

Tilak Ayurved Mahavidyalaya				
Academic Term Plan- UG Theory				
Batch- UG III Year [Academic year 2025-26]				
Subject- Shalyatantra				
Duration: 01-10-2025 to 17-03-2026				
Name of the Departmental Faculty:				
1. Dr Nandkishor V Borse				
2. Dr Nitin D Nalawade				
3. Dr Dhanraj Gaikwad				
4. Dr Dipak Poman				
5. Dr Vinod Shet				
6. Dr Omkar Jyotik				
7. Dr Monali Deshmukh				
8. Dr Chaitali Dhomade				
II TERM				
Date	Topic	Faculty	LH/NLH T	Teaching tool/method
01-10-2025	1st Internal examination- 24-09-2025 - 10-10-2025			
02-10-2025				
03-10-2025				
04-10-2025				
05-10-2025				
06-10-2025				



07-10-2025				
08-10-2025				
09-10-2025				
10-10-2025				
11-10-2025				
12-10-2025	SUNDAY	MUHS DIWALI VACATION 12- 10-2025 to 26-10-2025		
13-10-2025				
14-10-2025				
15-10-2025				
16-10-2025				
17-10-2025				
18-10-2025				
19-10-2025	SUNDAY			
20-10-2025	HOLIDAY			
21-10-2025	HOLIDAY			
22-10-2025	HOLIDAY			
23-10-2025	HOLIDAY			
24-10-2025				
25-10-2025				
26-10-2025	SUNDAY			
27-10-2025	Shat Kriyakala in surgical practice.	Dr Nitin Nalawade	LH	L
28-10-2025	Vranashotha (Inflammation) - Nirukti, Nidana, Samprapti, Prakara, Lakshana, Sadhya-Asadhyata, Upadrava and Chikitsa	Dr N V Borse	NLHT	L AND PPT
29-10-2025	Vidradhi (Abscess) and Pidika (Boils) - Nidana, Samprapti, Prakara, Lakshana, Sadhya-Asadhyata, Upadrava and	Dr Dipak Poman	LH	L AND PPT



	Chikitsa			
30-10-2025	Marmaghata (Shock) - Definition, Classification, Etiopathogenesis, Clinical features, Diagnosis and Management of Hypovolaemic, Traumatic and Neurogenic Shock.	Dr Dhanraj Gaikwad	LH	L AND PPT
31-10-2025				
01-11-2025				
02-11-2025	SUNDAY			
03-11-2025	Cardiogenic & Septic Shock and Crush syndrome - Etiopathogenesis, Clinical features, Diagnosis and Management.	Dr Omkar Jyotik	LH	L AND PPT
04-11-2025	Kotha (Gangrene) – Etiopathogenesis, Types, Clinical features, Investigations, Differential Diagnosis, Complications and Management	Dr Monali Deshmukh	NLHT	L
05-11-2025	holiday		LH	L AND PPT
06-11-2025	Granthi (Dermoid Cyst and Sebaceous Cyst) - Nidana, Prakara, Samprapti, Lakshana and Chikitsa	Dr Vinod Shet	LH	L AND PPT
07-11-2025				
08-11-2025				
09-11-2025	SUNDAY			
10-11-2025	Arbuda - Nidana, Prakara, Samprapti, Lakshana and Chikitsa	Dr Nitin Nalawade	LH	L
11-11-2025	Tumour - Definition, Classification, Clinical features, Complications and Management.	Dr N V Borse	NLHT	DISCUSSION
12-11-2025	Vrana – Nirukti, Prakara, Nidana, Samprapti, Vrana Vastu, Prakara, Lakshana, Vrana Pariksha and Vrana Sadhya-Asadhyata	Dr Dipak Poman	LH	PPT



13-11-2025	Vrana Avastha - Dustavrana, Shuddha Vrana, Ruhyamana Vrana, Samyak Roodha Vrana, Pathya-Apathya and Vrana Upadrava	Dr Dhanraj Gaikwad	LH	PPT
14-11-2025				
15-11-2025				
16-11-2025	SUNDAY			
17-11-2025	Vrana Chikitsa –Shashti Upakrama – first 21 Upakramas	Dr Omkar Jyotik	LH	L
18-11-2025	Shashti Upakrama –22 to 40 Upakramas	Dr Monali Deshmukh	LH	L
19-11-2025	Shashti Upakrama – 41 to 60 Upakramas except Ashtavidha Shastra Karma.	Dr Chaitali Dhomade	LH	L
20-11-2025	Ulcer – Definition, Types, Wound healing stages and Management	Dr Vinod Shet	LH	L AND PPT
21-11-2025				
22-11-2025				
23-11-2025	SUNDAY			
24-11-2025	Prameha Pidaka - Diabetic carbuncle and wounds.	Dr Nitin Nalawade	LH	L AND PPT
25-11-2025	PERIODIC ASSESSMENT 4			
26-11-2025	Kshudra Roga - Clinical features	Dr Dipak Poman	LH	LECTURE
27-11-2025	Kshudra Roga - Management	Dr Dhanraj Gaikwad	LH	LECTURE
28-11-2025				
29-11-2025				
30-11-2025	SUNDAY			
01-12-2025	Galaganda, Gandamala, Apachi - Nidana, Samprapti, Lakshana and Chikitsa	Dr Omkar Jyotik	NLHT	LECTURE



