

**RSM's Tilak Ayurved Mahavidyalaya, Pune**  
**Department of Samhita Siddhanta Evam Sanskritam**  
**Class: III Professional BAMS (2021)**

**ATP 2025-26**

**Subject: Samhita Adhyayan-3**

**Total lectures Hour (LH) - 50**

**Total Non-Lecture Hour (NLH) – 100**

| Sr. No.                                           | Topic No (As per Syllabus)        | Name of the Faculty                                                  | Total Lecture Hour (As per NCISM) | Total Non-Lecture Hour (As per NCISM) |
|---------------------------------------------------|-----------------------------------|----------------------------------------------------------------------|-----------------------------------|---------------------------------------|
| <b>First Term ( April 2025 – September 2025 )</b> |                                   |                                                                      |                                   |                                       |
| 1.                                                | Cha Chi 1. Rasayana Adhyaya       | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1                                 | 00                                    |
| 2.                                                | Cha Chi 2. Vajikarana Adhyaya     | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare<br>Dr. Hemangi V. Shendye | 1                                 | 00                                    |
| 3.                                                | Cha Chi 3. Jwara Chikitsitam      | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 02                                | 00                                    |
| 4.                                                | Cha Chi 4. Raktapitta Chikitsitam | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 01                                | 00                                    |
| 5.                                                | Cha. Chi .5. Gulma Chikitsitam    | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 01                                | 00                                    |
| 6.                                                | Cha.Chi. 6. Prameha Chikitsitam   | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare<br>Dr. Shrirang Galgali   | 01                                | 00                                    |
| 7.                                                | Cha. Chi.7.Kushtha Chikitsitam    | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 01                                | 00                                    |
| 8.                                                | Cha.Chi 8.Rajyakshma Chikitsitam  | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1                                 | 0                                     |
| 9.                                                | Cha. Chi.9.Unmada Chikitsitam     | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare<br>Dr. Hemangi V. Shendye | 1                                 | 0                                     |



|                                                  |                                             |                                                                      |   |    |
|--------------------------------------------------|---------------------------------------------|----------------------------------------------------------------------|---|----|
| 10.                                              | Cha.Chi.10.Apasmara<br>Chikitsitam          | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0  |
| 11.                                              | Cha.<br>Chi.11.Kshataksheena<br>Chikitsitam | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0  |
| 12.                                              | Cha. Chi. 12.Shwayathu<br>Chikitsitam       | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare<br>Dr. Shrirang Galgali   | 1 | 0  |
| 13.                                              | Cha. Chi.13.Udara<br>Chikitsitam            | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0  |
| 14.                                              | Cha. Chi.14.Arsha<br>Chikitsitam            | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0  |
| 15.                                              | Cha. Chi.15.Grahani<br>dosha Chikitsitam    | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare<br>Dr. Hemangi V. Shendye | 2 | 0  |
| 16.                                              | Cha. Chi.16.Panduroga<br>Chikitsitam        | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0  |
|                                                  | Term 1 Non Lecture<br>theory Activities     | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 0 | 34 |
| <b>Second Term ( October 2025 – March 2026 )</b> |                                             |                                                                      |   |    |
| 17.                                              | Cha Chi.17.Hikka<br>Shwasa Chikitsitam      | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0  |
| 18.                                              | Cha. Chi.18.Kasa<br>Chikitsitam             | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare<br>Dr. Shrirang Galgali   | 1 | 0  |
| 19.                                              | Cha. Chi.19.Atisara<br>Chikitsitam          | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0  |
| 20.                                              | Cha. Chi.20.Chhardi<br>Chikitsitam          | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0  |
| 21.                                              | Cha. Chi.21.Visarpa<br>Chikitsitam          | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0  |



