


Tilak Ayurved Mahavidyalaya Pune

Department of Swasthavritta Evam Yoga

IInd & IIIrd M.D. Swasthavritta Timetable (01/01/2025 to 31/12/2025) (Admitted Batch 2022-23 & 2023-24)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9.30 am to 10.30 am	Vaiyaktik Swasthavritta Vd. Hajarnavis (Prof.)	Samajik Swasthavritta Vd. Shisode (Asso. Prof.)	Yoga Vd. Hajarnavis (Prof.)	Nisargopachar Vd. Shisode (Asso. Prof.)	Sankramak Roga Vd. Inamdar (Asso. Prof.)	Practicals Vd. Soniya Kale (Asst. Prof.) / Vd. Maithili Naik (Asst. Prof.)
10.30 am to 12.00 pm	Swasthavritta and Yoga OPD	Swasthavritta and Yoga OPD	Swasthavritta and Yoga OPD	Swasthavritta and Yoga OPD	Swasthavritta and Yoga OPD	Swasthavritta and Yoga OPD
12.00 pm to 1.00 pm	Participation at Swasthyarakshan OPD –Tarachand Hospital	Case taking as per Syllabus- Disease Pathya Apathya Patrak in Tarachand Hospital	Participation in the National Immunization Programme Vaccination Day in Tarachand Hospital	Participation in Mother and Child Health Care- case taking- Garbhini Paricharya in Tarachand Hospital	Participation in the National Family Programme- Attending Tubectomy, Vasectomy, IUD insertion in Tarachand Hospital	Departmental Seminar Presentation by Students on syllabus Topics
1.00 pm to 1.30 pm	Lunch Break					
1.30 pm to 2.30 pm	Group Discussion Paper I	Group Discussion Paper II	Group Discussion Paper III	Microteaching Vd. Hajarnavis (Prof.)	Group Discussion Paper IV	
2.30 pm to 3.30 pm	Dissertation Work	Dissertation Work	Dissertation Work	Dissertation Work	Dissertation Work	
3.30 pm to 5.30 pm	Samhita reading Vd. Inamdar (Asso. Prof.)	Presentation by Students- Jouranl Club	Samhita reading Vd. Hajarnavis (Prof.)	Group Discussion	Samhita reading Vd. Shisode (Asso. Prof.)	


Principal
Tilak Ayurved Mahavidyalaya,
Pune - 411 011


Dr. Mihir Hajarnavis
Head of the Department and Professor
Department of Swasthavritta Evam Yoga
Tilak Ayurved Mahavidyalaya, Pune