02-12-2025	Pashanagardabha (Parotitis) – Etiopathogenesis, Clinical features, Investigations, Differential Diagnosis, Complications and Management	Dr Monali Deshmukh	LH	LECTURE
03-12-2025	Sadhyo Vrana (Traumatic wounds) – Nidana, Prakara, Lakshana, Upadrava and Chikitsa + Surgical site infection	Dr Chaitali Dhomade	NLHT	DEMONSTRATION
04-12-2025	Galaganda (Goitre)- Etiopathogenesis, Clinical features, Investigations, Differential Diagnosis, Complications and Management	Dr Vinod Shet	LH	L AND PPT
05-12-2025				
06-12-2025				
07-12-2025	SUNDAY			
08-12-2025	Toxic Goitre, Thyroiditis - Clinical features and Management.	Dr Nitin Nalawade	NLHT	DISCUSSION
09-12-2025	Neoplasms of Thyroid - Clinical features and Management.	Dr N V Borse	NLHT	DISCUSSION
10-12-2025	Sira Vikara- Surgical anatomy and physiology	Dr Dipak Poman	NLHT	L AND GD
11-12-2025	Superficial and Deep Venous Thrombosis - Etiopathogenesis, Clinical features, Investigations, Differential Diagnosis, Complications and Management	Dr Dhanraj Gaikwad	LH	L AND PPT
12-12-2025				
13-12-2025				
14-12-2025	SUNDAY			
15-12-2025	Sira Granthi (Varicose veins) - Etiopathogenesis, Clinical features, Investigations, Differential Diagnosis, Complications and Management	Dr Omkar Jyotik	LH	L AND PPT
16-12-2025	Siraj Vrana - Etiopathogenesis, Clinical features, Investigations, Differential Diagnosis, Complications	Dr Monali Deshmukh	LH	L AND PPT



	and Management			
17-12-2025	Dhamani Granthi (Aneurysm)– Etiopathogenesis, Clinical features, Investigations, Differential Diagnosis, Complications and Management	Dr Chaitali Dhomade	LH	L AND PPT
18-12-2025	Buerger's Disease - Etiopathogenesis, Clinical features, Investigations, Differential Diagnosis, Complications and Management	Dr Vinod Shet	LH	L AND PPT
19-12-2025				
20-12-2025				
21-12-2025	SUNDAY			
22-12-2025	Raynaud's Disease - Etiopathogenesis, Clinical features, Investigations, Differential Diagnosis, Complications and Management	Dr Nitin Nalawade	LH	L AND PPT
23-12-2025	Snayu Shotha (Tendonitis), Pratan Shotha (Tenosynovitis), Pratan Granthi (Ganglion), Dupuytren's Contracture - Etiopathogenesis, Clinical features, Investigations and Management	Dr N V Borse	LH	L
24-12-2025	Amputation –Definition, Classification, Indications, Contraindications and Complications	Dr Dipak Poman	LH	L
25-12-2025	holiday			
26-12-2025				
27-12-2025				
28-12-2025	SUNDAY			
29-12-2025	Etiopathogenesis, Diagnosis and Management of AIDS - HIV and Hepatitis (B and C)	Dr Omkar Jyotik	LH	L
30-12-2025	PERIODIC ASSESSMENT 5			



31-12-2025	Asthi Bhagna/Kanda Bhagna (Fracture) - Nidana, Prakara, Lakshana, Upadrava and Chikitsa	Dr Chaitali Dhomade	LH	L
01-01-2026	Ansaphalaka Bhagna (Scapula Fracture), Akshakasthi Bhagna (Clavicle Fracture) - Clinical features, Diagnosis, Complications and Management	Dr Vinod Shet	NLHT	DISCUSSION
02-01-2026				
03-01-2026				
04-01-2026	SUNDAY			
05-01-2026	Pragandasthi Bhagna (Humerus Fracture), Bahiprakoshthasthi Bhagna (Radius Fracture), Antaparakoshthasthi Bhagna (Ulna Fracture) - Clinical features, Diagnosis, Complications and Management	Dr Nitin Nalawade	LH	L
06-01-2026	Urvasthi Bhagna (Femur Fracture), Janwasthi Bhagna (Patella), Antar Janghasthi and Bahir Janghasthi Bhagna (Tibia and Fibula Fracture) - Clinical features, Diagnosis, Complications and Management	Dr N V Borse	NLHT	L AND GD
07-01-2026	Sroni Bhagna (Fracture of the Pelvis) - Clinical features, Diagnosis, Complications and Management	Dr Dipak Poman	NLHT	DISCUSSION
08-01-2026	Sandimoksha (Dislocation) - Nidana, Prakara, Lakshana, Upadrava and Chikitsa	Dr Dhanraj Gaikwad	NLHT	PER
09-01-2026				
10-01-2026				
11-01-2026	SUNDAY			
12-01-2026	Ansa Sandhimoksha (Shoulder joint Dislocation), Kurpara Sandhimoksha (Elbow joint Dislocation) - Clinical features, Diagnosis, Complications	Dr Omkar Jyotik	NLHT	PER