|     |                                                                                                                                                                                        |                                                                      |   |   |
|-----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|---|---|
| 22. | Cha. Chi.22.Trishna<br>Chikitsitam                                                                                                                                                     | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare<br>Dr. Hemangi V. Shendye | 1 | 0 |
| 23. | Cha. Chi.23.Visha<br>Chikitsitam                                                                                                                                                       | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0 |
| 24. | Cha.Chi.24.Madatyaya<br>Chikitsitam                                                                                                                                                    | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0 |
| 25. | Cha.Chi.25.Dwivraniya<br>Chikitsitam                                                                                                                                                   | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0 |
| 26. | Cha. Chi.26. Trimarmiya<br>Chikitsitam                                                                                                                                                 | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare<br>Dr. Shrirang Galgali   | 1 | 0 |
| 27. | Cha.Chi.27.Uruthambha<br>Chikitsitam                                                                                                                                                   | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0 |
| 28. | Cha.Chi.28.Vatavyadhi<br>Chikitsitam                                                                                                                                                   | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 2 | 0 |
| 29. | Cha.Chi.29.Vatashonita<br>Chikitsitam                                                                                                                                                  | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0 |
| 30. | Cha.Chi.30.Yonivyapad<br>Chikitsitam                                                                                                                                                   | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare<br>Dr. Hemangi V. Shendye | 1 | 0 |
| 31. | Cha. Ka.1Madanakalpam                                                                                                                                                                  | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0 |
| 32. | Cha.Ka.2 to 6<br>Cha.Ka.2. Jimutaka<br>Kalpam ,<br>Cha.Ka.3. Ikshvaku<br>Kalpam,<br>Cha.Ka.4. Dhamargava<br>Kalpam<br>Cha,Ka.5. Vatsaka<br>Kalpam,<br>Cha.Ka.6. Kritavedhana<br>Kalpam | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0 |
| 33. | Cha.Ka.7.Shyamatrivrutta<br>Kalpam                                                                                                                                                     | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare<br>Dr. Shrirang Galgali   | 1 | 0 |



|                                                 |                                                                                                                                                                  |                                                                      |   |    |
|-------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|---|----|
|                                                 |                                                                                                                                                                  |                                                                      |   |    |
| 34.                                             | Cha.Ka.8. to 11<br>Cha.Ka.8. Chaturangula<br>Kalpam,<br>Cha.Ka.9. Tilvaka<br>Kalpam,<br>Cha.Ka.10. Sudha<br>Kalpam,<br>Cha.Ka.11.<br>Saptalashankhini<br>Kalpam. | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0  |
| 35.                                             | Cha.Chi.12.Dantidravanti<br>Kalpam                                                                                                                               | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0  |
|                                                 | Term 2 Non Lecture<br>theory Activities                                                                                                                          | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare<br>Dr. Hemangi V. Shendye | 0 | 33 |
| <b>Third Term (April 2026 – September 2026)</b> |                                                                                                                                                                  |                                                                      |   |    |
| 36.                                             | Cha. Si.1.Kalpana Siddhi                                                                                                                                         | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0  |
| 37.                                             | Cha.Si.2.Panchakarmiya<br>Siddhi                                                                                                                                 | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0  |
| 38.                                             | Cha.Si.3.Bastisutriyam<br>Siddhi                                                                                                                                 | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0  |
| 39.                                             | Cha. Si.4.Snehavyapat<br>Siddhi                                                                                                                                  | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare<br>Dr. Shrirang Galgali   | 1 | 0  |
| 40.                                             | Cha.Si.<br>5.Netrabastivvyapat Siddhi                                                                                                                            | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0  |
| 41.                                             | Cha.Si.6.Vamana<br>Virechana Vyapat Siddhi                                                                                                                       | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0  |
| 42.                                             | Cha. Si. 7.Bastivvyapat<br>Siddhi                                                                                                                                | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0  |
| 43.                                             | Cha.Si.8.Prasrita<br>Yogiyam Siddhi                                                                                                                              | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0  |

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|-----|-----------------------------------------|----------------------------------------------------------------------|---|----|
| 44. | Cha.Si.9.Trimarmiya<br>Siddhi           | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare<br>Dr. Hemangi V. Shendye | 1 | 0  |
| 45. | Cha. Si. 10.Basti Siddhi                | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0  |
| 46. | Cha.Si.11.Phalamatra<br>Siddhi          | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 1 | 0  |
| 47. | Cha.Si.12.Uttara Basti<br>Siddhi        | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare<br>Dr. Shrirang Galgali   | 1 | 0  |
| 48. | Term 3 Non Lecture<br>theory Activities | Dr. Supriya Gore,<br>Dr. Ghanshyam Dongare                           | 0 | 33 |



**Dr. Ghanshyam Dongare**

Professor & H.O.D.  
Samhita Siddhanta Evam Sanskritam Department,  
RSM's Tilak Ayurved Mahavidyalaya, Pune

**विभाग प्रमुख**  
**संस्कृत संहिता सिद्धांत**  
दि. आ. म. दि., पुणे-४११ ०११



**TILAK AYURVED MAHAVIDYALAYA**  
**583/2, Rasta Peth, Pune 411011**  
**Academic Term Planner-UG**

**Course/ Class: III Professional BAMS ( 2021) September 2026 Appearing**  
**Subject- Samhita Adhyayan-3 Theory**  
**Subject Code: AyUG- SA3**  
**First term**

