYANI AHER/DR.YASHASHRI KULKARNI
2	2/9/2025	NLHT5.2	Enlist methods to improve Vyadhikshamatwa / Bala and Immunity including Oushadhas, Kriyakramas, Lehana, Rasayana, Prakarayoga, Samskara and Immunization	DR VIKAS JAYBHAY/DR.GAJANAN CHEKE
3	3/9/2025			
4	4/9/2025			
5	5/9/2025		HOLIDAY	
6	6/9/2025			
7	7/9/2025		SUNDAY	
8	8/9/2025	NLHT5.3	RECITATION / List and explain the components, Key strategies, and highlights of the Reproductive Child Health (RCH) program	DR KALYANI AHER/DR.YASHASHRI KULKARNI
9	9/9/2025	NLHT5.3	Explore Ayurveda concept, practices and scope of preconception and antenatal care aimed at ensuring the birth of a healthy child.	DR VIKAS JAYBHAY/DR.GAJANAN CHEKE
10	10/9/2025			
11	11/9/2025			
12	12/9/2025	LH	Explain the Universal Immunization Program, Explain the components of National Immunisation Schedule	DR VIKAS JAYBHAY/DR KALYANI AHER/DR.YASHASHRI KULKARNI
13	13/9/2025			
14	14/9/2025		SUNDAY	
15	15/9/2025	NLHT5.3	RECITATION / Construct the care plan for the first 1,000 days of the child's life from conception until 2 years of age (24 months)	DR VIKAS JAYBHAY/DR KALYANI AHER/DR.YASHASHRI KULKARNI
16	16/9/2025		FIRST TERM	
17	17/9/2025		FIRST TERM	
18	18/9/2025		FIRST TERM	
19	19/9/2025		FIRST TERM	
20	20/9/2025		FIRST TERM	

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22	22/9/2025		FIRST TERM	
23	23/9/2025		FIRST TERM	
24	24/9/2025		FIRST TERM	
25	25/9/2025		FIRST TERM	
26	26/9/2025		FIRST TERM	
27	27/9/2025		FIRST TERM	
28	28/9/2025		SUNDAY	
29	29/9/2025		RECITATION	DR KALYANI AHER/DR.YASHASHRI KULKARNI
30	30/9/2025	LH	Define Malnutrition and Classify Undernutrition according to WHO. Define Severe Acute Malnutrition (SAM) and Moderate Acute Malnutrition (MAM). Describe the etio-pathogenesis, clinical features, complication and management of Severe Acute Malnutrition (SAM) and Moderate Acute Malnutrition (MAM)	DR VIKAS JAYBHAY/DR.GAJANAN CHEKE
31	31/9/2025			


Dr. V.B. Jaybhay