	and Management			
13-01-2026	Vankshana Sandhimoksha (Hip joint Dislocation) - Clinical features, Diagnosis, Complications and Management	Dr Monali Deshmukh	NLHT	PER
14-01-2026	Asthi Vidradhi (Osteomyelitis) - Aetiopathogenesis, Classification, Clinical features, Diagnosis, Complications and Management	Dr Chaitali Dhomade	LH	L
15-01-2026	Asthi Granthi and Arbuda (Bone Cysts and Tumours) - Clinical features, Diagnosis and Management	Dr Vinod Shet	NLHT	DISCUSSION
16-01-2026				
17-01-2026				
18-01-2026	SUNDAY			
19-01-2026	Asthi Kshaya (Bone Tuberculosis) - Aetiopathogenesis, Classification, Clinical features, Diagnosis, Complications and Management	Dr Nitin Nalawade	LH	L
20-01-2026	Asthi Shosha (Osteoporosis), Paget's Disease - Clinical features, Diagnosis and Management	Dr N V Borse	NLHT	DISCUSSION
21-01-2026	Shirobhighata (Scalp injury and Skull fracture) – Clinical features and Management	Dr Dipak Poman	LH	L
22-01-2026	Mastulunga Abhighata (Brain injury) - Cerebral Concussion, Contusion and Laceration. Haemorrhage - Clinical features, Diagnosis and Management	Dr Dhanraj Gaikwad	LH	L
23-01-2026				
24-01-2026				
25-01-2026	SUNDAY			
26-01-2026	holiday			



27-01-2026	Mastishka Arbuda (Benigh and Malignant tumours of Brain) – Clinical features, Diagnosis and Management	Dr Monali Deshmukh	NLHT	DISCUSSION
28-01-2026	Kasheruka Kshaya (Spinal Tuberculosis) - Etiopathogenesis, Classification, Investigations, Complications and Primary Management	Dr Chaitali Dhomade	LH	L
29-01-2026	Ankylosing Spondylitis - Etiopathogenesis, Classification, Investigations, Complications and Primary Management	Dr Vinod Shet	NLHT	X RAY
30-01-2026				
31-01-2026				
01-02-2026	SUNDAY			
02-02-2026	Stana Vidradhi (Breast abscess) - Etiopathogenesis, Classification, Clinical features, Diagnosis, Complications and Management	Dr Nitin Nalawade	NLHT	DISCUSSION
03-02-2026	Stana Granthi (Fibroadenoma) and Fibroadenosis - Etiopathogenesis, Classification, Clinical features, Diagnosis, Complications and Management	Dr N V Borse	NLHT	case-diagnosis
04-02-2026	Stana Arbuda (Benign and Malignant tumours of Breast) - Etiopathogenesis, Classification, Clinical features, Diagnosis, Complications and Management	Dr Dipak Poman	LH	L AND PPT
05-02-2026	Urah Abhighata - Chest Injury (Parshukasthi Bhagna - Fracture of Ribs, Pneumothorax, Haemothorax, Stove in Chest, Flail Chest and Surgical Emphysema) - Etiopathogenesis, Classification, Clinical features, Diagnosis, Complications and Management.	Dr Dhanraj Gaikwad	LH	L



06-02-2026				
07-02-2026				
08-02-2026	SUNDAY			
09-02-2026	Phupusavarana Shotha (Pleurisy), Phupusavarana Vidradhi (Pleural Abscess), Pleural Effusion, Phupusa Granthi (Cysts of Lung), Phupusa Arbuda (Benign and Malignant tumours of Lung) - Etiopathogenesis, Classification, Clinical features, Diagnosis and Management	Dr Omkar Jyotik	NLHT	DISCUSSION
10-02-2026	Sahaja Vikara (Congenital Anomalies), Anna Nalika Shotha (Oesophagitis) - Etiopathogenesis, Classification, Clinical features, Diagnosis, Complications and Management	Dr Monali Deshmukh	LH	L
11-02-2026	Anna Nalika Raktasrava (Oesophageal Varices) - Etiopathogenesis, Classification, Clinical features, Diagnosis, Complications and Management	Dr Chaitali Dhomade	NLHT	DISCUSSION
12-02-2026	Anna Nalika Arbuda (Benign and Malignant tumours of Oesophagus) - Etiopathogenesis, Classification, Clinical features, Diagnosis, Complications and Management	Dr Vinod Shet	LH	L
13-02-2026				
14-02-2026				
15-02-2026	SUNDAY			
16-02-2026	Gulma Roga - Nidana, Prakara, Lakshana, Upadrava and Chikitsa	Dr Nitin Nalawade	LH	L
17-02-2026	Shoola - Nidana, Prakara, Lakshana, Upadrava and Chikitsa	Dr N V Borse	LH	L
18-02-2026	Udara Roga (Yakritodar, Pleehodar, Chhidrodar, Baddhagudodar) - Nidana, Prakara, Samprapti, Lakshana	Dr Dipak Poman	LH	L