**Duration: From April. 2025 to Sept 2025**

**Name of the Faculty of Samhita Siddhanta Evam Sanskritam Department:**

|                              |                            |
|------------------------------|----------------------------|
| <b>Dr. Ghanshyam Dongare</b> | <b>Professor &amp; HOD</b> |
| <b>Dr. Supriya Gore</b>      | <b>Associate Professor</b> |
| <b>Dr. Madhura Kulkarni</b>  | <b>Assistant Professor</b> |
| <b>Dr. Ashvini Kamble</b>    | <b>Assistant Professor</b> |
| <b>Dr. Hemangi Shendye</b>   | <b>Assistant Professor</b> |
| <b>Dr. Sonal Somani</b>      | <b>Assistant Professor</b> |

| <b>Sr No</b> | <b>List of Topics</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | <b>Term</b> | <b>Month</b> | <b>Lecture hours</b> | <b>Non-Lecture hours</b> |
|--------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|--------------|----------------------|--------------------------|
| 1            | <b>Cha.Chi.1.Rasayana Adhyaya</b><br>1. Abhayamalakiya Rasayana Pada<br>1.1. Bheshaja Paryaya, classification of medicines (Bheshaja & Abheshaja Prakara), benefits of Rasayana and Vajikarana, and detailed types of Rasayana.<br>1.2 Indications and contraindications of Haritaki Prayoga and key formulations like Brahma Rasayana, Chyawanaprasha, and Haritaki Yoga.<br>2. Pranakamiya Rasayana Pada<br>2.1 Gramya Ahara & Vihara and their effects on health.<br>2.2. Rasayana Yogas - Amalaki Rasayana, Nagabala Rasayana, and Bhallataka Rasayana.<br>3. Karapratichitiya Rasayana Pada<br>3.1 Amalakayasa Rasayana Kevala Amalaka Rasayana, Lauhadi Rasayana, Medhya Rasayana, Pippali Rasayana, Pippali Vardhaman Rasayana, Triphala Rasayana, and Shilajatu Rasayana.<br>4. Ayurveda Samutthaniya Rasayana Pada<br>4.1 Indrokta Rasayana and Achara Rasayana | 1           | April 2025   | 1                    | 0                        |



|   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |   |                        |    |   |
|---|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|------------------------|----|---|
|   | 4.2 Importance of Pranacharya Vaidya, ethical aspects of Chikitsa.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |   |                        |    |   |
| 2 | <b>Cha.Chi. 2.Vajikarana Adhyaya</b><br>1. Samyogasharamuliya Vajikaran Pada<br>1.1. Importance of Vajikarana<br>1.2. Various Vajikarana Yoga -Brumhani Gutika, Vajikarana Ghrita Vrushya Yoga, etc.<br>2.Asikta Ksheerik Vajikaran Pada<br>2.1 Vrukshya Ksheera, Vrushya Dadhisara, Vrushya shashtika Odan etc.<br>3. Mashaparnabhritiya Vajikaran Pada.<br>3.1 Specific cow's milk for Vajikaran, Shatavari ghrita etc.<br>4.Pumanjatabaladikam Vajikaran Pada.<br>4.1 Shukra Pravritti, Prashasta ShukraGuna<br>4.2 Vajikarana Nirukti                                                                | 1 | April 2025             | 01 | 0 |
| 3 | <b>Cha. Chi .3. Jwara Chikitsitam</b><br>1. Jwara Prakruti, Pravritti, Prabhava, Poorvarupa, Adhishtana, Pratyatma Lakshana.<br>2. Jwara classification, Jwara Samanya Samprapti Lakshana, Sadhyasadhyata.<br>3. Jwara Chikitsa Sutra, Tarun Jwara Chikitsa Sutra, Dhatugata Jwara Chikitsa Sutra, Samsrutha Jwara Chikitsa Sutra, Sannipataj Jwara Chikitsa Sutra.<br>4. Vishama Jwara Chikitsa, Punaravartak Jwara Chikitsa Sutra, Shadanga Paneeya, ten types of Yavagupaan in Jwara.<br>5. Ghruta Prayoga, Ksheera Prayoga in Jeerna Jwara, Samshodhan Chikitsa, Daivavyapashraya Chikitsa in Jwara. | 1 | April 2025<br>May 2025 | 02 | 0 |
| 4 | <b>Cha. Chi.4.Raktapitta Chikitsitam</b><br>1.Raktapitta Hetu, Samanya Samprapti, Lakshana, Sadhyasadhyata, Doshanusara Raktapitta Lakshana, Sadhyasadhyata.<br>2.Gati Bheden Sadhyasadhyata of Raktapitta, Raktapitta Chikitsa Sutra.<br>3.Gudagata Raktapitta Chikitsa, Nasagata Raktapitta Chikitsa.<br>4. Raktapitta Shamana Yoga, Vasa Ghrita, Shatavaryadi Ghrita.                                                                                                                                                                                                                                 | 1 | May 2025               | 01 | 0 |
| 5 | <b>Cha. Chi .5. Gulma Chikitsitam</b><br>1. Gulma Hetu, Samanya Samprapti; Lakshana and Sadhyasadhyata<br>2.Gulma types, their Lakshana and Chikitsa<br>3.Gulma Chikitsa Yoga such as Tryushanadi Ghrita, Hingu-Saurvachaladya Ghrita, Pippalyadya Ghrita, Ksheerashatpala Ghrita, Mishraka Sneha etc.                                                                                                                                                                                                                                                                                                   | 1 | May 2025               | 01 | 0 |
| 6 | <b>Cha.Chi. 6. Prameha Chikitsitam</b><br>1.Prameha Hetu, Samanya Samprapti, Sankhya Samprapti, Poorvarupa, Lakshana and                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 1 | May 2025               | 01 | 0 |



|   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |   |                        |    |   |
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|   | <p>Sadhyasadyata.</p> <p>2.Prameha Chikitsa Sutra.</p> <p>3.Different types of Kwatha Prayoga in Kaphaj Prameha, Pittaj Prameh.</p> <p>4.Prameha Chikitsa Yoga Such as Phalatrikadi Kwath,Madhvasava, Peya Prayoga, etc..</p>                                                                                                                                                                                                                                    |   |                        |    |   |
| 7 | <p><b>Cha. Chi.7.Kushtha Chikitsitam</b></p> <p>1.Kushtha Hetu, Samanya Samprapti, Sankhya Samprapti, Lakshana and Sadhyasadyata</p> <p>2.Kushtha Samanya Chikitsa Sutra</p> <p>3.Kushtha Chikitsa Yoga such as Madhvasava, Kanakabindvarishta, Siddharthaka Yoga, Various types of Lepa, Tiktashatpala Ghrita, Mahatiktaka Ghrita,</p> <p>Mahakhadira Ghrita, etc.</p> <p>4.Shwitra and Kilasa hetu, Lakshana and Chikitsa</p>                                  | 1 | June 2025              | 01 | 0 |
|   | <p><b>Cha.Chi 8.Rajyakshma Chikitsitam</b></p> <p>1.Rajyakshma Chatvari Aayatanani, Samanya Samprapti, Lakshana.</p> <p>2.Purvarupa of Rajyakshma.</p> <p>3.Rajyakshma Trirupa, Shadrupa, Ekadasharupa</p> <p>4. Rajyakshma Chikitsa Sutra</p> <p>5. Rajyakshma Chikitsa Yoga such as Yavani Shadava, Sitopaladi,Talishadya yoga, Jivantyadi Ghrita etc. Jugupsa Chikitsa.</p>                                                                                   |   | June 2025              | 1  | 0 |
|   | <p><b>Cha. Chi.9.Unmada Chikitsitam</b></p> <p>1. Unmada Hetu, Samanya Samprapti, Samanya Lakshana.</p> <p>2.Unmada Bhedha, Vataj, Pittaj, Kaphaj, Sannipataj, Agantuj Unmad Lakshana.</p> <p>3.Unmada Chikitsa Sutra, Agantuja Unmada Hetu, Agantuja Unmada Chikitsa.</p> <p>4.Vigata Unmada Lakshana, Unmada Chikitsa Yoga.</p> <p>5. Kalyanaka Ghrita, Mahakalyanaka Ghrita, Mahapaishachika Ghrita, Lashunadya Ghrita, Purana Ghrita, Siddharthaka Yoga.</p> |   | June 2025              | 1  | 0 |
|   | <p><b>Cha.Chi.10. Apasmara Chikitsitam</b></p> <p>1.Apsmar hetu, Samanya Samprapti, Samanya Lakshana.</p> <p>2.Apsmar bheda,their lakshana, and Sadhyaasadyata.</p> <p>3 Apasmar Samanya Chikitsa Sutra</p> <p>4.Apasmar - Chikitsa Yoga such as Pançhagavya Ghrita, Mahapanchagavya Ghrita, Brahmi Ghruta etc.</p> <p>5.Atattvabhinivesha hetu,Lakshana, Chikitsa</p>                                                                                           |   | June 2025<br>July 2025 | 1  | 0 |
|   | <p><b>Cha. Chi.11.Kshataksheena Chikitsitam</b></p> <p>1. Kshataksheena Hetu, Samprapti, Poorvarupa, Lakshana and Sadhyaasadyata</p> <p>2. Kshataksheena Chikitsa</p> <p>3. Shaman yogas such as Lakshadi yoga, Eladi Gutika, Amruta prasha Gruta, Sarpi</p>                                                                                                                                                                                                     |   | July 2025              | 1  | 0 |