	and Chikitsa			
19-02-2026	holiday			
20-02-2026				
21-02-2026				
22-02-2026	SUNDAY			
23-02-2026	Jalodara (Ascites) - Etiopathogenesis, Clinical features, Diagnosis, Complications and Management	Dr Omkar Jyotik	NLHT	DISCUSSION
24-02-2026	Peritonitis - Etiopathogenesis, Clinical features, Diagnosis, Complications and Management	Dr Monali Deshmukh	NLHT	PER
25-02-2026	Annadrava Shoola and Parinama Shoola (Peptic Ulcer) - Etiopathogenesis, Classification, Clinical features, Diagnosis, Complications and Management	Dr Chaitali Dhomade	LH	L
26-02-2026	Pyloric stenosis – Clinical Diagnosis and Management	Dr Vinod Shet	NLHT	L AND GD
27-02-2026				
28-02-2026				
01-03-2026	SUNDAY			
02-03-2026	Aamashaya Arbuda (Benign and Malignant tumours of Stomach) - Clinical Diagnosis and Management	Dr Nitin Nalawade	LH	L
03-03-2026	holiday			
04-03-2026	Kshudrantra Kshaya Janya Vikara (Tuberculosis of Intestine) - Etiopathogenesis, Classification, Clinical features, Diagnosis, Complications and Management.	Dr Dipak Poman	LH	L
05-03-2026	BlindLoopSyndrome,ShortBowel Syndrome and Typhoid Enteritis - Etiopathogenesis, Classification,	Dr Dhanraj Gaikwad	NLHT	L AND GD



	Clinical features, Diagnosis, Complications and Management			
06-03-2026				
07-03-2026				
08-03-2026	SUNDAY			
09-03-2026	Kshudrantra Arbuda (Benign and Malignant tumours of Intestine) - Clinical features, Diagnosis and Management	Dr Omkar Jyotik	LH	L
10-03-2026	Baddhagudodar (Intestinal Obstruction) - Etiopathogenesis, Classification, Clinical features, Diagnosis, Complications and Management Chidrodara (Perforation) - Etiopathogenesis, Clinical features, Diagnosis, Complications and Management	Dr Monali Deshmukh	LH	L
11-03-2026	Antrantara Pravesha (Intussusception) - Etiopathogenesis, Clinical features, Diagnosis, Complications and Management	Dr Chaitali Dhomade	NLHT	L AND GD
12-03-2026	Grahani (Crohn's Disease and Ulcerative Colitis) - Etiopathogenesis, Clinical features, Diagnosis, Complications and Management	Dr Vinod Shet	LH	L
13-03-2026				
14-03-2026				
15-03-2026	SUNDAY			
16-03-2026	Unduka Puchha Shotha (Appendicitis) - Etiopathogenesis, Clinical features, Diagnosis, Complications and Management	Dr Nitin Nalawade	LH	L
17-03-2026	Brihadantra Arbuda (Benign and Malignant tumours of Colon) - Etiopathogenesis, Clinical features, Diagnosis, Complications and	Dr N V Borse	NLHT	RLE



	Management			
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Signature
HOD DEPT OP SHALYA TANTRA
TAMV PUNE

Tilak Ayurved Mahavidyalaya		
Subject: Shalyatantra (Practical)		
For the Academic year - 2025-2026		
Sr No	Topic	Term

1.	Surgical intervention according to Shatkriyakala - Special focus on Arsha, Bhagandara, and infective pathology ex. Appendicitis, Cholecystitis, etc.	Term 2
2.	Examination of Granthi (lump or Swelling)	
3.	Emergency management in different types of shock	
4.	Assessment, examination, and documentation of Pramada Dagda (Burn) case	
5.	Examination of an Ulcer	
6.	Examination of the peripheral nerve lesions	
7.	Demonstration of wound dressings	
8.	Examination of the Hand	
9.	Examination of Galaganda (thyroid gland)	
10.	Examination of the Gala (Neck)	
11.	Examination of a Lymphatic system	
12.	Examination of Varicose Vein	
13.	Examination and differential diagnosis of unilateral and bilateral lower limb edema	
14.	Examination of the Dhamani Vikara (peripheral vascular diseases)	
15.	Techniques of Amputation & Complications with examples of individual amputation	
16.	Examinations of Diseases of Snayu Vikara (Muscle, Ligaments, Tendon and Fascia)	
17.	Safety Precautions in the patient of HIV and hepatitis infected Hepatitis B and C Patients	
18.	Examination of the Bone and Joint injuries	
19.	Examination of Injuries about Individual Joints	
20.	Hands on training on traction (skin and skeletal)	
21.	First aid management of fracture cases	
22.	Demonstrate Examination of the diseases of bone	
23.	Examination of pathological joints	
24.	Examination of foot	
25.	Examination of Head Injuries (Shirobhighaata)	
26.	Hands-on training on 3 stages of neck fracture stabilization with logroll	
27.	Examination of Spinal Injuries and Abnormalities	
28.	Examination of the breast and patient education for 'self-examination of breast.	
29.	Examination of injuries of the chest (Urah abhigatha)	
30.	Examination of Diseases of the Chest	
31.	Examination of Dysphagia	
32.	Examination of Acute Abdomen	
33.	Examination of Abdominal lump	
34.	Per abdominal Clinical Examination	
35.	Examination of Chronic Abdomen	