|  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |  |                |   |   |
|--|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|----------------|---|---|
|  | Guda, Nagabala Rasayana etc.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |  |                |   |   |
|  | <b>Cha. Chi. 12. Shwayathu Chikitsitam</b><br>1. Shwayathu Bheda, Nidana, Samprapti,<br>2. Samanya Lakshana and Sadhyasadyata<br>3. Vataja, Pittaja, Kaphaja Shotha Lakshana<br>4. Shwayathu Chikitsa according to Avastha<br>and according to Dosha-Pradhanya<br>5. Chikitsa Yoga Gandiradyarishta,<br>Ashtashatarishta, Punarnavadyarishta,<br>Kamsaharitaki, Ksharagutika,<br>6. Eka Deshaja Shotha                                                                                                                                                                                                                     |  | July 2025      | 1 | 0 |
|  | <b>Cha. Chi. 13. Udara Chikitsitam</b><br>Udara Roga Samanya Hetu,<br>Purvarupa, Samprapti, Samanya<br>Lakshana and Sadhyaasadyata<br>Ashtodara and their Hetu,<br>Samprapti and Lakshana<br>Samanya and Avasthika (according<br>to Dosha predominance) Chikitsa<br>of Udara Roga<br>Shaman Yogas such as<br>Takraprayoga, Kshiraprayoga,<br>Narayana Churna, etc.                                                                                                                                                                                                                                                         |  | July 2025      | 1 | 0 |
|  | <b>Cha. Chi. 14. Arsha Chikitsitam</b><br>1. Types of Arsha, Adhistan, Samsthan of Arshas,<br>Purvarupa.<br>2. Nidan, Lakshan, Saadhyasadyata of Arshas<br>based on dosha predominance.<br>3. Arsha Chikitsa, Ardra Arsha Chikitsa.<br>4. Lakshana and Chikitsa of Raktaj Arshas in<br>association with dosha, Importance of Takra in<br>Arsha.<br>5. Shamana Yoga, Takrarishta, Abhayarishta,<br>Dantaryishta, Phalarishta, Kanakarishtha, Kutajadi<br>Rasakriya, Piccha Basti.                                                                                                                                           |  | July 2025      | 1 | 0 |
|  | <b>Cha. Chi. 15. Grahani dosha Chikitsitam</b><br>1. Ajeerna: Hetu and Lakshana<br>2. Grahani: Purvarupa, Lakshana, Prakruta Karma,<br>and Bheda with Vataja, Pittaja, Kaphaja,<br>Sannipataja variants, including Hetu, Lakshana, and<br>Chikitsa.<br>3. Takra Prayoga, Takrarishta Yoga, and the<br>significance of Sneha Prayoga in Mandagni.<br>4. Agni: Factors affecting it, Atyagni Samprapti,<br>Lakshana, and Chikitsa.<br>5. Shamana Yogas: Dasamuladya Ghrita,<br>Chitrakadi Vati, Trayushanadya Ghrita,<br>Panchamuladya Ghrita, Bhunimbadya Churna,<br>Mudhukaasava, Pindaasava, Mulaasava,<br>Madhvaarishta. |  | August 2025    | 2 | 0 |
|  | <b>Cha. Chi. 16. Panduroga Chikitsitam</b><br>1. Panduroga Bheda, Hetu, Samprapti, Purvarupa,<br>Samanya Lakshana.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |  | September 2025 | 1 | 0 |



|                                                                                                                                                                                                                                                                                                                                      |  |  |   |    |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|---|----|
| 2. Vataja, Pittaja, Kaphaja, Tridoshaja, Mridbhakshanajanya Panduroga Hetu, Lakshana, Sadhyasadyata.<br>3. Panduroga Samanya Chikitsa, Doshanusara Chikitsa.<br>4. Kamala Bheda, Lakshana, Chikitsa, Halimaka Lakshana, Chikitsa.<br>5. Shaman Yogas, Navayasa Churna, Mandura Vataak, Yogaraj, Dadimadya Ghruta, Punarnava Mandura. |  |  |   |    |
| <b>Term 1 Non Lecture Theory Activities</b><br>Activities to be conducted in the entire term 1.                                                                                                                                                                                                                                      |  |  | 0 | 34 |