RASHTRIYA SHIKHAN MANDAL				
TILAK AYURVED MAHAVIDYALAYA				
583/2, RASTA PETH, PUNE				
Academic Term Plan- UG Theory				
Batch- UG III Year [Academic year 2025-26]				
Subject- Shalyatantra				
Duration: 01-04-2025 to 30-09-2025				
Name of the Departmental Faculty:				
1. Dr Nandkishor V Borse				
2. Dr Nitin D Nalawade				
3. Dr Dhanraj Gaikwad				
4. Dr Dipak Poman				
5. Dr Vinod Shet				
6. Dr Omkar Jyotik				
7. Dr Monali Deshmukh				
8. Dr Chaitali Dhomade				
TERM-1ST				
Date	Topic	Faculty	LH/NL HT	Teaching tool/method
01-04-2025	Definition of Shalya, Shalya Tantra and its Importance	Dr N V Borse	LH	LECTURE
02-04-2025	Chronological development of surgery from ancient to present era.	Dr Nitin Nalawade	NLHT	PRESENTATION
03-04-2025				
04-04-2025				
05-04-2025				
06-04-2025	SUNDAY			
07-04-2025	Yantra - Nirukti, Prakara, Guna, Prayog, Dosha, Karma, Upayantra and Relevant modern instruments	Dr Dhanraj Gaikwad	LH	LECTURE AND PRESENTATION
08-04-2025	Shashtra - Nirukti, Prakara, Guna, Prayog, Dosha, Karma, Anushastra and Relevant modern instruments	Dr Monali Deshmukh	LH	LECTURE AND PRESENTATION
09-04-2025	Sterilization – Methods and Types	Dr Vinod Shet	LH	LECTURE
10-04-2025	HOLIDAY			



11-04-2025				
12-04-2025				
13-04-2025	SUNDAY			
14-04-2025	HOLIDAY			
15-04-2025	Definition of Shalya, Shalya Tantra and its Importance	Dr N V Borse	LH	LECTURE
16-04-2025	Sthaniya Sangyahaarana (Local anaesthesia) – Medicines, Techniques, Indications, Contraindications, Complications and Management	Dr Chaitali Dhomade	LH	L AND PPT
17-04-2025				
18-04-2025	HOLIDAY			
19-04-2025				
20-04-2025	SUNDAY			
21-04-2025	Kshetriya and Samanya Sangyahaarana (Regional and General anaesthesia) -Medicines, Techniques, Indications, Contraindications, Complications and Management.	Dr Dipak Poman	LH	L AND PPT
22-04-2025	Shastra - Nirukti, Prakara, Guna, Prayog, Dosha, Karma, Anushastra and Relevant modern instruments	Dr Monali Deshmukh	LH	LECTURE AND PRESENTATION
23-04-2025	Chronological development of surgery from ancient to present era.	Dr Nitin Nalawade	NLHT	PRESENTATION
24-04-2025				
25-04-2025				
26-04-2025				
27-04-2025	SUNDAY			
28-04-2025	Knowledge about Vranitagara	Dr N V Borse	LH	L
29-04-2025	Steps to obtain informed consent for a procedure in a patient/simulated environment	Dr Omkar Jyotik	NLHT	DEMONSTRATION
30-04-2025	Sterilization – Methods and Types	Dr Vinod Shet	LH	LECTURE



01-05-2025	HOLIDAY			
02-05-2025				
03-05-2025				
04-05-2025	SUNDAY			
05-05-2025	Yantra - Nirukti, Prakara, Guna, Prayog, Dosha, Karma, Upayantra and Relevant modern instruments	Dr Dhanraj Gaikwad	LH	LECTURE AND PRESENTATION
06-05-2025	Principles of preoperative assessment	Dr Monali Deshmukh	NLHT	L AND GD
07-05-2025	Sthaniya Sangyahanana (Local anaesthesia) – Medicines, Techniques, Indications, Contraindications, Complications and Management	Dr Chaitali Dhomade	LH	L AND PPT
08-05-2025				
09-05-2025				
10-05-2025				
11-05-2025	SUNDAY			
12-05-2025	HOLIDAY			
13-05-2025	Trividha Karma – Purva Karma (in relation to instruments, patient and procedure), Pradhana Karma – Ashtavidha Shastra Karma (Surgical/Parasurgical procedures), Paschat Karma – Post operative care of patient.	Dr N V Borse	LH	L
14-05-2025	Principles of safe General Surgery and Surgical Ethics	Dr Nitin Nalawade	NLHT	L AND GD
15-05-2025				
16-05-2025				
17-05-2025				
18-05-2025	SUNDAY			
19-05-2025	Kshetriya and Samanya Sangyahanana (Regional and General anaesthesia) -Medicines, Techniques, Indications, Contraindications, Complications and	Dr Dipak Poman	LH	L AND PPT



	Management.			
20-05-2025	Ashtavidha Shastra Karma – Nirukti, Yogya, Ayogya, Prakara with modern correlations of Vedhan and Seevan.	Dr Monali Deshmukh	LH	L & PPT
21-05-2025	Ashtavidha Shastra Karma - Nirukti, Yogya, Ayogya, Prakara with modern correlations of Chhedan, Bhedan and Lekhan	Dr Vinod Shet	LH	L & PPT
22-05-2025				
23-05-2025				
24-05-2025				
25-05-2025	SUNDAY			
26-05-2025	Demonstration of handling of patient with Kshara Sutra changing	Dr Omkar Jyotik	NLHT	DEMONSTRATION
27-05-2025	Trividha Karma – Purva Karma (in relation to instruments, patient and procedure), Pradhana Karma – Ashtavidha Shastra Karma (Surgical/Parasurgical procedures), Paschat Karma – Post operative care of patient.	Dr N V Borse	LH	L
28-05-2025	Importance of Simulation-based teaching in surgical practice (Yogya Vidhi)	Dr Chaitali Dhomade	LH	L & PPT
29-05-2025				
30-05-2025				
31-05-2025				
01-06-2025	SUNDAY			
02-06-2025	PERIODICAL ASSESMENT -1			
03-06-2025				
04-06-2025	Marmaghata Chikitsa and its surgical importance	Dr Nitin Nalawade	LH	L & GD
05-06-2025				
06-06-2025				



07-06-2025	HOLIDAY			
08-06-2025	SUNDAY			
09-06-2025	Ashtavidha Shastra Karma – Nirukti, Yogya, Ayogya, Prakara with modern correlations of Eshana, Aaharan and Visravan	Dr Dhanraj Gaikwad	LH	L & PPT
10-06-2025	Marma – Nirukti, Prakara and Individual Marma Viddha Lakshanas	Dr N V Borse	LH	LECTURE
11-06-2025	Ashtavidha Shastra Karma - Nirukti, Yogya, Ayogya, Prakara with modern correlations of Chhedan, Bhedan and Lekhan	Dr Vinod Shet	LH	L & PPT
12-06-2025				
13-06-2025				
14-06-2025				
15-06-2025	SUNDAY			
16-06-2025	Kshara and Kshara Karma - Nirukti, Pradhanata, Guna, Dosha, Karma, Prakara, Yogya, Ayogya, Vidhi, Upadrava and Chikitsa	Dr Dipak Poman	LH	L AND PPT
17-06-2025	clinical application of Kshara Sutra, Pratisaraneeya Kshara, Kshara Taila, Kshara Varti and Ksharodaka in different surgical conditions	Dr Monali Deshmukh	LH	L AND VIDEO CLIPS
18-06-2025			NLHT	L AND PPT
19-06-2025				
20-06-2025				
21-06-2025				
22-06-2025	SUNDAY			
23-06-2025	Steps to obtain informed consent for a procedure in a patient/simulated environment	Dr Omkar Jyotik	NLHT	DEMONSTRATION
24-06-2025	Agnikarma - Mahatva, Upakarana, Vidhi, Akurutibheda, Yogya, Ayogya and Upadrava Chikitsa	Dr N V Borse	LH	L AND PPT
25-06-2025	Pracchanna, Shringa, Alabu - Yogya, Ayogya, Vidhi, Upadrava and Chikitsa	Dr Nitin Nalawade	LH	L AND PPT
26-06-				



2025				
27-06-2025				
28-06-2025				
29-06-2025	SUNDAY			
30-06-2025	Jaloukavacharana – Yogya, Ayogya, Vidhi, Upadrava and Chikitsa	Dr Dhanraj Gaikwad	LH	L AND PPT
01-07-2025	Agnikarma - Mahatva, Upakarana, Vidhi, Akrutibheda, Yogya, Ayogya and Upadrava Chikitsa	Dr N V Borse	LH	L AND PPT
02-07-2025	Video demonstration of Kshara, Kshara Sutra – Preparation and Method of application	Dr Vinod Shet	NLHT	DEMONSTRATION
03-07-2025				
04-07-2025				
05-07-2025				
06-07-2025	SUNDAY			
07-07-2025	Kshara and Kshara Karma - Nirukti, Pradhanata, Guna, Dosha, Karma, Prakara, Yogya, Ayogya, Vidhi, Upadrava and Chikitsa	Dr Dipak Poman	LH	L AND PPT
08-07-2025	Raktamokshana - Mahatva, Prakara. Siravedha - Yogya, Ayogya, Vidhi, Upadrava and Chikitsa	Dr Monali Deshmukh	LH	L AND PPT
09-07-2025	Dhumopahat & Ushna Vatapat Dagdha Lakshan and Chikitsa. Contemporary techniques and tools of Agnikarma	Dr Chaitali Dhomade	LH	LECTURE
10-07-2025				
11-07-2025				
12-07-2025				
13-07-2025	SUNDAY			
14-07-2025	Specific electrolyte loss, Acidosis, Alkalosis, Symptomatology and Management	Dr Omkar Jyotik	LH	L AND PPT
15-07-2025	Bandha Vidhi – Prayojana, Dravya (Pichu, Plota, Kavalika and Vikeshika), Yogya, Ayogya, Prakara and Upadrava	Dr N V Borse	LH	L AND PPT