**Dr. Ghanshyam Dongare**

Professor & HOD

Samhita Siddhanta Evam Sanskritam Department

विभाग प्रमुख  
संस्कृत संहिता सिद्धांत  
टि. वा. म. वि., पुणे-४११ ०११



**TILAK AYURVED MAHAVIDYALAYA**  
**583/2, Rasta Peth, Pune 411011**  
**Academic Term Planner-UG**

**Course/ Class: III Professional BAMS ( 2021) September 2026 Appearing**  
**Subject- Samhita Adhyayan-3 Theory**  
**Subject Code: AyUG- SA3**  
**Second term**  
**Duration: From October 2025 to March 2026**

**Name of the Faculty of Samhita Siddhanta Evam Sanskritam Department:**

|                              |                            |
|------------------------------|----------------------------|
| <b>Dr. Ghanshyam Dongare</b> | <b>Professor &amp; HOD</b> |
| <b>Dr. Supriya Gore</b>      | <b>Associate Professor</b> |
| <b>Dr. Madhura Kulkarni</b>  | <b>Assistant Professor</b> |
| <b>Dr. Ashvini Kamble</b>    | <b>Assistant Professor</b> |
| <b>Dr. Hemangi Shendye</b>   | <b>Assistant Professor</b> |
| <b>Dr. Sonal Somani</b>      | <b>Assistant Professor</b> |

| <b>Sr No</b> | <b>List of Topics</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <b>Term</b> | <b>Month</b>         | <b>Lecture hours</b> | <b>Non-Lecture hours</b> |
|--------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----------------------|----------------------|--------------------------|
| <b>1</b>     | <b>Cha Chi.17.Hikka Shwasa Chikitsitam</b><br>1.Hikka Shwasa Hetu, Samanya Samprapti, Purvarupa.<br>2.Hikka types, Vishesha Lakshana, Sadhyasadhyata, Shwasa types, Vishesha Lakshana, Sadhyasadhyata.<br>3. Hikka Shwasa Samanya Chikitsa, Dhumapaan, Nasya Prayoga.<br>4.Shaman Yogas, Shatyadi Churna, Muktyadya Churna, Dashamuladya Ghrita.<br>5.Manasheeladi Ghrita, Tejovatyadi Ghrita.                                                                                 | <b>2</b>    | <b>October 2025</b>  | <b>1</b>             | <b>0</b>                 |
| <b>2</b>     | <b>Cha. Chi.18.Kasa Chikitsitam</b><br>1.Kasa bhedha, Purvarupa, Samprapti.<br>2.Vataj kasa, Pittaj Kasa, Kaphaj Kasa,Kshataj Kasa and Kshayaj Kasa , their hetu, Samprapti, Lakshana and Chikitsa.<br>3. Shaman yogas such as Kantakari Ghrita, pippalyadya Ghrita, Trayushanadya Ghrita, Agastya Haritaki, Guduchayadi Ghrita                                                                                                                                                | <b>2</b>    | <b>November 2025</b> | <b>1</b>             | <b>0</b>                 |
| <b>3</b>     | <b>Cha. Chi.19.Atisara Chikitsitam</b><br>1.Hetu, Samprapti, Lakshana, Chikitsa of Vata Atisara, Pitta Atisara, Kapha Atisara, Tridoshajatisara (Sannipatatatisara), Agantuja Atisara, Amaj Atisara.<br>2. Agantu Atisara Samanya Chikitsa, Pramaty Prayoga in Madhyama Dosha of Atisara.<br>3. Sangrahi Aoushadhi Nishedha, Samanya Chikitsa in Aamatisara, Takra Prayoga, Mamsa Prayoga, Khada Yusha Prayoga in Atisara.<br>4. Guda Bhramsha Chikitsa, Piccha Basti Prayoga, | <b>2</b>    | <b>November 2025</b> | <b>1</b>             | <b>0</b>                 |



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|   | Sannipataj Atisara Chikitsa.<br>5.Shamana Yogas, Changeri Ghruta, Chavya Ghruta, Dashamoola Ghruta, Dravyadi Ghruta                                                                                                                                                                                                                                                                                                                                |   |               |   |   |
| 4 | <b>Cha. Chi.20.Chhardi Chikitsitam</b><br>1.Chhardi Bheda, Purvarupa,<br>2.Chhardi Bhedanusarena Hetu, Samprapti and Lakshana, Sadhyasadyata , and Chikitsa sutra.<br>3. Chhardi Samanya Chikitsa<br>4. Jeerana Chhardi lakshana and Chikitsa                                                                                                                                                                                                      | 2 | November 2025 | 1 | 0 |
| 5 | <b>Cha. Chi.21.Visarpa Chikitsitam</b><br>1.Visarpa Vyakhya, Bheda, Sapta Dravya Samgrah, Visarpa Hetu, Samprapti, Lakshana according to Dosha-Pradhanya, Chikitsa.<br>2.Sthananusara<br>3.Visarpa Bheda, Lakshana, Sadhyasadyata, Chikitsa, Upadrava Vyakhya.<br>Visarpa Samanya Chikitsa, Importance of Raktamokshana, Bahiparimarjana Chikitsa.<br>4.Importance of Pradeha, Pralepa Yogas in Visarpa.<br>5.Pathya and Apathya Ahara in Visarpa. | 2 | December 2025 | 1 | 0 |
| 6 | <b>Cha. Chi.22.Trishna Chikitsitam</b><br>1.Trushnaroga Hetu, Samprapti,Purvarupa, Samanya Lakshana<br>2.Lakshana and chikitsa sutra of Vata-Pitta-Kapha-Aamaja-Kshyaja-Upasargaja Trushnaroga.<br>3. Indications for Sheetajalapaan and Ushna jala paan<br>3. Significance of Endra Jala, Trunapanchamula Sadhita Jala. Dhanyaambu                                                                                                                | 2 | December 2025 | 1 | 0 |
| 7 | <b>Cha. Chi.23.Visha Chikitsitam</b><br>1.Visha types, Visha guna, Gara visha and Dushi Visha. Lakshana, Chikitsa.<br>2.Enumerate Visha upakram.<br>3.Shankha visha lakshana and Chikitsa.<br>4. Shaman yogas Mritasanjivana Agad. Kshara Agad, Grihadhumadi yoga, Mahagandhahasti agad, Chandanadi yoga, Amruta ghruta                                                                                                                            | 2 | December 2025 | 1 | 0 |
| 8 | <b>Cha.Chi.24. Madatyaya Chikitsitam</b><br>1. Definition of Mada, Stages of Madatyaya<br>2.Types of Madatyaya and their Hetu, Lakshana and Samprapti, Chikitsa Sutra<br>3.Shat-trik<br>4. Dhawamsaka and vikshaya Lakshana and Chikitsa<br>5. Shamana Yogas, Astanga Lavana, Kshira Prayoga, etc                                                                                                                                                  | 2 | December 2025 | 1 | 0 |
| 9 | <b>Cha.Chi.25. Dwivraniya Chikitsitam</b><br>1.Enumerate Vrana bheda, Vrana sthana, Gandha, Srava, Upadrava, dosha.<br>2.Sadhyasadyata and Chikitsa of vrana.                                                                                                                                                                                                                                                                                      | 2 | December 2025 | 1 | 0 |



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| 10 | <b>Cha. Chi.26. Trimarmiya Chikitsitam</b><br>1.Nidan, Lakshana and Chikitsa of Udayarta<br>2.Enumerate Mutrakrichra, Pratishyaya, Shiroroga, Arochaka.<br>3.Nidan, Bhedha, Lakshana and Chikitsa of Hridroga.<br>4. Shamana Yogas Sahacharataila, Mahanila taila, Dviruttara hingvada churna, Hinguvachadi Churna, Pasanabhedadi ghrita, Pushkarmuladi Kvatha.<br>5.Significance of Tridosha. | 2 | January 2026  | 1 | 0 |
| 11 | <b>Cha.Chi.27. Urusthambha Chikitsitam</b><br>1. Hetu, Purvarupa, Lakshana of Urusthambha.<br>2. Chikitsa Siddhanta of Urusthambha<br>3. Substantiate contraindication of Panchakarma in Urusthambha Chikitsa<br>4. Shaman yogas of Ashtakatvara Taila, Sharngeshtadi Churna                                                                                                                   | 2 | January 2026  | 1 | 0 |
| 12 | <b>Cha.Chi.28. Vatavyadhi Chikitsitam</b><br>1.Samanya Nidan, Purvarupa, Lakshana and Chikitsa sutra.<br>2.Sthana bhedha Kupita Vayu Lakshanas and Chikitsa.<br>3.Chikitsa Sutra of Ardhita, Pakshaghata, Gridhrisi, Khalli.<br>4.Avaran, Lakshana and Chikitsa.<br>5.Shaman yogas of Vatavyadhi Baladitaila, Rasnataila, Nirgundi taila, Sahachara taila, Amrutadya taila .                   | 2 | January 2026  | 2 | 0 |
| 13 | <b>Cha.Chi.29. Vatashonita Chikitsitam</b><br>1.Nidan, Samprapti, Purvarupa, Bhedha, Lakshana, Sadhyasadyata and Upadrava of Vatashonita.<br>2.Utthan and Gambhira Vatashonita Chikitsa Sutra.<br>3.Significance of Ksheerabasti prayoga in Vatarakta.<br>4.Shaman yogas of Vatarakta- sukumara taila, madhuk tailam, Pinda tailam, Shtapaka and Sahasrapaka Bala tail.                        | 2 | February 2026 | 1 | 0 |
| 14 | <b>Cha.Chi.30. Yonivyapad Chikitsitam</b><br>1.Yonivyapad types, Lakshana, Chikitsa, Shukra Dosha, Hetu, Lakshana, Chikitsa.<br>2.Shuddha Shukra Lakshana, Klaihya Bheda, Lakshana, Sadhyasadyata, Chikitsa.<br>3.Pradara Hetu, Samprapti, Lakshana, Chikitsa.<br>4. Chikitsa Pariksha Vishayas, Anuktavyadhi Chikitsa, Aoushadhi Sevana Kala.<br>5. Importance of Pathya.                     | 2 | February 2026 | 1 | 0 |
| 15 | <b>Cha. Ka.1 Madanakalpam</b><br>1.Definition of Vaman, Virechana, Mode of Action, Trividha Desha Lakshana.<br>2.Aushadhi Samgrah Kaala, Vidhi, Shreshthata of Madanphala among Vamaka Dravyas.<br>3.Madhu, Saindhava Prayoga in Vamak Yogas, Madanaphala Sangraha, Prayoga Vidhi.<br>4. Yogas of Madanaphala, Madanaphala Ghreya                                                              | 2 | February 2026 | 1 | 0 |