16-07-2025	Pramada Dagdha/Dagdha Vrana (Burn) - Etiopathogenesis, Classification, Assessment of Burn, Complications and Management of Burn	Dr Chaitali Dhomade	LH	L AND PPT
17-07-2025				
18-07-2025				
19-07-2025				
20-07-2025	SUNDAY			
21-07-2025	Raktasrava - Prakara and Lakshana. Haemorrhage and its management.	Dr Dhanraj Gaikwad	LH	L AND PPT
22-07-2025	Introduction to Physiology of Fluids and Electrolytes	Dr Monali Deshmukh	LH	L AND PPT
23-07-2025	Rakta Mahatva and Rakta - Chaturtha Dosha	Dr Nitin Nalawade	LH	L
24-07-2025				
25-07-2025				
26-07-2025				
27-07-2025	SUNDAY			
28-07-2025	PERIODICAL ASSESMENT -2			
29-07-2025	Bandha Vidhi – Prayojana, Dravya (Pichu, Plota, Kavalika and Vikeshika), Yogya, Ayogya, Prakara and Upadrava	Dr N V Borse	LH	L AND PPT
30-07-2025	Raktadhan (Blood Transfusion) - Blood groups, Compatibility, Indications, Contraindications and Complications with Management. Component Therapy.	Dr Vinod Shet	NLHT	DISCUSSION
31-07-2025				
01-08-2025				
02-08-2025				
03-08-2025	SUNDAY			
04-08-2025	Specific electrolyte loss, Acidosis, Alkalosis, Symptomatology and Management	Dr Omkar Jyotik	LH	L AND PPT
05-08-	Introduction to Physiology of Fluids	Dr Monali	LH	L AND PPT



2025	and Electrolytes	Deshmukh		
06-08-2025	Kosha Pariksha (Biopsy/Cytological study) - Principles, Method, Indications and Contraindications	Dr Chaitali Dhomade	LH	L
07-08-2025				
08-08-2025				
09-08-2025				
10-08-2025	SUNDAY			
11-08-2025	Raktasrava - Prakara and Lakshana. Haemorrhage and its management.	Dr Dhanraj Gaikwad	LH	L AND PPT
12-08-2025	Parental Nutrition.	Dr N V Borse	LH	L AND PPT
13-08-2025	Rakta Mahatva and Rakta - Chaturtha Dosha	Dr Nitin Nalawade	LH	L
14-08-2025				
15-08-2025	HOLIDAY			
16-08-2025				
17-08-2025	SUNDAY			
18-08-2025	Jeevanurodhak Dravya (Antibiotics)- Classification, Indications, Contraindications and Dose	Dr Dipak Poman	LH	L
19-08-2025	Raktastambhana - Haemostasis	Dr N V Borse/ Dr Monali	NLHT	DEMONSTRATION
20-08-2025	Raktadhan (Blood Transfusion) - Blood groups, Compatibility, Indications, Contraindications and Complications with Management. Component Therapy.	Dr Vinod Shet	NLHT	DISCUSSION
21-08-2025				
22-08-2025				
23-08-2025				
24-08-2025	SUNDAY			
25-08-2025	Atyayik Dravya (Emergency Drugs) - Atropine, Adrenaline, Dopamine Mephentine Hydrochloride, Hydrocortisone, Dexamethasone, Antiemetic drugs - Indications,	Dr Omkar Jyotik	LH	L AND PPT



	Contraindications and Dose in surgical practice.			
26-08-2025	PERIODIC ASSESSMENT -03			
27-08-2025	HOLIDAY			
28-08-2025				
29-08-2025				
30-08-2025				
31-08-2025	SUNDAY			
01-09-2025				
02-09-2025	Chhaya Vikiran (X-Ray), Avayava Pariksha (Ultrasonography, CAT Scan, MRI) – Principles, Method, Indications and Contraindications	Dr N V Borse	LH	L
03-09-2025	Pramada Dagdha/Dagdha Vrana (Burn) - Etiopathogenesis, Classification, Assessment of Burn, Complications and Management of Burn	Dr Chaitali Dhomade	LH	L AND PPT
04-09-2025				
05-09-2025				
06-09-2025				
07-09-2025	SUNDAY			
08-09-2025	Jeevanurodhak Dravya (Antibiotics)- Classification, Indications, Contraindications and Dose	Dr Dipak Poman	LH	L
09-09-2025	Vedanaprashamana and Shothaprashamana Dravya (Analgesics and Anti-inflammatory Drugs) - Classification, Indications, Contraindications and Dose	Dr Monali Deshmukh	LH	L
10-09-2025	Rakta Mahatva and Rakta - Chaturtha Dosha	Dr Nitin Nalawade	LH	L
11-09-2025				
12-09-2025				