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|    | Yoga.<br>5. Madanaphala Paryaya.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |   |               |   |    |
| 16 | <b>Cha.Ka.2 to 6</b><br><b>Cha.Ka.2. Jimutaka Kalpam,</b><br><b>Cha.Ka.3. Ikshvaku Kalpam,</b><br><b>Cha.Ka.4. Dhamargava Kalpam</b><br><b>Cha. Ka.5. Vatsaka Kalpam,</b><br><b>Cha.Ka.6. Kritavedhana Kalpam</b><br>1.Paryaya and Guna of Jivamutak , Ikshvaku,<br>Dhamargava . Vatsaka and Kritavedhana Kalpam.<br>2.Yogya Roga and Rogi for Jivamutak , Ikshvaku,<br>Dhamargava . Vatsaka and Kritavedhana Kalpam.<br>3.Enumerate yogas of Jimutaka , Ikshvaku,<br>Dhamargava , Vatsaka, and Kritavedhana Kalpam. | 2 | February 2026 | 1 | 0  |
| 17 | <b>Cha.Ka.7. Shyamatrivruta Kalpam</b><br>1.Paryaya, Guna,Bheda,indications<br>2.Samgraha and prayoga vidhi.<br>3.Enumerate the Shyamatrivrita Yogas<br>4.Kalyanaka Guda, Vyoshadi Gutika ingredients<br>and Indications.<br>5.Rutuanusruta Trivrita Prayoga.                                                                                                                                                                                                                                                        | 2 | March 2026    | 1 | 0  |
| 18 | <b>Cha.Ka.8. to 11</b><br><b>Cha.Ka.8. Chaturangula Kalpam,</b><br><b>Cha.Ka.9. Tilvaka Kalpam,</b><br><b>Cha.Ka.10. Sudha Kalpam,</b><br><b>Cha.Ka.11. Saptalashankhini Kalpam.</b><br>1.Paryaya, Gunas, Indications, Samgrah and<br>Prayoga Vidhi of Chaturangula, Tilvaka, Sudha,<br>Saptalashankhini.<br>2. Yogas of Chaturangula Kalpam, Tilvaka kalpam,<br>Sudha Kalpam, Saptalashankhini Kalpam.                                                                                                              | 2 | March 2026    | 1 | 0  |
| 19 | <b>Cha.Ka.12.Dantidravanti Kalpam</b><br>1.Paryaya,guna, Samgraha and Prayoga Vidhi .<br>2.Enumerate the Yogas of Danti Dravanti kalpam.<br>3.Guidelines for nomenclature of formulations.<br>4.Significance of Dravya Samyoga. 5.Characterstics<br>of Mrudu, Madhyama and Teekshna Shodhan<br>dravys .<br>6.Doshashesha Chikitsa.<br>7.Magadha Mana Paribhasha.<br>8.Trividha Snehapaka lakshana and their Usage                                                                                                    | 2 | March 2026    | 1 | 0  |
|    | <b>Term 2 Non Lecture Theory Activities</b><br>Activities to be conducted in the entire term 2.                                                                                                                                                                                                                                                                                                                                                                                                                      |   |               | 0 | 33 |

*gmm*

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**विभाग प्रमुख**

**संस्कृत संहिता विज्ञान**

दि. आ. म. वि., पुणे-४११ ०११