13-09-2025				
14-09-2025	SUNDAY			
15-09-2025	Atyayik Dravya (Emergency Drugs) - Atropine, Adrenaline, Dopamine Mephentine Hydrochloride, Hydrocortisone, Dexamethasone, Antiemetic drugs - Indications, Contraindications and Dose in surgical practice.	Dr Omkar Jyotik	LH	L AND PPT
16-09-2025	Chhaya Vikiran (X-Ray), Avayava Pariksha (Ultrasonography, CAT Scan, MRI) – Principles, Method, Indications and Contraindications	Dr N V Borse	LH	L
17-09-2025	Kosha Pariksha (Biopsy/Cytological study) - Principles, Method, Indications and Contraindications	Dr Chaitali Dhomade	LH	L
18-09-2025				
19-09-2025				
20-09-2025				
21-09-2025	SUNDAY			
22-09-2025	HOLIDAY			
23-09-2025				
24-09-2025	1st Internal examination- 24-09-2025 - 10-10-2025			
25-09-2025				
26-09-2025				
27-09-2025				
28-09-2025				
29-09-2025				
30-09-2025				



गोरखी #
MOD DEPT OF SHALYA TANTRA
SHAM POND

Tilak Ayurved Mahavidyalaya, Pune		
Department: Shalyatantra		
Subject: Shalyatantra (Practical)		
For the Academic year - 2025-2026		
Sr No	Topic	Term
1	Surgical case taking	Term 1
2	Special signs and symptoms pertaining to surgery	
3	Demonstration, Comparison & classification of instruments	
4	Aseptic techniques, sterilization and disinfection of Surgical instruments, OT Sterilisation	
5	Hand washing techniques, Donning of Gloves & Gown	
6	Demonstration of BLS (Basic life support)	
7	Maintenance of an airway / Endotracheal intubation in a mannequin	
8	Common minor surgical procedures (Excision of Corn, Cysts, Lipoma, etc)	
9	First aid	
10	Demonstration of Chhedan(Excision), Bhedan(Incision), Lekhan(scraping)	
11	Demonstration of Vedhan & Visravan (Tapping Of abdomen, Hydrocele, ICD)	
12	Demonstration of Aharana and Eshana (extraction and probing)	
13	Demonstration of Seevan(Suturing & Knots) and minor surgical procedures in patient / simulated environment	
14	Hands-on training -Drains	
15	Catheterization -Hands-on training	
16	IV cannulation, IM / IV / Subcutaneous / Intradermal Injection	
17	Hands On Training- Ryle's tube Insertion	
18	Marma identification and manipulation techniques in musculoskeletal disorders and Sports injuries	
19	Application of Ksharodaka, Kshartaila, Ksharvarti, Ksharpichu in Dushtavrana	
20	Demonstration and Hands-on training of Kshar karma in Anorectal disorders (Arsha, Bhagandara, Nadivrana)	
21	Hands-on experience with Agnikarma in the pain management of any one disease (Gridhrasi, Avabahuka, etc)	
22	Demonstration of Agnikarma in the management of any one surgical disease (Arsha, Charmakeel, etc)	
23	Siravedha in the management of any one surgical disease (Grudhrasi, Uttan Vatarakta, etc)	
24	Alabu (cupping) procedure in the management of any one surgical disease (Kati Graham, Manya Graha, etc)	
25	Jaloukavcharana (Leech Therapy) in the management of any one surgical disease (Vidradhi, Dushtavrana, Koth, etc)	
26	Perform training of Bandaging on Simulators with relevant modern	



Month Year- 2025	Batch - (A-1-23, B-24-46, C-47-70, D-71-93, E-94-117)	Faculty
Apr-25	Batch B	1. Dr N V Borse
		2. Dr C P Dhomade
May-25	Batch B	1. Dr D B Gaikwad
		2. Dr M P Deshmukh
Jun-25	Batch C	1. Dr N D Nalawade
		2. Dr M P Deshmukh
Jul-25	Batch D	1. Dr D K Poman
		2. Dr O S Jyotik
Aug-25	Batch E	1. Dr N V Borse
		2. Dr O S Jyotik
Sep-25	Batch A	1. Dr D B Gaikwad
		2. Dr M P Deshmukh
Oct-25	Batch B	1. Dr N V Borse
		2. Dr C P Dhomade
Nov-25	Batch B	1. Dr D B Gaikwad
		2. Dr M P Deshmukh
Dec-25	Batch C	1. Dr N D Nalawade
		2. Dr M P Deshmukh
Jan-25	Batch D	1. Dr D K Poman
		2. Dr O S Jyotik
Feb-25	Batch E	1. Dr N V Borse
		2. Dr O S Jyotik
Mar-25	Batch A	1. Dr D B Gaikwad
		2. Dr Vinod Shet

